

CSUDH Resources

The Center for Advocacy, Prevention, & Empowerment or CAPE (confidential)

provides information, support, accompaniment, and advocacy, including assistance with no-contact orders, restraining orders, and making a report to the University or the Police.

csudh.edu/CAPE | (310) 243-2567

Student Health Services (confidential)

provides a variety of health care services to students.

csudh.edu/shs | (310) 243-3629

Student Psychological Services (confidential)

provides psychological services in individual and group settings.

csudh.edu/sps | (310) 243-3818

University Police Department (not confidential)

Emergency: 911 or (310) 243-3333

Non-Emergency: (310) 243-3639

Office of Equity & Inclusion (not confidential)

investigates reports of sexual assault, sexual harassment, dating/domestic violence, and stalking, ensuring that the harassment is stopped and prevented from reoccurring.

csudh/equity/make-report | (310) 243-1025

The Safety Escort Program (not confidential)

provides safety escorts between campuses buildings, student housing and parking lots. 24/7 support is available:

(310) 243-3639

The Basic Needs Coordinator (not confidential)

provides assistance with basic needs such as food and shelter: (310) 243-3349



**YOU ARE NOT
ALONE.
WE ARE HERE TO
HELP.**

Off Campus Resources

Rainbow Services (confidential)

A local agency serving domestic violence survivors and their families. They have two shelters and provide counseling, case management, and advocacy.

Local 24 hour hotline: (310) 547-9343

Office line: (310) 548-5450

LA LGBT Center (confidential)

Main: (323) 993-7400 | Legal Services: (323) 993-7670

Medical Services (323) 993-7500 | Mental Health (323)

993-7669 | Anti-Violence Project (800) 373-2227

Youth Housing (323) 860-2285

YWCA Greater Los Angeles (confidential), 21+

provides crisis intervention, accompaniments, advocacy, as well as individual and group counseling.

YWCA also coordinates SART forensic medical exams and can help with getting you medical attention.

Local 24 hour hotline: (877) 943-5778

For The Child (confidential), age 20 and under

Provides emotional crisis support and interventions for survivors age 20 and under.

24 hour Hotline: (562) 422-8472

www.forthchild.org

National Domestic Violence Hotline (confidential)

(800) 799-7233

RESOURCES & OPTIONS

Domestic Violence

Dating Violence

Stalking



Who Can I Talk To?

It is hard to know what to do, how to feel, or what your options are if you're experiencing violence within a relationship or being stalked. Please remember that we are here to help you. You can contact the **Center for Advocacy, Prevention & Empowerment (CAPE) or Student Psychological Services** for confidential support and information.

To report dating/domestic violence or **request assistance**, you can contact the **Office of Equity & Inclusion**. To make a criminal complaint, you can call the **University Police** 24 hours a day, 7 days a week. Both can assist with filing a restraining **order** or no-contact **directive**.

Rainbow Services provides 24-hour crisis response, legal advocacy, and shelter options if you have experienced dating or domestic violence and will keep your information completely confidential. The **YWCA Greater LA** can arrange for a free medical exam or to have evidence collected by a Sexual Assault Response Team (SART) Forensic Nurse at the closest hospital. Contact information for all resources are on the back of this brochure.

Student, faculty, and staff can submit inquiries or complaints to the **Office for Civil Rights (OCR)**: **(415) 486-5555**, TDD **(877) 521-2172** or email at **OCR.SanFrancisco@ed.gov**.

What Should I Do?

1 Go to a Safe Place. Your safety is our TOP priority. If you do not feel safe, call the University Police immediately at **(310) 243-3333 or 911**. Contact the Center for Advocacy, Prevention, and Empowerment (CAPE) at **(310) 243-2567** for confidential Advocacy and assistance getting a restraining order from the Police or a No-Contact **Directive** from The Office of Equity and Inclusion.

2 Get Medical Attention and Preserve Evidence. You can preserve evidence by keeping any clothes worn, sheets, or other evidence in a paper bag. Keeping track of each incident (date, time, location, and any evidence of the incident, like photos) can also be used as evidence. If you experienced a sexual assault, do not shower, cleanse, douche, urinate, defecate, eat, drink, or brush teeth. Call CAPE at **(310) 243-2567** during business hours or the YWCA 24 hours a day at **(877) 943-5778** to arrange for a Forensic Medical Exam.

3 Get Support and Shelter. Call the Basic Needs Coordinator or the Rainbow Services 24-hour hotline for confidential advocacy, support, and help with shelter at **(310) 547-9343**. You can also contact CAPE at **(310) 243-2567** or Student Psychological Services at **(310) 243-3818**.

4 Create a Safety Plan. Write down a plan to follow if you are in a future situation where you feel unsafe or need to leave quickly (write out what you would do, who you could call for help including their phone number, and safe location).

5 Consider Reporting. We take all reports seriously and will investigate them promptly and thoroughly. You can make a report to the CSUDH Office of Equity and Inclusion at **(310) 243-1025** or **csudh.edu/equity/report-incident**. You are also encouraged to report to the University Police Department at **(310) 243-3333**.

What happens if I report it to the university?

1 Report: The CSUDH Center for Prevention, Advocacy, & Empowerment can assist you with reporting the incident to the University: **csudh.edu/CAPE (310) 243-2567**

The report can also be made directly to the Office of Equity & Inclusion: **csudh.edu/equity/make-report (310) 243-1025**

The Office will **assist with supportive** and safety measures.

2 Intake: If you choose to pursue an investigation at CSUDH, the Office of Equity and Inclusion will meet with you to provide information and conduct an intake. Make an appointment by calling.

3 Investigation: Then, a trained Title IX Investigator will collect evidence (like photographs or texts), and interview you, the accused person, and witnesses. You may provide witnesses and evidence that may be relevant. The Investigator will complete a report within 60-90 working days.

4 Hearing or Resolution: The next stages of the process include **the option to come to a resolution or participate in a hearing. After a hearing, there may be a referral for discipline to Student Conduct or an appropriate office.**

5 Appeal: After a determination on findings and/or sanctions, you have the right to appeal the findings to the CSU Chancellor's Office.