

Osher Lifelong Learning Institute

At California State University, Dominguez Hills



In November 2009, the College of Extended and International Education at California State University Dominguez Hills received a \$1 million endowment from the Bernard Osher Foundation to grow and sustain the University's Osher Lifelong Learning Institute for seasoned adults.

This is very good news since the Osher Lifelong Learning Institute offers a unique opportunity for individuals who consider lifelong learning an integral part of retirement. Our program (known as OLLI at CSUDH) consists of a range of experiences including study groups, lecture series, cultural experiences, workshops, special events and travel.

All adults are welcome to join OLLI at CSUDH. The organization is designed primarily for individuals 50 years of age or more. Courses and activities listed in this catalog respond to the requests and interests of OLLI members who desire to learn from each other as well as from University professors and community leaders. Learning occurs in a supportive environment without grades, tests or requirements. Additional benefits of OLLI membership include access to the University library, a student identification card, and newsletters.

Currently OLLI at CSUDH has 586 members, representing all walks of life, a wide range of experience and diverse backgrounds. Under the guidance of the College of Extended & International Education, members work together to build the OLLI organization by volunteering for OLLI committees. Individuals also lead or facilitate classes and workshops. There are plenty of opportunities for self-expression and involvement.

Become a part of the CSUDH family by joining OLLI at CSUDH. We believe you will be energized by the mutual support that such learning communities offer.

Sincerely,

Margaret L. Gordon

Contact Information

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Bernard Osher Foundation

The CSUDH Osher Lifelong Learning Institute is funded in part by a generous grant from the Bernard Osher Foundation. The Bernard Osher Foundation funds a national network of OLLIs located at nearly 120 colleges and universities throughout the United States.

<http://usm.maine.edu/olli/national/>

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About OLLI at CSUDH



Lifelong Learning at CSUDH is a membership organization for those individuals age 50+ who are seeking intellectual and social activities. These activities include short courses on a variety of topics, peer-led courses, discussion groups, field trips, computer workshops, social gatherings and campus cultural events. Learning takes place in a supportive environment without concern for grades, test, or requirements.

OLLI at CSUDH Membership Benefits

OLLI Members enjoy many benefits inherent in student status.

- Attend the popular Osher Lecture Series
- Participate in discussion groups on a variety of topics each term
- Enroll in computer and technology workshops designed for lifelong learners
- Receive notifications by mail or email about campus events
- Receive CSUDH Student ID card for library privileges and bookstore discounts
- Meet in state-of-the-art classrooms
- Receive an OLLI catalog each semester
- Participate in University and other selected Extended Education programs for reduced rates
- Become involved in determining OLLI curriculum and events
- Meet like-minded adults in a supportive learning environment

Become a member today by calling 310.243.3741. Or complete the membership portion of the registration form on this catalog and mail it with a check for \$30.

Fees – Annual membership (Sept. – Aug.) in OLLI is \$30. This includes the Osher Lecture Series and other benefits. Some OLLI activities have additional nominal fees. These include OLLI courses, computer courses and the peer-led (Omnilore) program.

About OLLI at CSUDH

Meeting Times – Dates and times for courses are listed with course descriptions in this schedule.

Course Registration – In this catalog members will find many courses, programs and special activities. Fees are listed with the courses. Registration for courses listed in this catalog is available to OLLI members. To enroll in these courses complete tear-out registration form in this catalog and mail with payment.

OLLI Programs and Activities

In this catalog programs and activities for OLLI members are listed in the following categories.

Lecture Series – Series of presentations by University Professors on a topic or theme suggested by OLLI members.

Courses – OLLI courses are a series of classroom meetings organized around a topic and led by an instructor. Additional fees may apply.

Discussion Groups – Discussions conducted often in conjunction with a video or film and facilitated by a discussion leader. Additional fees may apply.

Computer Workshops – Computer workshops include presentations on various computer applications and their uses. Classes meet in a modern computer lab with ample opportunity for hands-on practice. Additional fees may apply.

Field Trips – Same day trips to local points of interest are offered each semester.

Peer-led (Omnilore) – This program consists of study discussion groups in which each member participates by presenting a topic related to the subject under study. Additional fees apply. OLLI members must attend an Omnilore orientation prior to registering for a peer-led class. See page 26 for more information, visit www.omnilore.org or call 310.540.6011.

Travel – Organized educational trips for members

Osher Lecture Series

Osher Lecture Series “Science of Life”

There is no charge to current OLLI members for this series.

About the series

Dominguez Hills’ Biology Department faculty present old and new information as well as ever-changing ideas regarding life and the many influences on life inherent in our planet. Questions to ponder are How do cells get things done? Do cells talk to each other? What is the power that generates life and keeps it going? Why do biodiversity and ecological communities exist?

Join us to hear about current research and engage in discussion with dynamic lecturers who will show you that the Science of Life is interesting and exciting. You will gain an appreciation for understanding life’s processes as you move through the following topics:

What is Life and How Did it Get Started ?

Wednesday, January 20 - 10:00 am to 12:00 pm
Cathy Jacobs, Ph.D., Lecturer, Biology Department

Cells – The Building Blocks of Life

Wednesday, February 3 - 10:00 am to 12:00 pm
John Carvalho, Ph.D., Assistant Professor, Biology Department

Internal Communication

Wednesday, February 17 - 10:00 am to 12:00 pm
Cathy Jacobs, Ph.D., Lecturer, Biology Department

The Genetic Code

Wednesday, March 3 - 10:00 am to 12:00 pm
Katherine Bates, Ph.D., Assistant Professor, Biology Department

Osher Lecture Series

Evolution – Creating Variety

Wednesday, March 17 - 10:00 am to 12:00 pm
John Thomlinson, Ph.D., Chairperson, Biology Department

Biodiversity and Ecological Communities

Wednesday, April 7 - 10:00 am to 12:00 pm
John Thomlinson, Ph.D., Chairperson, Biology Department

Powering Life – The Flow of Biological Energy

Wednesday, April 21 - 10:00 am to 12:00 pm
Terrence McGlynn, Ph.D., Assistant Professor,
Biology Department

Societies – Individuals Working Together

Wednesday, May 5 - 10:00 am to 12:00 pm
Terrence McGlynn, Ph.D., Assistant Professor,
Biology Department

All lectures will be held in the Extended Education Auditorium, EE-1213.

Fee: No charge for OLLI members
NLLL 401, Section 01, Reg. No. 22541

Living Well for Older Adults Health Series

Living Well for Older Adults Health Series

This course is the first in a series of OLLI health courses designed to enhance the lives of older adults. Come and hear experts speak on topics related to improving quality of life.

In the past three decades, obesity has become a massive public health challenge. More than 60% of Californian adults are now overweight or obese. Obesity, as well as physical inactivity, is taking a toll on both our health and our economy. Being overweight and obesity are associated with increased morbidity and mortality. Approximately 400,000 adult deaths in the United States each year are attributable to unhealthy dietary habits coupled with physical inactivity. Our battle against the bulge is being undermined by external forces that are negatively influencing our decision-making. In these presentations, you will learn about the roles agribusiness and food manufacturers/distributors have played in worsening this epidemic. You will also learn how small changes - such as physical activity for 30 minutes a day or consuming 100 fewer calories a day - can result in large health benefits. In order to combat this obesity epidemic, you must be empowered with the right information to make healthy lifestyle choices.

Agribusiness and Healthy Aging

Thursday, February 25

Lisa Santora, MD, MPH, Chief Medical Officer,
Beach Cities Health District

The World of Nutrition

Thursday, March 25

Eula Slater, Registered Dietician & Cindy LaTulip,
Registered Dietician

2 Thursdays, February 25 & March 25, 1:30 – 3:30 pm
Extended Education building, EE - 1206

Fee: \$15

NLLL 355, Section 02, Course No. 22538

Peoples of the South Bay

Peoples of the South Bay Area Series

OLLI is pleased to present an exciting new series focused on the Peoples of the South Bay Area. This spring we begin our series with three topics: The South Bay Area: Origins and Development; Filipinos in Carson and the Surrounding Bay Area; and The Samoan Heritage. We will continue the series next fall and spring. We anticipate that you will appreciate the uniqueness of the South Bay Area because of its composition of population groups. We look forward to your joining us for invigorating discussion as we learn more about why and when various groups settled here and what their contributions are to the development of present-day South Bay Area.

The South Bay Area: Origin and Development

Tuesday, February 23

Allison Bruesehoff, Director, Domingo Rancho Adobe Museum

Filipinos in Carson and the Surrounding South Bay Area

Tuesday, March 9

Florante Peter Ibanez, Loyola Law School, Library Computer Services
and adjunct professor, Loyola Marymount University

The Samoan Heritage

Tuesday, March 23

June Pouesi, Office of Samoan Affairs, California Deputy Director

A special thank you to the following for their invaluable assistance
in providing information for this series:

Dominguez Rancho Adobe Museum

Rod Hay, Associate Dean, College of Natural and Behavioral
Science, CSUDH

Michael Ferris, Lecturer, Department of Earth Sciences, CSUDH

Thomas Philo, Archivist/Cataloger, University Library, CSUDH

3 Tuesdays, February 23, March 9 & 23, 1:30 – 3:30 pm

Extended Education building, EE - 1205

Fee: \$15

NLLL 155, Section 1, Course No. 22550

OLLI Courses

The following are instructor-led courses which meet on campus, arranged by date.

The Development of Modern Economic Thought

This course looks at economic thought from Adam Smith to Paul Krugman and attempts to clarify conflicting ideas about today's economic challenges and opportunities. Some of the people and ideas we will discuss include Adam Smith and the Invisible Hand, John M. Keynes and the Great Depression, Milton Friedman & Monetarism, the Laffer Curve and Supply Side Economics, Paul Romer's growth theories and Paul Krugman and globalization.

Instructor: Dr. Carol Lopilato, PhD, Emeritus Faculty, College of Business and Public Policy, CSUDH

5 Tuesdays, February 2 & 16, March 2, 16, & 30 • 10 am – 12 noon
Extended Education building, EE – 1209

Fee: \$25

NLLL 257, Section 1, Course No. 22533

Brain Fitness II – New Challenges

If you have already begun to strengthen your mind with the OLLI Brain Fitness course, now you have the opportunity to continue exercising and challenging your brain. This course fosters more intense mental stimulation to keep the mind active. The games and activities will be more challenging to help you maintain the brain fit. At the conclusion of the course participants will be able to better understand what their brain does every day.

Instructor: Linda Flewellen, MA Gerontology

6 Thursdays, February 4, 11, 18, 25, and March 4, & 11

• 1:30 - 3:30pm

Extended Education building, EE - 1217

Fee: \$30

NLLL 355 – Section 01, Course No. 22537

OLLI Courses

Introduction to Gardening

Have you wanted to turn your yard and or balcony into your own little paradise? Join Reginald Fagan, OLLI member and community gardener, to learn how to create a visually pleasing garden. Participants will also learn from hands-on projects, expert's guest speakers and local field trips on a variety of gardening topics.

Some of the topics to be covered include:

- The Soil Food Web/Creating Fertile Soil
- Composting & Vermicomposting
- High-yield Garden Designs/small space gardens/raised planters/indoor & outdoor container gardens/computerize garden design software
- Starting seedlings/propagation/companion planting/crop rotation
- Introduction to vegetables, fruits and herbs varieties
- Cultivation: Annuals/Perennials/Roses/Lawns/Shrubs
- Tree: planting/pruning/grafting
- Native plants: low-maintenance/drought resistant/ backyard habitat for wildlife
- Beneficial Insects/pest management/disease management
- Various Irrigation Methods: Rainwater Harvesting
- A Backyard Greenhouse/Hydroponics

Instructor: Reginald Fagan, Community Gardening Specialist

6 Wednesdays, Feb. 3, 10, 17, 24; Mar. 3 & 10 • 1:30 – 3:30

Extended Education building, EE - 1205

Fee: \$30

NLLL 352, Section 02, Course No. 22518



OLLI Courses

Personal Finance and Retirement

This course is for retired or soon to be retired individuals who want to learn more about personal finance, retirement planning and wealth preservation. Students participating in this six week course will receive course materials and discussion on a wide variety of topics, not limited to, how to read stock tables, “what are” and “how to” select appropriate equity and fixed income investments, required minimum distributions and different annuity types. We will discuss inflation protection, tax shelters, “green investing” and the impact current events have on individual wealth. Participants will receive a notebook with course materials at 1st meeting.

Instructor: Philip Girona, Financial Advisor

7 Thursdays, February 4, 11, 18, 25, March 4, 11, 18, 25

• 3:30 pm – 5:30 pm

Extended Education building, EE - 1209

Fee: \$30

NLLL 255, Section 01, Course No. 22526

Observation, Drawing, and Conflict Resolution

This interactive workshop begins with an overview of the role of ART as the art concept pertains to communication and conflict. The presentation also creates a connection between observation and the communication process. The second and third parts of the workshop create a bridge between drawing and observation as we draw each other’s portraits. The last half of the third meeting will be spent in interactive consideration of how observation rewards drawing, of how observation and drawing pertain to communication, and how communication pertains to conflict resolution.

By the conclusion of this three part workshop, participants see how observation is relevant to better communication and that observation skill can be improved through drawing. No previous drawing experience is needed to participate.

Instructor: Vici Taus, PhD, Assistant Professor, Negotiation, Conflict Resolution & Peace Building Program

3 sessions (Tue, Wed, Th) February 9, 10, and 11 • 10 am -12 noon

Extended Education building, EE - 1205

Fee: \$15

NLLL 151, Section 1, Course No. 22535

OLLI Courses

A Taste of German Opera

Join Rodger Hamrick, opera enthusiast and classical music expert, in a five session mini course on German opera. Meetings will include a brief overview of the history of German opera. The focus of the course will be on the Richard Wagner era, the German vocal style of the 19th and early 20th centuries. Famous German opera composers of this period and before include Heinrich Schütz, Georg Philipp Telemann, Wolfgang Amadeus Mozart, Ludwig van Beethoven, Carl Maria von Weber, and Richard Wagner. The course will focus on the Richard Wagner’s opera tetralogy, *Der Ring des Nibelungen* (*The Ring of the Nibelung*) which the Los Angeles Opera is performing during its 2009-2010 season.

Meetings include listening to excerpts from Rodger’s vast collection of opera masterpieces and discussion.

Instructor: Rodger Hamrick, BA History (Music Minor); MBA

5 Tuesdays, February 23, March 2, 9, 16, 23 • 2:00 - 3:00 pm

Extended Education building, EE - 1209

Fee: \$25

NLLL 152– Section 01, Course No. 22520



OLLI Courses

Hot Spots in the Middle East

This timely lecture series will focus on U.S. Foreign Policy with regard to Iran, Iraq and Afghanistan. Topics that will be explored include political parties, ethnic groups, civil society, popular and political cultures and how they have supported or opposed U.S. foreign policy. Attempts at nation building will be discussed, and special emphasis will be on the future of each of these countries. The internal dynamics of each country and how the U.S. has approached those dynamics will be examined in the context of U.S. national interest.

The focus of the three lectures will be a specific country each day:

February 24 - Iran

March 10 - Iraq

March 24 - Afghanistan

Instructor: Hamoud Salhi, PhD, Assistant Professor, CSUDH Political Science & Economics Department

3 Wednesdays, Feb. 24; Mar. 10 & 24 • 10:00 am - 11:30 am

Extended Education building, EE - 1213

NLLL 256, Section 01, Course No. 22547

This event is free and open to the public, OLLI members should register by calling the registration office at 310.243.3741. All others please RSVP by calling 310.243.3208 or by sending an email to olliassist@csudh.edu.



OLLI Courses

Gentle Jazz: Introduction to Dance

Have you ever dreamed of being a dancer? Well it's not too late! Whether you danced in the past or you have two left feet, this is the perfect class for you! Students in this class will learn how to warm up the body and execute beginning jazz dance steps in a relaxed and friendly environment. The class starts with stretching and warm-up exercises and ends with the reviewing of the basic dance steps. This class is fun and provides exercise. Dancers should be in overall good physical condition in order to safely enjoy the class. Athletic attire should be worn, as well as socks and/or dance shoes (jazz or ballet shoes are acceptable).

Instructor: Allison Faoro, Dance Instructor

8 Mondays, March 1, 8, 15, 22, 29; April 5, 12, 19 • 11am-12 noon
Location to be announced.

Fee: \$30

NLLL 152, Section 01, Course No. 22522

“No Child Left Behind” and Beyond

Can government save public education or should the country move toward private schools? The answer to this issue depends in large part on the effectiveness of public school reform. Does “No Child Left Behind” offer a viable model for improving academic outcomes? In this course participants will read and discuss contemporary articles that explain and examine “No Child Left Behind” as well as articles suggesting 21st-century approaches to education that improve academic skills and reduce drop-out rates. Join Dr. Dex Bryan, CSUDH professor of sociology, for discussion of these relevant issues. Dr. Bryan's fields of research and teaching include education. He has examined the impact of immigration on Los Angeles schools and created the Aid-To-Teacher career ladder program.

Instructor: Dexter Bryan, PhD, Professor, Sociology Department

4 Wednesdays, March 3, 10, 17, 24 • 1:30 – 2:30 pm

Extended Education building, EE – 1209

Fee: \$20

NLLL 258, Section 1, Course No. 22534

OLLI Courses

Culture, Communication and Collaboration - Diverse Approaches to Problem Solving

An experiential, interactive and fun game will be used to explore some of the ways groups from a variety of cultures within the States and around the world describe their actual and preferred approaches to communication, problem solving and conflict resolution. You will be given the opportunity to explore your own as well as others' approaches to communication and hopefully discover common ground with other groups. The instructor will briefly introduce how she uses such process to build optimal multicultural collaboration.

Instructor: Nancy Erbe, PhD, Associate Professor, Negotiation, Conflict Resolution & Peace Building Program
2 Wednesdays, March 3, 10 • 3:30-5:00 pm
Extended Education building, EE – 1209
Fee: \$10
NLLL 253, Section 2, Course No. 22525

Brain Fitness I - A Fun and Practical Approach

Do you walk into a room and wonder why you are there? Forget the names of actors in a movie you just saw? Have trouble finding your purse, keys, or eyeglasses? In this course, you will learn about the current scientific research on dynamic brain functioning and how you can maintain brain fitness. Participants will discuss the impact that brain fitness has on daily interactions and participate in activities and games that stimulate memory, comprehension, focus, and beneficial change. The course will build component skills that enhance speed of processing, sound and memory recall.

Instructor: Linda Flewellen, MA Gerontology
6 Thursdays, March 18, 25, April 1, 8, 15, 22 • 1:30 - 3:30pm
Extended Education building, EE - 1217
Fee: \$30
NLLL 355 – Section 03, Course No. 22540

Looking for Adventure close to home?
see the OLLI field trips on page 23.

OLLI Courses

How Evolution Works: Insights past, present and future

This three part lecture/discussion course will cover three topics: (1) how evolution and change occur, (2) the debate over stages of evolution, and (3) factors impacting the future evolution of humanity. Join futurist and CSUDH professor Linda Groff, PhD, to explore the many aspects of evolution including: cultural evolution of socially-learned human behavior; technological evolution as an offshoot of human evolution; the evolution of consciousness.

Instructor: Linda Groff, PhD, Professor, Political Science and Futures Studies and Coordinator, Behavioral Science
3 Tuesdays, April 6, 13, 20 • 10:30 – 12 noon
Extended Education building, EE - 1209
Fee: \$15
NLLL 252, Section 01, Course No. 22523

Community Gardening

Have you wondered about community gardens and their history? Does strengthening the existing community food programs and resources (food safety/food security) interest you? Does improving access to nutritious, affordable, safe, and culturally appropriate foods intrigue you? Reginald Fagan, OLLI member and community gardener will cover urban sustainable agriculture and the agricultural heritage of our local communities. Participants will also learn from expert guest speakers and local field trips.

Topics to be covered:

School Gardens, Community Gardens, Market Gardeners, Urban Farms, Rooftop/Vertical Gardens, Community Supported Agriculture Projects(CSA), Food Co-ops, Farmer's Markets, Food Banks, Gleaming Projects, Urban Forestry Projects, Indoor Fish Farms (Aquaculture), Land Trusts, Recycling Projects, Local Biofuels Production, Community Natural Resource Management and much more.

Instructor: Reginald Fagan, Community Gardening Specialist
6 Wednesdays, Apr. 7, 14, 21, 28, May 5, 12 • 1:30-3:30 pm
Extended Education building, EE - 1205
Fee: \$30
NLLL 352, Section 02, Course No. 22519

OLLI Courses

How We Got to Saturn, and What We're Finding

Dave Doody, Flight Operations Lead Engineer for NASA's Cassini's Mission Support and Services Office, will discuss how we got to Saturn and what we have discovered there. He will describe some of the historic achievements that led to interplanetary flight, share the latest discoveries by the Cassini Spacecraft from Saturn and its diverse moons, and elaborate on plans for the mission's future. Join us for this unique opportunity to hear from someone who is directly involved with exploring our solar system!

Presenter: Dave Doody, Flight Operations Lead Engineer, Cassini Mission Support & Services Office, NASA

1 Wednesday, April 14 • 10:00 am – 12 noon

Extended Education building, EE – 1213

NLLL 352, Section 1, Course No. 22536

This event is free and open to the public, OLLI members should register by calling the registration office at 310.243.3741. All others please RSVP by calling 310.243.3208 or by sending an email to olliassist@csudh.edu.

Birdwatching: Backyard Birds of the South Bay

This presentation by Eric Brooks and Ann Brooks will introduce you to birds commonly found in yards in the South Bay area. You will learn about local birds and their behaviors and which plants to choose to attract birds to your backyard. Some of the special birds that have appeared in the South Bay will be discussed, in addition to local opportunities for expanding your bird watching knowledge and experience. Helpful bird guides and basic birdwatching equipment will be displayed.

Presenters: Eric Brooks and Ann Brooks

1 Wednesday, May 5 • 10:00 am – 11:00 am

Extended Education building, EE – 1205

Fee: \$5

NLLL 351, Section 1, Course No. 22549

OLLI Computer Workshops

Introduction to Microsoft Office 2003

If you have a basic knowledge of using Windows XP, the next step in using your PC fully is to install and use Microsoft Office, a set of programs including Word, Excel and PowerPoint. We will practice using Word to make text files such as letters, using Excel to make spreadsheets (which are tables with calculations), and using PowerPoint to build “slide” presentations which can be displayed through a projector.

At the conclusion of this workshop students should become able to decide whether to acquire Microsoft Office, to use its simpler features in programs Word, Excel and PowerPoint, and see how to continue learning other features.

Instructor: Carol Johnson, OLLI member

8 Meetings (Tue. & Thu.), Feb. 2, 4, 9, 11, 16, 18, 23 & 25

• 2:00- 3:30pm

Extended Education building, Computer Lab EE -1202

Fee: \$30

NLLL 354, Section 01, Course No. 22542

How Do You Turn This Computer On?

Beginning Computer Training Course

This course is for people who have either no experience or little experience with the computer. The course starts off with basics such as learning how to turn on the computer, how to use a mouse and more. As the course proceeds, learners will begin to explore word processing, email communications, and the internet.

Instructor: Gary Hart, OLLI member

8 Meetings (Tue & Thu) Mar. 2, 4, 9, 11, 16, 18, 23 & 25

• 10 am – 12 noon

Extended Education building, Computer Lab EE -1202

Fee: \$30

NLLL 354, Section 02, Course No. 22548

OLLI Computer Workshops

Introduction to Digital Photography Enjoy and improve your photography!

Do you have a digital camera and computer at home? Would you like to use your equipment to its full potential? This class will help you to get most out of both your camera and your computer. You will learn about exposure, lighting and composition as it applies to photography. You will learn how to download photographs to a computer and how to enhance photos in Photoshop.

Prerequisites:

- Participants should be somewhat familiar with computers and with your particular digital camera. (Bring your camera and your camera manual.)
- You must have some way to transfer your photos to the computer (usually a flash drive, card reader, or a cord).

Instructor: Raiko Hartman has been a photographer for over 30 years in advertising. He has a B.A. and M.A. from Brooks Institute of Photography. He is also an expert in protection of intellectual property, and has published a book called “Controlling Legal Ownership of Intellectual Property”.

You can view Mr. Hartman’s portfolio at www.raikohartman.com.

6 Mondays, March 22, 29, April 5, 12, 19, 26 •10am - noon

Extended Education building, Computer Lab EE -1202

Fee: \$30

NLLL 354, Section 03, Course No. 22543

OLLI Computer Workshops

Twitter, MySpace, Facebook & Other Online Communities Social Networking for Older Adults

Online social networking refers to the use of programs and web sites that enable people to gather and correspond online. Examples of popular social networking sites include MySpace, Facebook, LinkedIn, YouTube and Twitter. Effective use of social networking web sites can enhance your quality of life, providing greater access to family, companionship, recreation, health and financial information, social and health services, education, employment and volunteer opportunities. This course teaches you in a step-by-step fashion how to create your profile (with personal information, photos, videos and music) and become a member of social networking groups. Instructors and assistants provide hands-on support as needed. *No previous computer experience is required.*

Instructors: David Edelstein, President, DGE Media and Kevin Khoa Nguyen, Gerontologist and Instructor, LAUSD.

4 Fridays, April 16, 23, 30, May 14 •1:30 - 3:00pm

Extended Education building, Computer Lab EE -1202

Fee: \$20

NLLL 354, Section 04, Course No. 22544



OLLI Discussion Groups

Discussions are conducted in conjunction with a video or film and facilitated by a discussion leader.

Crime: Film, Fact & Fiction: Criminal Investigation Marches On (Part II)

Back by popular demand, this discussion group is a continuation of the discussion group sessions offered in Spring 2010. This 7-week course will explore messages that popular media convey about criminal pursuits, prosecution, and the judiciary system. This course is based on "The Law & Criminal Investigation in Film, TV and Literature," an OLLI video series first televised in Spring 2006. Participants will view a one-hour video of a presentation from a faculty member or community expert. Presentations will feature clips from a range of well-known films and TV programs as well as examples from literature and journalism. Each multimedia lecture is followed by a class discussion led by the course facilitator.

Facilitator: Mary J. Cruise, DNSc., Emeritus Faculty, School of Nursing

- February 11 - Law Enforcement in Film and TV
- February 18 - Drug Wars
- February 25 - Intelligent Design and Murder
- March 4 - Restorative Justice and the Death Penalty
- March 11 - Gangs and the Justice System
- March 18 - Mistaken Arrest: When the Law Makes a Mistake
- March 25 - The Insanity Defense in Criminal Justice Matters

7 Thursdays, February 11, 18 & 25; March 4, 11, 18 & 25

• 10am – 11:45am

Extended Education building, EE - 1209

Fee: \$15

NLLL 253, Section 01, Course No. 22524

OLLI Field Trips

The Banning Museum- The Banning Residence Museum, and General Phineas Banning Museum and Library (<http://www.thebanningmuseum.org/history.php>)

Group tour and lecture with a museum docent covering founding and early history of Wilmington and San Pedro and surrounds.

The Banning Residence was built in 1864. This home's construction symbolized Phineas Banning's confidence in the future of his community. The 23-room residence remains the finest example of domestic Greek Revival architecture in Southern California. The house interiors have been carefully restored to their Victorian beauty, and 18 rooms are open to the public.

Transportation - Participants will meet at the museum for a guided tour. Museum is at 401 East M Street, Wilmington, CA 9074. Phone the museum at 310.548.7777 for directions.

Facilitator: Mary Watson, OLLI member
1 Wednesday, February 24, 2010 • 1:00 p.m.

Please register by February 22, 2010

Fee: \$10

NLLL 270, Section 01, Course No. 22551

Interested in aerospace & astronomy?
see page 18 for a facinating lecture.

OLLI Field Trips

International Printing Museum in Carson

(www.printmuseum.org)

This little-known museum brings the history of printing and books to life. The inventions of Gutenberg and Franklin will be demonstrated for those who want to learn about traditional printing and the hand-on joy of practicing the book arts. Participants will see a world-class collection of antique printing machinery through an interactive museum tour. Don't miss this venue which has been honored by The Printing Industries Association of America.

Transportation - Participants will meet at the museum for a guided tour. Museum is at 315 Torrance Boulevard, Carson, California. Phone the museum at 310.515.7166 for directions.

Facilitator: Diana Halderman, OLLI member

1 Wednesday, March 24 • 10am – 1pm

Please register by March 21, 2010

Fee: \$15 (does not include lunch)

NLLL 270, Section 03, Course No. 22553

The Point Fermin Lighthouse Historic Site and Museum

(<http://www.pointferminlighthouse.org>)

Group Tour and lecture covering history, architecture and current use of facility near LA Harbor, LA Maritime Museum and Cabrillo Marine Aquarium. Built in 1874, the Point Fermin Lighthouse was the first navigational light into the San Pedro Bay. Phineas Banning, with the support of many local businessmen, petitioned to place a lighthouse on the point in 1854. Although funding and land disputes delayed its construction until 1874.

The Lighthouse will hold a celebration on the weekend following ours to commemorate the first flight of a bi-plane across the Pacific. This historic event will be covered in the tour.

Transportation - Participants will meet at the museum for a guided tour. Museum is at 807 W. Paseo Del Mar, San Pedro, CA 90731. Phone the museum at 310.241.0684 for directions.

Facilitator: Mary Watson, OLLI member

1 Tuesday, April 6 • 1:30 p.m.

Please register by April 5, 2010

Fee: \$10

NLLL 270, Section 02, Course No. 22552

Travel

OLLI at CSUDH is planning its first study tour!

“A Tour of Virginia and Its Neighbors”

Explore the cornerstones of American democracy from the American Revolution through the civil war on this unique tour of a region of Virginia and its neighbors. Twelve days of touring historical sites will bring to life the heritage of America. Travel in the region will be done by motor coach.



Highlights include

Washington D.C., Mount Vernon, Richmond, Newport News, Colonial Williamsburg, Charlottesville, Shenandoah Valley, Harper's Ferry & Gettysburg.

A pre-trip and post-trip class will be held on-campus.

Dates of Trip: September 9-20, 2010

Length of Trip: 12 days, 11 nights

Cost Per Person: Double - \$1,906; Single \$2,562*

Flight costs: Group airfare from LAX to IAD (Dulles) is \$540*

(Note: While accurate at printing, prices are subject to change)

Information meetings to find out more about this exciting trip will be held:

(1) January 21 at 3:30 pm at the Extended Education classroom

building in EE-1213 (Extended Ed auditorium), and

(2) February 9 at 10:30am in Rm.8, Franklin Center, Redondo Beach.

If you are interested in finding out more about this study tour, contact the OLLI office at **310.243.3208**

Please check for information regarding dates of trips offered by OLLIs nationally by visiting the national OLLI website:

<http://usm.maine.edu/olli/national/travel.jsp>

Peer-Led (Omnilore)

The peer-led program of OLLI at CSUDH is known as Omnilore. The Study/Discussion Group is the core of the peer-led program. Within the group, each member participates by choosing a topic related to the subject under study, doing research on it and then presenting the information to the group. Some Study/Discussion Groups are structured around a book, which all members read and discuss as part of the meetings. All courses meet at the Franklin Center in Redondo Beach in either Room 7 or Room 8. Study/Discussion groups meet for two hours twice each month, 8 meetings for a total of 16 hours. The exact time of each class is set by the participants.

Before registering in the peer-led program, an orientation session is required. Orientation dates for the Spring are February 23 and March 23. Call 310.540.6011 for more information, or visit the Omnilore website at www.omnilore.org.

The following are peer-led, study discussion courses for the Spring 2010 semester. Similar courses will be offered in Fall term.

COURSES OFFERED FOR SPRING 2010

Classes start January 4th and end April 30th

Please note that the books listed for each course are only possible candidates. Do not buy any until the pre-meeting and a decision on the common reading is made.

AMERICAN SHORT STORIES – Part II

Here's a wonderful opportunity to read and discuss a compilation of superb American short stories. The editor Joyce Carol Oates, has included fifty six stories by authors who run the gamut like Washington Irving, Edgar Allen Poe, Mark Twain, Isaac Bashevits Singer and Flannery O'Connor; there are also some great stories by Harlem Renaissance authors and by well-regarded modern authors such as Amy Tan, Tim O'Brien and Sandra Cisneros. You will find that one reason that short story S/DGs are so popular is the fascinating differences in interpretation by your presenters and classmates.

Common Reading: The Oxford Book of American Short Stories, edited by Joyce Carol Oates

Peer-Led (Omnilore)

BENJAMIN FRANKLIN: A RELUCTANT REVOLUTIONIST

Benjamin Franklin was that rare Founding Father who was a true Renaissance man of his time. Virtually self-taught, he excelled as an athlete, a man of letters, a printer, a scientist, a wit, an inventor, an editor, and a writer, and he was probably the most successful diplomat in American history. As one of the first great philosophers and great man of letters in the New World, Franklin played an integral role in creating the Declaration of Independence and the Constitution. Levelheaded leadership and sharp wit resulted in his gaining international respect and admiration.

Common Reading: *Benjamin Franklin: An American Life*, by Walter Isaacson

CHINA'S RISE AND WHAT IT MEANS TO ASIA

This course will look at present-day China and how its surrounding neighbors are affected by China's tremendous economic and military growth, rising political influence, and increasing involvement in regional multilateral institutions. Some of the DSG members may want to address China's expanding use of energy and other limited natural resources along with China's impact on the environment and global warming. The discussion group will also examine how China's rise will impact the United States and the World. Emphasis in the discussions will focus on China's relationship to the surrounding countries of Asia.

Common Reading: *Power Shift: China and Asia's New Dynamics*, edited by David Shambaugh

Peer-Led (Omnilore)

CLIMATE CHANGE AND THE RISE AND FALL OF CIVILIZATIONS

Fewer inches of rain, a temperature change of a degree or two, these will make a difference, we have been told, in how we on our planet will survive. Climate change is an item in the news these days but most articles and books look at the future – few address the past. Our S/DG will read Brian Fagan's book *The Great Warming: Climate Change and the Rise and Fall of Civilizations* (Bloomsbury paperback, 2009). Fagan, a professor of anthropology at UC Santa Barbara, looks at the role of climate change and its effect on civilizations from the Mayan Culture to the Inuit, Chinese, and Medieval European, covering civilizations worldwide in the period from 800 AD to 1350 AD. Fagan illustrates how individuals coped with sudden changes in their local climate and how research methods like ice borings, satellite observations, and computer modeling help us understand the climate history.

Common Reading: *The Great Warming: Climate Change and the Rise and Fall of Civilizations*, by Brian Fagan

FIVE EQUATIONS THAT CHANGED THE WORLD

In *5 Equations*, Michael Guillen takes five historical figures, gives a brief biography of each, selects an equation best encapsulating their accomplishments, and explains this equation's relevance for contemporary society. The figures selected are Isaac Newton, Daniel Bernoulli, Michael Faraday, Rudolph Clausius, and Albert Einstein but the book isn't about five men. It is about five earth-shattering ideas that changed the way science (and eventually society) looks at the universe. Each story is filled with the passion, competition, family drama, ill feelings, jealousy, hard work, and sheer will that underlie most human endeavors. Additionally, even the most mathematically challenged may finally have their first experience of truly understanding intricate numerical concepts, as well as the thought, experience and effort which go into their creation."

Common Reading: *Five Equations that Changed the World*, by Michael Guillen

Peer-Led (Omnilore)

WHAT IS IT WITH GILBERT & SULLIVAN?

Written more than a century ago and initially regarded even by their creators as nothing more than light entertainment, the fourteen operas of Gilbert & Sullivan emerged over the course of the twentieth century as the world's most popular body of musical-theater works, ranking second only to Shakespeare in the history of English-language theater. Despite this resounding popularity and proven longevity, most books written about the duo have focused on the authors rather than the works. With this detailed examination of all fourteen operas, Gayden Wren fills the void. He finds the key to the operas' longevity, not in the clever lyrics, witty dialogue, or catchy music, but in the central themes underlying the characters and stories. Like Shakespeare's comedies, Wren shows, the operas of Gilbert & Sullivan endure because of their timeless themes, which speak to audiences as powerfully now as they did the first time they were performed.

Common Reading: *A Most Ingenious Paradox: The Art of Gilbert & Sullivan*, by Gayden Wren

HEALTH CARE SHOULD NOT BE TRAUMATIC

Health care delivery will be in a state of flux in the USA for years. There are widely acknowledged problems including: high cost; varying quality of care, including far too many mistakes, infections, and accidents in hospitals; an over cautious medical profession operating under the high cost of malpractice insurance; a pharmaceutical system that seems inefficient and costly to many; lifestyle related ailments that have huge economic as well as personal impacts; and a medical insurance network that sorely needs overhaul.

This S/DG will examine alternative HCS as implemented at medical facilities within the USA, variation of medical processes around the USA, and HCS that operate in other countries with the intent of dispelling misrepresentations to which we have recently been subjected and clarifying issues that the country really faces. This SDG should also help us become better consumers of health care so that we attain better health at lower cost and inconvenience.

Common Reading: *The Healing of America: A Global Quest for Better, Cheaper, and Fairer Health Care*, by T. R. Reid

Peer-Led (Omnilore)

THE GREATEST SHOW ON EARTH: THE EVIDENCE FOR EVOLUTION

Charles Darwin was the first to present a theory on the forces that resulted in Evolution. His theory has led to a series of confrontations between science and religion.

Richard Dawkins presents an encyclopedic summary of evolutionary biology and its conflict with religion. If Charles Darwin walked into a 21st-century bookstore and wanted to know how his theory had fared, this is the book he should pick up. Dawkins remains a superb translator of complex scientific concepts. It doesn't matter if he's spinning metaphors for the fossil record (like a spy camera in a murder trial) or deftly explaining the method by which scientists measure the genetic difference between distinct species: he has a way of making the drollest details feel like a revelation. Even if one already believes in the survival of the fittest, there is something thrilling about learning that the hoof of a horse is homologous to the fingernail of the human middle finger, or that some dinosaurs had a second brain of ganglion cells in their pelvis, which helped compensate for the tiny brain in their head. This S/DG will discuss the evidence in fossils, DNA, behavior, and tools for evolution and contrast it with the theory of Creationism held by many in the US.

Common Reading: *The Greatest Show on Earth: The Evidence for Evolution*

by Richard Dawkins

Peer-Led (Omnilore)

INDIA IN THE TWENTY-FIRST CENTURY

India is the world's second most populous country and it is projected to pass China's in a few decades. Where does India stand today and what does it need to achieve greatness? Or can it, in the foreseeable future? India's recent economic boom has triggered tremendous social, political, and cultural change. The result is a country that, while managing incredible economic growth, has also begun to more fully inhabit its role on the world political stage. India's future rests on more than simply economic growth; it also depends on reform and innovation in all sectors of public life. What efforts of the country's past and present leaders will lead to new frameworks that suit India's specific characteristics and challenges? The author of the common reading discusses India's recent past and his view of the best present course (embracing globalization, seen as a harmonious and harmonizing amalgam of democracy, equal opportunity and resource access).

Common Reading: *Imagining India*,
by Nandan Nilekani

AMERICAN FOREIGN INTELLIGENCE

This course will address the history of the American foreign intelligence community (principally the CIA), its organizations and the current status of our foreign intelligence operations. Our text asserts that for the last 60 years, the CIA has managed to maintain a formidable reputation in spite of its record, burying its blunders in top-secret archives. Its mission was to know the world, but when it did not succeed, it set out to change the world. The resource book (not required for the course) takes a more positive view of the CIA and its technical accomplishments.

Common Reading: *Legacy of Ashes: The History of the CIA*,
by Tim Weiner

Peer-Led (Omnilore)

TRIAL BY MOVIE

A law professor at the University of Iowa teaches a class entitled “Law and Popular Culture” to explore “how films influence the way people perceive the legal system – how law shapes culture.” We would like to emulate the good professor by presenting some of the top 25 greatest legal movies as determined by the American Bar Association. They include *To Kill a Mockingbird*, *12 Angry Men*, *My Cousin Vinny*, *Anatomy of a Murder*, *Inherit the Wind*, *Witness for the Prosecution*, and *Erin Brockovich*.

As with our popular documentary movie classes, class members will watch the films at home. Each member of the study group will provide background information on a film of their choice, together with a set of questions for class discussion.

No Common Reading.

THE BEST AMERICAN MYSTERY STORIES 2009

This S/DG is for all the mystery buffs in Omnilore, who like to gather to discuss who-done-its! Using this latest collection of the Best American Mystery Stories for 2009, the group will read and discuss the genre of mystery writing. This collection of stories has been edited by best-selling novelist Jeffrey Deaver, and features “gritty tales told with panache,” a must-read for anybody who cares about crime stories.

Common Reading: *The Best American Mystery Stories 2009*, by Jeffery Deaver and Otto Penzler

PHILOSOPHY OVERVIEW

This S/DG will look at the major philosophies, philosophers, and ideas. It will serve as a great introduction to the field and enable us to follow up with topics of personal interest. Presentation topics can include the great philosophers (Plato, Kant, etc.), the major philosophical movements (Existentialism, Realism, etc.), and big ideas (Truth, Beauty, etc.).

Common Reading: *Looking at Philosophy: The Unbearable Heaviness of Philosophy Made Lighter* Sullivan by Donald Palmer

Peer-Led (Omnilore)

SHAKESPEARE: THE ENTIRE WORLD’S A STAGE . . .

The Omnilorean New Globe Theater launches a new set of plays in January. With players standing and using a few props, we propose to do reading walk-throughs of 3 great plays by the Bard: *Henry VI (Part 2)*, *Timon of Athens*, and one comedy (perhaps *The Merry Wives of Windsor*, *Much Ado About Nothing*, *Love’s Labour’s Lost*, *The Two Noble Kinsmen*, or *The Winter’s Tale*, — to be decided at the S/DG’s pre-meeting).

Class members will serve on one play’s Board of Directors, responsible for researching sources and themes of the play, casting roles for the repertory, and leading discussions on the research, symbols, images, motifs, and all manner of rhyme and reason — perhaps even videos, music, and costumes. For a glimpse of how we study the Bard in this S/DG, check out http://omnilore.org/members/Curriculum/SDGs/09c-SHK_Shakespeare/ to view the Fall trimester’s Shakespeare class’s website and links to internet references relevant to our plays and downloadable organizing artifacts.

There are no prerequisites, theatrical or otherwise.

Common Reading: Selected Plays

TED TALKS: IDEAS WORTH SPREADING

This S/DG is available to members who have access to a computer. A click on www.ted.com will take you to an unusual and fascinating website – TED talks. TED is a small nonprofit organization devoted to Ideas Worth Spreading. It started out (in 1984) as a conference bringing together people from three worlds: Technology, Entertainment, and Design. Since then its scope has become ever broader, adding people from the worlds of Arts, Business, Culture, Science, and Global Issues. The annual TED Conference is held in Long Beach, California, and the TED Global conference is in Oxford UK. At these conferences TED brings together the world’s most fascinating thinkers and doers, who are challenged to give the talk of their lives (in 18 minutes). These are, riveting talks by remarkable people made available free to the world online. The Presenter can click on ted.com, select a talk and do research on the subject and/or perhaps the speaker.

No Common Reading.

Peer-Led (Omnilore)

AMERICAN WOMEN & WORLD WAR II

During World War II, American women took on the widest variety of roles of any time in the nation's history. Whether civilian or military, women filled jobs that had been solely "male" until—and after—the War. Many of these women found themselves far more capable than they'd ever imagined: they performed jobs they'd thought themselves unable to do, and they learned to value and express their own opinions (some in favor of US involvement in the War, some—both on the Left and on the Right—strongly opposed to it). In this course we'll examine most of the major groups of American women (and teenaged girls) during the War, both civilian and military, and we'll look at the long-lasting changes in "women's roles" that resulted from their wartime experiences.

Common Reading: *American Women and World War II*, by Doris Weatherford

THE WRITING MIND

This S/DG concentrates on fostering creativity and improving techniques of the writer through the production of original pieces of writing, literary critique and presentations by each group member. Presentations are on literary topics such as writing genres, literary schools, authors, etc. (e.g. if the topic is an author, the presentation would concentrate on his or her writing style, craft or philosophy rather than straight biography); or on the philosophy, subtleties, techniques or craft of writing. Each member will be responsible for a presentation, at least two submissions of original fiction, non-fiction, poetry, or other form of writing, and for reading and critiquing submissions from other group members.

Common Reading: None Suggested

Peer-Led (Omnilore)

1959: THE YEAR EVERYTHING CHANGED

Although conventional wisdom holds that the 1960s were the source of the cultural shift from pre-WWII traditions to the individualistic, question-authority world of today, Slate columnist Kaplan takes a contrarian view. Kaplan asserts that the watershed year was actually 50 years ago, in 1959. He examines the artistic, scientific, and social issues that he thinks came to a head that year. His case is cemented by three 1959 events that he convincingly argues were catalysts for paradigm changes in relationships between men and women, how citizens view their government and, in communications and information transfer. Do you remember Luniks, beatniks, the first kitchen debates, the first birth control pills, the first American soldiers killed in Vietnam, the first microchip, Jack Kerouac, Norman Mailer, Allen Ginsburg, Herman Kahn, Miles Davis, Buddy Holly, John Howard Griffin, Lenny Bruce, Happy Days, and Lady Chatterley's Lover? If so, you'll enjoy this S/DG. Members can choose to present on anything having to do with 1959, whether a specific historical event or a cultural trend.

Common Reading: *1959: The Year Everything Changed*, by Fred Kaplan

Theatre Arts Events

Enjoy live performances this spring with productions from the California State University, Dominguez Hills Department of Theatre Arts, part of the Division of Performing, Visual and Digital Media Arts. For ticketing and pricing information please contact Elizabeth Gomez at 310.243.3588.

WELCOME HOME, JENNY SUTTER

By Julie Marie Myatt

Directed by Courtney Elkin Mohler

When U.S. Marine Jenny Sutter returns from Iraq, she lays down her rifle but isn't ready to pick up her children. Tired and wounded, she is unable to face the life and loved ones she had left behind. Buying some time, Jenny takes a one-way trip to nowhere—a desert community where misfit residents gently nurture her wounded spirit and nudge her back to her own humanity. (Strong language, mature themes)

March 12, 13, 14, 19, 20 at 8pm

March 21 at 2pm

Edison Studio Theatre

FOOTLOOSE, THE MUSICAL

(Based on '84 Kevin Bacon movie)

Guest Director, Alumnus Clarence Gilyard

Based on the 1984 hit movie, this high-energy musical is the story Ren, forced to move with his mother from Chicago to a small town after his father leaves the family. To add insult to injury, rock n roll and dancing are forbidden; it's up to Ren to get the town high schoolers dancing again!

April 16, 17, 23, 24 at 8pm

April 25 at 2pm

University Theatre

SPRING DANCE CONCERT

Artistic Director – Doris Ressler

Join us for an evening of original student and faculty choreography showcasing diverse dance styles.

May 7 & 8 at 8pm

University Theatre

University Courses for OLLI Members

A program for OLLI members who want to participate in University courses.

Eligibility to enroll in regular campus courses through the OLLI University program for a significantly reduced fee is one of the membership benefits of OLLI at CSUDH.

The OLLI University program allows individuals to enroll in regular campus classes without being admitted to the University. Transcripts, application and other documentation are not required. However, instructor permission is required to participate in a course and OLLI University students are accepted on a space available basis.

OLLI at CSUDH members may audit campus courses for \$90 a course. The regular Open University fee is \$185 per unit, but OLLI at CSUDH members may audit courses for only \$90 per course, for a savings of \$450.

The process is easy.

1. Pick up an Open University class schedule from the Extended Education Registration office.
2. Find the course you would like to enroll in.
3. You will find the registration form in the Open University class schedule.
4. Bring the completed registration form to the first class meeting and ask the instructor to sign the form.
5. Then return the signed and completed form to Extended Education Registration office and pay fees.
6. You will be enrolled in the course on an **audit** basis and receive and “AU” on transcript for the course.

Note: Enrollment as an auditor means student does not take tests or complete graded assignments. At the discretion of the instructor an auditor may be required to participate in classroom activities.

You are invited to view the Spring 2010 Open University Class Schedule online by visiting the Extended Education website <http://www.csudh.edu/ee>.

Special Events

Join us at our OLLI special events. These events are free and open to the public.

OLLI Events Open To The Public

Hot Spots in the Middle East

Extended Education building, EE - 1213
10:00 AM, 3 Wednesdays, Feb. 24; Mar. 10 & 24
NLLL 256, Section 01, Course No. 22547
Please see page 14 for lectures descriptions.

How We Got to Saturn, and What We're Finding

Extended Education building, EE - 1213
10:00 AM, Wednesday, April 14
NLLL 352, Section 1, Course No. 22536
Please see page 18 for lecture description.

Current OLLI members should register for the above events by contacting the registration office at **310.243.3741**. All others please RSVP by calling **310.243.3208** or by sending an email to **olliassist@csudh.edu**.

Membership and Registration Information

TO BECOME AN OLLI MEMBER

You can become an OLLI member for only \$30.00 per year, due each September.

New Members

It's easy to become an OLLI member!

Step 1. Fill out the Membership Form in the middle of the catalog. If you need help with this process, please call the OLLI office at **310.243.3208**.

Step 2. Next, circle the courses you want to enroll in this semester on the Course Registration Form.

Step 3. Mail the Membership Form and the Course Registration Form with payment to CSUDH, or bring it in person to the Extended Education registration office.

Your OLLI membership entitles you to enroll in as many of the courses listed in this schedule as you would like at the prices listed. The fall and spring Osher lecture series are included free-of-charge with membership.

A Note About our Peer-led Program (Omnilore)

Registration in our Omnilore courses in Redondo Beach requires attendance at an orientation prior to registration. See page 26, visit **www.omnilore.org** or call **310.540.6011** for more information.

Current OLLI Members who are registered for the Sept. 2009 through Aug. 2010 period need not pay the \$30 registration fee at this time.

By Mail Enclose completed forms & payment and mail to:

**Osher Lifelong Learning Institute
College of Extended & International Education
California State University, Dominguez Hills
1000 East Victoria Street, Carson, CA 90747**

In Person

Complete the Membership Application and/or Registration Form and bring it with your payment to College of Extended & International Education registration office. See map on page 47.

Membership and Registration Information

We are located on the west side of campus, off of Victoria Street, and next to parking lot 3.

Office Hours:

Monday-Thursday 8:30 a.m. – 8 p.m.
 Friday 8:30 a.m. – 5 p.m.
 Saturday 8:30 a.m. – 1 p.m.
 Sunday Closed

Note: campus will be closed on the following dates due to state-mandated furloughs: January 8 & 15; February 5, 12, 15, & 26; March 5 & 19; April 2 & 9; May 7 & 27; June 4 & 18

By Phone

You may register by phone with your VISA, Discover or MasterCard by calling 310.243.3741.

Payments

We accept checks (make payable to CSUDH), VISA, Discover or Mastercard. When paying by check, payment of membership fee and course registration fees may be submitted the same check.

Registration Confirmation

Confirmations will be mailed prior to each class start date. Class location will be included in the confirmation.

Refund Policy

Course fees paid cannot be refunded and cannot be applied to membership fees. Membership fees cannot be credited or refunded.

Parking

All vehicles that park on campus must display a valid parking permit. Students pay \$90.00 per semester for a parking decal or daily parking permits are purchased at the dispensing machines located at the entrance to parking lots. Daily parking permits cost \$4.00 per day.

OLLI –CSUDH members may wish to explore options other than traveling to the CSUDH campus in their own vehicle.

- Car pooling
- Using public transportation (see the website)
- Park and use public transportation off campus

Spring 2010 OLLI Courses

Note: Bold font represents start of course

Date	Day	Time	Location	Course	Pg#
Jan 20	Wed	10:00 AM	EE-1213	Osher Lecture Series – The Science of Life	6
Feb 2	Tue	10:00 AM	EE-1209	The Development of Modern Economic Thought	10
Feb 2	Tue	02:00 PM	EE-1202	Introduction to Microsoft Office	19
Feb 3	Wed	10:00 AM	EE-1213	Osher Lecture Series – The Science of Life	6
Feb 3	Wed	01:30 PM	EE-1205	Introduction to Gardening	11
Feb 4	Thu	01:30 PM	EE-1217	Brain Fitness - New Challenges	10
Feb 4	Thu	02:00 PM	EE-1202	Introduction to Microsoft Office	19
Feb 4	Thu	03:30 PM	EE-1209	Personal Finance and Retirement	12
Feb 9	Tue	10:00 AM	EE-1205	Observation, Drawing, and Conflict Resolution	12
Feb 9	Tue	02:00 PM	EE-1202	Introduction to Microsoft Office	19
Feb 10	Wed	10:00 AM	EE-1205	Observation, Drawing, and Conflict Resolution	12
Feb 10	Wed	01:30 PM	EE-1205	Introduction to Gardening	11
Feb 11	Thu	10:00 AM	EE-1209	Discussion Group	22
Feb 11	Thu	10:00 AM	EE-1205	Observation, Drawing, and Conflict Resolution	12
Feb 11	Thu	01:30 PM	EE-1217	Brain Fitness - New Challenges	10
Feb 11	Thu	02:00 PM	EE-1202	Introduction to Microsoft Office	19
Feb 11	Thu	03:30 PM	EE-1209	Personal Finance and Retirement	12
Feb 16	Tue	10:00 AM	EE-1209	The Development of Modern Economic Thought	10
Feb 16	Tue	02:00 PM	EE-1202	Introduction to Microsoft Office	19
Feb 17	Wed	10:00 AM	EE-1213	Osher Lecture Series – The Science of Life	6
Feb 17	Wed	01:30 PM	EE-1205	Introduction to Gardening	11
Feb 18	Thu	10:00 AM	EE-1209	Discussion Group	22
Feb 18	Thu	01:30 PM	EE-1217	Brain Fitness - New Challenges	10
Feb 18	Thu	02:00 PM	EE-1202	Introduction to Microsoft Office	19
Feb 18	Thu	03:30 PM	EE-1209	Personal Finance and Retirement	12
Feb 23	Tue	01:30 PM	EE-1205	Peoples of the South Bay Area Series	9
Feb 23	Tue	02:00 PM	EE-1209	A Taste of German Opera	13
Feb 23	Tue	02:00 PM	EE-1202	Introduction to Microsoft Office	19
Feb 24	Wed	10:00 AM	EE-1213	Hot Spots in the Middle East	14
Feb 24	Wed	01:00 PM	Museum	The Banning Museum	23
Feb 24	Wed	01:30 PM	EE-1205	Introduction to Gardening	11
Feb 25	Thu	10:00 AM	EE-1209	Discussion Group	22
Feb 25	Thu	01:30 PM	EE-1217	Brain Fitness - New Challenges	10

Spring 2010 OLLI Courses

Date	Day	Time	Location	Course	Pg#
Feb 25	Thu	01:30 PM	EE-1206	Living Well for Older Adults	8
Feb 25	Thu	02:00 PM	EE-1202	Introduction to Microsoft Office	19
Feb 25	Thu	03:30 PM	EE-1209	Personal Finance and Retirement	12
Mar 1	Mon	11:00 AM		Gentle Jazz: Introduction to Dance	15
Mar 2	Tue	10:00 AM	EE-1202	Beginning Computer Training Course	19
Mar 2	Tue	10:00 AM	EE-1209	The Development of Modern Economic Thought	10
Mar 2	Tue	02:00 PM	EE-1209	A Taste of German Opera	13
Mar 3	Wed	10:00 AM	EE-1213	Osher Lecture Series – The Science of Life	6
Mar 3	Wed	01:30 PM	EE-1209	“No Child Left Behind” and Beyond	15
Mar 3	Wed	01:30 PM	EE-1205	Introduction to Gardening	11
Mar 3	Wed	03:30 PM	EE-1209	Culture, Communication and Collaboration...	16
Mar 4	Thu	10:00 AM	EE-1202	Beginning Computer Training Course	19
Mar 4	Thu	10:00 AM	EE-1209	Discussion Group	22
Mar 4	Thu	01:30 PM	EE-1217	Brain Fitness - New Challenges	10
Mar 4	Thu	03:30 PM	EE-1209	Personal Finance and Retirement	12
Mar 8	Mon	11:00 AM		Gentle Jazz: Introduction to Dance	15
Mar 9	Tue	10:00 AM	EE-1202	Beginning Computer Training Course	19
Mar 9	Tue	01:30 PM	EE-1205	Peoples of the South Bay Area Series	9
Mar 9	Tue	02:00 PM	EE-1209	A Taste of German Opera	13
Mar 10	Wed	10:00 AM	EE-1213	Hot Spots in the Middle East	14
Mar 10	Wed	01:30 PM	EE-1209	“No Child Left Behind” and Beyond	15
Mar 10	Wed	01:30 PM	EE-1205	Introduction to Gardening	11
Mar 10	Wed	03:30 PM	EE-1209	Culture, Communication and Collaboration...	16
Mar 11	Thu	10:00 AM	EE-1202	Beginning Computer Training Course	19
Mar 11	Thu	10:00 AM	EE-1209	Discussion Group	22
Mar 11	Thu	01:30 PM	EE-1217	Brain Fitness - New Challenges	10
Mar 11	Thu	03:30 PM	EE-1209	Personal Finance and Retirement	12
Mar 15	Mon	11:00 AM		Gentle Jazz: Introduction to Dance	15
Mar 16	Tue	10:00 AM	EE-1202	Beginning Computer Training Course	19
Mar 16	Tue	10:00 AM	EE-1209	The Development of Modern Economic Thought	10
Mar 16	Tue	02:00 PM	EE-1209	A Taste of German Opera	13
Mar 17	Wed	10:00 AM	EE-1213	Osher Lecture Series – The Science of Life	6
Mar 17	Wed	01:30 PM	EE-1209	“No Child Left Behind” and Beyond	15

Spring 2010 OLLI Courses

Date	Day	Time	Location	Course	Pg#
Mar 18	Thu	10:00 AM	EE-1202	Beginning Computer Training Course	19
Mar 18	Thu	10:00 AM	EE-1209	Discussion Group	22
Mar 18	Thu	01:30 PM	EE-1217	Brain Fitness	16
Mar 18	Thu	03:30 PM	EE-1209	Personal Finance and Retirement	12
Mar 22	Mon	10:00 AM	EE-1202	Digital Photography	20
Mar 22	Mon	11:00 AM		Gentle Jazz: Introduction to Dance	15
Mar 23	Tue	10:00 AM	EE-1202	Beginning Computer Training Course	19
Mar 23	Tue	01:30 PM	EE-1205	Peoples of the South Bay Area Series	9
Mar 23	Tue	02:00 PM	EE-1209	A Taste of German Opera	13
Mar 24	Wed	10:00 AM	EE-1213	Hot Spots in the Middle East	14
Mar 24	Wed	10:00 AM	Museum	The International Printing Museum	24
Mar 24	Wed	01:30 PM	EE-1209	“No Child Left Behind” and Beyond	15
Mar 25	Thu	10:00 AM	EE-1202	Beginning Computer Training Course	19
Mar 25	Thu	10:00 AM	EE-1209	Discussion Group	22
Mar 25	Thu	01:30 PM	EE-1217	Brain Fitness	16
Mar 25	Thu	01:30 PM	EE-1206	Living Well for Older Adults	8
Mar 25	Thu	03:30 PM	EE-1209	Personal Finance and Retirement	12
Mar 29	Mon	10:00 AM	EE-1202	Digital Photography	20
Mar 29	Mon	11:00 AM		Gentle Jazz: Introduction to Dance	15
Mar 30	Tue	10:00 AM	EE-1209	The Development of Modern Economic Thought	10
Apr 1	Thu	01:30 PM	EE-1217	Brain Fitness	16
Apr 5	Mon	10:00 AM	EE-1202	Digital Photography	20
Apr 5	Mon	11:00 AM		Gentle Jazz: Introduction to Dance	15
Apr 6	Tue	10:30 AM	EE-1209	How Evolution Works	17
Apr 6	Tue	01:30 PM	Museum	Point Fermin Lighthouse Historic Site & Museum	24
Apr 7	Wed	10:00 AM	EE-1213	Osher Lecture Series – The Science of Life	6
Apr 7	Wed	01:30 PM	EE-1205	Community Gardening	17
Apr 8	Thu	01:30 PM	EE-1217	Brain Fitness	16
Apr 12	Mon	10:00 AM	EE-1202	Digital Photography	20
Apr 12	Mon	11:00 AM		Gentle Jazz: Introduction to Dance	15
Apr 13	Tue	10:30 AM	EE-1209	How Evolution Works	17
Apr 14	Wed	10:00 AM	EE-1213	How We Got to Saturn, and What We’re Finding	18
Apr 14	Wed	01:30 PM	EE-1205	Community Gardening	17

Spring 2010 OLLI Courses

Date	Day	Time	Location	Course	Pg#
Apr 15	Thu	01:30 PM	EE-1217	Brain Fitness	16
Apr 16	Fri	01:30 PM	EE-1202	Social Networking for Older Adults	21
Apr 19	Mon	10:00 AM	EE-1202	Digital Photography	20
Apr 19	Mon	11:00 AM		Gentle Jazz: Introduction to Dance	15
Apr 20	Tue	10:30 AM	EE-1209	How Evolution Works	17
Apr 21	Wed	10:00 AM	EE-1213	Osher Lecture Series – The Science of Life	6
Apr 21	Wed	01:30 PM	EE-1205	Community Gardening	17
Apr 22	Thu	01:30 PM	EE-1217	Brain Fitness	16
Apr 23	Fri	01:30 PM	EE-1202	Social Networking for Older Adults	21
Apr 26	Mon	10:00 AM	EE-1202	Digital Photography	20
Apr 28	Wed	01:30 PM	EE-1205	Community Gardening	17
Apr 30	Fri	01:30 PM	EE-1202	Social Networking for Older Adults	21
May 5	Wed	10:00 AM	EE-1205	Birdwatching: Backyard Birds of the South Bay	18
May 5	Wed	10:00 AM	EE-1213	Osher Lecture Series – The Science of Life	6
May 5	Wed	01:30 PM	EE-1205	Community Gardening	17
May 12	Wed	01:30 PM	EE-1205	Community Gardening	17
May 14	Fri	01:30 PM	EE-1202	Social Networking for Older Adults	21

Volunteers

OLLI is looking for volunteers!

If you want to get involved with the university, joining an OLLI committee is a wonderful way to make this happen. OLLI is a volunteer organization that depends on the involvement of its membership to function and grow. We are looking for individuals that would like to lend their skills to the day-to-day administration of classes, and to planning courses, activities, and publications.

Four OLLI committees currently exist, and they are...

- 1) **Membership Committee** – Assists in developing membership recruitment activities, including the organization and promotion of open houses. Committee members are responsible for greeting OLLI members at meetings and special events, and for calling new members to welcome them to OLLI.
- 2) **Marketing Committee** – Assists the OLLI marketing coordinator with developing a marketing plan, marketing pieces and choosing the appropriate media to market OLLI. Also provides input into ways to promote OLLI to the community.
- 3) **Curriculum Committee** – Develops ideas for courses, lectures, computer workshops, discussion groups, field trips and travel. Identify instructors from CSUDH faculty, community experts, and OLLI members. Develop class schedules for fall, spring and winter semesters.
- 4) **Publications Committee** – Publishes the OLLI catalog each semester and updates the OLLI website as needed.

Other skills are needed and everyone brings valuable knowledge and experience to the organization. Look for calls for volunteers, or call our OLLI office at **310.243.3208** to say that you are interested in becoming an OLLI volunteer.

Driving Directions

California State University, Dominguez Hills is located at:
1000 East Victoria Street
Carson, CA 90747

Main Campus Phone Number: **310.243.3696**
Extended Ed. Phone Number: **310.243.3737**

Listed below are directions for reaching our campus by car. Our campus is located within five minutes of the 91, 110 and 405 freeways, which makes travel to campus convenient no matter where you are coming from.

From the Los Angeles Civic Center:

110 South - Follow the Harbor Freeway (110) to the Artesia Freeway (91) east to Avalon Blvd. Take Avalon Blvd. south to Victoria Street, turn left. The entrance to campus is a right turn at Tamcliff Avenue.

From Santa Monica:

10 East - Follow the Santa Monica Freeway (10) east to the San Diego Freeway (405) south toward Long Beach. Exit at the Vermont Avenue off-ramp. Turn left (east) at the end of the off-ramp onto 190th Street. Follow 190th Street east for approximately two miles to the campus (190th Street becomes Victoria Street). The campus entrance is a right turn at Tamcliff Avenue, the second traffic signal past Avalon Blvd.

From San Fernando Valley:

405 South/101 East - Follow the San Diego Freeway (405) south toward Long Beach. Exit on the Vermont Avenue off-ramp. Turn left (east) at the end of the off-ramp onto 190th Street. Follow 190th Street east for approximately two miles to the campus (190th Street becomes Victoria Street) The campus entrance is a right turn at Tamcliff Avenue, the second traffic signal past Avalon Blvd.

PARKING LOT 3 is the preferred parking lot for OLLI members.