



# TEN TYPE



<http://districtx.cprs.org>

## CPRS District X – Newsletter Winter 2007

### It's Always a Good Day When You Wake Up

Life is so marvelous, so incredibly complex but at the same time simple. Life teaches lessons and rewards hard work. Life wakes up early and goes to bed late. Life is what happens when you truly live. Life is more precious than wealth. More valuable than the rarest jewel. Every extra day that we are given should be celebrated. It's always a good day when you wake up. Enjoy the journey.

Recently some members on the Board of Directors faced some difficult times. And unfortunately it's in tough times that we start to count our blessings. But I'm suggesting that we start counting our blessings today, and for the rest of our existence. Call your mother or father and tell them you love them. Help your staff become the best people and professionals they can possibly be. Take the time to make sure you are mentally, spiritually and physically healthy. Be the first person to step up and lend support to a friend in need. Take advantage of the day you have been given. It's always a good day when you wake up a CPRS member. Imagine an organization that ultimately exists for the success of its members. The society is focused on creating a future where the parks and recreation profession is identified as an essential service in every community. In order to

achieve this goal we must first share the same values, vision and mission. CPRS will also provide the skills and knowledge needed to succeed by offering quality professional development opportunities. The society will work to ensure that you are informed of proposed public policies that impact you as a professional. CPRS is also dedicated to ensuring that member concerns are heard by legislators in the creation of relevant public policies that affect the profession.

It's always a good day when you wake up. Seize the moment.



Jonathan Jones  
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# CPRS District X 2006 – 2007 Calendar

## Recurring Meeting/Dates

CPRS District X Board Meetings	First Thursday of Month
Women in Leisure Services	First Thursday of Month
OC – SCMAF	First Thursday of Month
SCPPOA	First Friday of Month
Recreation Leader Consortium	Second Wednesday of Month
SCMAF Board	Third Wednesday of Month
Ten Type Information Due	Mar 1, June 1, Sept 1, Dec 1

## January 2007

20	Therapeutic Recreation National Issue Forum CEU Workshop
18	District X Board Nominations and Grant Workshop

## February 2007

3	Recreation Leader Training Consortium – Spring Game Mania Workshop
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## March 2007

8-10	CPRS Conference – Sacramento
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## April 2007

19	District X Board Transition Meeting – Location TBA
26	District X Awards & Installation Banquet – City of Downey Rio Hondo Golf Course

## June 2007

2/9	Recreation Leader Training Consortium Summer Trainings
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## Ten Type Deadlines

If you have a creative, innovative or noteworthy program, community center, event, happening in your organization, we want to know about it! The TEN TYPE is a great way to communicate with District X members. Submit program ideas, facility & park project updates, partnership opportunities and the like to Sonya Meacham, Vice President of Communications at: [smeacham@downeyca.org](mailto:smeacham@downeyca.org).

<u>Issue</u>	<u>Information Due</u>
Spring	March 1
Summer	June 1
Fall	September 1

## **2007 CPRS District X Scholarships**

District X is proud to announce that it will once again be offering scholarships (undergraduate and graduate) to the future leaders of the recreation profession. In addition to money for school related expenses, all scholarship recipients will also receive a one year CPRS Student membership which includes registration for the 2008 CPRS Conference in Long Beach.

The 2007 Scholarship Application Packets are now available at your college or university. Completed applications will be due by 4:00 p.m. on Tuesday, February 20, 2007, and the most qualified applicants will be invited for

interviews during the month of March.

Scholarship recipients will also be invited as guests to District X Annual Awards and Installation Banquet on Thursday, April 26, 2007 at the Rio Hondo Golf Course where they will be honored for their achievements. For additional information, please contact Sherré Titus at (562) 916-1255 or [sherre'\\_titus@ci.cerritos.ca.us](mailto:sherre'_titus@ci.cerritos.ca.us) or Jeff Ruth at (714) 961-1025 or [jruth@yorba-linda.org](mailto:jruth@yorba-linda.org).



## **GAME MANIA!**

### **Low Cost Recreation Leader Training Opportunity**

The CPRS District X Recreation Leader Training Consortium will hold its spring games workshop for Recreation leaders on Saturday, February 3, 2007 at the Newport Beach Oasis Senior Center, from 8:30 am – 12:00 pm. The cost of the workshop is \$15.00 per person and includes registration and continental breakfast. The workshop is designed to update recreation leaders with imaginative and creative games for every occasion.

- ✓ Team Building – Mike Signorelli, Lecturer at C.S.U.D.H. will lead staff to develop effective communication, problem-solving skills, and camaraderie amongst staff and participants.
- ✓ Play with Purpose – Dr. Gale K. Gorke, Director of Kids Kan will lead staff on how to select and adapt games so everyone can participate. Staff will learn how play is essential in building assets of young people adults alike. Remember how you show up for the game, is how you show up for life!

For registration information contact Racquel Rodarte at (949) 644-3156 or [Rrodarte@city.newport-beach.ca.us](mailto:Rrodarte@city.newport-beach.ca.us) .

## **DISTRICT X BOARD NOMINATIONS & GRANTS WORKSHOP**

Thursday, January 18, 2007  
9:00 am  
Yorba Linda Community Center

Learns the basics of Grant Writing

- \* Grant writing do's and don'ts
- \* The elements of a winning proposal
- \* Resources for researching grants
- \* and much more

The grants workshop will be followed by the CPRS District X Board of Directors Nominations.

Cost: \$25 includes lunch

Registration information: Contact Matthew Lohr, at 949-644-3164 or [mlohr@city.newport-beach.ca.us](mailto:mlohr@city.newport-beach.ca.us).

## **Therapeutic Recreation National Issue Forum**

The California Parks and Recreation Society, CPRS District X and the Therapeutic Section are offering a full day of training on Saturday, January 20, 2007 in the City of San Clemente. Come hear the leaders of NTRS, ATRA, NCTRC, CBPRC and CPRS Therapeutic Section. The representatives from each agency will address the following issues:

- The mission of their organization, including how the organization is working to fulfill that mission.
- The organizations involvement in the legislative agenda and how legislative issues impact Recreation Therapy.

- Identify resources available to members.
- Identify opportunities for members to become involved in the organization.

### Participant Fees

*CPRS members:* Pre-registered \$100, on site \$120, \$10 for CEUs.

*Non-members:* Pre-registration \$120, on site \$140, \$20 for CEUs.

*Students:* Pre-registration and on site \$20

Contact Teri Kim at (714) 655-3098 or [tkterrykim@hotmail.com](mailto:tkterrykim@hotmail.com) to receive a registration form and more information.

## DISTRICT X NEEDS YOU!

The **CPRS District X Awards and Installation Committee** is looking for anyone who would like to be a part of the planning for the 2007 Awards and Installation Banquet on April 26 at the Rio Hondo Golf Club and Event Center in Downey. If you are interested please contact Sheila Pautsch at 562-904-7241 or [spautsch@downeyca.org](mailto:spautsch@downeyca.org).

The **CPRS District X Recreation Leader Training Consortium** is looking for dedicated and energetic

new members. The consortium meets the second Wednesday of every month in the City of La Palma. The consortium plans four trainings per year for Recreation Leaders in District X; a fall crafts training, a spring games training and two summer trainings with multiple topics. If you are interested in joining a dynamic group of professionals contact Jeff Ruth at 714-961-7183, [jruth@yorba-linda.org](mailto:jruth@yorba-linda.org) or John Montanez at 714-741-5214, [johnmo@ci.garden-grove.ca.us](mailto:johnmo@ci.garden-grove.ca.us) to receive an interest form.



## Join the CPRS District X Board of Directors

***GET INVOLVED TODAY!***

Are you a leader?

Do you want to become part of a dynamic team?

Do you have a few hours a month to contribute to the advancement your profession?

***THE BOARD NEEDS YOU!***

If you are interested in running for an office on the District X Board, or would just like to know more about it, please contact Pilar Alcivar-McCoy at (714) 741-5360 or [pilara@ci.garden-grove.ca.us](mailto:pilara@ci.garden-grove.ca.us)

## CPRS District X Hosts Commissioner Training

On Saturday, October 28, a total of 20 Commissioners from 10 different cities participated in a Commissioner Training day co-sponsored by CPRS District X, the California Association of Parks & Recreation Commissioners & Board Members (CAPRCBM), and Orange County Department of Harbors, Beaches and Parks. The event was held at the Upper Newport Bay Nature Preserve, and included incredible views to complement the education. Participants enjoyed a series of sessions covering various topics, which included:

- OC Harbors, Beaches and Parks Strategic Plan
- Legislation
- Meetings and the Brown Act
- Foundations and Sponsorships
- CPRS VIP

District X and CAPRCBM plan to collaborate on additional trainings in the future.

## The 2006-2007 Professional Mentoring Program



The 2006-07 Professional Mentoring Program has been a huge success with a current total of 89 participants, including 56 mentees and 33 mentors! This program is sponsored by CPRS District X and Women In Leisure Services (WILS) Gamma Chapter and is designed to advance the profession by offering students and part-time recreation and leisure

services staff the opportunity to be mentored by a professional in their field of interest.

To kick off this program, a Welcome Breakfast was held on Wednesday, October 25, 2006, at the Lakewood Weingart Senior Center, with approximately 75 people in attendance. This year's opening program offered new features that included:

- Former mentees, Kyla Stokes, Kellie Reetz and Bobby Grove, talking about their experiences. Committee member Jeff Ruth moderated the panel.
- Participants were grouped by area of interest and had the opportunity to self-select the person(s) that they wanted to be their primary contact.
- The committee purchased a gift for each mentee who

consistently participates with their mentor, a custom portfolio embossed with the CPRS District X and WILS Gamma Chapter logos. These gifts will be distributed to mentees in spring 2007.

The Professional Mentoring Program Committee did an

outstanding job coordinating this year's program, members included: Nevah Frogozo, City of Lakewood; Greg Johnson, City of Westminster; Sonya Meacham, City of Downey; Nancy Matthews, CSULB; Janet Pelayo, City of Garden Grove; Kelley Reetz, City of Anaheim; and Jeff Ruth, City of Yorba Linda.

## CALIFORNIA STATE UNIVERSITY DOMINGUEZ HILLS

### CPRS X Board of Directors Visits Dominguez Hills



On November 2, 2006 the CPRS District X Board of Directors held their November board meeting at CSU Dominguez Hills. President Janet Cates and Student Representative Kristen Hara planned the meeting with the Recreation students in mind. Each Board member was prepared with "sage" advice for the students who attended the meeting. They students gained valuable information as the Board gave tips on preparing for a job interview, attending professional events, volunteering, gaining job experience, goal setting, and time management. The faculty and students look forward to this annual

visit and appreciate the candor and expertise of the District X Board.

### Gift Box for Charlotte's House



With a thankful holiday spirit, Natasha Smith-Patterson spearheaded a food and supplies drive for Charlotte's House in Carson, a temporary facility for women and their children. Many of the residents are victims of domestic violence and are gaining assistance with job placement, life skills workshops, counseling and related supportive services. Recreation students donated cans of food and toiletries for the gift box which was delivered to the shelter. Another drive is planned with the goal of filling 3 baskets with canned food, toys, and supplies for needy families in the Carson area.

## New Recreation Club Officers



New Recreation Club officers were elected for the Spring 2007 semester. Seated are Vice President Michael Haro and President Laleh Rodriguez, and standing are Treasurer Nicole Steed and Secretary Philip Sanchez. This dynamic 4-some have many ideas for activities, programs, and social events in the upcoming year. Among their plans is the continued support of the new Campus Intramurals program which has already doubled in participant numbers. Recreation students were directly responsible for the creation of the Intramurals program and hiring of a program director. Among the new spring sports are: fitness bootcamp, volleyball, adaptive sports tennis, soccer, softball, and twilight golf. Additionally, the new officers and club members will plan the annual recognition luncheon, participate in social events off campus, volunteer for campus activities, and attend professional conferences. Everyone is looking forward to the new leadership and support their efforts for continued growth of the club.

## CSU Dominguez Hills Outreach Team



Throughout the Fall 2006 semester, students in Dr. Cappel's REC 124, Leadership in Recreation and Leisure Services class, gave many presentations to neighboring High School juniors and seniors who visited the CSU Dominguez Hills campus. At the beginning of each session the students organized the guests into a circle for an ice breaker, asking each one to name his/her favorite recreation activity. Then the college students spoke to the high schoolers about careers in the recreation field and each presenter shared how they became interested in the profession. The stories were as varied as the students themselves. All of the students agreed that they were very nervous to speak in front of the first couple of groups, but that over the semester they became more organized, poised and comfortable with their presentations. The Outreach effort was coordinated by the College of Health and Human Services and will continue in the spring.

## CALIFORNIA STATE UNIVERSITY LONG BEACH

**Got Internships?** We are looking for qualified Internship Sites and Agency Mentors to supervise interns from the Department of Recreation and Leisure Studies at California State University, Long Beach. As part of the National Recreation and Parks Association (NRPA) Accreditation standards, students are required, in the last semester of their Senior Year (Bachelor's Degree Program) to have a 400 hour (480 hours for Therapeutic Recreation students), semester long internship. If you would be interested in being involved with our Internship Program please contact Joanie Conley, Internship Coordinator, at [jconley@csulb.edu](mailto:jconley@csulb.edu) or by phone 562-985-4068 for more information and Site Applications.

**Attention CSULB Recreation and Leisure Studies Alumni!** We know District X is loaded with REC Department Alumni from THE BEACH! We want to make sure we have you on our roster so we can communicate and keep you up to date with Department news. Please submit your updated information at the [csulb.edu](http://www.csulb.edu) website. Go to <http://www.csulb.edu/aux/alumni/> click on **My Profile** and fill in the fields. And if you would like, you can join the Alumni Association for even more benefits! Check it out today!

**Recreation And Leisure Studies Alumni Association (RALSAA)** will be sponsoring their annual **Grand Reunion** during the CPRS Conference, this year in Sacramento on Friday, March 9 at 5:15 PM. Look in the Conference brochure for location. All Alumni and Friends of the Department are welcome to join us for fun, camaraderie, and a silent auction fundraiser for scholarships for our

students. Meet the future of the profession, our current students and network with them as possible employees and interns. See you there!

Other **Recreation Society** campus events to keep in mind and become involved are:

- ✓ Mark your calendars on **March 1<sup>st</sup>** there will be a **Resume Writing Workshop** if you would be interested in helping students with their resumes please contact Kyla Stokes at [kyla-don@sbcglobal.net](mailto:kyla-don@sbcglobal.net).
- ✓ Soon after the CPRS Conference in March the annual **Internship and Job Fair** will be on the CSULB campus. If you are interested in having a table contact Darcie Flanders at [dnflanders3@yahoo.com](mailto:dnflanders3@yahoo.com) or Roni Fox at [vfox@csulb.edu](mailto:vfox@csulb.edu)
- ✓ Our annual Department **David Gray Awards Banquet** will be held on May 1 at the Gaslamp restaurant in Long Beach on Pacific Coast Hwy. and Loynes. All are welcome to attend to honor our student's accomplishments and check out the future leaders of our profession.

On a sad note, it is with great regret that we share with our colleagues the passing of Jack Minar on November 23, 2006. Jack was a valued faculty member at CSULB from 1968 to 1994. He was the creator of the Santa Barbara Island trip, which many of our alumni have taken and share fond memories. Services for Jack are scheduled for Saturday, January 20, 2007 from 2 – 4 pm at the Japanese Gardens at California State University Long Beach. For more information regarding the service, contact the Recreation and Leisure Studies Department at (562) 985-4071.

## **CPRS District X 2006 – 2007 Board of Directors**

### **President**

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### **Past President**

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