

## Bachelor of Arts in Physical Education: Pre-Physical Therapy Option

The purpose of the Degree Roadmap is to serve as a guide for planning one's academic coursework required to complete a specific major semester by semester. Before enrolling, you can use the Degree Roadmap to get a feel for the courses you'll take in this major. After enrolling, refer to the University Catalog, Class Schedule and consult with your academic advisor each semester for advisement to specify which courses you will take to fulfill each graduation

requirement and are progressing toward graduation in a timely manner as possible. **The Degree Roadmap is subject to change and is NOT to be considered a replacement for advisement with an academic advisor.** See *University Catalog* for information on the Graduate Writing Assessment Requirement (GWAR). \*See reverse side for General Education (GE) course requirements. \*\*A minimum of 120 units are required for completion of degree.

### Entry Level Skills Tests

#### English

EPT Waiver:	SAT I 500, ACT 22, AP 3 or EAP Exempted
Course Placement	120-140 ENG 88
Total Scores:	141-146 ENG 99
	143-146 ENG 195: satisfies ENG 99 & ENG 110
	147 ENG 110

#### Math

ELM Waiver:	SAT I & II 550, ACT 23, AP 3 or EAP	
Course Placement	00-40	MAT 3
Total Scores:	42-48	MAT 9
	50	G.E. Math

#### First Semester

Course		Units
GE A1*	Freshman Composition I	3
GE A2*	Logic/Critical Reasoning area	3
GE A3*	Oral Communication area	3
GE C1*	Humanities area	3
GE C2*	Humanities - Art Courses area	3

#### Second Semester

Course		Units
GE A1*	Freshman Composition II	3
GE C3*	Humanities - Letters Courses area	3
GE D1*	Perspectives on Individuals, Groups, & Society area	3
GE D3*	Perspectives on U.S. History area	3
PHY 120	Elements of Physics I (meets GE B1*)	4

#### Third Semester

Course		Units
BIO 120	Principles of Biology I (meets GE B2*)	3
BIO 121	Principles of Biology I Lab (meets GE B3*)	1
CHE 110	General Chemistry I	5
GE D2*	Global & Historical Perspectives area	3
GE E*	The Whole Person area	3

#### Fourth Semester

Course		Units
BIO 250	Human Anatomy and Physiology	3
BIO 251	Human Anatomy and Physiology Lab	1
GE B4*	Quantitative Reasoning area	3-5
GE D4*	Perspectives on U.S. & California Government area	3

#### Fifth Semester

Course		Units
KIN 223	Introduction to Physical Education	3
KIN 360	Prevention and Treatment of Athletic Injuries	3
Elective	Select ONE free elective course	3
GE F1*	Studies in the Humanities area	3
GE F2*	Studies in Natural Sciences area	3
GWAR	ENG 350 or GWE	0-3

#### Sixth Semester

Course		Units
HEA 281	Medical Terminology	1
KIN 300	Tests and Measurements in Physical Education	3
KIN 330	Somatic Education	3
GE F3/G*	Studies in Social Sciences area/Cultural Pluralism area	3

#### Seventh Semester

Course		Units
KIN 301	Biomechanics	3
KIN 305	Motor Learning	3
KIN 362	Principles of Athletic Training	3
KIN 363	Principles of Athletic Training Laboratory	1
KIN 461	Therapeutic Modalities	3
KIN 463	Lower Extremity Assessment	3

#### Eighth Semester

Course		Units
KIN 303	Exercise Physiology	4
KIN 310	Nutrition for Peak Performance	3
KIN 462	Therapeutic Exercise	3
KIN 464	Upper Extremity Assessment	3
KIN 496	Clinical Experiences in PT/AT	3
Elective	Select ONE free elective course	3

**Total Units: 116-121\*\***

**NOTE:** Student's First Aid & CPR certification must be current at graduation check, or the student must take KIN 218. All courses in this major must be passed with a grade "C" or higher. This is a single field major. No minor required.

## Bachelor of Arts in Physical Education: Pre-Physical Therapy Option

### Learn More

- To learn more about the B.A. in Physical Education at CSUDH, call the Kinesiology Division at (310) 243-3761, visit SAC 1138, or visit [CSUDH.EDU/CHHSN](http://CSUDH.EDU/CHHSN).
- For more information on applying to CSUDH, visit [CSUDH.EDU/FutureStudents](http://CSUDH.EDU/FutureStudents).
- Apply online at [CSUMENTOR.EDU](http://CSUMENTOR.EDU).
- Career information, visit [CSUDH.EDU/CareerCenter](http://CSUDH.EDU/CareerCenter).

### Faculty

Ben Zhou, Division Chair & Associate Professor Ph.D., Brigham Young University	Michael Ernst, Professor of Kinesiology & Recreation Ph.D., Arizona State University	James Maier, Head Coach, Softball M.A., Azusa Pacific University
Boice Bowman, Associate Professor of Kinesiology & Recreation Ed.D., Pepperdine University	Van Girard, Head Coach, Women's Basketball B.A., CSU, Long Beach	George Wing, Director of University Intramurals M.A., CSU, Chico
Carole Casten, Professor of Kinesiology & Recreation Ph.D., University of Southern California	Lee Hancock, Assistant Professor of Kinesiology Ph.D., Arizona State University	Toni Marich, Lecturer of Kinesiology & Recreation M.A., CSU, Dominguez Hills
	John L. Johnson, Professor of Kinesiology & Recreation Ed.D., University of California, Los Angeles	

### Career Options

Career options in: Athletic Training Education Option, Pre-Physical Therapy Option, Fitness Director Option, Physical Education Teaching Option, Physical Education Dance Concentration, Coaching, Teaching, and Fitness Instructor Certificate is offered to meet the needs of individuals who are either presently employed or intend to seek employment as fitness instructors in clubs.

### \*General Education (GE) Requirements

#### A. Basic Skills:

Courses must be passed with a grade of "C" or higher.  
 GE A1: ENG 110, ENG 111 (both required)  
 GE A2: PHI 120 or PSY 110  
 GE A3: THE 120  
 GE A4: CSC 101 or LIB 150 (optional category)

#### B. Area of the Natural Sciences and Quantitative Reasoning:

Select one course from each category below. Category 4 courses must be passed with a grade of "C" or higher.  
 GE B1: CHE 102, EAR 100, GEO 200, PHY 100  
 GE B2: ANT 101, BIO 102  
 GE B3: BIO 103, EAR 101, CHE 103  
 GE B4: MAT 105, 131, 153, 171, 191, 193

#### C. Area of the Humanities:

Select one course from each category below.  
 In categories 2 and 3, select courses from different departments.  
 GE C1: HUM 200  
 GE C2: ART 100, ART 101, CHS 125, COM 130, DAN 130, MUS 101, MUS 110, THE 100, THE 160  
 GE C3: AFS 200, AFS 231, APP 101, CHS 100, CHS 205, ENG 230, FRE 220, HUM 212, PHI 101, PHI 102, SPA 151, SPA 221

#### D. Area of the Social Sciences:

Select one course from each category below.  
 In categories 1 and 2, select courses from different departments.  
 GE D1: AFS 212, AFS 220, ANT 100, APP 212, CHS 212, PSY 101, SOC 101, SOC 102, WMS 250

GE D2: AFS 201, ANT 102, CHS 200, GEO 100, HIS 120, HIS 121, POL 100  
 GE D3: HIS 101  
 GE D4: POL 101

#### E. Objectives for Lifelong Learning and Self-Development:

Select one course from the following.  
 GE E: HEA 100, HSC 201, KIN 235, REC 100, UNV 101

#### F. Upper Division Integrative Studies:

Select one course from each category. Courses in this category are to be taken after 60 semester units and ALL lower division General Education courses have been completed.  
 GE F1: HUM 310, 312, 314  
 GE F2: SMT 310, 312, 314, 416  
 GE F3: SBS 318<sup>1</sup>

#### G. Cultural Pluralism Requirement:

Within their General Education selections or within other requirements, all students must take one course which addresses cultural pluralism (i.e. the impact of the integration of cultures).  
 GE G: ANT 312, 336, 337, 338, 339, 340, 342, 389, CHS 300, HIS 305, MUS 401, PHI 383, SBS 318, SOC 322, SOC 331, SOC 383

<sup>1</sup> SBS 318 satisfies both F3 and G areas. Students will receive only three units credit, but will have met both requirements.