KEY ELEMENTS OF A MENTORSHIP

1. Connect!
   Connect with someone who has more life/career/educational experience than you.

2. Ask Questions
   Ask questions about their career path, educational path, life journey and be curious about them.

3. Share & Set Goals
   Share what your short and long term goals are (if you know them) or ask for help developing some goals.

4. Learn & Apply
   Be open to learning from others' experiences then apply it to your own success.

5. Pay it Forward
   Share what you’ve learned and Pay it forward.

Sign up today!

Toro Connect

Office of Alumni Relations
alumnirelations@csudh.edu / (310) 243-2237
Students who are mentored demonstrate:

- improved self-confidence,
- are more likely to hold leadership positions,
- stay healthier for longer,
- report improved career outcomes, and
- earn more over the course of their careers!

Register Today!

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