Be Your Competitive Best in Your Next Interview. Try Interview Stream.

• Practice interviewing via webcam
• Save and review your interview with a career coach

Webcams available in Career Center, North Library, 3rd Floor, Suite 3000

Your ToroMail email address is your access code

Above are free services to CSUDH students.

What Can I Do With This Major?
• Ties your major to career paths
• Offers advice on how to be your competitive best

Focus II
• Provides quick and easy assessment tools
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Need quick tips on your resume, dressing for the interview, your elevator speech and more? These videos will give you the answers.

GoinGlobal
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FALL Career & Internship Expos
Three targeted Career & Internship Expos will be offered this fall, enabling you to reach employers in specific industries. Register beforehand to attend one or all three, depending on your career interests. Bring resumes and dress professionally! All Career & Internship Expos will be held in the LSU Ballrooms. Check your ToroMail for more details.

FALL Career & Internship Expos

Social Services, Health Sciences, and STEM Career and Internship Expo
Tuesday, October 15, 12:00 PM – 3:00 PM

Business & Government Career & Internship Expo
Wednesday, October 16, 12:00 PM – 3:00 PM

Arts & Entertainment Career & Internship Expo
Wednesday, November 6, 12:00 PM – 2:00 PM

Graduate & Professional School EXPO
Considering graduate school? Meet with representatives from graduate and professional school programs in California and throughout the U.S.
Wednesday, September 25, 11:00 AM – 3:00 PM
Loker Student Union East Vendor Walkway

Extended Career Center Drop-ins
Need help with your resume or preparing for the Career & Internship Expos? Come to the Career Center during our Extended Drop-in hours for a 15-minute consultation. Topics can include resume/cover letter, professional dress, elevator pitch, job search, and more!
9:00A AM – 12:00 PM & 1:00 PM – 4:00 PM
Tuesday, September 3 and Thursday, September 5
Monday, October 7 – Thursday, October 10
Tuesday November 12 – Thursday, November 14
Monday, December 9 – Thursday, December 12

OTHER Career Center Events

Peer Led Conference
This peer led conference will engage students in topics areas of Academic Success, Student Engagement, Wellbeing, and Career and graduate school readiness.
Tuesday, October 8, 9 AM – 12 PM LSU Ballrooms

JCP Suit It Up Event
The Career Center has partnered with JC Penney to bring you an amazing opportunity to shop for your professional wear! Shop with JCP sales associates and CSUDH staff to find the perfect business attire. All those who attend will receive 60% off the ticketed price. Registration on Handshake required.
Sunday, October 13, 5:00 - 8:00pm, JCP at South Bay Pavilion, Carson, CA

Internship Week
Did you know that 72% of students who complete an internship have a job offer by the end of their senior year (NACE, 2016)? Join us for a week dedicated to learn about internships, how to find one, and connect with employers from a variety of companies. Join us for employer panels, giveaways, and more! Check your ToroMail for more details!
Monday, October 21 – Thursday, October 24

ASI Mocktail/Mixer
Learn how to navigate networking events with employers and more!
Tuesday, November 19, 5:00 PM – 7:00 PM
Loker Student Union Ballrooms A & B

Evening Career Center Drop-ins
For those students who cannot make our normal business hours or extended drop-ins, drop-ins will be hosted in the Career Center from 4:00PM – 7:00PM on the following Wednesdays:
Wednesdays: October 2, October 9, October 30, November 6, November 13, November 20
**Welcome Week**

The Career Center is offering expanded drop-in hours (9:00 AM – 4:00 PM) on Tuesday, September 3 and Thursday, September 5. We are also having an Open House On Wednesday, September 4. Stop by to see our new space, update your resume/Cover letter, explore job or internship opportunities on CSUDH Handshake, and enter a raffle to win prizes provided by the Career Center during these hours at the Student Success Hub in the North Library, 3rd Floor, Suite 305B. Check your ToroMail for further information.

**NACE Career Readiness Competencies Workshops**

**NACE Competency: Career Management**
Learn how you can clearly identify and articulate your skills, strengths, and experience as it relates to your future career and professional goals.

**Thursday, October 3**
2:30 PM – 3:30 PM
LSU 320

**NACE Competency: Oral/Written Communications**
Discover the importance of mastering public speaking skills and the ability to write and edit text to effectively convey ideas and thoughts.

**Monday, October 7**
2:30 PM – 3:30 PM
LSU 320

**NACE Competency: Leadership**
Enhance your leadership skills by leveraging the strengths of others to achieve common goals using interpersonal skills to coach and develop others.

**Monday, December 2**
4:00 PM – 5:00 PM
LSU 320

**Advanced Job Search**
Are you a seasoned professional entering the job market? Learn updated strategies of job searching and how to confidently navigate job search sites.

**Tuesday, November 26**
1:00 PM – 2:00 PM
LSU 320

**LinkedIn Strategies 101**
Learn what LinkedIn is, its various functions, why it’s the #1 professional networking tool, and how to start your own.

**Wednesday, November 13**
4:00 PM – 5:00 PM
Location Library Lab 2021B

**Techniques for Purposeful Networking**
Did you know that approximately 85% of jobs are filled through networking? LinkedIn, 2016! This workshop covers steps to expand your network, and use it to develop professional opportunities.

**Wednesday, December 4**
3:30 PM-4:30 PM
LSU 320

**Salary Negotiations**
Salary negotiations have a compounding effect on your earning throughout your lifetime. Discover strategies on how to negotiate your salary as a new professional.

**Thursday, October 17**
4:00 PM – 5:00 PM
LSU 113

**Confidently Navigating the Career Expo**
The Career Center hosts several Career Expos in the Fall Semester. Learn how to increase your confidence and maximize your experience before, during, and after the career expos to effectively communicate with recruiters and secure job and internship experiences.

**Monday, October 14**
1:00 PM – 2:00 PM
LSU 130

**Additional workshops offered by the Career Center are available upon request.**

**Career & Professional Development WORKSHOPS**

Please sign up for workshops in advance. Log in through MyCSUDH, and go to the schedule of events on CSUDH Handshake. Workshop locations are noted on Handshake and below.

**Putting Your Major to Work**
Not sure of your career options? Learn how to connect your major with careers to make informed decisions about your future.

**Tuesday, September 10**
2:00 PM – 3:00 PM
LSU 320

**Wednesday, October 30**
4:00 PM – 5:00 PM
LSU 320

**Resume Writing 101**
Learn tips to prepare a competitive resume that is ready for the job market.

**Monday, October 7**
2:30 PM – 3:30 PM
LSU 320

**Thursday, November 7**
2:30 PM – 3:30 PM
LSU 325

**Advanced Resume Writing**
Are you a seasoned professional looking to polish your resume? This workshop will help you stay competitive in the job market.

**Monday, October 28**
11:30 AM – 12:30 PM
LSU 320

**Wednesday, November 20**
4:00 PM – 5:00 PM
LSU 320

**Cover Letter Writing 101**
Learn how to write a compelling cover letter that effectively communicates your strengths and qualifications.

**Thursday, September 12**
4:00 PM-5:00 PM
LSU 320

**Interviewing Success Strategies**
Learn about winning employment interview skills and techniques in this workshop.

**Thursday, October 10**
4:00 PM – 5:00 PM
LSU 113

**Professionalism in the Workplace**
You’ve got the job, now learn the do’s and don’ts of how to behave at work! Hear tips and ideas to improve your chances of career success.

**Thursday, September 26**
4:00 PM – 5:00 PM
LSU 320

**On-campus Recruiting Events September through November**
Employers host on-campus interviews, information tables, and information sessions each semester regarding full-time and internship opportunities with their organizations. Check your ToroMail for further information.

**NACE Career Readiness Competencies**

The National Association of Colleges and Employers (NACE) have defined career readiness as the attainment and demonstration of requisite competencies that broadly prepare college graduates for a successful transition into the workplace. All of the NACE Career Readiness Competencies are embedded in the workshops offered by the CSUDH Career Center to help students with their professional development. Refer to the legend below to see which competencies are represented in each of our workshops.

**Critical Thinking/Problem Solving**
Exercise sound reasoning to analyze issues, make decisions, and overcome problems.

**Oral/Written Communication**
Articulate ideas and communicate clearly and effectively in written and oral forms.

**Teamwork/Collaboration**
Build collaborative relationships with colleagues with others, negotiate and manage conflict.

**Digital Technology**
Leverage existing digital technologies ethically and efficiently, and demonstrate adaptability to new technologies.

**Leadership**
Leverage the strengths of others to achieve common goals, and interpersonal skills to coach and develop others.

**Professionalism/Work Ethic**
Demonstrate personal accountability, effective work habits, integrity, and ethical behavior.

**Career Management**
Identify and articulate one’s skills, strengths, knowledge, and experiences relevant to career goals.

**Global/Intercultural Fluency**
Value, respect, and learn from diverse cultures, races, ages, genders, sexual orientations, and religions.

**Career Coaching Appointments**
One hour and 30 minute appointments available. Log on to CSUDH Handshake, and schedule at least 24 hours in advance.

**Resume Critiques**
We provide reviews of resumes, cover letters, personal statements, and curriculum vitae (CV). Log on to CSUDH Handshake, submit your document, and a coach will critique your document for you in 5-7 business days. Personal statements require an appointment with a career coach. You may also bring your resume or cover letter to Drop-in hours.

**Interview Practice**
You can now practice your interview answers using our interactive Interview Stream software in CSUDH Handshake. Practice at home with your personal computer or have a webcam, or call the Career Center to request an interview practice room with “smart” capabilities.

**Toro Career Corner**
The Career Center has an exclusive space for Toros with six laptops to help career planners and job hunters the ability to conduct online job searches, type resumes, draft personal statements, and access software to help in their career and professional development needs.

**Online Resources**
Numerous resources are available at www.csudh.edu/careercenter, including schedules of upcoming events, online job search engines, streaming videos of workshops, and a variety of how-to guides.