



Career & Professional Development

SPRING 2021

Workshops, Programs & Events



CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS

Virtual Welcome Week

Join the Career Center during our Virtual Welcome Week

The Career Center will host a variety of informative sessions on navigating Handshake, career exploration with FOCUS 2, and our new technologies! Check your toromail to learn more!

Virtual Employer Engagement February-May

This spring, employers will host virtual interviews, information sessions, coffee chats, and professional development workshops. Check the events section on Handshake to see when employers will be hosting these event and register.

NACE Career Readiness Competencies

The National Association of Colleges and Employers (NACE) have defined career readiness as the attainment and demonstration of requisite competencies that broadly prepare college graduates for a successful transition into the workplace. All of the NACE Career Readiness Competencies are embedded in the workshops offered by the CSUDH Career Center to help students with their professional development. Refer to the legend below to see which competencies are represented in each of our workshops!

naceweb.org

Critical Thinking/Problem Solving

Exercise sound reasoning to analyze issues, make decisions, and overcome problems.

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Oral/Written Communication

Articulate thoughts and ideas clearly and effectively in written and oral forms.

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Teamwork/Collaboration

Build collaborative relationships with colleagues with others, and negotiate and manage conflict.

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Digital Technology

Leverage existing digital technologies ethically and efficiently, and demonstrate adaptability to new technologies.

Leadership

Leverage the strengths of others to achieve common goals, and interpersonal skills to coach and develop others.

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Professionalism/Work Ethic

Demonstrate personal accountability, effective work habits, integrity, and ethical behavior.

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Career Management

Identify and articulate one's skills, strengths, knowledge, and experiences relevant to career goals.

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Global/Intercultural Fluency

Value, respect, and learn from diverse cultures, races, ages, genders, sexual orientations, and religions.

SPRING Career & Internship Fairs

The Career Center will provide virtual opportunities to meet with various employers and recruiters from different industries. All career fairs will be offered through Handshake's virtual fair platform. Check your ToroMail and Handshake for more details.

Spring Career & Internship Fair

Wednesday, February 24
12:00 PM-3:00 PM

Using the Handshake Virtual Event Platform

Meet with employers across all industries. This event is for students of all majors and class levels.

Education Career Fair

Wednesday, March 17
3:00 PM-6:00 PM

Using the Handshake Virtual Event Platform

Meet with employers in the Education industry. This event is for students of all majors and class levels who are interested in teaching, counseling, and administrative careers in Education.

Summer Career & Internship Fair

Wednesday, June 2
12:00 PM-3:00 PM

Using the Handshake Virtual Event Platform

Meet with employers across all industries. This event is for students of all majors and class levels.

CAREER DEVELOPMENT Workshops

Please sign up for workshops in advance. Log in through **MyCSUDH** to access Handshake and go to the schedule of events. Workshops will be offered via Zoom.

Resume Writing 101 Workshop

Learn tips to prepare a competitive resume that is ready for the job market.

Workshop:

Wednesday, February 10, 1:15 PM-2:00 PM

Tuesday, March 9, 11:15 AM-12:00 PM

Tuesday, April 6, 2:00 PM-2:45 PM

Tuesday, May 25, 3:15 PM-4:00 PM

Cover Letter Writing 101 Workshop

Learn how to write a compelling cover letter that effectively communicates your strengths and qualifications.

Workshop:

Thursday, February 11, 11:30 AM-12:15 PM

Thursday, March 18, 3:15 PM-4:00 PM

Wednesday, April 7, 12:30 PM-1:15 PM

Wednesday, May 26, 1:15 PM-2:00 PM

CAREER DEVELOPMENT Workshops (continued)

Please sign up for workshops in advance. Log in through **MyCSUDH** to access Handshake and go to the schedule of events. Workshops and will be offered via Zoom.

Job Search 101 Workshop

Learn successful strategies for getting even the most “one-of-a-kind” opportunities using proven job search techniques. Hear about new ways to think “outside the box” in a competitive job market.

Workshop:

Tuesday February 16, 3:15 PM-4:00 PM

Thursday, March 11, 1:30 PM-2:15 PM

Thursday, April 8, 4:00 PM-4:45 PM

Thursday May 27, 11:30 AM-12:15 PM

Techniques for Purposeful Networking Workshop

Did you know, 89% of employers surveyed nationally in 2020, stated they use LinkedIn during the recruiting process (LinkedIn, 2020)? This workshop covers how to expand your network, and use it to develop professional opportunities.

Workshop:

Wednesday, February 17, 3:30 PM-4:15 PM

Wednesday, March 10, 12:15 PM-1:00 PM

Tuesday April 13, 11:00 AM-11:45 AM

Tuesday May 4, 1:30 PM-2:15 PM

Thursday, June 3, 2:15 PM-3:00 PM

LinkedIn Strategies 101

Learn what LinkedIn is, its various functions, why it's the #1 professional networking tool, and how to start your own.

Workshop:

Wednesday April, 14 3:30 PM-4:15 PM

Wednesday May 5, 11:00 AM-11:45 AM

Interviewing Success Strategies Workshop

Learn about winning employment interview skills and techniques in this workshop.

Workshop:

Thursday April 15, 1:00 PM-1:45 PM

Thursday May 6, 3:00 PM-3:45 PM

Confidently Navigating the Career Fairs

The Career Center hosts several Career Fairs in the Spring Semester. Learn how to increase your confidence and maximize your experience before, during, and after the career expos to effectively communicate with recruiters and secure job and internship experiences.

Workshop:

Thursday, February 18, 2:30 PM-3:15 PM

Tuesday, March 16 4:00 PM-4:45 PM

Tuesday, June 1, 12:00 PM-12:45 PM



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Other Career Center EVENTS

Spring Career Fair & Internship Week

Did you know that 73% of students who complete an internship have a job offer by the end of their senior year (NACE, 2018)?

Join us for a two-week boot camp dedicated to learn about internships, how to find one, and connect with employers from a variety of companies. Join us for Career Conversations with employers, giveaways, and more! Check your ToroMail for more details!

Wednesday, February 10-Thursdays, February 25

Virtual JCP Suit It Up Event

The Career Center has partnered with JC Penney to bring you an amazing opportunity to shop for your professional wear! Shop this virtual and exclusive event for CSUDH Students! All those who attend will receive up to 40% off the ticketed price. Check your ToroMail to learn more!

Friday, February 5-Sunday, February 7, 2021



Graduate School Series

The Career Center will host a series of workshops and events in April to support your graduate school goals! Join us to learn more about the graduate school process, writing your personal statement, and more! Check your ToroMail and Handshake for more details!

First Year Toros-Freshmen & Transfer Student Series

The Career Center will be hosting a variety of programming focusing on freshmen & transfer student career development: resumes, Clifton Strengths Assessment, MBTI, and more! Check your ToroMail and Handshake for more details!

Virtual Office Hours with a Career Coach

For those students who cannot make our normal business hours, stop by during select hours to meet with a Career Center staff member. Like your professor's office hours, the career coach team can answer quick questions, provide career advice, and more! Check your ToroMail and Handshake for more details!

The Career Center offers assistance to students seeking to determine and match their academic studies, skills, interests, and abilities with a potential career path. The Career Center provides individual career & professional coaching appointments, workshops, and employer networking events.

Review this calendar for a list of events, services, and programs we are offering in Spring 2021.

TIP: Plug in the dates now to your calendar and set reminders!

Career Coaching Appointments

One hour and 30 minute appointments available. Log on to CSUDH Handshake, and schedule at least 24 hours in advance: [CSUDH.EDU/CareerCenter](https://www.csudh.edu/careercenter)

Resume Critiques

We provide reviews of resumes, cover letters, personal statements, and curriculum vitae (CV). Log on to CSUDH Handshake, submit your document, and a coach will critique your document for you in three business days. Personal statements require an appointment with a career coach. You may also bring your resume or cover letter to one of the many career coach led office hours.

Interview Practice

You can now practice your interview answers using our interactive StandOut software in CSUDH Handshake. Practice at home with your personal computer if you have a webcam.

Online Resources

Numerous resources are available at [CSUDH.EDU/CareerCenter](https://www.csudh.edu/careercenter), including schedules of upcoming events, online job search engines, streaming videos of workshops, and a variety of how-to guides.

ONLINE Career Resources [Log on at CSUDH.EDU/CareerCenter](https://www.csudh.edu/careercenter)

Need an internship or job?

Check out *CSUDH Handshake!*

Created for CSUDH students and alumni, use CSUDH Handshake to:

- Search for jobs & internships
- Sign up for career coaching appointments, workshops & events
- Submit your resume for a critique
- Refer your resume to interested employers

Update your profile today!

What Can I Do With This Major?

- Ties your major to career paths
- Offers advice on how to be your competitive best

Focus II

- Provides quick and easy assessment tools
- Offers current career information
- gotoros is your access code

Be Your Competitive Best in Your Next Interview. Try StandOut.

- Practice interviewing via webcam
- Save and review your interview with a career coach
- Your ToroMail email address is your access code

Watch Career Spots Job Search Videos

Need quick tips on your resume, dressing for the interview, your elevator speech and more? These videos will give you the answers.

InterStride

This online resource provides career and employment information to international and study abroad students. Access world-wide internship and job postings, H1B employer listings, corporate profiles, career resources, and more!

Log on to your MyCSUDH portal to access.

Above are free services to CSUDH students.



Career & Professional Development

Location: Welch Hall, 200

Phone: 310-243-3625

Email: CareerCenter@CSUDH.edu

Website: [CSUDH.EDU/CareerCenter](https://www.csudh.edu/careercenter)

 [facebook.com/CSUDHCareerCenter](https://www.facebook.com/CSUDHCareerCenter)

 [@DHCareerCenter](https://twitter.com/DHCareerCenter)

 [@CSUDH_CareerCenter](https://www.instagram.com/CSUDH_CareerCenter)

 [CSUDH Career Center](https://www.youtube.com/CSUDH_Career_Center)

Virtual Lobby

Visit the Career Center virtually to speak to a team member live. We are dedicated to engaging in live virtual face to face interactions with our students, alumni, and CSUDH community.

Monday-Friday

9:00 AM-4:00 PM

<https://csudh.zoom.us/j/92386529622?pwd=ckVYZTNZOFd4TDZsRnRKRlUuUmZKQT09>

password:gotoros



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