FALL Career & Internship Expos
9:00 AM – 12:00 PM & 1:00 PM – 4:00 PM
Monday, October 2 – Thursday, October 5

Three targeted Career & Internship Expos will be offered this fall, enabling you to reach employers in specific industries. Register beforehand to attend one or all three, depending on your career interests. Bring resumes and dress professionally!

STEM & Health Sciences
Wednesday, October 4 – 10:00 AM – 12:00 PM
Loker Student Union East Vendor Walkway

Business & Government
Wednesday, October 11 – 12:00 PM – 3:00 PM
Loker Student Union East Vendor Walkway

Arts & Entertainment Career Expo
Wednesday, November 1 – 12:00 PM – 3:00 PM
Loker Student Union East Vendor Walkway

Check your ToroMail for more details.

ONLINE Career Resources
Log on at CSUDH.EDU/CareerCenter

Need an internship or job? Check out CSUDH Handshake!
Created for CSUDH students and alumni, use Handshake to:

• Search for jobs & internships
• Sign up for career coaching appointments
• Submit your resume for a critique
• Refer your resume to interested employers
• Sign up for workshops, Career Expos, and event s

Log on to Handshake through MyCSUDH.
Update your profile today!

What Can I Do With This Major?
• Ties your major to career paths
• Offers advice on how to be your competitive best

Focus II
• Provides quick and easy assessment tools
• Offers current career information
• CSUDH Handshake is your access code

What Can I Do With This Major?

Be Your Competitive Best in Your Next Interview. Try Interview Stream.
• Practice interviewing via webcam
• Save and review your interview with a career coach
• Webcams available in Career Center, WH D360, or Instructional Media Center, Library C121
• Your ToroMail email address is your access code

Watch Career Spots Job Search Videos
Need quick tips on your resume, dressing for the interview, your elevator speech and more? These videos will give you the answers.

JobSpots
This online resource provides career and employment information to international and study abroad students. Access world-wide internship and job postings, H1B employer listings, corporate profiles, career resources, and more! Log on to CSUDH Handshake to gain access.

Above are free services to CSUDH students.
FALL 2017
Career & Professional Development
Two hourly workshops can help you get a competitive edge in interviews,
resumes, and professional dress.
STEM & Health Sciences Career & Internship Expo
Tuesday, October 10
12:00 PM – 3:00 PM
Business & Government Career & Internship Expo
Wednesday, October 11
12:00 PM – 3:00 PM
Arts & Entertainment Career & Internship Expo
Wednesday, November 1
12:00 PM – 3:00 PM
Content:
• Your resume and elevator speech: tips and tricks
• Structuring your response to actual interview questions
• Interview etiquette: dos and don’ts
• Professional dress for interview settings
Check your ToroMail for more details.

Graduate School Expo
Considering graduate or professional school? Meet with representatives from graduate and professional school programs in California and throughout the U.S.
Wednesday, September 20, 10:00 AM – 2:00 PM
Loker Student Union East Vendor Walkway

Graduate & Professional School Week
Graduate & Professional School week takes place from Monday, September 18 – Thursday, September 21. Check your ToroMail for more details.

Loker Student Union
The Career Center

ONLINE Career Resources
Log on at CSUDH.EDU/CareerCenter

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Check out CSUDH Handshake!
Created for CSUDH students and alumni, use Handshake to:
• Search for jobs & internships
• Sign up for career coaching appointments
• Submit your resume for a critique
• Refer your resume to interested employers

Watch Career Spots Job Search Videos
Need quick tips on your resume, dressing for the interview, your elevator speech and more? These videos will give you the answers.

GoinGlobal
This online resource provides career and employment information to international and study abroad students. Access world-wide internship and job postings, H1B employer listings, corporate profiles, career resources, and more! Log on to CSUDH Handshake to gain access.

Library Drop-ins
For those students who cannot make our normal business hours, drop-in hours will be hosted at the Library every other Wednesday from 4:00 – 7:00 PM. October 4 – November 15.
Wednesdays: October 4, October 18, October 25

ALL Dining Etiquette Luncheon
Join ALL and the Career Center for a night of learning about proper dining etiquette for formal events, such as interviews and professional networking events.
Thursday, November 16
6:00 PM – 7:00 PM
Loker Student Union

OTHER Career Center Events
Internship Week
Did you know that 72% of students who complete an internship have a job offer by the end of their senior year (NACE, 2016)? Join us for a week dedicated to learning about internships, how to find one, and the opportunity to network with employers from a variety of companies. Attend workshops and employer panels for giveaways and more! Check your ToroMail for more details!
Wednesday, November 1 – Thursday, November 9

LSU East Vendor Walkway Drop-ins
Bring your lunch and join us at the LSU Vendor Walkway for a 15-minute consultation between 11:30 AM – 1:30 PM.
Tuesday, September 12 & Wednesday, September 13
Tuesday, September 26 & Wednesday, September 27
Tuesday, October 3 & Wednesday, October 4
Tuesday, October 24 & Wednesday, October 25

LSU Vendor Walkway Drop-ins

LSU Visitor Center
1000 E. VICTORIA STREET, WELCH HALL D360
CARSON, CA 90747

Office Hours
Monday – Friday
Tuesdays
8:00 AM – 5:00 PM
9:00 AM – 12:00 PM
Wednesdays:
Drop-in Hours – No Appointment Needed
1:00 – 4:00 PM
Fifteen minute consultations are available with a Career Coach during Drop-in sessions.
For more information, please call 310-243-3625 or email CareerCenter@csudh.edu.
Welcome Week

The Career Center is offering expanded drop-in hours (9:00 AM - 4:00 PM) from Monday, August 28 – Thursday, August 31. Drop by the Career Center during these hours in Welch Hall, Room 360, where you can develop a career plan, explore job or internship opportunities on CSUDH Handshake, and enter a raffle to win prizes. Watch your ToroMail for further information.

Career & Professional Development WORKSHOPS

Please sign up for workshops in advance. Log in through MyCSUDH, and go to the schedule of events on CSUDH Handshake. All workshops are held at the Career Center, Welch Hall D360, unless otherwise noted.

Putting Your Major to Work
Not sure of your career options? Learn how to connect your major with careers to make informed decisions about your future.
Wednesday, September 13, 2:30 PM – 3:30 PM
Tuesday, October 31, 4:00 PM – 5:00 PM

Resume Writing 101
Learn tips to prepare a competitive resume that is ready for the job market.
Wednesday, September 27, 2:30 PM – 3:30 PM
Tuesday, November 7, 2:30 PM – 3:30 PM

Advanced Resume Writing
Are you a seasoned professional looking to polish your resume? This workshop will help you stay competitive in the job market.
Wednesday, October 4, 4:00 PM – 5:00 PM
Thursday, November 16, 4:00 PM – 5:00 PM

Cover Letter Writing 101
Learn how to write a compelling cover letter that effectively communicates your strengths and qualifications.
Thursday, September 28, 11:30 AM – 12:30 PM
Thursday, October 12, 1:00 PM – 2:00 PM

Interviewing Success Strategies
Learn about winning employment interview techniques in this workshop.
Tuesday, October 3, 2:30 PM – 3:30 PM
Wednesday, October 25, 11:30 AM – 12:30 PM

Job Search 101
Learn successful strategies for getting even the most “one-of-a-kind” opportunities using proven job search techniques. Hear about new ways to think “outside the box” in a competitive job market.
Monday, September 11, 1:00 PM – 2:00 PM

Advanced Job Search
Learn advanced job search strategies for seasoned professionals looking to take their career to the next level.
Monday, November 27, 1:00 – 2:00 PM

Professionalism in the Workplace
You’ve got the job, now learn the do’s and don’ts of how to behave at work! Hear tips and ideas to improve your chances of career success.
Monday, September 25, 4:00 PM – 5:00 PM
Thursday, October 19, 1:00 PM – 2:00 PM

Internships Lead to Career Success
This workshop will cover what an internship is, how to find one, tips on preparing for, and getting the most out of your internship once hired.
Monday, October 23, 1:00 PM – 2:00 PM
Monday, November 6, 11:30 AM – 12:30 PM, LSU 324/325

Personal Branding: Build Your Professional Image
Learn tips for career & professional branding techniques, including effective networking techniques and dressing for success. This workshop can help you prepare for meeting employers at our Career & Internship Fairs and events!
Wednesday, September 6, 2:30 PM – 3:30 PM
Thursday, November 9, 4:00 PM – 5:00 PM

LinkedIn Strategies 101
Learn what LinkedIn is, its various functions, why it’s the #1 professional networking tool, and how to start your own.
Thursday, November 2, 4:00 PM – 5:30 PM; Library Computer Lab

Techniques for Purposeful Networking
Did you know that approximately 85% of jobs are filled through networking? (LinkedIn, 2016) This workshop covers how to expand your network, and use it to develop professional opportunities.
Tuesday, November 14, 11:30 AM – 12:30 PM

Salary Negotiation
Salary negotiations have a compounding effect on your earnings throughout your lifetime. Discover strategies on how to negotiate your salary as a new professional.
Monday, October 16, 4:00 PM – 5:00 PM

Additional workshops offered by the Career Center are available upon request.

NACE Career Readiness Competencies

The National Association of Colleges and Employers (NACE) have defined career readiness as the attainment and demonstration of requisite competencies that broadly prepare college graduates for a successful transition into the workplace. All of the NACE Career Readiness Competencies are embedded in the workshops and programs offered by the CSUDH-Career Center to assist students with their career and professional development. Refer to the legend below to see which competencies are embedded into each of our workshops.

Critical Thinking/Problem Solving
Exercise sound reasoning to analyze issues, make decisions, and overcome problems.

Oral/Written Communication
Articulate thoughts and ideas clearly and effectively in written and oral forms.

Teamwork/Collaboration
Build collaborative relationships with colleagues with others, and negotiate and manage conflict.

Digital Technology
Leverage existing digital technologies ethically and efficiently, and demonstrate adaptability to new technologies.

Leadership
Leverage the strengths of others to achieve common goals, and interpersonal skills to coach and develop others.

Professionalism/Work Ethic
Demonstrate personal accountability, effective work habits, integrity, and ethical behavior.

Career Management
Identify and articulate one’s skills, strengths, knowledge, and experiences relevant to career goals.

Global/Intercultural Fluency
Value, respect, and learn from diverse cultures, races, ages, genders, sexual orientations, and religions.

On-campus Recruiting Events

Information Sessions
Employers host information sessions each semester regarding full-time and internship opportunities with their organizations.
TIP: Information sessions lead to interview opportunities!

On-campus Interviews
Job and internship interviews with national companies and public agencies take place on campus each semester. Visit CSUDH Handshake and check your ToroMail to see the companies interviewing on-campus.
Popular requests include candidates for management, sales, communication, accounting, finance, information systems, and customer service positions. Watch your ToroMail for announcements.

September through November

Welcome Week

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