

## **CALIFORNIA STATE UNIVERSITY DOMINGUEZ HILLS**

### **PSY 483-41 CONTEMPORARY ISSUES IN SPORT AND FITNESS PSYCHOLOGY**

3 Semester Credits **Online**

**Prerequisites:** None

**Instructor:** Mark Cartiglia, Ph.D.

Telephone: I am usually available evenings after 6 pm. If I cannot be reached when you call, then please leave a message. Student phone messages will be responded to within 48 hours.

Email: [mcartiglia@csudh.edu](mailto:mcartiglia@csudh.edu) Student emails will be responded to within 48 hours.

**PLEASE NOTE THAT EMAIL IS THE BEST WAY TO REACH ME.**

#### **Class Location and Meeting Times:**

Because this course will be taught entirely online, there is no physical location for the class. Also, you may complete the required course work on any day of the week or at any time during the day. Nevertheless, you should try to keep up with the schedule of about one lesson every six days as best as you are able to in order to make sure that you do not need to "cram" too much work in before the exams or at the end of the semester. All course work and exams must be completed by this date.

#### **Course Description:**

This course examines contemporary issues and controversies in the world of sports today. This includes topics such as violence in sports, race and ethnicity in sports, economic issues related to sports, youth sports, sports and the media, sports and politics, performance-enhancing substances, and sports and religion. The course will provide an in-depth analysis of these topics and ask the student to explore his/her views on these issues.

#### **Required Text:**

Coakley, J. (2014). *Sports in Society: Issues and Controversies* (11th Ed.). New York, NY: McGraw Hill. You can purchase the text (new or used) at a reduced price on-line from a number of different websites, including [Amazon.com](https://www.amazon.com). The book is also available for rent or as an e-book at a reduced price from various websites, including [Chegg.com](https://www.chegg.com).

CSUDH Catalog Description for PSY483 – Contemporary Issues in Sport and Fitness Psychology (3 units). Psychological theories will be applied to the identification and treatment of problems people who participate in sports may have as well as applied to the promotion of mental health. This course is not open for credit toward the psychology major or minor.

### **Course Learning Outcomes**

At the end of this course student will be able to:

- Explain five social theories that may be employed to understand issues and controversies in the world of sports today
- Identify the multiple roles that socialization plays in sports participation and thoughtfully answer various sociological questions pertaining to youth sports
- Analyze and explain the complexities related to the following as they relate to sports: deviance, violence, gender, race and ethnicity, social class, the economy, the media, politics and religion
- Identify and discuss eight contemporary issues related to student athletes in high school and college

### **COURSE SCHEDULE Lessons Readings and Topics**

#### **PART I**

Week 1: Chapter 1 The Sociology of Sport: What is It and Why Study It?  
Chapter 2 Knowledge about Sport in Society: Role of Research, Theory?

Week 2: Chapter 4 Sports and Socialization: Who Plays and What Happens to Them?  
Chapter 5 Sports and Children: Are Organized Programs Worth the Effort?

Week 3: Chapter 6 Deviance in Sports: Is it Out of Control?  
Chapter 7 Violence in Sports: How Does It Affect Our Lives?

Week 4: Chapter 8 Gender and Sports: Does Equity Require Ideological Changes?  
Chapter 9 Race and Ethnicity: Are They Important in Sports?

### **MIDTERM EXAMINATION**

#### **PART II**

Week 5: Chapter 10 Social Class: Do Money and Power Matter in Sports?  
Chapter 11 Sports and the Economy: Characteristics of Commercial Sports?

Week 6: Chapter 12 Sports and the Media: Could They Survive Without Each Other?  
Chapter 13 Sports and Politics: Governments/Global Processes Influence Sports?

### **TERM PAPER DUE**

Week 7: Chapter 14 Sports in High and College: Do Sports Contribute to Education?  
Chapter 15 Sports and Religions: Is it Promising Combination?

### **FINAL EXAMINATION**

#### **Course Requirements**

##### **Readings**

The course is divided into 7 Lessons. Each Lesson covers 2 chapters in the Coakley textbook. You are expected to **keep up with the reading (about 2 chapters per week)**, in order to finish the course on time.

Each lesson includes PowerPoint presentations covering the assigned chapters in the Coakley textbook. These PowerPoint presentations are available in the Lecture Material folder on the PSY 483 Blackboard site. In order to view the lecture slides you will need a PowerPoint viewer ([Microsoft PowerPoint Viewer](#)), which you can download free from the Microsoft web site. The PowerPoint presentations will support the readings and aid the student in understanding the material in the text. The course is divided into two parts. Part I covers the first four lessons (Lessons 1-4), and Part II covers the next three lessons (Lessons 5-7).

##### **Writing Assignments**

There will be one Writing Assignments for each of the seven lessons in the Course. Each Writing Assignment is worth 15 Points. So, all of the Writing Assignments together are worth a total of 105 Points. You are expected to complete these assignments after reading the appropriate assigned chapter in the Coakley textbook. After you complete a Writing Assignment, the instructor will provide written feedback. The Writing Assignments are found under the "Assignments" folder on the Blackboard site for PSY 483.

##### **Exams**

There will be a Midterm Exam and a Final Exam in this course. You will take the Midterm exam after completing ALL of the Writing Assignments in Part I of the course (Lessons 1-4). The Midterm is worth 150 Points. You will take the Final exam after completing ALL of the Writing Assignments in Part II of the course (Lessons 5-7). The Final is worth 150 Points. The Midterm and Final will consist of short answer and essay items.

You are advised to take each of these exams when you have a block of uninterrupted time because you must complete each of the exams within a 3-hour time period. Once you open an exam, the clock starts and you must finish it within the 3-hour time period.

### **Term Paper**

You will be expected to write a 5-7 double-spaced page term paper in the course. In the paper you will be required to write on some topic in the world of sports today. The paper is worth a total of 75 points. For more details, click on the 'Term Paper' tab on the course home page on Blackboard.

### **Discussion Forums**

There will be a total of 7 Discussion Forums in this course (one Forum will be post about every week throughout the semester). They are available in the Discussion Board folder on the PSY 483 Blackboard site. Through these Forums, you will be able to interact with your classmates and the instructor. The Forums have dates attached to them. You are expected to participate in each Forum within the designated one-week period for that Forum. You will earn 5 points for participating in each Discussion Forum. However, you must participate in each Discussion Forum during its designated period; otherwise, you will not be awarded any points or any Extra Credit points (see section below) for participating in that Forum. All of the Forums together are worth a total of 35 Points.

### **Extra Credit**

The number of Extra Credit points you earn in the class will be determined by the degree to which you interact with your classmates in the Discussion Forums (above). In other words, if you want Extra Credit points in the class you should not only respond to the Discussion Forum question but also to your fellow classmates' entries. If you respond only to the Discussion Forum question, you will earn no Extra Credit points. However, if you respond to your fellow classmates' entries and the instructor's entries in the Discussion Forum (e.g., if you post 2-3 entries for each Discussion Forum question), you will earn Extra Credit points that will be awarded at the end of the semester. **You may earn up to 14 Extra Credit points in this manner (up to 2 Extra Credit points per Forum)**--the exact number being determined by your "extra participation" in each of the Discussion Forums.

### **Grading:**

Writing Assignments	105 points
Midterm Exam	150 points
Final Exam	150 points
Term Paper	75 points
Discussion Forums	35 points
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	515 points

**Final Course Grades:**

93 - 100%	478 – 515	=	A
90 - 92%	463 – 477	=	A-
87 - 89%	448 – 462	=	B+
83 - 86%	427 – 447	=	B
80 - 82%	412 – 426	=	B-
77 - 79%	396 – 411	=	C+
73 - 76%	375 – 395	=	C
70 - 72%	360 – 374	=	C-
67 - 69%	345 – 359	=	D+
60 - 66%	309 – 344	=	D
0 - 59%	0 – 308	=	F

**Academic Integrity**

You are expected to adhere to University Guidelines for academic integrity in this class, as well as all others. Violations of academic integrity include, but are not limited to: cheating, plagiarism, unauthorized collaboration and falsification of documents. If you have any questions about academic integrity please refer to the University student handbook. If you violate the University's academic integrity policy in any way you will receive a zero on the assignment and likely an F in the course. In addition, your actions will be reported to the Dean of Students. For more details, please refer to the Academic Integrity Statement in the CSUDH Catalog: <http://www.csudh.edu/catalog/2009-2011/acadIntegrity.htm>

**Accommodation of Students**

It is the policy of California State University Dominguez Hills to comply with the Section 504 Regulations (now, Americans with Disabilities Act) adopted by the Department of Health, Education and Welfare. Disabled Student Services (DSS) office is located in Welsh Hall, room D-180, Phone: (310) 243-3660 Fax: (310) 516-4247.

**Course Evaluations**

Course evaluations and program surveys are important components of the educational process.

All courses taught through Extended Education are evaluated. Students are strongly encouraged to complete the electronic course evaluation form (Perceived Teaching Effectiveness) that will be available during the last two weeks of the course. An email notification is sent to students via their toromail accounts indicating the availability of the online evaluation form two week before the course ends. The evaluation is anonymous.