

Human Services Course Checklist

Mental Health Recovery option

For students starting Fall 15 and after

Student _____ I.D. Number _____

MAJOR REQUIREMENTS (57 UNITS)	Prerequisite/Co-Requisite	Semester	Grade
A. COMMON CORE COURSES (36 units)			
Interdisciplinary Courses (15 units)			
MAT 131 Elementary Statistics and Probability (3)			
BIO 250 Human Anatomy and Physiology (3) OR BIO 254 Human Biology (3)	<i>BIO 102</i>		
ANT 310 Culture and Personality (3) OR ANT 389 Transmission of Culture (3)			
PSY 363 Abnormal Psychology (3)			
SOC 320 Sociology of the Family (3) OR HIS 379 The Family in History (3)			
Human Services Courses (21 UNITS)			
HUS 300 Introduction to Human Services (3)			
HUS 310 Helping & Professional Relationships (3) <i>MUST take with HUS 380/381</i>	<i>Pre-requisite HUS 300</i> <i>Co-requisite HUS 380/381</i>		
HUS 315 Intercultural Communication for Human Services (3)	<i>HUS 300</i>		
HUS 330 Human Behavior and the Social Environment (3)	<i>HUS 300</i>		
HUS 400 Case Management in Human Services (3) <i>MUST take with HUS 390/391</i>	<i>Pre-requisite HUS 310</i> <i>Co-requisite HUS 390/391</i>		
HUS 410 Advanced Case Management (3) <i>MUST take with HUS 484/485</i>	<i>Pre-requisite HUS 400</i> <i>Co-requisite HUS 484/485</i>		
HUS 460 Research Methods for Human Services (3)	<i>HUS 300</i>		
B. FIELDWORK PRACTICUM (9 units)			
HUS 380/381 Field Work Practicum in HUS 1 (120 hours)	<i>HUS 300</i> <i>Co-requisite HUS 310</i>		
HUS 390/391 Field Work Practicum in HUS 2 (120 hours)	<i>HUS 310 & 380/381</i> <i>Co-requisite HUS 400</i>		
HUS 484/485 Field Work Practicum in HUS 3 (120 hours) <i>Offered Spring semesters only</i>	<i>HUS 400 & 390/391</i> <i>Co-requisite HUS 410</i>		

C. REQUIRED MHR COURSES (9 units)		Semester	Grade
1. HUS 307			
2. HUS 311			
3. HUS 368 <i>Offered Spring semesters only</i>			
D. ELECTIVE (3 units) Select 1 upper division elective from Child Development, Health Sciences, Anthropology, Psychology, and Sociology with the assistance of an advisor.		Semester	Grade
1.			

GENERAL EDUCATION REQUIREMENTS * Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.		Semester	Grade
Lower Division G.E.	55-62 units of required undergraduate courses or G.E. certified from the community college.		
Statistics	MAT 131		
Humanities*	AFS 331, AFS 332, APP 315, CHS 340, CHS 345, HIS 376, HUM 310, HUM 312, HUM 314, IDS 312, or MUS 345, MUS 486, THE 315, THE 317, or THE 319 (Select One)		
Natural Sciences*	BIO 340, CSC 301, EAR 312, 416, IDS 310, LBS 380, SMT 310, SMT 312, SMT 314, or SMT 416 (Select One)		
Social Sciences/ Cultural Pluralism*	AFS 310, AFS 311, ANT 334, ANT 371, APP 311, APP 327, CHS 323, CHS 330, CHS 335, GEO 318, HEA 468, HIS 340, HIS 348, HIS 354, HIS 380, IDS 318, or SBS 318 (Select One)		
Writing Competency	ENG 350 <i>or</i> (IDS 397 & 398) <i>or</i> GWE		

Units and Residence Requirements	Units Complete	Units Needed
Transfer Units (70 units maximum from Community college)		
Major requirements (51 units minimum) 30 units must be completed in residence)		
General Education Units (9 units of upper division general education)		
Total Units (120 units minimum)		

I understand:	Initial
All fieldwork courses must be taken sequentially. Only one may be taken per semester.	
I must have a "C" or better in all course work required for the major. A grade of "C-" or lower is not considered passing and requires me to repeat the course.	
I must maintain a 2.0 GPA to graduate; if I drop below I will be placed on academic probation and may be subject to academic disqualification.	
All fieldwork must have department Field Coordinator approval	
Any course substitution must have departmental approval.	
Most Lower Division G. E. Requirements should be completed prior to enrolling in courses for the major. (It is recommended for transfer students to request GE certification from their community college)	

I understand and agree to the requirements listed above:

Student Signature Date

Advisor Signature Date

**Human Services Program
Mental Health Recovery Option
Transfer Student Roadmap****Two-Year Roadmap**

Semester 1	Semester 2	Semester 3	Semester 4
HUS 300	HUS 310	HUS 400	HUS 410
SOC 320 or HIS 379	HUS 380/381	HUS 390/391	HUS 484/485
ANT 310 or 389	HUS 307	HUS 311	HUS 368
PSY 363	HUS 330	HUS 460	Elective*
Upper Division Social Sciences	Upper Division Natural Sciences	HUS 315	Upper Division Humanities

* See list of approved electives

COLLEGE OF HEALTH, HUMAN SERVICES, & NURSING

HUMAN SERVICES DEPARTMENT

**Select four courses from at least two different departments with the assistance of an advisor (12 units)*

NOTE: If you are planning to minor or double major in a different discipline, you may not double count that coursework to satisfy elective requirements.

CHILD DEVELOPMENT

CDV 363 Development in Diverse Contexts
CDV 372 Social Development and Interpersonal Relationships
CDV 380 Stress, Risk and Resiliency
CDV 423 Child Development and Social Policy
CDV 440 Becoming American: Immigrant children and Families in the U.S.
CDV 450 Development in Poverty

HEALTH SCIENCES

HEA 314 Health Behavior
HEA 468 Multicultural Health
HEA 471 Law, Ethics, and Social Values in Healthcare

ANTHROPOLOGY

ANT 344 Aging in Cross-Cultural Perspective
ANT 346 Anthropology of Work
ANT 336 Comparative Cultures: Comparative Sociopolitical Systems
ANT 337 Comparative Cultures: Ethnography and Film
ANT 338 Comparative Cultures: Mainland Southeast Asia
ANT 339 Comparative Cultures: Mexico and Central America
ANT 340 Comparative Cultures: Peoples and Cultures of Egypt
ANT 342 Comparative Cultures: South America

HUMAN SERVICES (Non- Mental Health Recovery concentration students can take the courses below as electives)

HUS 307 Principles of Mental Health Recovery
HUS 311 Interventions and Strategies in Mental Health Recovery I
HUS 368 Interventions and Strategies in Mental Health Recovery II-
Offered Spring semesters ONLY

PSYCHOLOGY

PSY 314 Behavior Modification
PSY 340 Social Psychology: Psychological Perspective
PSY 342 Interpersonal and Group Dynamics
PSY 350 Child Psychology
PSY 351 Psychology of Adolescent Experience
PSY 353 The Experience of Death and Dying
PSY 367 Effective Communication Skills
PSY 368 Human Sexuality
PSY 372 Industrial and Organizational Psychology
PSY 376 Psychology of Gender
PSY 380 Psychology of the Mexican American
PSY 382 Psychological Development of the Black Child
PSY 383 Psychology of the Black Experience
PSY 464 Introduction to Clinical Psychology
PSY 470 Community Psychology: Issues and Practice

SOCIOLOGY

SOC 316 Sociology of Adult Life and Aging or
SOC 321 Sociology of Education
SOC 322 Social Environment of Education
SOC 328 Social Agencies: Practice and Power
SOC 331 Minority Racial and Ethnic Relations
SOC 340 Social Psychology: Sociological Perspective
SOC 341 Seminar in Small Groups
SOC 362 Gangs and Adolescent Subcultures
SOC 363 Sociology of alcohol and Other Drug Use
SOC 364 Corrections
SOC 369 Juvenile Delinquency
SOC 386 Sociology of the Helping Professions