

Human Services Course Checklist

Student _____ I.D.Number _____

MAJOR REQUIREMENTS (57 UNITS)	Prerequisite/Co-Requisite	Semester	Grade
A. COMMON CORE COURSES (36 units)			
Interdisciplinary Courses (15 units)			
MAT 131 Elementary Statistics and Probability (3)	(MAT 132 or 134 can be substituted)		
BIO 250 Human Anatomy and Physiology (3) OR BIO 254 Human Biology (3) (May be substituted with an elective with advisor approval)	<i>Pre-requisite BIO 102</i>		
ANT 310 Culture and Personality (3) OR ANT 389 Transmission of Culture (3)			
PSY 363 Abnormal Psychology (3)			
SOC 320 Sociology of the Family (3) OR HIS 379 The Family in History (3)			
Human Services Courses (21 UNITS)			
HUS 300 Introduction to Human Services (3)			
HUS 310 Helping & Professional Relationships (3) <i>MUST be taken with HUS 380/381</i>	<i>Pre-requisite HUS 300</i> <i>Co-requisite HUS 380/381</i>		
HUS 315 Intercultural Communication for Human Services (3)	<i>Pre-requisite HUS 300</i>		
HUS 330 Human Behavior and the Social Environment (3)	<i>Pre-requisite HUS 300</i>		
HUS 400 Case Management in Human Services (3) <i>MUST be taken with HUS 390/391</i>	<i>Pre-requisite HUS 310</i> <i>Co-requisite HUS 390/391</i>		
HUS 410 Advanced Case Management (3) <i>MUST be taken with HUS 480/481</i>	<i>Pre-requisite HUS 400</i> <i>Co-requisite HUS 480/481</i>		
HUS 460 Research Methods for Human Services (3)	<i>Pre-requisite HUS 300</i>		
B. FIELDWORK PRACTICUM (9 units)			
HUS 380/381 <i>Field Work Practicum in HUS 1 (120 hours)</i>	<i>Pre-requisite HUS 300</i> <i>Co-requisite HUS 310</i>		
HUS 390/391 <i>Field Work Practicum in HUS 2 (120 hours)</i>	<i>Pre-requisite HUS 310 & 380/381</i> <i>Co-requisite HUS 400</i>		
HUS 480/481 <i>Field Work Practicum in HUS 3 (120 hours)</i>	<i>Pre-requisite HUS 400 & 390/391</i> <i>Co-requisite HUS 410</i>		
C. ELECTIVES Select 4 upper division electives from the approved Elective List (page 3) Human Services, Child Development, Health Sciences, Anthropology, Psychology, and Sociology with the assistance of an advisor (from at least two different departments).		Semester	Grade
1.			
2.			
3.			
4.			

GENERAL EDUCATION REQUIREMENTS		Semester	Grade
* Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.			
Lower Division G.E.	55-62 units of required undergraduate courses or G.E. certified from the community college.		
Statistics	MAT 131, or MAT 132, or MAT 134		
Humanities*	* Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.		
Natural Sciences*	* Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.		
Social Sciences/ Cultural Pluralism*	* Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.		
Writing Competency	HUS 310 will meet this area		

Units and Residence Requirements	Units Complete	Units Needed
Transfer Units (70 units maximum from Community college)		
Major requirements (57 units) (30 units must be completed in residence)		
General Education Units (9 units of upper division integrative studies)		
Total Units (120 units minimum)		

Two-Year Roadmap

Semester 1	Semester 2	Semester 3	Semester 4
HUS 300	HUS 310	HUS 400	HUS 410
SOC 320 or HIS 379	HUS 380/381	HUS 390/391	HUS 480/481
ANT 310 or 389	HUS 330	Elective*	Elective*
PSY 363	HUS 315	Elective*	Elective*
UD Integrative Studies Social Sciences	UD Integrative Studies Natural Sciences	HUS 460	UD Integrative Studies Humanities

* See list of approved electives

PRIORITY COURSES are listed in **BOLD**

Human Services Course Checklist Mental Health Recovery option

Student _____ I.D. Number _____

MAJOR REQUIREMENTS (57 UNITS)	Prerequisite/Co-Requisite	Semester	Grade
A. COMMON CORE COURSES (36 units)			
Interdisciplinary Courses (15 units)			
MAT 131 Elementary Statistics and Probability (3)	(may be substituted with MAT 132 or 134)		
BIO 250 Human Anatomy and Physiology (3) OR BIO 254 Human Biology (3) (may be substituted with an elective with advisor approval)	Pre-requisite BIO 102		
ANT 310 Culture and Personality (3) OR ANT 389 Transmission of Culture (3)			
PSY 363 Abnormal Psychology (3)			
SOC 320 Sociology of the Family (3) OR HIS 379 The Family in History (3)			
Human Services Courses (21 UNITS)			
HUS 300 Introduction to Human Services (3)			
HUS 310 Helping & Professional Relationships (3) <i>MUST take with HUS 380/381</i>	Pre-requisite HUS 300 Co-requisite HUS 380/381		
HUS 315 Intercultural Communication for Human Services (3)	Pre-requisite HUS 300		
HUS 330 Human Behavior and the Social Environment (3)	Pre-requisite HUS 300		
HUS 400 Case Management in Human Services (3) <i>MUST take with HUS 390/391</i>	Pre-requisite HUS 310 Co-requisite HUS 390/391		
HUS 410 Advanced Case Management (3) <i>MUST take with HUS 484/485</i>	Pre-requisite HUS 400 Co-requisite HUS 484/485		
HUS 460 Research Methods for Human Services (3)	Pre-requisite HUS 300		
B. FIELDWORK PRACTICUM (9 units)			
HUS 380/381 Field Work Practicum in HUS 1 (120 hours)	Pre-requisite HUS 300 Co-requisite HUS 310		
HUS 390/391 Field Work Practicum in HUS 2 (120 hours)	Pre-requisite HUS 310 & 380/381 Co-requisite HUS 400		
HUS 484/485 Field Work Practicum in HUS 3 (120 hours) <i>Offered Spring semesters only</i>	Pre-requisite HUS 400 & 390/391 Co-requisite HUS 410		
C. REQUIRED MHR COURSES (9 units)		Semester	Grade
1. HUS 307			
2. HUS 311 (pre-requisite HUS 307)			
3. HUS 368 (pre-requisite HUS 311) <i>Offered Spring semesters only</i>			
D. ELECTIVE (3 units) Select 1 upper-division elective from the list of approved HUS Electives (page 3) Child Development, Health Sciences, Anthropology, Psychology, and Sociology with the assistance of an advisor.		Semester	Grade
1.			

GENERAL EDUCATION REQUIREMENTS		Semester	Grade
* Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.			
Lower Division G.E.	55-62 units of required undergraduate courses or G.E. certified from the community college.		
Statistics	MAT 131, MAT 132, or MAT 134		
Humanities*	* Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.		
Natural Sciences*	* Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.		
Social Sciences/ Cultural Pluralism*	* Visit your Academic Requirements Report for a complete list of courses that meet the Upper Division GE Requirements.		
Writing Competency	HUS 310 will meet this area		

Units and Residence Requirements	Units Complete	Units Needed
Transfer Units (70 units maximum from Community college)		
Major requirements (51 units minimum) 30 units must be completed in residence)		
General Education Units (9 units of upper division general education)		
Total Units (120 units minimum)		

Two-Year Roadmap

Semester 1	Semester 2	Semester 3	Semester 4
HUS 300	HUS 310	HUS 400	HUS 410
SOC 320 or HIS 379	HUS 380/381	HUS 390/391	HUS 484/485
ANT 310 or 389	HUS 307	HUS 311	HUS 368
PSY 363	HUS 460	HUS 330	Elective*
UD Integrative Studies Social Sciences	UD Integrative Studies Natural Sciences	HUS 315	UD Integrative Studies Humanities

* See list of approved electives

PRIORITY COURSES are listed in **BOLD**

HUMAN SERVICES DEPARTMENT

***Select four courses from at least two different departments with the assistance of an advisor (12 units)**

NOTE: If you are planning to minor or double major in a different discipline, you may not double count that coursework to satisfy elective requirements.

CHILD DEVELOPMENT (Will need a permission number and priority is given to CDV students)

CDV 363 Development in Diverse Contexts
CDV 372 Social Development and Interpersonal Relationships
CDV 380 Stress, Risk and Resiliency
CDV 423 Child Development and Social Policy
CDV 440 Becoming American: Immigrant children and Families in the U.S.
CDV 450 Development in Poverty

HEALTH SCIENCES (May need a permission number for HEA 314 and 471)

HEA 314 Health Behavior
HEA 468 Multicultural Health
HEA 471 Law, Ethics, and Social Values in Healthcare

ANTHROPOLOGY

ANT 344 Aging in Cross-Cultural Perspective
ANT 346 Anthropology of Work
ANT 336 Comparative Cultures: Comparative Sociopolitical Systems
ANT 337 Comparative Cultures: Ethnography and Film
ANT 338 Comparative Cultures: Mainland Southeast Asia
ANT 339 Comparative Cultures: Mexico and Central America
ANT 340 Comparative Cultures: Peoples and Cultures of Egypt
ANT 342 Comparative Cultures: South America
ANT 345 Medical Anthropology
ANT 371 Historical and Cultural Perspectives in Disability Studies

HUMAN SERVICES (Non- Mental Health Recovery concentration students can take the courses below as electives)

HUS 307 Principles of Mental Health Recovery
HUS 311 Interventions and Strategies in Mental Health Recovery I
HUS 368 Interventions and Strategies in Mental Health Recovery II- *Offered Spring semesters ONLY*

PSYCHOLOGY

PSY 314 Behavior Modification
PSY 340 Social Psychology: Psychological Perspective
PSY 342 Interpersonal and Group Dynamics
PSY 350 Child Psychology
PSY 351 Psychology of Adolescent Experience
PSY 353 The Experience of Death and Dying
PSY 360 Theories of Personality
PSY 367 Effective Communication Skills
PSY 368 Human Sexuality
PSY 372 Industrial and Organizational Psychology
PSY 376 Psychology of Gender
PSY 380 Psychology of the Mexican American
PSY 382 Psychological Development of the Black Child
PSY 383 Psychology of the Black Experience
PSY 464 Introduction to Clinical Psychology
PSY 470 Community Psychology: Issues and Practice

SOCIOLOGY

SOC 316 Sociology of Adult Life and Aging or
SOC 321 Sociology of Education
SOC 322 Social Environment of Education
SOC 328 Social Agencies: Practice and Power
SOC 331 Minority Racial and Ethnic Relations
SOC 340 Social Psychology: Sociological Perspective
SOC 341 Seminar in Small Groups
SOC 362 Gangs and Adolescent Subcultures
SOC 363 Sociology of alcohol and Other Drug Use
SOC 364 Corrections
SOC 365 Deviant Behavior
SOC 368 Criminology
SOC 369 Juvenile Delinquency
SOC 386 Sociology of the Helping Profession

HUMAN SERVICES DEPARTMENT UNDERSTANDINGS

FULL NAME: _____ CSUDH ID# _____

I understand:	Initial
All fieldwork courses must be taken sequentially. Only one may be taken per semester.	
I must have a "C" or better in all course work required for the major. A grade of "C-" or lower is not considered passing and requires me to repeat the course.	
I must maintain a 2.0 GPA to graduate; if I drop below I will be placed on academic probation and may be subject to academic disqualification.	
All fieldwork must have department Field Coordinator approval .	
Any course substitution must have departmental approval.	
Most Lower Division G. E. Requirements should be completed prior to enrolling in courses for the major. (It is recommended for transfer students to request GE certification from their community college)	

After reviewing the above understandings, please complete the HUS Understandings form online by clicking on the link below.

<https://survey.alchemer.com/s3/6816252/HUS-Understandings>