

# Adrieen Mancillas, Psy.D.

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## Academic Degrees and Certifications

|  |                     |
|--|---------------------|
| Psy.D. California School of Professional Psychology, Los Angeles | Clinical Psychology |
| M.A. California School of Professional Psychology, Los Angeles   | Clinical Psychology |
| B.A. University of California, Los Angeles                       | Psychology          |
| Clinical Psychology License, State of California # PSY 17505     |                     |
| Pupil Personnel Services Credential, School Counseling           |                     |

## Professional Experience

|              |  |
|--------------|--|
| 2011-present | Professor of Counseling, California State University, Dominguez Hills                  |
| 2006-present | Graduate Director, School & Counseling Program, California State Univ. Dominguez Hills |
| 2006-2011    | Associate Professor of Counseling, California State University, Dominguez Hills        |
| 2002-2006    | Assistant Professor of Counseling, California State University, Dominguez Hills        |
| 2000-2002    | School Counselor / Healthy Start Coordinator, Huntington Beach Union High School Dist. |
| 2001-2002    | Adjunct Faculty, California State University, Dominguez Hills                          |
| 1998-2000    | Post-Doctoral Fellow and Registered Psychologist, Reiss-Davis Child Study Center       |
| 1998-2000    | Behavioral Intervention Specialist, Focus Educational Programming                      |
| 1998-1997    | Research Staff, Orelena Hawks Puckett Early Childhood Research Institute               |
| 1998-1997    | Psychology Intern, Whittier College Student Counseling Center                          |
| 1997-1996    | Psychology Intern, Family Service of Long Beach  |

## Courses Taught

|   |                  |
|---|------------------|
| Advanced Collaboration, Consultation, and Communication | 3 semester units |
| College Counseling Fieldwork                            | 3 semester units |
| Counseling Theories                                     | 3 semester units |
| Group Dynamics for Personal Growth                      | 3 semester units |
| Leadership and Development of Educational Systems       | 3 semester units |
| School Counseling Fieldwork                             | 6 semester units |
| School Counseling Practicum                             | 3 semester units |
| Seminar: Techniques of Individual Counseling            | 3 semester units |
| Seminar: Techniques of Group Counseling                 | 3 semester units |

## Peer Reviewed Publications

- Mancillas, A. (2019). Only Children. In J. Ponzetti (Ed.), *Macmillan Encyclopedia of Intimate and Family Relationships: An Interdisciplinary Approach*. Cengage Publishing.
- Sullivan, C. & Mancillas, A. (2015). Stigma toward seeking mental health services among graduate counseling students. *VISTAS 2015*. Retrieved from <https://www.counseling.org/knowledge-center/vistas/by-subject2/vistas-education-and-supervision/docs/default-source/vistas/stigma-toward-seeking-mental-health-services-among-graduate-counseling-students>
- Mancillas, A. (2006). Challenging the stereotypes about only children: A review of the literature and implications for practice. *Journal of Counseling & Development*, 84(3), 268-275.
- Mancillas, A. (2006). Recognizing and utilizing projective identification in brief psychodynamic therapy: A case example. *Clinical Social Work Journal*, 34(3), 267-278.
- Mancillas, A. (2006). Counseling students' perceptions of counseling effectiveness. In G. Walz, J. Bleuer, & R. Yep (Eds.), *Vistas: Compelling Perspectives on Counseling 2006* (pp. 191-194). Alexandria, VA: American Counseling Association.
- Do, T. & Mancillas, A. (2006). Examining the educational expectations of Latino children and their parents as predictors of academic achievement. In G. Walz, J. Bleuer, & R. Yep (Eds.), *Vistas: Compelling Perspectives on Counseling 2006* (pp. 199-202). Alexandria, VA: American Counseling Association.

## Non-Peer Reviewed Publications

- Mancillas, A. (2011). Only Children. In J. Caspi (Ed.), *Sibling Development: Implications for Mental Health Practitioners*. Springer Publishing.
- Mancillas, A. (2009). Supporting Students with Depression. *ASCA School Counselor*, 46 (5).
- Mancillas, A., Cook, L., Hurley-Chamberlain, D., & Murawski, W. (2007). *Instructor's Resource Manual for Friend and Cook's Interactions: Collaboration Skills for School Professionals* (5<sup>th</sup> Ed.). Boston: Allyn & Bacon.
- Mancillas, A. (2005, October). Empathic invalidations. *Counseling Today*, pp 9, 19.

## Peer Reviewed Presentations

- Mancillas, A., Anchondo, C., Babbitt, A., Cha, M., Gándara, G., & Sainz-Ramirez, D. (2017, March). *Supervision from the intern's perspective: Learning from students' field experiences*. Presented at the Annual Conference of the American Counseling Association, San Francisco, CA.
- Mancillas, A. (2008, August). *Perceptions of stigmatization among special education and continuation school students*. Presented at the annual convention of the American Psychological Association, Boston, MA.
- Mancillas, A., Wall, W., & Griffin, K. (2008, August). *Comparing students' and parents' perceptions about low achievement and motivation*. Presented at the annual convention of the American Psychological Association, Boston, MA.

- Mancillas, A., Wall, W., & Griffin, K. (2007, December). *Examining Student Achievement Outcomes Following Counselor Intervention: A Longitudinal Analysis of At-Risk Middle School Students*. Presented at the California School Counseling Research Summit, San Diego, CA.
- Mancillas, A. (2006, April). *Counseling students' perceptions of counseling effectiveness*. Presented at the annual convention of the American Counseling Association, Montreal, Canada.
- Mancillas, A. & Do, T. (2006, April). *Examining the educational expectations of Latino children and their parents as predictors of academic achievement*. Presented at the annual convention of the American Counseling Association, Montreal, Canada.
- Mancillas, A. & Lee, R. (2005, May). *Enhancing student success through group counseling: Strategies for implementing and facilitating groups*. Presented at the annual conference of the California Association of School Counselors, Pomona, CA.
- Mancillas, A. & Lee, R. (2005, January). *Clinical applications with children in school settings*. Presented at the annual conference of the California Association for Counseling and Development, Long Beach, CA.
- Mancillas, A. (2004, September). *Understanding the only child: An empirically based perspective of strengths, challenges, and bias*. Invited presentation for the Adlerian Society of Southern California, Fullerton, CA.
- Mancillas, A. (2004, July). *Unconscious communication: A case study of projective identification*. Presented at the annual convention of the American Psychological Association, Honolulu, HI.
- Mancillas, A. (2004, May). *Creative therapeutic strategies: Using art and play techniques with children*. Invited presentation for the Region IX Healthy Start/After School Partnerships Conference, Palm Springs, CA.
- Lee, R. & Mancillas, A. (2004, April). *Planning and presenting a counselor led classroom guidance unit*. Presented at the annual conference of the California Association of School Counselors, Pomona, CA.
- Mancillas, A. (2004, April). *Challenging the stereotypes about only children: Review of the literature and implications for practice*. Presented at the annual convention of the American Counseling Association, Kansas City, MO.

## **Professional Activities and Service**

### CSUDH Service Fall 2020 - Spring 2023

#### *University*

- Chair, Graduate Council
  - Academic Senate, Graduate Council representative
  - University Curriculum Committee, Graduate Council representative
  - Program Review Panel, Graduate Council representative
  - University Writing Committee, Graduate Council representative (F 2020-Sp 2022)

#### *College of Education*

- College Council
- Evaluation Committee (F 2020- Sp 2021)

### Graduate Education Division

- Graduate Program Director, School and College Counseling
- Chair, Reappointment, Tenure, and Promotion Committee
- Chair, Curriculum Committee
- Chair, Counseling Search Committee (2021-2022)
- Advisor, Graduate Counseling Association (student organization)

### Related Professional Service

Member, Writing committee for the California Standards for the School Counseling Profession  
California Association of School Counselors, 2022-2023

Special Consultant:

California State University, Bakersfield, Educational Counseling program, 2020-2021

Authored new academic graduate program, CSUDH, Fall 2015:

*Master of Science, Counseling with specializations in School and College Counseling*

Dissertation Committee Member (2013)

Master's Thesis Committee Member (2005, 2006)

### Reviewer for:

- *In Dialogue/ En Diálogo* 2022 – present
- *Social Psychological and Personality Science* 2021 – present
- *Journal of Child and Family Studies* 2009 – present
- Corey, G. (2008). *I Never Knew I Had a Choice: Explorations in Personal Growth* (9<sup>th</sup> Ed.), Belmont, CA: Brooks/Cole.
- Goud, N. & Arkoff, A. (Eds.) (2006), *Psychology and Personal Growth* (7<sup>th</sup> Ed.), Boston: Allyn & Bacon.

### Professional Memberships:

- American Counseling Association
- California Association of School Counselors