

FALL 2019 FINANCIAL WELLNESS WORKSHOPS

How healthy are your finances? Is it Time for a check-up?

**Credit Basics 101 ♦ Create Your Spending Plan ♦ Money Skills 101 ♦
I Borrowed a Loan: Now What? ♦ Impulse Buying vs. Saving ♦ Useful Websites**

DATE	TIME	LOCATION	DESCRIPTION
Wednesday October 2, 2019	3:30pm – 4:30pm <i>*Co-host Passport to Career Readiness</i>	LSU 328	Hey! I Didn't Know There Was a Website for That!
Monday October 7, 2019	12noon – 1:00pm	LSU 130	Money Skills 101
Tuesday October 15, 2019	11:00am – 12:00noon	LSU 113	Credit Basics 101
Thursday October 24, 2019	2:00pm – 3:00pm	LSU 130	Create Your Spending Plan
Monday October 28, 2019	3:00pm – 4:00pm	LSU 320	Impulse Buying vs. Saving
Tuesday November 5, 2019	3:00pm – 4:00pm	LSU 113	I Borrowed a Student Loan – Now What?
Wednesday November 6, 2019	3:00pm – 4:00pm <i>*Co-host Passport to Career Readiness</i>	LSU 130	Credit Basics 101
Wednesday November 13, 2019	12noon – 1:00pm	LSU 324	Money Skills 101
Monday December 2, 2019	3:00pm – 4:00pm	LSU 323	Create Your Spending Plan
Wednesday December 4, 2019	12noon – 1:00pm	LSU 323	I Borrowed a Student Loan – Now What?

Financial Wellness Workshop Summaries

Credit Basics 101

Understanding credit, its importance, and how to maintain good credit.



Create Your Personal Spending Plan

Learn how assess your needs and expenses, create your personal budget!



I Borrowed a Student Loan – Now What?

A review of best practices, debt management, and how to prepare for repayment and avoid default.



Hey! I Didn't Know There was a Website for That!

A review of useful websites related to managing your finances: budgeting, credit score, financial aid, saving, investing, student loans and credit cards.



Money Skills 101

A review of basic concepts and tips pertaining to: budgeting, saving, investing, and debt management.



Impulse Buying vs. Saving: How to Balance Both

This session reviews some good financial rules and tips to help guide your impulse buying and saving decisions

