

# SPRING 2020 FINANCIAL WELLNESS WORKSHOPS

## How Healthy Are Your Finances and Money Management Habits? (Updated 03/12/20)

DATE	TIME	LOCATION	DESCRIPTION
Monday February 10, 2020	3:00pm – 4:00pm	LSU 113	Money Basics
Tuesday February 18, 2020	4:00pm – 5:00pm <i>Co-hosts: Passport to Leadership &amp; The Rose Black Resource Center</i>	LSU 320	What's in Your Wallet?
Wednesday February 19, 2020	2:00pm – 3:00pm	LSU 130	Scams: Common Types, How to Avoid & Report
Wednesday March 4, 2020	10:00am – 11:00am <i>Co-host: EOP</i>	LSU 113	Don't Be Rash! Save Your Cash!
Tuesday March 10, 2020	10:00am – 11:00am <i>Co-hosts: EOP &amp; Passport to Leadership</i>	LSU 320	Credit Basics 101
<b>Thursday March 12, 2020</b>	<b>2:30pm – 3:30pm</b> <i>Co-host: EOP</i>	<b>Event Cancelled</b>	<b>Student Loans: Who? What? And How?</b>
<b>Monday March 16, 2020</b>	<b>4:00pm – 5:00pm</b>	<b>Event Cancelled</b>	<b>Money Basics</b>
<b>Tuesday April 7, 2020</b>	<b>10:00am – 11:00am</b>	<b>Event Cancelled</b>	<b>What's in Your Wallet</b>
Wednesday April 15, 2020	3:00pm – 4:00pm	LSU 328	Scams: Common Types, How to Avoid & Report
Monday April 20, 2020	12:30pm – 1:30pm <i>Co-host: Passport to Leadership</i>	LSU 323	Don't Be Rash! Save Your Cash!
Wednesday May 6, 2020	3:00pm – 4:00pm	LSU 323	Credit Basics 101
Thursday May 7, 2020	12noon – 1:00pm	LSU 323	Student Loans: Who? What? And How?

### Workshop Summaries

**Credit Basics 101**

Learn the basics about: Credit scores and how to build and improve your score; tips on using a credit card; best practices when applying for a credit card; and strategies for reducing credit card debt.

**Money Basics**

A review of concepts pertaining to: How to build your financial health; using a bank or credit union; money management; and what you should know about insurance, federal income taxes and preparing for retirement.

**Don't Be Rash! Save Your Cash!**

A fun review of the *five building blocks* of managing and growing your money, including a hands-on exercise using a compound interest and savings calculator.

**Student Loans: Who? What? And How?**

Who do you pay when you enter repayment?  
What to do while you are in school & after you graduate?  
How can you do to manage your debt and avoid default?

**Scams: Common Types, How to Avoid & Report**

A review of information and tips from the Federal Trade Commission (FTC) on the common types of scams (e.g. identity, imposter, unwanted calls, tech support) – what to look for, how to avoid and report.

**What's In Your Wallet?**

Assess your needs & expenses, learn simple tips on how to budget your money & financial aid, and, create your personal spending plan through a hands-on budgeting exercise.