

FALL 2020 FINANCIAL WELLNESS SESSIONS

DESCRIPTION	Date and Time (participant registration required)
Understanding Credit	Thursday, October 15, 2020 / 3:00am – 4:00pm https://csudh.zoom.us/join/9tZ0vdu6hrzMoHtUMxJq3SdSpafZ3eEN-8v1t
Navigating Your myCSUDH Student Center & Financial Aid Basics	Friday, October 16, 2020/ 11:00am – 12noon https://csudh.zoom.us/join/tZcsd-irpzgqHdLKOPrhseVpp-OQXFpgCzrs
Money Basics	Tuesday, October 20, 2020 / 3:00pm –4:00pm https://csudh.zoom.us/join/tZApduqtqjgsHtZ4P82poxGV7vKMj3QhICYs
Understanding Credit	Wednesday, October 21, 2020 / 3:00pm –4:00pm https://csudh.zoom.us/join/tZYqdeyrpiOrGdfflEsiHYq0yT7MSjaDNCad
Don't Be Rash! Save Your Cash!	Thursday, October 22, 2020 / 2:00pm – 3:00pm https://csudh.zoom.us/join/tZ0uc-2tqi0qGNPVf2jLxUW5k7O_U9FOvTfq
What's in Your Wallet?	Monday, October 26, 2020 / 4:00pm – 5:00pm https://csudh.zoom.us/join/tZcodu2grT8iHdCi9GktUPOsojk9-kPAINYy
I Borrowed a Student Loan – Now What?	Tuesday, November 10, 2020 / 10:00am – 11:00am https://csudh.zoom.us/join/tZUkcO6hpzlpHd3WKgnvyMSY5ctJL34qNo9X
Navigating Your myCSUDH Student Center & Financial Aid Basics	Wednesday, November 11, 2020 / 3:00pm – 4:00pm https://csudh.zoom.us/join/tZUvcuiupzoqHdehWnutHZ8Dyb5RNevM2MGj
Money Basics	Monday, November 16, 2020 / 3:00pm -4:00pm https://csudh.zoom.us/join/tZcpd-2sqDgiG9xdjkcCPgtDufhzvXnajez
Don't Be Rash! Save Your Cash!	Tuesday, November 17, 2020 / 11:00am – 12noon https://csudh.zoom.us/join/tZlucumhrTsqGdBWJJ7UHZfW7gLT2YFv-TQO
I Borrowed a Student Loan – Now What?	Wednesday, November 18, 2020 / 10:00am – 11:00am https://csudh.zoom.us/join/tZEtc-qqpzsUgtwtroheN65koMQMGGclcyMn
What's in Your Wallet?	Thursday, November 19, 2020 / 3:00pm 4:00pm https://csudh.zoom.us/join/tZYlde6qrjkoG93K6-SHGOZk9MTiu5jLAdoQ
Workshop Summaries	
Understanding Credit	Learn the basics on credit with a focus on student loans, credit cards, FICO® Scores and their importance, credit reports, credit monitoring, credit knowledge, financial health tips, and the importance of establishing and maintaining a strong credit score.
Don't Be Rash! Save Your Cash!	A review of the five building blocks for managing and growing your money. Also, learn how to use a compound interest and savings calculator tool for your financial planning!
I Borrowed a Student Loan – Now What?	Learn the basics about loan repayment, what to do while you are in school and after you graduate, and to manage your loan debt and avoid default on your loan repayments.
Money Basics	Let's discuss how to build your financial health; use a bank or credit union; money management; and what you should know about insurance, federal income taxes, and preparing for retirement.
Navigating Your myCSUDH Student Center & Financial Aid Basics	Learn how to navigate the FINANCES section of your Student Center and understand what each link means for you! This session will review how Financial Aid works for the Fall, Winter, Spring & Summer terms and review the types of aid, payments, refunds, and SAP.
What's in Your Wallet?	Assess your needs and expenses, learn simple tips on how to budget your money and student financial aid funds, and, create your personal spending plan through a guided online budgeting exercise.