

Cognitive Aging, Resilience, Emotion, Stress (CARES) lab at CSUDH
Lab Director: Erica D. Diminich, PhD

Our research uses aging biomarkers, facial data, neuropsychological assessments and blood-based biomarkers of brain health and cardiometabolic health to examine the impact of potentially traumatic events and stress across the life course on mental health outcomes and aging-related diseases in Hispanic/Latino and Black communities. Our research focuses on identifying mechanisms that are associated with and predict psychological wellbeing and resilience to chronic stressors (documentation status, racism, discrimination).

Apply here!

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