

2019 Summary of Benefits and Coverage Notice

Choosing your health plan is an important decision. To assist you with this process, each health plan available through the California Public Employees' Retirement System has produced a Summary of Benefits and Coverage (SBC). In addition, the federal government has compiled a glossary of common health insurance terms. Together, these documents provide important information to help you better understand your health benefit coverage and more easily compare health plan options.

To view the SBCs and glossary online, visit www.calpers.ca.gov* under the Plans and Rates section (subsection Health Plans), or visit any of the health plan websites below. To request a free paper copy of the SBC and glossary, please contact each health plan directly.

Anthem Blue Cross HMO & EPO
(855) 839-4524
www.anthem.com/ca/calpershmo

Kaiser Permanente
(800) 464-4000
www.kp.org/calpers

Blue Shield of California
(800) 334-5847
www.blueshieldca.com/calpers

**Peace Officers Research Association
of California****
(800) 288-6928
<http://ibt.porac.org>

**California Association of Highway
Patrolmen****
(800) 734-2247
www.thecahp.org

PERS Select, PERS Choice, and PERSCare
(877) 737-7776
www.anthem.com/ca/calpers

**California Correctional Peace
Officers Association****
(800) 257-6213
www.ccpoabt.org

Sharp Health Plan
(855) 995-5004
www.sharphealthplan.com/calpers

Health Net of California
(888) 926-4921
www.healthnet.com/calpers

UnitedHealthcare
(877) 359-3714
www.uhc.com/calpers

Western Health Advantage
(888) 942-7377
www.westernhealth.com/calpers

* <https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates>

**To enroll in these health plans, you must belong to the specific employee association and pay applicable dues.

Additional Benefits Providers Phone and Website Listing

DENTAL

Delta Dental PPO
(800)626-3108
www.Deltadentalins.com/csu

DeltaCare USA
(844)519-8751
www.Deltadentalins.com/csu

PHARMACY (excludes Kaiser and Blue Shield)

OptumRX
(855)505-8110
www.Optumrx.com/calpers

VISION

VSP
(800)877-7195
www.vsp.com

RETIREMENT

CalPERS (Retirement, membership, and service credits)
(888)225-7377
www.calpers.ca.gov

Social Security Administration
(800)772-1213
www.ssa.gov

ADDITIONAL INFORMATION

Wells Fargo Bank
(800)869-3557
www.Wellsfargo.com

Empathia (Employee Assistance Program)
(800)367-7474
www.mylifematters.com (Code:DHToros)

SAVINGS PLANS

TSA 403(b) Fund Sponsor Plan:
Fidelity Investments
(800)343-0860
www.netbenefits.com/calstate

Savings Plus Program (401(k) and 457 Plans)
(855)616-4776
www.savingsplusnow.com

ScholarShare College Savings Plan (529 Plan)
(800)544-5248
www.scholarshare.com

VOLUNTARY PLANS

Aflac (Group Critical Illness)
(800)433-3036
www.Aflac.com/csu

ASI Flex (Health Care/Dependent Care Reimbursement)
(800)659-3035
www.asiflex.com

California Causality (Auto and Home Insurance)
(866)680-5143
www.calcas.com/csu

CalPERS Long Term Care
(800)982-1775
www.CalPERSLongTermCare.com

MetLaw Legal Plan (Managed by MetLife)
(800)438-6388
www.mybenefits.metlife.com

Standard Insurance (Voluntary Life, AD&D, Long Term Disability)
(800)378-5745 General
(800)378-4668 Port/Conv
www.standard.com/mybenefits/csu