# 2019 Summary of Benefits and Coverage Notice

Choosing your health plan is an important decision. To assist you with this process, each health plan available through the California Public Employees’ Retirement System has produced a Summary of Benefits and Coverage (SBC). In addition, the federal government has compiled a glossary of common health insurance terms. Together, these documents provide important information to help you better understand your health benefit coverage and more easily compare health plan options.

To view the SBCs and glossary online, visit [www.calpers.ca.gov](http://www.calpers.ca.gov)* under the Plans and Rates section (subsection Health Plans), or visit any of the health plan websites below. To request a free paper copy of the SBC and glossary, please contact each health plan directly.

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<tr>
<th>Health Plan</th>
<th>Contact Information</th>
<th>Website</th>
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<tr>
<td><strong>Anthem Blue Cross HMO &amp; EPO</strong></td>
<td>(855) 839-4524</td>
<td><a href="http://www.anthem.com/calpershmo">www.anthem.com/calpershmo</a></td>
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<tr>
<td><strong>Blue Shield of California</strong></td>
<td>(800) 334-5847</td>
<td><a href="http://www.blueshieldca.com/calpers">www.blueshieldca.com/calpers</a></td>
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<tr>
<td><strong>California Association of Highway Patrolmen</strong></td>
<td>(800) 734-2247</td>
<td><a href="http://www.thecahp.org">www.thecahp.org</a></td>
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<tr>
<td><strong>California Correctional Peace Officers Association</strong></td>
<td>(800) 257-6213</td>
<td><a href="http://www.ccpoabtf.org">www.ccpoabtf.org</a></td>
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<tr>
<td><strong>Health Net of California</strong></td>
<td>(888) 926-4921</td>
<td><a href="http://www.healthnet.com/calpers">www.healthnet.com/calpers</a></td>
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<tr>
<td><strong>Kaiser Permanente</strong></td>
<td>(800) 464-4000</td>
<td><a href="http://www.kp.org/calpers">www.kp.org/calpers</a></td>
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<tr>
<td><strong>PERS Select, PERS Choice, and PERSCare</strong></td>
<td>(877) 737-7776</td>
<td><a href="http://www.anthem.com/calpers">www.anthem.com/calpers</a></td>
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<tr>
<td><strong>Sharp Health Plan</strong></td>
<td>(855) 995-5004</td>
<td><a href="http://www.sharphealthplan.com/calpers">www.sharphealthplan.com/calpers</a></td>
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<tr>
<td><strong>UnitedHealthcare</strong></td>
<td>(877) 359-3714</td>
<td><a href="http://www.uhc.com/calpers">www.uhc.com/calpers</a></td>
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<tr>
<td><strong>Western Health Advantage</strong></td>
<td>(888) 942-7377</td>
<td><a href="http://www.westernhealth.com/calpers">www.westernhealth.com/calpers</a></td>
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* [https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates](https://www.calpers.ca.gov/page/active-members/health-benefits/plans-and-rates)

**To enroll in these health plans, you must belong to the specific employee association and pay applicable dues.**
**DENTAL**

Delta Dental PPO  
(800)626-3108  
www.Deltadentalins.com/csu

DeltaCare USA  
(844)519-8751  
www.Deltadentalins.com/csu

**PHARMACY (excludes Kaiser and Blue Shield)**

OptumRX  
(855)505-8110  
www.Optumrx.com/calpers

**VISION**

VSP  
(800)877-7195  
www.vsp.com

**RETIREMENT**

CalPERS (Retirement, membership, and service credits)  
(888)225-7377  
www.calpers.ca.gov

Social Security Administration  
(800)772-1213  
www.ssa.gov

**ADDITIONAL INFORMATION**

Wells Fargo Bank  
(800)869-3557  
www.Wellsfargo.com

Empathia (Employee Assistance Program)  
(800)367-7474  
www.mylifematters.com (Code:DHToros)

**SAVINGS PLANS**

TSA 403(b) Fund Sponsor Plan:  
Fidelity Investments  
(800)343-0860  
www.netbenefits.com/calstate

Savings Plus Program (401(k) and 457 Plans)  
(855)616-4776  
www.savingsplusnow.com

ScholarShare College Savings Plan (529 Plan)  
(800)544-5248  
www.scholarshare.com

**VOLUNTARY PLANS**

Aflac (Group Critical Illness)  
(800)433-3036  
www.Aflac.com/csu

ASI Flex (Health Care/Dependent Care Reimbursement)  
(800)659-3035  
www.asiflex.com

California Causality (Auto and Home Insurance)  
(866)680-5143  
www.calcas.com/csu

CalPERS Long Term Care  
(800)982-1775  
www.CalPERSLongTermCare.com

MetLaw Legal Plan (Managed by MetLife)  
(800)438-6388  
www.mybenefits.metlife.com

Standard Insurance (Voluntary Life, AD&D, Long Term Disability)  
(800)378-5745 General  
(800)378-4668 Port/Conv  
www.standard.com/mybenefits/csu