Dr. Annie McKee will present a compelling argument for why happiness at work is good for us—and for our companies—too. Her presentation is backed by solid research, and is profoundly practical as well. Participants will gain new insights about how to use emotional intelligence to be better colleagues and managers, and how to build a positive culture in their teams. She will share techniques to take charge of your own happiness at work, find deeper meaning in what you do, focus on hope for the future, and build better, stronger relationships in the workplace.

About Annie McKee, Ph.D.

Annie McKee is a senior fellow at the University of Pennsylvania Graduate School of Education where she directs the PennCLO Executive Doctoral Program. Annie is a best-selling author, speaker and advisor to top global leaders. Her latest book, book. How to Be Happy at Work: The Power of Purpose, Hope, and Friendship (Harvard Business Review Press, 2017) follows several HBR bestsellers, including Primal Leadership with Daniel Goleman and Richard Boyatzis, and Becoming a Resonant Leader. As a coach to executives in Fortune/FTSE 500 companies, healthcare and public sector institutions, she uses a person-centered approach to help leaders develop their emotional intelligence, enhance their strategic thinking abilities, and build resonant cultures.