CALIFORNIA STATE UNIVERSITY DOMINGUEZ HILLS



HUMAN SERVICES Department

FALL 2019

PEOPLE HELPING PEOPLE

VI THIS ISSUE



WELCOME FROM THE DEPARTMENT CHAIR

I am happy to invite you to read our second issue of the newsletter for the Department of Human Services. It has been more than a year since our first issue and while the department is very stable, we have undergone important changes in the intervening time. In addition to many regular events and activities, this past year we held our first Internship Fair on campus and it was very well-attended by students and agencies. We also ended the academic year with our First Annual Graduation Banquet, a wonderful and amazing event hosted by HUSSA (Way to go HUSSA!) where families and graduates celebrated the important, life-changing milestone in their lives. We look forward to continuing these events and incorporating them into our tradition. This year, we have offered more classes online and we continue to offer a study abroad course (Morocco!), which the students are very enthusiastic about. It often has been said that students at CSUDH are poor and disadvantaged, and they cannot afford to "study abroad" as it is perceived to be a luxury. Our students are proving that they are smart and creative in finding ways to make this luxury a reality for themselves because they know the benefits such a course will provide. I am happy that we are able to continue to provide our students more choices in their educational journeys.

Every fall is a new school year and like a little child, I am excited to see familiar and new faces. I know many of my colleagues feel the same way. In the faces of our students, I see both anxiety and excitement. Anxiety is to be expected, but excitement is always a plus. We thrive as a community when we know we have one, and when that community thrives, we are happy. Despite our modest building (in EAC!) where we have small quarters and are situated on the edge of campus, I am proud to say that we have a thriving community. Students continuously flock to our small-and-out-of-the-way offices, showing up for office hours, and seemingly, many times, they do not want to leave. I see many come and just wanting to "hang out" with faculty members, with Ms. Pam, with Ms. America. The Human Services Department is a welcoming community, where staff from other buildings come to visit on their regular walk. That makes me—and us—happy, and happiness spreads. So I urge all of us to spread happiness this year. Stay well.



Assistant Professors

Academic Advising

Field Work

Study Abroad

HUSSA Banquet

Memoriam

HUSSA

Faculty and HUS Events

Alumni and Resources

Phu Phan, PhD, MSW Professor and Chair

ASSISTANT PROFESSORS



Hannah Nguyen, PhD

This marks the fifth year since I joined the HUS family. I couldn't have found a more welcoming and supportive department to call home. I get to come to work with incredibly dedicated faculty and staff who go above and beyond to ensure our students succeed. I have never seen a group of students as resilient and hardworking as our own. To see you grow through the endless hours of internship, homework, and classes - while simultaneously working multiple jobs - tells me that there is nothing you can't achieve. Other highlights of my work at CSUDH are the opportunities to engage in research and service. This past year I co-presented at a conference in Thailand with Dr. Phu Phan and published manuscripts from my research that examines the mental health needs of Asian American children and families. My service to the university (through various committees) and to the community (through my role as a board member of the Multiethnic Collaborative of Community Agencies) has allowed me to advance the mission of CSUDH and the well-being of ethnic minority communities. I am honored to have been a part of the organizing committee for the first ever HUS Graduation Banquet – Class of 2019. To our students, thank you for continuing to teach me to never give up on you because all it takes is one person who believes in the amazingness that lies within you. The best gift has been the emails and visits from our students over the summer with updates about starting graduate school and a new job, purchasing a new home, and starting a family. Have a wonderful semester, and I look forward to crossing that graduation stage with you in May of 2020!



Sarah Underwood, PhD

My first six months at CSUDH and in California have been great! I've really enjoyed getting to know all of the Human Services students and learning more about Southern California. I'm looking forward to continuing to confuse the students with Midwestern terminology!



Annalyn Valdez-Dadia, DrPH, MPH

Greetings students! I joined the HUS family a year ago and I have learned so much about the Toro Nation these past two semesters. We have an exciting academic year ahead of us and I look forward to working with all of you. Each of you have a wealth of knowledge and experience, and my goal is to help you maximize these assets and to challenge you to become the best version of yourself. If you are interested in gaining research experience, come see me. I have more than 17 years of research experience in the field of Public Health and my research projects are in cancer survivorship, patient navigation, and studies that focus on improving health care access for underserved communities. Go Toros!

Cristina Prado, MA Academic Advisor

Human Services Advisor

Greetings Human Services Majors! We are very excited to announce that Cristina Prado was named the new Human Services Advisor last semester (Spring 2019). She is an Alum, with a Bachelor of Arts in Sociology '11, and a Master of Arts in Sociology '14. Cristina can be reached at 310-243-2120 or by email at cprado@csudh.edu. When leaving messages, it is important to include your Student ID Number and contact information following your name.

Graduation Information

Fall 2019- If you are finishing Fall 2019 but have not applied by September 15th, you will require a Petition for Exception.

Spring 2020- Please make an appointment by for a graduation check. To apply for graduation, the deadline was October 1, 2019.

FIELDWORK COORDINATOR



America Islas, MA, LMFT Fieldwork Coordinator

Welcome HUS Students! Welcome to the 2019-2020 Academic Year. One of the most exciting parts in the Human Services Department is doing fieldwork! I am here to support and guide you in your internship experience. I would love to hear about your internship experience, so stop by my office EAC 902. I look forward to walking with you on this journey!

Contact information: (562) 240-4457 amislas@csudh.edu



STUDY ABROAD

Morocco

Norway, October 2, 2017



Morocco International Study Abroad Trip

Eleven current human services students and two professors, Professor Sueki and Professor Allison, will be participating in an international study abroad class and trip to Morocco. The group will be leaving on December 27, 2019 for Morocco and will be doing human services projects in Rabat and Marakesh, Morocco for two weeks. They will be accommodated in homestays with Moroccan families and will be teaching English and working with special needs youth. This will be an exciting opportunity for students to immerse themselves in a new culture, utilize their human services skills, and gain invaluable cross-cultural experience. Although the spots are all filled for this opportunity, keep an eye out for future similar international study abroad experiences through the Human Services Department. We are committed to providing enriching international experiences within our program! If you are interested in future experiences, you can speak to Professor Sueki or Professor Allison by calling the Human Services Department at (310) 243-3461.

Vietnam, December 26, 2017



HUMAN SERVICES GRAD BANQUET



Savethe

<u>Class of 2020</u>

Saturday, April 25, 2020

Loker Student Union

Ballroom C

More information on time and ticket purchase Spring 2020.

IN LOVING MEMORY OF

Johnny Atkins

Class of 2019



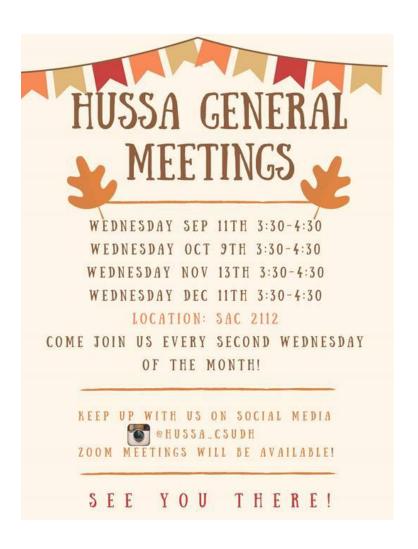


"PEOPLE UNITING TO MAKE A DIFFERENCE"

Hello returning and new Human Services majors! Welcome to the new school year.

We are your 2019/2020 HUSSA Cabinet. We are looking forward to an exciting year filled with new challenges, friendships, and of course campus activities. Thank you to those who came to see us at the Involvement Fair during welcome week on September 5th and at the Human Services Orientation on Friday September 20th. We would love to continue to meet any new students interested in joining our organization. Our meetings are list below and we will be sure to notify every interested member as other events develop. Please check us out on ToroLink for up to date information about all of our activities. Thank you and have a great semester!

HUSSA Cabinet (Aryka, Rossana, Farah, Tony, Karen, Leslie, and Kimberly)



About HUSSA

The objective in the field of Human Services is to assist individuals and communities to function as effectively as possible in the major domains of living. Human Services students are individuals with a passion and innate desire for helping others who require assistance by providing services that can positively impact their lives. CSUDH Human Services students learn to develop a deep understanding of individuals and families and how to best help them.

By joining the Human Services Student Association (HUSSA), students will have opportunities for networking, fieldwork experiences sharing and advocating for good causes. Students will also be able to contribute by volunteering their time and participating in fundraising events for various communities and populations in need.

HUMAN SERVICES DEPARTMENT

Meet the Faculty of Human Services



Heidi Rhoades-Allison, LCSW Lecturer Academic Years: 7 Areas of Expertise: Social Work and Mental Health



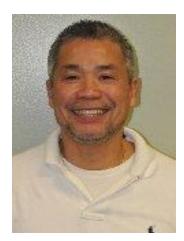
Daniel Brezenoff, LCSW
Lecturer
Academic Years: 5
Areas of Expertise: Social
Work, Mental Health, and
Political Advocacy



Meka Brown, MA, MS
Lecturer
Academic Years: 5
Areas of Expertise: Aging,
Social and Community
Services, and Non-profit
Administration



Al Garcia, MSW
Lecturer
Academic Years: 13
Areas of Expertise: Mental
Health and Substance Abuse



Tri Le, MSW
Lecturer
Academic Years: 21
Areas of Expertise: Social
Work, Community
College Counseling



Carmen McCorvey, MSW
Lecturer
Academic Years: 5
Areas of Expertise: Social
Work, Child Welfare

HUMAN SERVICES DEPARTMENT



Alma Melena, MA
Lecturer
Academic Years: 6+
Areas of Expertise:
Advising, Coaching and
Mentoring



Lisa Sueki, PhD
Lecturer
Academic Years: 5
Areas of Expertise:
Multicultural Affairs
and Advocacy



Sharon Vaughn, LCSW
Lecturer
Academic Years: 4
Areas of Expertise: Social
Work, Mental Health and
Adoptions, and
Administration

Human Services Department



HUS Resume Workshop September 17, 2019 6:00 – 7:30 pm LSU, 130

Facilitator: America Isles

HUS New Student Orientation September 20, 2019 10:00 am – 1:00 pm LSU, Ballroom C

Facilitation: Sarah Underwood

2nd Annual HUS Internship Fair September 24, 2019 3:00-5:00 pm LSU, Ballroom C

Facilitator: America Isles

HUS Resume Workshop October 1, 2019 6:00-7:30 pm LSU, 323

Facilitator: Heidi Rhoades

5th Annual Speakers' Bureau October 24, 2019 6:00-8:00 pm LSU, Ballroom C Facilitator: Meka Brown

ALUMNI OF HUMAN SERVICES

By Joel Jeffries

Greetings Toro family. I graduated from California State University Dominguez Hills (CSUDH) May 2017 and I majored in Human Services. After graduating, I immediately applied for graduate school and I was accepted to The University of Southern California (USC). I was extremely excited to be attending USC and I owed it all to CSUDH for their program and the preparation it gave me. I found out quickly after beginning my classes at USC that the Human Services program that I attended at CSUDH really laid my foundation as I entered the social work realm. I already knew how to meet the client where they were, and I already knew the importance of Maslow's Hierarchy of Needs amongst and abundance of other theories. USC was not the first place I learned



these theories. I learned them at Dominguez Hills. CSUDH taught me so much, that Graduate school was easy and I was able to complete it with no problem. After graduating from USC, within a week I was offered a position with the Los Angeles County Department of Mental Health as a Psychiatric Social Worker 1. I now make \$63,000 a year starting, with benefits. I am extremely happy and proud of my accomplishments, but it all started with me choosing the Human Services program at CSUDH. I have come across a lot of professors between CSUDH and USC and I am not saying that the USC professors I had were not amazing, but the professors I encountered at CSUDH were something special and people I refuse to lose contact with. I came from a single parent household where the odds were stacked against me, I went to a high school that underserved me and my peers and openly told us that we would not be anything. The professors at Dominquez Hills are some of the first people to show me different and instill hope and belief in myself, and because of that I will forever be indebted to the Toro Family!

HUMAN SERVICES RESOURCES

Are you curious about what jobs are available in Human Services and/or salary ranges? Do you want to know about the Human Services credentialing or how to be a Human Services-Board Certified Practitioner (HS-BCP)? Check out the links below. For additional resources, please visit the Human Services Department, located at the East Academic Complex (EAC) 902.

www.nationalhumanservices.org/

www.socialservice.com

www.ihiresocialservices.com

www.nationjob.com/hs

https://www.indeed.com/q-Human-Services-jobs.html

https://www.monster.com/human-services-careers

https://www.payscale.com/research/US/Employer...of Human Services/Salary



NEWSLETTER STAFF

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<u>Acknowledgements</u>

We'd like to thank the CSUDH Department of Human Services for their input to help materialize our second department newsletter. We could not have done this without the faculty, staff, or our students.

Thank you!

