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Doctor of Philosophy

1988, University of Southern California

Dissertation Title: "An Investigation of the Enrollment Management Practices within Undergraduate Recreation and Leisure Studies Program", December 1998, 222 pages.

Major Area: Administration of Physical Education

Minor Areas: Sports Psychology, Higher Education Teaching

Master of Science

1980, University of North Carolina, Chapel Hill

Thesis Title: "Survey of Municipal Recreation Departments in North Carolina that Provide Services to Handicapped Populations", 1980, 104 pages.

Major Area: Recreation Administration

Emphasis: Therapeutic Recreation

Bachelor of Science

1971, University of Missouri, Columbia

Major Area: Recreation and Park Administration

Minor Area: Therapeutic Recreation

PROFESSIONAL POSITIONS

- CSU Dominguez Hills, Kinesiology Faculty, 2000-present.
- CSU Dominguez Hills, Recreation and Leisure Studies Program Coordinator, 1987-2009.
- CSU Dominguez Hills, Travel and Tourism Program Coordinator, 1998-2004.
- CSU Dominguez Hills, Director of Faculty Development, 1997-1998.
- CSU Dominguez Hills, Director of Faculty Mentoring Program, Spring 1992.
- CSU Dominguez Hills, Faculty Liaison to Women's Center, 1995-1996.
- Recreation Therapist, Youth Coach, Fitness Leader and Consultant, Girl Scout Leader, Aquatics Director, 1968-1990.

COMMUNITY VOLUNTEER LEADERSHIP POSITIONS RELATED TO CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS

COMMUNITY DEVELOPMENT COMMISSION COUNTY OF LOS ANGELES

- Member, Program Development Advisory Board, 2002-2004.

DOLLARS FOR SCHOLARS WALK-A-THON

- Liaison and Student Volunteer Coordinator, CSU Dominguez Hills, 2003.

HARBOR CITY BOYS AND GIRLS CLUB

- Board of Directors, 1993-1995.
- Newsletter Publisher, 1993-1995.

HOPE TO GROW PROJECT (3rd-5th GRADERS)

- Coordinator for Recreation Programming, CSU Dominguez Hills, 1997-2000.

KEDREN COMMUNITY HEALTH CENTER, INC.

- Member, Advisory Committee for Community Services Day, February 18, 1993.

MINORITY WOMEN AND CHILDREN AIDS WALK A THON

- Liaison and Student Volunteer Coordinator, CSU Dominguez Hills, 2004.

PEOPLE FOR PARKS

- Board of Directors, 1993-2000.
- Member, Policy Committee, 1995-1999.
- Member, Conference Planning Committee, 1993-1996.

PROJECT REACH AND BOEING/ROCKWELL SPACE SYSTEMS (HIGH SCHOOL STUDENTS)

- CSU Dominguez Hills Liaison and Facilitator, Project REACH College-Bound Educational Program, 2002-2013.
- Member, Fund Raising Committee, 1998-present.
- Member, Advisory Committee, 1993-present.
- Board of Directors and Planning Committee, Project REACH, 1993-present.

PROJECT REACH EARLY START (ELEMENTARY SCHOOL STUDENTS)

- CSU Dominguez Hills Liaison and Facilitator, Project REACH College-Bound Educational Program, 2002-present-2013.

SISTA TO SISTA PROGRAM FOR GIRLS, WATTS HOUSING DEVELOPMENTS

- Program Coordinator and Facilitator, 1993-1997.

SISTERS 4 SISTERS PROGRAM FOR GIRLS, HARBOR HILLS COMMUNITY DEVELOPMENT

- Program Coordinator and Facilitator, 2002-2004.

SOUTH BAY SPECIAL OLYMPICS

- Board of Directors, 1993-1995.

STUDENTS RUN LA

- Liaison and Student Volunteer Coordinator, CSU Dominguez Hills, 2003, 2004.

WATTS FRIENDSHIP SPORTS LEAGUE

- Assistant Commissioner, 1996-1997.
- Executive Board of Directors, 1995-1997.
- Chair, Strategic Planning Committee, 1995-1997.
- Co-Founder and Volunteer Training Consultant, "Sista-2-Sista," 1993-1997.
- Member, Fund Raising Committee, 1990-1997.
- Board of Directors, 1990-1997.
- Chair, Fund Raising Committee, 1990-1993.
- Member, Fund Raising Committee, 1990-1997.
- Chair, Strategic Planning Committee, 1995-1997.
- Member, 1989-1997.

PROFESSIONAL ORGANIZATION CONTRIBUTIONS TO RECREATION, LEISURE AND PHYSICAL EDUCATION

AMERICAN ASSOCIATION FOR RECREATION AND LEISURE

- Member, District and State Organization Committee, 1994-1997.
- Leisure Today Guest Editor, January 1996 issue.
- Leisure Today Editorial Board, American Association for Leisure and Recreation, 1994-1997.
- Executive Board, American Association for Leisure and Recreation, 1992-1994.

CALIFORNIA ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE

- Chair, Resolutions Committee, 1993-1996.
- Member, Ways and Means Committee, 1993-1997.
- Vice President, Recreation Division, 1991-1993.
- Legislative Advocate Representative, 1992-1996.
- Network Member, Assembly Caucus Speaker's Office of Majority Services Communication Network, 1992-1996.
- Program Chair, Recreation Division, 1992 Annual Conference, Anaheim, CA.
- Program Chair, Recreation Division, 1993 Annual Conference, Monterey, CA.
- Vice President Elect, Recreation Division, 1990-1991.

CALIFORNIA PARK & RECREATION SOCIETY

- Member, Diversity Committee, 2000-2003.
- Member, Region V Benefits-Based Research Project, 1997-2001.
- Program Planner, Educators Division, 1996 Annual Conference in San Diego, CA.
- Chair, Youth At-Risk Committee, 1994-1997.
- Member, California Board of Recreation & Park Certification, Board of Directors 1993-1998.
- Member, At-Risk Youth Committee, 1992-1997.
- Member, Multi-Cultural Task Force, 1992-1995.
- Member, Professional Standards and Advancement Committee, 1988-1996.
- Liaison, Therapeutic Recreation Educators Consortium, 1988-1990.

CALIFORNIA PARK & RECREATION SOCIETY DISTRICT TEN

- Board of Directors, Educators Representative, 1994-1997, 1999-2001; 2003-2005.
- Board of Directors, Recreation Leader Training Consortium, 1994-1997.
- Member, Student Scholarship Committee, 1991-1996.

CALIFORNIA PARK & RECREATION SOCIETY YOUTH DEVELOPMENT COLLOQUIUM

- Member, Planning and Design Committee, 1995-1996.

CALIFORNIA SOCIETY FOR PARK AND RECREATION EDUCATORS

- Coordinator, Annual conference at Asilomar Conference Center, 1991; 1992.
- Secretary-Treasurer, 1989-1994.

GOVERNOR'S COUNCIL ON PHYSICAL FITNESS AND SPORTS

- Consultant, 1995-2001.

PEOPLE FOR PARKS

- Member, Policy Committee, 1995-2000.
- Member, Personnel Selection Committee, 1994-2000.
- Member, Board of Directors, 1993-2000.
- Member, Conference Planning Committee, 1993-1996.

SOUTHERN CALIFORNIA MUNICIPAL ATHLETIC FEDERATION

- Board of Directors, School of Sports Management, 1997-1999.
- Member, Strategic Planning Committee, 1994-1995.
- Advisor, Student Committee for the Annual Institute, 1992-1996.
- Board of Directors, Institute Planning Committee, 1991-1996.
- Member, 1990-2000.

SOUTHERN DISTRICT FOR CALIFORNIA ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE

- Annual Conference Volunteer Coordinator, 2000.
- Program Co-Chair, Recreation Division, 1992 Annual Conference, Long Beach, CA.
- Recreation Division Representative, 1991-1992.
- Program Chair, Recreation Division, 1991 Annual Conference, Long Beach, CA.

SOUTHWEST DISTRICT OF THE AMERICAN ALLIANCE FOR HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE

- Constitution and By-Laws Chair, 1996-1999.
- Annual Convention Program Committee Liaison, 1996-1998.
- Annual Convention Program Co-Chair for 1996.
- Parliamentarian, 1994-1995.
- Program Co-Chair, Recreation Division, Annual Convention, Reno, NV, 1993.
- Annual Convention Program Committee, 1993-1996.
- Past Vice President, Recreation Division, 1992-1994.
- Program Chair, Recreation Division, Annual Convention, Phoenix AZ, 1992.
- Editor, Journal of Recreation and Leisure, 1991-1994.
- Vice President, Recreation Division, 1991-1992.
- Member, 1989-2003,

WOMEN IN LEISURE SERVICES, GAMMA CHAPTER

- Co-Chair, Professional Mentoring Program Advisory Board, 1998-1999.
- Member, Professional Mentoring Program Advisory Board, 1995-1999.
- Chair, Professional Development Committee, 1995-1996.
- Member, 1988-2002.

YOUTH DEVELOPMENT COLLOQUIUM, CALIFORNIA PARK & RECREATION SOCIETY

- Member, Planning and Design Committee, 1995-1996.

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS COMMITTEE MEMBERSHIP SERVICE

- Academic Senate Department PERD Representative, 1992-1999.
- Academic Senate Division DKR Alternative Representative, 2010-2012.
- Academic Technology Committee, 2007-2010.
- Alumni Survey Advisory Committee, 2003.
- Associated Students Inc. Faculty Liaison Representative, 2001-2003.
- Associated Students Inc. Fashion Show Judge, October 2002.
- Associated Students Inc. Gong Talent Show Judge, February 2003.
- Associated Students Inc. Hoops for Unity Advisory Committee, 1995-1999.
- Associated Students Inc. Meet and Greet Presenter, 1996-1998.
- Associated Students Inc. Student Convocation and Recognition Awards Ceremony, 200-2001.
- Athletic Governing Advisory Board, 1998-2000; 2001-2003.
- AVID Advisory Committee, 2012-2014.
- BANNER Implementation Committee, 1994-1995.
- BEAMS Team – First Year Experience Committee, 2004-2010.
- Bookstore Advisory Committee, 1994-1996.
- Catholic Newman Club Advisor, 2002-2003.
- Center for Teaching and Learning Grant Proposal Committee, 2008-2010.
- Chivas Activities Coordinating Group, 2008-2010.
- Coalition for University Events, 1995.
- College of Health and Human Resources Recruitment, 2006-2008.
- Community Service Learning/SLICE Advisory Committee, 2002-2005.
- Compass Grant Advisory Committee, 2012-2014.
- Day at Dominguez Department Representative, 2004-2007.
- Dance Team Judging Committee, 1994.
- Dining Services Committee, 1996-1998.
- Division of Kinesiology and Recreation Faculty Search Committee, 2004-present.
- Division of Kinesiology and Recreation RTP Committee, 1998-present.
- Dollars for Scholars University Planning Committee, 2003.
- Educational Advocacy Program Volunteer, 1987-1990.
- Faculty Development, Director, 1997-1998.
- Faculty Development, Teacher Observation/Peer Support Program (TOPS), 1994-1998.
- Faculty Mentoring Program, Faculty Mentor, 1987-1996.
- Faculty Mentoring Program, Director, Spring 1992.
- Faculty Personnel Committee (FPC), 1994-1996.
- First Year Experience Team Member (GELC) for REC 100, 2012-2014
- First Year Experience Team Member (UNV 101), 2000-2010.
- First Year Experience Team Group Trainer (UNV 101), 2003-2006.
- First Year Experience Research Team Member (UNV 101), 2008-2010.
- General Education Committee, 2008-2009.
- General Education Learning Committee (FYE) for REC 100, 2012-2014.

- Homecoming Planning Committee, Advisor, 2000-2007.
- Homecoming Events Chalk Art Coordinator, 2002-2005.
- Hope to GROW Project Advisory Committee, 1997-2000.
- Institute of Cultural Diversity Advisory Committee, 1998-2005.
- Institutional Technology Advisory Committee, 1999-2002.
- Instructionally Related Activities Committee (IRA), 1996; 2001-2003; 2012-2014.
- International Education Advisory Committee, 1998-2003.
- Intramurals-Wellness Program Advisory Board, 1997-2000.
- New Student Advisory Committee, 2000-2004.
- Program and Resources Committee (PARC), 1996-1997.
- Program Review Panel, 1998-1999.
- Physical Education, Recreation and Dance Curriculum Committee, 1988-2004.
- Physical Education, Recreation and Dance Search Committee, 1993, 1997-2004.
- Recreation-Sports Advisory Committee, 2000-2005.
- School of Education Curriculum Committee, 1991-1992; 1996-1997.
- School of Education Curriculum Committee, Chair, 1996-1997.
- School of Education Dean's Cabinet, 1999.
- School of Education Dean's Council, 1998-2004.
- School of Education Resources Committee, 1997-2001; 2002-2004.
- School of Extended Education Meeting and Event Advisory Board, Member, 2002-2005.
- Search Committee, Associated Students Inc., General Manager, 2001-2002.
- Search Committee, Associated Students Inc., Intramurals Director, 1997-2002.
- Search Committee, Associated Students Inc., Program Coordinator, 2004-2005.
- Search Committee, Office of Development, Associate Vice President for Special Events, 2000-2001.
- Search Committee, Office of Development, University and Government Relations, Associate Vice President, 2001-2002.
- Search Committee, School of Education Dean, 1997-1998.
- Search Committee, Student Affairs, Associate Director of Student Programs and Activities, 1996.
- Search Committee, Student Affairs, Vice President, 1997.
- Search Committee, University Event Planner, 2001.
- Search Committee, University External Affairs, Associate Vice President, 2001.
- Service Learning Advisory Board, 2000-2004.
- Student Discipline Hearing Officer, 2002-2005.
- Student Grievance and Grades Appeal Committee, 1990-1992.
- Student Development Job Fair Volunteer, 2001.
- Students Run LA Planning Committee, 2003-2004, 2006.
- Toro Days Planning Committee, 1995-2000.
- Toro Experience Advisory Committee, 2000-2005.
- Unity Fest Judge, 2003.
- University Advisement Center, Faculty Advisor, 1994-1996.
- University Curriculum Committee, 1997-1999.
- University Curriculum Committee Chair, 1998-1999.
- University Housing Program Review Committee, 2004-2005.
- University Identity Committee, 2000.
- University Library Committee, 1997-1999.
- University Student Union Program Review Committee, 2001.
- University Student Union Strategic Planning Advisory Board, 2000-2001.

- University Strategic Planning Task Force, 2002-2003.
- University Strategic Planning Oversight Committee (SPOC), 2004-2006.
- Unity Fest Advisory Committee, 2001-2004.
- Welcome Week Advisory Committee, 1994-1998.
- Women and Philanthropy Advisory Committee, 2000-2002.
- Women's Center Faculty Advisor, 1995-1996.
- Women's History Month Committee, 1995-1996.
- Women's Program Advisory Committee, 1990-1998.
- Writing Intensive Courses Construction Representative, 2006-2008.

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS STUDENT CLUB ADVISOR SERVICE

National Society of Collegiate Scholars

- Faculty Advisor, 2008-2010.

California State University, Dominguez Hills Recreation Club

- Faculty Advisor, 1986-2011.

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS STUDENT INVOLVEMENT AND TRAININGS

- Get HIP with Teaching: High-Impact Practices in the Classroom and Beyond Workshop, 2014 (6 hours).
- Mental Health First Aid Training Course (8 hours), 2013.
- Safe Space Training (3 hours), 2013.
- Student Success Symposium: High-Impact Practices for Student Academic Success Workshop (6 hours), 2013.
- Compass Grant team member, 2012-2014.
- Annual City of Carson Youth Commission/Teen Programs Food Drive, 2012.
- Athletics Guest Coach Women's Volleyball Team, 2012.
- Theatre Production "Vagina Monologues" Cast Member, 2 performances, 2004.
- Associated Students Inc. Poetry Reading Participant, March 27, 2003.
- Associated Students Inc. Fashion Show Participant, 2003.
- Multicultural Center, 4 Diversity Chats, Attendee, 2002.
- Toro Productions Supporter, 2002-present.
- Athletics Guest Coach Men's Basketball Team, 2000.
- Toro Days Dunk Tank Participant, 2000.
- Student Development (Career Center) Volunteer and Supporter, 1987-2014.
- Office of Student Life Volunteer and Supporter, 1987-present.
- Associated Students Inc. Volunteer and Supporter, 1987-present.

MAJOR PROFESSIONAL PRESENTATIONS

American Alliance for Health, Physical Education, Recreation and Dance Convention

- 1998, "Ice Breakers for All Occasions".
- 1995, Gender Specific Recreation Programs for At-Risk Youth".

American Association for University Women, Girls in Gangs Forum

- 1995, "Recreation Alternatives to Gang Membership".

California Association for Health, Physical Education, Recreation and Dance Conference

- 1994, "Recreation Programs for At-Risk Girls".
- 1992, "Preparing Your Resume".
- 1992, "Graduation: What Now? A Student's Perspective".
- 1992, "Team Building for Your Staff".
- 1990, "Cultural Issues in Health, Physical Education, Recreation and Dance".

California Legislature Committee on Water, Parks and Wildlife

- 1994, "The Role of Parks and Recreation in Public Safety".

California Park & Recreation Society Administrators Institute

- 1997, "Emerging Women's Issues and the Workforce".

California Park & Recreation Society District Ten Educational Workshop

- 1995, "Serving the Underserved-Neglected Populations".

California Park & Recreation Society South Region Institute

- 1993, "Youth at Risk: New Directions, New Focus".
- 1990, "Enrollment Management Practices in Recreation and Leisure Studies Programs".
- 1989, "Recruiting and Retaining Students in Recreation Programs".
- 1989, "Enrollment Management Practices in recreation and Leisure Studies Programs".
- 1988, "Coping with Gangs in Recreation".
- 1987, "The Debate: Recreation Therapy or Adaptive Physical Education".

California Park & Recreation Society State Conference

- 2004, "Benefits-based Programming for Drama and Games".
- 1997, "The Phoenix is Flying: the Youth At-Risk Committee".
- 1996, "Agency Collaboration for Youth Service".
- 1995, "Youth Gangs in California's Future".
- 1994, "Partnerships and Collaborations".
- 1994, "Commercialization and Private Sponsorships within our Departments - Do We Sell Out?".
- 1992, "Strategies for Successful Interagency Fundraising".
- 1990, "Creating Wellness for Inner City Youth".

California Recreation and Park Ethnic Minority Association Southern Section Conference

- 1999, "Mentoring – Each One Teach One Concept".

California School Age Children Annual Conference

- 1991, "The Ten Communication Commandments".

California Society for Parks and Recreation Educators Conference

- 1989, "The Enrollment Management Practices of Recreation and Leisure Studies Programs".

California State University, Dominguez Hills Child Development Center

- 2002, "Puppet Show for Children".

California State University, Dominguez Hills Faculty Mentoring Program Presentations

- 1993, "How You Can Benefit From Mentoring".
- 1991, "Address at Family Orientation: Your Mentor".
- 1991, "Confessions of an Addicted Mentor".

California State University, Dominguez Hills Faculty Development Orientations

- 1998, "Orientation to the University".
- 1997, "Orientation to the University".
- 1996, "Orientation to the University".
- 1995, "Faculty Expectations of Students".

California State University, Dominguez Hills Faculty Forum

- 1988, "The Health and Fitness Craze".

California State University, Dominguez Hills, Forum on Research, Scholarship, and Creative Activity

- 2003, "Sisters 4 Sisters – a Communiversy Program".
- 2002, "An Analysis of Service Learning Reflection Papers".

California State University, Dominguez Hills Institute of Cultural Diversity

- 2000, "Games from Around the World at CSU Dominguez Hills".

California State University, Dominguez Hills, Regional Teacher Scholar Symposium

- 2003, "Toro Experience Program: A Model for Student Success".

California State University, Dominguez Hills School of Education Colloquium

- 2002, "An Analysis of Service Learning Reflection Papers".

California State University, Dominguez Hills Service Learning Showcase

- 2004, "Recreation Services in the Community," Service Learning Poster Presentation.

California Youth-at-Risk Consortium

- 1996, "The Future of California Youth".

City of Carson Teen Jam 95

- 1995, "Actualizing Your Dreams".

Conference on Undergraduate Teaching and Learning, El Camino College

- 2002, "The Student Success Course at CSUDH – First Year Report".

First Year Experience National Conference

- 2003, "The Toro Experience: Retaining Freshmen Students".

Horizons West Therapeutic Recreation Symposium

- 1989, "The Impact of Gang Membership on Recreation Programming".
- 1987, "Pop Psychology in the Parks: The Ever growing Problem of Gang Activity in Recreation".

National Recreation and Park Association National Convention

- 1994, "Family Recreation: Dead or Alive."
- 1993, "Stress Management."

People for Parks Re-Inventing Urban Recreation Conference

- 1994, "A Recreation and Urban Policy - Public/Private Partnerships and Creative Solutions".

Royal Australian Institute of Parks and Recreation National Conference

- 1994, Keynote Address: "The Six Secrets of Self-Empowerment".
- 1994, "Stress Management".
- 1994, "Summary and Closing Remarks".

Southern California Municipal Athletic Federation Conference on Recreation Programs for High Risk Youth

- 1992, "Solutions: Cooperative and Interactive".

Southern California Municipal Athletic Federation Institute

- 1992, "Women in Sports" Panel Moderator.

Southern District California Association for Health, Physical Education, Recreation and Dance Conference

- 1999, "Ice Breakers for K-12".
- 1991, "Simulated Job Interviews for Entry Level Positions".

Southwest District American Alliance for Health, Physical Education, Recreation and Dance Convention

- 1996, "Strategies for Collaboration".
- 1995, "Sista-2-Sista: Improving Self Esteem".
- 1994, "Trends in Municipal Recreation Programming".
- 1993, "Contemporary Issues in Leisure and Recreation".
- 1993, "Intervention Methods for At-Risk Youth".
- 1992, "De-Stressing Your Stress".
- 1992, "Child Abuse: Signs and Symptoms".
- 1992, "Inner City Recreation Programs That Work".
- 1992, "Transcending Multicultural Barriers".
- 1990, "Enrollment Management Practices within Undergraduate Recreation and Leisure Studies Programs".

Youth Development Colloquium, California Park and Recreation Society

- 1996, "Facilitating the Future," Closing Session.

MAJOR PUBLICATIONS

- Leisure Every Day, 2020.
- Leisure for Healthy Living, 2010, Revised 2011, Revised 2013.
- "California Park & Recreation District X Quarterly Newsletter", Contributor, 1993-2010.
- "Recreation and Leisure: Choice for Everyone." CAHPERD Times, Vol. 60, No. 5, March/April 1998, p.2.
- "The Benefits of Recreation," CAHPERD Recreator, Vol. 1, No. 1, December, 1997.
- "A Generation of Youth-at-Risk: A Societal Dilemma", California Parks & Recreation, Volume 53, Number 2, Spring 1997, pp. 36-42.
- "Loss and the Grieving Process," Parks & Recreation, Volume 32, Number 5, May 1997, pp. 82-85.
- Principles for Leisure. Mary Lou Cappel. CAPCO Publishing, 1996.
- "Strategies for Collaboration," Proceedings for the 63rd Annual State Conference & Southwest District American Alliance for Health, Physical Education, Recreation and Dance Convention, March 1996, pp. 31-32.
- "Leadership in the 90's," Feature Editor," Journal of Physical Education, Recreation and Dance, Volume 67, Number 1, January 1996, pp. 47-52.
- "Providing After School Recreation Programs," California Journal/Times, Volume 58, Number 4, January 1996, pp. 5-7, 28.
- "Advancing the Benefits of Recreation and Parks through Collaboration," Journal of Recreation and Leisure, Volume 15, Number 1, Spring 1996, pp. 85-95.
- "Strengthening Families through Recreation," Parks & Recreation, Volume 30, Number 6, June 1995, pp. 44-47.
- "Sista-2-Sista: Improving Self Esteem," Proceedings of the Southwest District/Hawaii American Alliance for Health, Physical Education, Recreation and Dance Convention, June, 1995, pp. 72-73.
- "Sista-2-Sista: A Self-Empowerment Program," Journal of Physical Education, Recreation and Dance, Volume 66, Number 4, April 1995, pp. 43-45.
- "The Six Secrets of Self Empowerment," Royal Australian Institute of Parks and Recreation, 1994 National Conference Proceedings, 1994, pp. 27-49.
- "Stress Management," Royal Australian Institute of Parks and Recreation, 1994 National Conference Proceedings, 1994, pp. 50-59.
- "Summary and Closing Remarks," Royal Australian Institute of Parks and Recreation, 1994 National Conference Proceedings, 1994, pp. 203-208.
- "Intervention Methods for At-Risk Youth," Proceedings of the Northwest and Southwest Districts and the State of Nevada Combined Conventions, American Alliance for Health, Physical Education, Recreation and Dance, 1993, pp. 356-359.
- "De-Stressing Your Stress," Proceedings of the Southwest District of the American Alliance for Health, Physical Education, Recreation and Dance and the State of Arizona Annual Convention, February, 1992.
- "Inner City Recreation Programs that Work," Proceedings of the Southwest District of the American Alliance for Health, Physical Education, Recreation and Dance and the State of Arizona Annual Convention, February, 1992.
- "The Impact of Gang Membership on Recreation Services," Journal of Recreation and Leisure, Volume 11, Number. 1, Spring 1991, pp. 33-42.
- "An Investigation of the Enrollment Management Practices within Undergraduate Recreation and Leisure Studies Programs," Abstracts of Research Papers, 56th Annual Convention of the Southwest District of the American Alliance for Health, Physical Education, Recreation, and Dance, 1990.

- "Cross-Cultural Barriers to Effective Delivery of Therapeutic Recreation Services," Research Into Action, Volume III, 1989, pp. 57-66.
- "An Investigation of the Enrollment Management Practices within Undergraduate Recreation and Leisure Studies Programs," Journal of Recreation and Leisure, Volume 9, Number 1, Spring, 1989, pp. 47-51.
- "Wellness Through Aerobics," Proceedings of the Horizons West Symposium for Therapeutic Recreators, San Jose, CA., 1984, p.8.
- More Than Aerobics. Minneapolis, Minnesota: Burgess Publishing, 1993, 1986, 1984.

PROFESSIONAL SCHOLARSHIP REVIEW BOARDS

- California Association for Health, Physical Education and Recreation Journal/Times Editorial Board, 2000-2002.
- Editorial Board Reviewer, Therapeutic Recreation Journal, 1993-1998.
- Editorial Board, Leisure Today, 1994-1997.
- Guest Editor, Leisure Today Journal, January 1996.
- National Review Board, Therapeutic Recreation, Northwest Missouri State University, 1996.
- Editor, Journal of Recreation and Leisure, 1991-1993.
- Editorial Board, Journal of Recreation and Leisure, 1990-1994.

PROFESSIONAL AWARDS AND RECOGNITION

- "CSUDH Faculty Service Award", March 2013.
- "California Park & Recreation District X Educator's Award", May 2010.
- "Who's Who Among America's Teachers", 2005/2006, 2004, 2000.
- "Recognition of Support and Contributions Award", Project REACH, June 2005.
- "CSUDH Service and Leadership Award", February 15, 2005.
- "Who's Who Among America's Teachers", 2000, 2004, 2005, 2006
- "CSUDH Office of Student Life Faculty Recognition Award", May 2004.
- "Recognition of Support and Contributions Award, Project REACH", June 2003.
- "CSUDH Individual Contributions to ASI Award", Associated Students Inc., May 2003.
- "CSUDH Student Development Employer Recognition Breakfast Honoree", April 25, 2003.
- "Therapeutic Recreation Educator of the Year", California Park & Recreation Society, 2002.
- "Project REACH Volunteer Award", 2002.
- "International Personality of the Year", 2001.
- Who's Who Among Teachers, 2001.
- "World Who's Who of Women, 15th Edition", 2000.
- "20th Century Award for Achievement", 2000.
- "Volunteer Merit Award", California Park and Recreation Society District X, 2000.
- "Citation of Meritorious Achievement", Dictionary of International Biography, Cambridge, ENG, 2000.
- "J.C. Penney Golden Rule" Award, 1999.
- "Volunteer of the Year Award", Nickerson Gardens Recreation Center, Los Angeles Recreation and Parks Department, May 17, 1997.
- "Commendation Certificate of Service to the Sista-2-Sista Program", County of Los Angeles, May 17, 1997.
- "Volunteer Service Award", Ted Watkins Park, Los Angeles County Parks and Recreation

Department, May 17, 1997.

- Marquis Who's Who of American Women, 1996.
- Who's Who Among America's Teachers, 1996.
- "Distinguished Service to the Recreation Profession", California Association for Health, Physical Education, Recreation and Dance, 1996.
- "Honor Award", Southwest District American Alliance for Health, Physical Education, Recreation and Dance, 1996.
- "Special Recognition of Service", Southern California Municipal Athletic Federation, December 1, 1995.
- "Proclamation Certificate of Service to the Watts Friendship Sports League", City of Los Angeles, November 3, 1995.
- "Service Award", City of Los Angeles Recreation and Parks Department, September 1995.
- "Volunteer Service Award", City of Los Angeles Recreation and Parks Department, June 1995.
- "1995 Outstanding Freshman Advocate Award" Nominee, The University of South Carolina Freshman Year Experience, February 19, 1995.
- "CSUDH University Distinguished Service Award", 1993.
- "Distinguished Service to the Recreation Profession", California Association for Health, Physical Education, Recreation and Dance, 1993.
- "Recreation and Leisure Educator of the Year", Southwest District American Alliance for Health, Physical Education, Recreation and Dance, 1993.
- "Distinguished Service to the Watts Friendship Sports League", Watts Friendship Sports League, 1993.
- "Special Recognition of Service", Southern California Municipal Athletic Federation, December 4, 1992.
- "Proclamation Certificate of Service to the Watts Friendship Sports League", City of Los Angeles, July 1991.
- CSUDH "Disabled Students Services Outstanding Professor" award, 1988.

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS GRANTS AWARDED

- University Campaign: \$2000, Sports Day for Girls, 2002-2003.
- Office of Service Learning Grant: \$3500, Course Development, 2001.
- Institute of Cultural Diversity: March 2000, \$500, Present "Games from Around the World at CSU Dominguez Hills".
- Faculty Development Grant: June 1999, \$500, Travel and registration for three professional conferences.
- Faculty Development Grant: March 1998, \$500, Travel to present at national conference, American Association for Health, Physical Education, Recreation and Dance.
- University Advancement Grant: December 23, 1997, \$1000, Development of Curriculum for Travel and Tourism program.
- Bautzer Faculty University Advancement Award, December 17, 1997, Attend 1998 CASE Conference.
- Faculty Development Grant: March 1997, \$500, Travel to present at state conference, California Park & Recreation Society.
- Faculty Development Grant: September 1997, \$200, Travel to attend international conference, International Hotel and Restaurant Exposition and Congress.

- Faculty Development Grant: October 1996, \$500, Travel to present at national conference, National Recreation and Park Association.
- Faculty Development Grant: March 1995, \$500, Travel to present at national conference, American Association for Health, Physical Education, Recreation and Dance.
- Faculty Development Grant: December 1993, \$500, Develop materials for research project.
- Research, Scholarship, Creative Activities Award: April 1993, One summer month, Conduct research.
- School of Education Dean's Grant, March 1993, \$500, Conduct research.
- Faculty Development Grant: December 1992, 3.0 Assigned Time, Conduct research in Spring 1993.
- Instructionally Related Activities: May 1992, \$450, Provide a Lecture Series: Recreation for At-Risk Youth.
- Faculty Development Grant: December 1991, \$500, Travel to attend Second Year Therapeutic Recreation School.
- School of Education Dean's Grant, March 1990, \$500, Prepare promotional materials for Recreation Administration program.
- Faculty Development Grant: December 1990, \$700, Travel to attend First Year Therapeutic Recreation School.
- Instructionally Related Activities: June 1988, \$300, Conduct a Recreation Workshop on Professionalism.
- Instructionally Related Activities: May 1987, \$250, Conduct a Symposium on Recreation.
- Lottery Funds, September 1989, \$2630, Conduct Workshops on Gang Activity at Recreation Facilities.

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS AFFILIATED GRANTS ATTEMPTED, NOT FUNDED

- Fund a Needs Assessment for the Toro Recreation Center, 2003, \$68,993.
- Los Angeles Housing Authority, At-risk youth intervention programs, 1997, \$23,999.
- California Wellness Foundation Grant, At-risk youth intervention programs, September 1996, \$99,000.
- American Association of University Women, Girls at-risk intervention programs, 1995, \$5000.
- Fund Sister-to-Sister program at Jordan High School, 1995, \$2000.
- Co-author to conduct research on violence prevention, 1995, \$3000.
- California Community Foundation for the Sista-2-Sista program, 1994: \$6000.
- Liberty Hill Foundation, Sista-2-Sista program, 1994, \$8000.
- Develop Sista-2-Sista Program within Housing Authority Sites, 1994, \$5000.

FORMER PROFESSIONAL MEMBERSHIPS

- American Alliance for Health, Physical Education, Recreation and Dance.
- American Association for Leisure and Recreation.
- American Therapeutic Recreation Association.
- California Association for Health, Physical Education, Recreation and Dance.
- California Park & Recreation Society.
- California Park & Recreation Society District X Board of Directors.
- California Society for Parks and Recreation Educators.

- National Recreation and Park Association.
- Phi Delta Kappa for Educators.
- Southern California Municipal Athletic Federation.
- Southwest District of American Alliance for Health, Physical Education, Recreation and Dance.
- Women in Leisure Services Chi Kappa Rho for, Gamma Chapter.

PROFESSIONAL CERTIFICATIONS

- Recreation Therapist Certified (RTC), the California Board of Recreation and Park Certification, 1989-2011.
- Certified Therapeutic Recreation Specialist (CTRS), the National Certification for Therapeutic Recreation Specialists, 1990-2011.

CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS HONORARIES

- CSU Dominguez Hills Phi Kappa Phi Honor Society, Past President, 2007-2010.
- CSU Dominguez Hills Phi Kappa Phi Honor Society, President, 2004-2007.
- CSU Dominguez Hills Phi Kappa Phi Honor Society, Vice President, 2002-2004.
- CSU Dominguez Hills Phi Kappa Phi Honor Society, Member, 1996-2013.