

Kinesiology: pre-Physical Therapy option

ADVISOR INFORMATION:

- **April Thomas, M.Ed. - aprilthomas@csudh.edu**

April is a full-time staff member who advises on General Education requirements as well as requirements for the major. Meet with her every semester to review your progress and plan your next semester's courses.

Student appointment link: <https://csudh.campus.eab.com/pal/GbPvUdToBM>

- **Dr. Scott Cheatham - scheatham@csudh.edu**

Dr. Cheatham is a faculty member who advises on major requirements for the pre-Physical Therapy option. Meeting with a faculty advisor every semester is recommended.

Student appointment link: <https://calendly.com/drswecheatham>

- **Dr. Carolyn Oudiz - coudiz@csudh.edu**

Dr. Oudiz is a faculty member who advises on major requirements for the pre-Physical Therapy option.

Meeting with a faculty advisor every semester is recommended. She can be contacted at the email address above.

GENERAL ADVISING INFORMATION:

There are four types of courses you need to take to graduate:

1. General Education (G.E.) courses
2. Statutory requirements (HIS 101 and POL 101)
3. Graduation Writing Assessment Requirement
4. Major courses

Students must earn 120 units to graduate, including but not limited to all of the courses in the categories above.

These 120 units must include:

- At least 30 units at CSUDH
- At least 40 upper-division units
- At least 24 upper-division units at CSUDH

General Education (G.E.) notes:

- View your G.E. requirements in your Academic Catalog on the university website <https://www.csudh.edu/university-catalog/> or on your Academic Requirements page (see drop-down menu on left side of your my.csudh Student Center).
- When you register for CHE 110 (one of your requirements for the major) email April and ask her to apply it to your **Physical Science and Science Lab** G.E. requirements if you have not already met those requirements.
- When you register for BIO 120/121 for the major, email April and ask her to apply it to your **Life Science** G.E. requirement if you haven't already met that requirement.
- Nine (9) G.E. units must be earned at CSUDH. These are usually the three upper-division required G.E. courses.

(requirements for the major on next page)

Kinesiology major, pre-Physical Therapy option requirements:

NOTE: Grades of "C" or higher must be earned in all courses for the major. Classes in which grades of "C-" or below are earned must be retaken. Contact April Thomas for information on the Repeat and Cancel policy or type "Repeat and Cancel" in the search bar of the university website.

Lower-Division Required Courses for all KIN majors:

Course	Title	Units	Notes
BIO 250	Human Anatomy & Physiology	3	Pre-req: BIO 102, BIO 120, or equivalent. BIO 250 & 251 must be taken together.
BIO 251	Human Anatomy & Physiology Lab	1	KIN 290 Human Anatomy & Physiology I (4 units) can be taken to clear BIO 250/251.
KIN 223	Introduction to Physical Education	3	

Upper-Division Required Courses for all KIN majors:

Course	Title	Units	Notes
KIN 301	Kinesiology	3	Pre-req: BIO 250/251 or KIN 290
KIN 303	Exercise Physiology	4	Pre-req: BIO 250/251 or KIN 290
KIN 330	Somatic Education	3	If taken Fall '23 or later, can also fulfill the GWAR.
KIN 360	Prevention & Treatment of Athletic Injuries	3	Pre-req: BIO 250/251 or KIN 290

Lower-Division Requirements for the pre-Physical Therapy option:

Course	Title	Units	Notes
BIO 120	Principles of Biology I	3	Pre-req: CHE 108 or General Chemistry Placement Exam Check
BIO 121	Principles of Biology Lab I	1	- Co-req: BIO 120 - Note: BIO 120 & 121 fulfill the Life Science and Science Lab GE requirements. After enrolling in these courses, email April to have her apply it toward this GE requirement.
CHE 110	General Chemistry I	5	- Pre-req: CHE 108 or General Chemistry Placement Exam Check - CHE 110 fulfills the Physical Science and Science Lab GE requirements. Work with April Thomas to have it applied toward these requirements.
HEA 281	Medical Terminology: Radiology	1	This course is no longer offered and will be waived.
PHY 120	Elements of Physics I	4	Pre-req: High school or college algebra

Upper-Division Requirements for the pre-Physical Therapy option:

Course	Title	Units	Notes
KIN 300	Tests and Measurements in PE	3	
KIN 305	Motor Learning	3	
KIN 310	Nutrition for Peak Performance	3	
KIN 362	Principles of Athletic Training	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 363	Principles of Athletic Training Lab	1	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 461	Therapeutic Modalities	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 462	Therapeutic Exercise	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 463	Lower Extremity Assessment	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 464	Upper Extremity Assessment	3	Pre-reqs: BIO 250/251 or KIN 290, and KIN 360
KIN 493	Clinical Experiences in PT/AT	3	Pre-reqs: KIN 301, KIN 360, and KIN 362. A permission number can be granted to register in the class if those courses are taken concurrently with KIN 493. Take in the final semester instead of KIN 496.