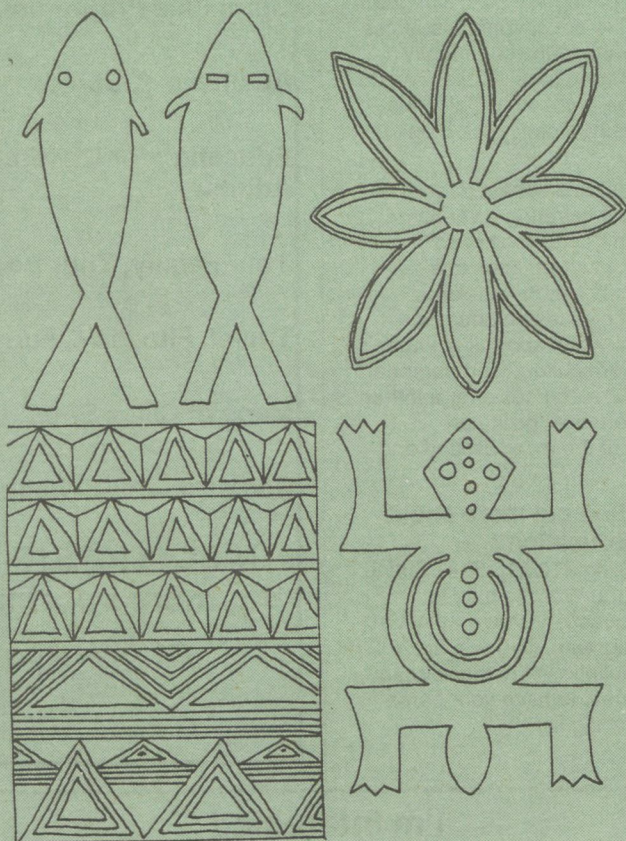


Summer 1993



Extended Education



California State University
Dominguez Hills

What is Extended Education?

Extended Education is the continuing education branch of California State University, Dominguez Hills. Our goal is to extend the educational resources of the University to the community. Courses are open to all adults. You do not have to be enrolled at California State University, Dominguez Hills to attend.

Extended Education offers dozens of courses a year covering a variety of topics. The majority focus is on career-oriented information in a specific field. These professional development classes emphasize a practical, real-world approach. Other courses explore cultural and personal interests. These courses offer another learning experience, giving an appreciation of the world around and within us.

How can I find out more about Extended Education?

By simply calling 310/516-3741 during business hours. We'll be glad to answer any questions you may have about our programs. If you do not receive our bulletin in the mail already, you may request to have your name put on our mailing list.

What Programs and Courses are Available this Summer?

Certificate Programs . . 1-8

Business & Career . . 9-14

Education for Children and Adults 14-20

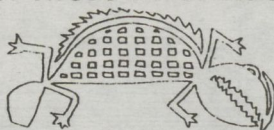
Your Family, Your Body 21-23

Travel, Fitness & Fun . 23-26

Maps of Class Sites . . 27-28

Registration . . back cover

**CALL (310) 516-3741
for more information**



I'm Interested

- ☐ Please put me on your mailing list for future mailings. My areas of interest are:
- ☐ Summer Sessions ☐ Winter Sessions ☐ Open University
- CERTIFICATE PROGRAMS:** ☐ Technical Writing ☐ Real Estate Appraisal
- ☐ Alcohol/Drug Counseling ☐ Construction Management ☐ Early Childhood
- ☐ Effective Supervision ☐ Production and Inventory Control

Name _____

Address _____

City _____

State _____

Zip _____

MAIL TO: CSUDH, Extended Education, 1000 E. Victoria St., Carson CA 90747.

Alcohol/Drug Counseling Certificate Program

The Certificate Program in Alcohol/Drug Counseling consists of nine courses designed to prepare individuals to enter the field at a professional level. All courses provide Continuing Educational Units (CEUs) for registered nurses and teachers. Courses may be taken on an individual basis without formal entrance into the Certificate Program with permission of the Program Coordinator. Students may begin the program in the Fall or Spring Semester. Upon satisfactory completion of all nine courses, in the sequence outlined below, with a 2.5 grade point average, the student will receive a Certificate as recognition of educational achievement and professional status. The Certificate is widely recognized by alcoholism treatment centers.

Applicants should have completed at least 2 years of college or have at least 2 years of work experience in a health or human service agency. If applicant is a recovering substance abuser, two years of continuous sobriety is required. Prospective students must complete an application form and supply transcripts and letters of recommendation. Applicants will be admitted initially on a conditional basis and are required to pass the introductory class AD X301 with a "C+" or better.

The fee is \$100 per unit; a three-unit course is \$300. Tuition fees must be paid upon admission into program. Classes are held from 6:30 - 9:30 pm weeknights on the CSU Dominguez Hills campus in Carson.

● SEMESTER I ●

Intro to Alcoholism

AD X300 3 ext units credit

This course provides basic information about alcohol: the physiological, psychological and sociological effects of alcohol abuse; identification of social drinking, problem drinking; etiological theories of alcoholism; defense mechanisms; the counseling relationship and basic treatment issues.

Intro to Counseling Techniques

AD X301 3 ext units credit

This course introduces the skills and techniques necessary for counseling. Students will learn to use active listening skills and to develop a high empathy level. The course is both theoretical and experiential.

● SEMESTER II ●

Counseling the Individual

AD X302 3 ext units credit

This course develops an understanding of the psychological factors in alcoholism and drug abuse and their implications for treatment. Counseling techniques are examined and practiced including assessment, perception and communication skills required for various stages of treatment, prognosis and termination.

Perspectives on Drug Abuse: Counseling the Substance Abuser

AD X303 3 ext units credit

This course is an introduction to this major social/ psychological problem. Students learn the basic pharmacology of the commonly encountered street drugs and behavioral and physiological consequences of drug abuse. Poly-addiction and treatment modalities are also covered.

● SEMESTER III ●

Group Counseling Techniques

AD X304 3 ext units credit

This course provides an understanding of group dynamics, defenses, problems, goals and growth. The roles of the group facilitator and group members are examined and practiced in class.

Introductory Practicum

AD X305 2 ext units credit

This course introduces the student to the applied counseling experience. They become knowledgeable about community resources, learn documentation techniques, charting, and case studies. Issues related to grief, loss, stress, and counselor burn-out are addressed.

● SEMESTER IV ●

Family Dynamics

AD X306 3 ext units credit

This course introduces theories of the effects of substance abuse (alcohol and/or drugs) as they relate to the family system. Students gain insight into the identification and solution of problems of the pathologic family and the individual roles and behavior patterns that exist within it.

Advanced Practicum

AD X307 2 ext units credit

This course demonstrates how to link clients with community resources. The student learns charting techniques, becomes aware of the needs of special populations and develops a further understanding of the counselor-client relationship, including confidentiality and legal aspects. The student learns about the multi-disciplinary treatment team, how to take histories and make psychosocial evaluations. The various alcoholism treatment agencies and program modalities-their staffing, funding, operational procedures-are studied.

Treatment of Eating Disorders

AD X308 3 ext units credit

An introduction to the treatment of eating disorders such as anorexia nervosa, bulimia, compulsive eating, and obesity. biological, psychoanalytic, behavioral, psychosocial, and other theoretical perspectives are explored. The history of the interrelationship of alcohol and food as substances sometimes abused is explored. The course will provide an overview of techniques necessary for counseling individuals with eating problems.

Classrooms for Summer '93:

ADX 302 (Thu) SAC 1108

ADX 303 (Tue) SAC 1106

ADX 304 (Wed) SAC 1108

ADX 305 (Tue) SAC 1108

ADX 308 (Mon) SAC 1108

FOR MORE INFORMATION

**Call the Division of Extended
Education at (310) 516-3741 for
a class schedule, an application
or other information.**

Construction Management Certificate Program

The Program

This innovative and timely series of courses is designed for construction personnel, owners and developers, and those wishing to enter the field of construction management. Those who do not wish to pursue a certificate may take individual classes. All courses offer 3.0 Continuing Education Units (CEUs).

The Courses

Construction Project Management I
Construction Project Management II
Legal Aspects of Construction Management
Estimating and Bidding
Survey of Construction Practices
Accounting for the Construction Industry

To receive more information on the Construction Management Certificate Program, return the coupon below or call (310) 516-3741.

Send me more information about the Construction Management Program.

Name

Address

City/State/Zip

MAIL TO: CSUDH Extended Education,
1000 E. Victoria St., Carson CA 90747

Estimating & Bidding

Seq No: 05-011-0976 3 CEUs

Conceptual estimating, quality surveying, pricing skills--materials and labor, quality survey methods, bidding strategies and mark-up, computer-based estimates and statistical methods.

Walter Bagley, BBA, accounting, instructor, is owner of Walter G. Bagley Construction Company.

> **10 mtgs: Mon & Wed Jun 14 - Jul 19 (no class Jul 5)**
6 - 9 pm
CSUDH campus SAC 1104
\$130

To be offered Fall 1993:

- Construction Project Management I
- Legal Aspects of Construction Management
- Survey of Construction Practices

Early Childhood Education Certificate Program

The Program

The program is designed to meet the California State Department of Social Services requirement for Teachers or Directors of preschool or day care programs. It will also help students meet a portion of the Children's Center Instructional and Supervision permit requirements outlined by the Commission on Teacher Credentialing.

The courses award upper division, degree applicable academic credit. All of the program classes meet either at the Redondo Beach Community Resource Center or the CSUDH campus in Carson. Participants who complete the program receive a certificate in Teaching or in Administration. A baccalaureate degree is not required to participate in the program.

Who Should Attend

Preschool Teachers

Family Day Care Providers

Teachers or Aides of Infants,
Toddlers, or Preschool Children

Prospective Day Care Teachers and
Administrators

Parents

Please send detailed information on the
Early Childhood Certificate Program.

Name

Address

City/State/Zip

MAIL TO: CSUDH Extended Education,
1000 E. Victoria St., Carson CA 90747.

Students have the option of earning a Certificate in Teaching or in Administration. A Certificate in Teaching is earned by completing 12 units: two core courses and two specialization courses (in either Infant or Preschool Program Development). A Certificate in Administration is earned by completing 15 units: three core courses and two specialization courses (in either Infant or Preschool Program Development).

CORE COURSES (REQUIRED):

All Students:

PSY X350 Developmental
Psychology (3)

TED X355 Child, Family and
Community (3)

Administration Only:

TED X356 Early Childhood
Administration and Supervision (3)

Specialization Courses:

TED X351 Infant Program
Development I (3)

and

TED X352 Infant Program
Development II (3)

or

TED X353 Preschool Program
Development I (3)

and

TED X354 Preschool Program
Development II (3)

To receive a detailed brochure about the
Early Childhood Certificate Program, con-
tact Extended Education at (310) 516-3741.
For information regarding the program, contact
Dr. Kathleen Taira, (310) 516-3522.

Infant Program Development (TED X351)

Seq No: 08-011-X351 3 ext units

Designed for the infant caregiver, teacher, and administrator, this course focuses on the principles, guidelines, and processes for developing group programs for infants and toddlers.

Dorothea Gillingham

> 10 mtgs: Mon - Wed Jun 28 - Aug 2 (no class July 5)

6 - 9:45pm

Redondo Beach Community
Resource Center rm 7

\$300

Early Childhood Administration (TED X356)

Seq No: 08-011-X356 3 ext units

Designed for directors of pre-school/day care programs and infant care centers, this course examines local and state regulations governing programs for young children. Program monitoring, fiscal management, personnel recruitment and selection, staff management, and program supervision are emphasized.

Joanne Sato

> 10 mtgs: Tu-Thu Jun 29 - Jul 29

6 - 9:45pm

Redondo Beach Community
Resource Center rm 7

\$300



Effective Supervision Certificate Program

This series is especially designed for men and women in first-line supervisory positions in production and service industries who wish to improve their supervisory skills and achieve greater job effectiveness and satisfaction. Each course in effective supervision meets two evenings, a total of six hours. Enrollments are accepted on an individual basis, and a certificate of achievement is awarded upon the completion of any six courses. Call (310) 516-3741 for a brochure on the full certificate program.

David N. Chalk, coordinator, has degrees in Economics and Management as well as 25 years of experience as a manager, consultant, curriculum writer and teacher in graduate level management schools of USC, UCR, and UCI. He is a regular lecturer for conferences, professional management organizations and societies and operates his own industrial training firm.

Ernest C. Jewell, MBA, Instructor, has 14 years experience in industrial engineering and management consulting.

Certificate Program Courses Include:

Introduction to Supervision

Seq no: 05-061-0975 .5 CEUs

Communication & Listening Skills

Seq No: 05-061-0976 .5 CEUs

Delegating Strategies & Team Building Techniques

Seq No: 05-061-0977 .5 CEUs

Stress Coping and the Reduction of Conflict

Seq No: 05-061-0978 .5 CEUs

Team Building/Concepts & Techniques

Seq No: 05-061-0910 .5 CEUs

Time Management for Supervisors

Seq No: 05-061-0979 .5 CEUs

Performance Appraisal

Seq No: 05-061-0981 .5 CEUs

Summer 1993 Schedule

Performance Evaluation Techniques

Seq No: 06-061-0981 .5 CEUs

➤ **2 mtgs: Mon Jun 7 & 14**

7 - 9:30pm

CSUDH campus SAC 1102

\$85

Team Building/ Concepts & Techniques

Seq No: 06-061-0910 .5 CEUs

➤ **2 mtgs: Mon Jul 12 & 19**

7 - 9:30pm

CSUDH campus SAC 1102

\$85

Effective Supervision courses will be taught concurrently in Spanish during the Fall term.

Real Estate Appraisal Certificate Program

The Certificate Award in Real Estate Appraisal is designed to meet the education requirements for state licensing and certification of real estate appraisers. The program of study conforms to the specifications provided by the Appraisal Foundation for licensing and certification in the 50 states. The curriculum may be updated over the lifetime of the certificate in response to legislative changes in licensing requirements. The program is designed to meet the continuing education needs of practicing real estate appraisers, regulators of financial institutions, attorneys dealing with real estate practice, and other real estate professionals who must meet the revised standards set forth by the State.

Students may select the Residential Certification curriculum by taking the Income and Applied Sales Comparison Approaches class or the General Certification curriculum by taking the Income Approaches to Real Estate Appraisal class. The remaining courses apply to both certifications.

The certificate award is given after completion of eight classes for a total of 16.5 continuing education units. The program:

- Provides in-depth knowledge and skills in the field of real estate valuation and analysis
- Program content corresponds to current licensing requirements
- Prepares students for examinations required for safe certification
- Meets the continuing education needs of practicing real estate appraisers
- Classes are participative, practical and incorporate problem-solving activities that reflect current trends.

Summer 1993 Schedule

Uniform Standards of Professional Appraisal Practice

Seq No: 05-111-0900

1.8 CEUs

Examination of the standards and ethics of real estate appraisal as delineated by Uniform Standards of Professional Appraisal Practice by the Appraisal Foundation. Aspects to be incorporated in the narrative report are addressed. The provisions for Ethics, Competency, and Departure are examined along with the provisions for Jurisdictional Exception and the Supplemental Standards. Each of the Uniform Standards 1 through 10 are covered.

John Emery, PhD, CFA, professor and department chair, Cal State Fullerton.

> 2 mtgs: Sat & Sun June 12 & 13

8am - 5:30pm

Redondo Beach Community Resource Center rm 7

\$165



Yes, send me more information about the Real Estate Appraisal Certificate Program.

Name: _____

Address: _____

City/State/Zip: _____

**MAIL TO: CSUDH Extended Ed.,
1000 E. Victoria St. Carson CA 90747**

Technical Writing Certificate Program

This program offers an introduction to the skills required for technical writing in the "high-tech" world, where it plays an important role in helping the consumer understand how to use and care for equipment they need on an everyday basis. Career opportunities are available in almost every field once students master these skills.

Advanced Technical Writing Topics

Seq No: 06-041-0907 3 CEUs

Presents advanced technical writing topics, including writing on-line computer instructions and tutorials, hypertext, paperless technical manuals, compliance with Computer-Aided Acquisition and Logistics Support (CALS) requirements, readability computations, validations and verification instructions, maintaining configuration, methods of updating instructions, and writing specifications. Introduces students to technical manual production, including editing, typesetting, layout, desktop publishing (DTP) programs, and printing. The class also surveys the special requirements of managing a technical manual program.

Tom Moran, MS, Engineering, is a technical writer/trainer.

> **10 mtgs: Wed Jun 9 - Aug 11**

6:30 - 9:30pm; CSUDH campus SAC 1106; \$130

Technical Writing Fundamentals

Seq No: 06-041-0905 3 CEUs

Teaches the fundamentals of technical writing with emphasis on meeting the communication needs of today's high technology. Students will learn to create test reports, technical papers, instructional materials, specifications, letters and other documents requiring accuracy and clarity within a concise construction. Class members will also learn to deal with industrial or corporate guidelines and specifications when creating manuals and other publications. Provides engineers and other technical personnel with writing skills, broadens the knowledge of technical writers, and prepares individuals for entry positions in technical writing.

> **To be offered Fall 1993**

Writing Technical Instructions

Seq No: 06-041-0906 3 CEUs

Provides the basic techniques needed to develop technical instructions. Students will be introduced to various types of instructions used in industrial settings, including those needed for equipment assembly, maintenance, inspection, overhaul, repair and process control. Topics will include task analysis, use of source data, presentation style and format, text and illustration coordination, technical nomenclature, and target audience. Student will learn techniques to increase the usefulness of their writing, including methods of cross referencing, indexing, common types of front matter and reading grade level test. Writing requirements and specifications for the aerospace, nuclear, computer and other industries will be covered.

> **To be offered Spring 1994**

Personal Investing: Beginning-Intermediate

Seq No: 13-041-0523 Noncredit

This introductory course will cover the basic investment process, including asset allocation, portfolio analysis, and performance evaluation. Topics also include an overview of money and capital markets, risk-return trade-off, security valuation methods, and investment strategies. Sources of investment information and software will be included.

Textbook: *Management of Investments*, 3rd ed. by Jack Francis. Free textbook-related IBM compatible software will be provided by the instructor after you purchase the textbook, apprx. \$63 at CSUDH Bookstore. UPS delivery available. Call (310) 516-3789 for further information, Mon-Fri 8-4:30pm.

Note: Same textbook will be used for the "Intermediate-Advanced" course which starts at the end of October.

William Jerkovsky, MS, instructor, has over 20 years experience in investing for individuals.

> **4 mtgs: Sat July 31, Aug 7, 14, 21**
9am - 12noon
Franklin Community Center rm 8
Single: \$50
Couple: \$60
Seq No: 13-041-0524



Importing & Exporting: An In-depth Guide

Seq No: 05-131-0554 Noncredit

If you have ever dreamed of owning your own profitable and fascinating business venture, this in-depth class is a MUST! It is designed for those seeking a practical, hands-on workshop with specific information about importing as a business and a career.

This informative seminar provides a clear, step-by-step approach to starting an importing business as well as providing an overview of careers in importing, such as banking, freight forwarding, and custom house brokerage.

Topics include:

- Selecting a product to import
- International market research
- Negotiating with foreign suppliers
- Samples, prices, discounts
- Terms of payment, including the Letter of Credit
- Shipping and insurance
- Foreign exchange
- US Customs rules and procedures

Expert guest speakers will provide additional information.

Importing represents a substantial portion of the nation's business, and is especially important to California. Past students of Dr. Rimmon have turned his information into profitable businesses, some with sales of over \$500,000.

Dr. Sinclair D. Rimmon is president of S. Rimmon and Co., Inc., an importing company and is author of *Importing: Your Guide to Fortune & Fulfillment*.

> **1 mtg: Sat Jun 26**
10am - 3pm
Redondo Beach Community
Resource Center Rm 8
\$65 (\$15 materials fee payable to the instructor in class)

Medical Insurance

Medical Insurance Billing for Beginners: Including a Look at the Legal Aspects of Collections

Seq No: 12-021-0512 Noncredit

Learn all phases of medical insurance billing. Learn how to bill Medicare, Medi-Cal, Blue Cross, Blue Shield, Workers Comp and the private insurance companies. Learn how to read EOB (Explanation of Benefits) and how to use it to bill a second insurance. Medical insurance billers earn from \$8 to start to \$15 and more an hour. This is also a good refresher course for physicians and medical office staff. Certificates will be issued.

Terry Rowen, coordinator, consultant to the medical field, former owner of a successful billing service.

Kris Hall, instructor, is a former student of Terry Rowen's Medical Insurance course. She currently owns a successful medical insurance billing service.

➤ **3 mtgs: Tue-Thu July 6, 8, 13**
6:45 - 9:45pm
Franklin Community Center rm 7
\$90 (plus \$40 materials fee
payable to the instructor in class)

Starting a Medical Billing Service From Your Home

Seq No: 12-0221-0513 Noncredit

(Medical billing knowledge or Medical Insurance Billing class recommended)

Most medical practices receive more than 70% of their income from insurance companies. Thus, billing services are big business. You will learn: How to obtain clients, setting fees, marketing to large groups in health care for free, and creating promotional brochures. Small individually owned billing companies can earn \$75,000 a year. Freelancers can earn up to \$25 an hour.

Terry Rowen, coordinator

Kris Hall, instructor

➤ **1 mtg: Thu July 15**
6:45 - 9:45pm
Franklin Community Center rm 7
\$45 (plus \$25 materials fee
payable to the instructor in class)

Medical Insurance Billing: Intermediate

Seq No: 12-021-0533

Noncredit

This workshop is intended for those who have taken the basic medical insurance billing course or for students who are already billers and want to further their knowledge in medical insurance billing. Health care providers contracting with HMO's, PPO's, & IPA's will also find it invaluable! In the workshop you will learn:

- The difference between HMO's, IPA's, & PPO's, the ins and outs of contracting with them, billing effectively
- Champus billing - rules, regulations and getting paid
- HCPCAS coding (hick picks) - when to use with Medicare
- Current trends or possible changes with insurance carriers, or medical billing at the time you are enrolled in class

Terry Rowan, coordinator

Jill Goebig, instructor, has been in the healthcare field for over 22 years, in management and administrative positions in both medical and dental practices in Hawaii and California.

> 1 mtg: Sat Jul 31

9am - 5pm

Redondo Beach Community
Resource Center, rm 8

\$89 (plus \$29 materials fee payable
to the instructor in class)

\$79 if taken with Medical Insurance
Billing: Beginning

Seq No: 12-021-0584

Computerized Medical Insurance Billing

Seq No: 12-021-0518

Noncredit

A hands-on introduction to using a computer for medical insurance billing, including electronic claims. Learn to input patient and insurance information, generate claim forms and patient statements. Computer terminology, setting up a typical practice, inputting procedures, fee schedule data base and patient information will be discussed. Recommended for those interested in starting a billing service or working in a medical facility. Certificate of completion will be issued. No previous computer experience required.

Terry Rowan, coordinator

Kris Hall, instructor

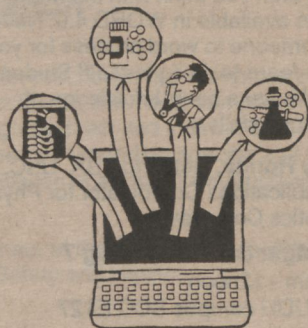
> 2 mtgs: Tue-Thu Jul 20-21

6:45 - 9:45pm

CSUDH campus SBS A104

\$89 (plus \$20 materials fee payable
to the instructor in class)

Optional Medical Insurance Billing
demo disk, \$20)



Business Management Strategy

Seq No: 05-061-0911 2.4 CEUs

Learn how to manage using many of the same techniques as offered in an MBA degree program. The same approaches to solving problems, starting up businesses and management styles used by MBA's can help you acquire the basic concepts and procedures to help you style your own management strategy and business plan. Apply these principles to your own company, or to your employer's firm.

Req. Text: *How to Write a Business Plan*, by Mike McKeever. 4th ed. Nolo Press.

Harry V. Redinger, MBA, business management consultant and author specializing in small to intermediate-sized services companies.

> **8 mtgs: Sat Jun 12 - Jul 31**

9am - 12noon

Franklin Community Center rm 8

\$245

Using WORD 4.0 Basics

Seq No: 07-011-0563 Noncredit

Never retype a document because of a "small" change again. No more struggling with hieroglyphic commands. Learn how to word process quickly and efficiently with Microsoft WORD 4.0 for the Macintosh computer. In this course, you'll learn the value of WYSIWYG (what you see is what you get) and how to create a variety of documents for all your needs: resumes, cover letters, term papers, recipes, and much more. It's easier than you think with the many options available in WORD 4.0. Never hire someone to word process for you again--learn to do it yourself! Students should have a basic knowledge of Macintosh skills.

Sandy Honda, instructor, BA, USC, is the Publications Coordinator for Physical Optics Corporation.

> **3 mtgs: Sat Jul 24 - Aug 7**

10am - 12noon

CSUDH campus SCC E127

\$39 (plus \$5 materials fee payable to instructor)

Advanced WORD 4.0 Methods

Seq No: 07-022-0564 Noncredit

Do you think you REALLY know how to use WORD 4.0 for the Macintosh? This class will test what you already know and teach you the rest. Learn how to create macros, perform print merges, create style sheets, combine two-column and three-column text into one document. Learn more efficient methods for everyday tasks. Students will learn these skills by practicing them on various documents such as newsletters and mass mailings. If you want to get the most out of WORD, this class is a must!

Sandy Honda

> **3 mtgs: Sat Aug 14 - 21**

9am - 12noon

CSUDH campus SCC E127

\$49 (plus \$45 materials fee payable to instructor)

Safety

Hazardous Waste Site Operations

Emergency Response 40 hour and 8 hour update

This Hazwoper course is designed to comply with 29CFR 1910, 120 and Cal/OSHA Hazardous Waste Operations requirements for Health and Safety Training.

Topics include:

- Environmental law overview
- Medical surveillance
- Hazard definition
- Basic toxicology
- Hazard communication
- Site safety planning
- Air monitoring
- Respiratory protection
- Personal protective clothing
- Decontamination

All participants will receive CFR/First Aid Certification

Danny Gammage, instructor, Onyx Environmental Company

Emergency Response 40-hour

> Section I

4 mtgs: Sat Sun Jun 12 & 13; 19 & 20

8:00am - 7:45pm

CSUDH campus SBS A210

\$425

Seq No: 12-011-0908 4 CEUs

> Section II

4 mtgs: Sat Sun Jul 24 & 25; 31 & Aug 1

8:00am - 7:45pm

CSUDH campus SBS A210

\$425

Seq No: 12-011-0918 4 CEUs

8-hour Annual Update

> 1 mtg: Sat Jun 5

8:30am - 5:45pm

CSUDH campus SBS A204

\$125

Seq No: 12-011-0909 .8 CEUs

Industrial Accident Investigation

Seq No: 12-011-0539 2.4 CEUs

Allows participants to increase skills in accident reduction in the workplace by learning to identify the sources and types of accidents, the major components of an accident investigation program and to recognize direct and indirect causal factors of accidents in the workplace as well as the corresponding specific and systemic corrective actions. Collection and identification of accident evidence will also be covered.

John A. O'Toole, PhD, REA, is a Safety Engineer at the California Department of Industrial Relations, Division of Occupational Safety and Health.

> 8 mtgs: Mon Jul 12 - Aug 30

6 - 9pm

Redondo Beach Community Resource Center rm 8

\$200 (plus \$55 materials fee payable to the instructor in class)

Speed Reading for Academic and Professional Materials

Entering 11th Graders through Adult and

Children's Reading Skills

Entering 1st Graders through Entering 10th Graders

In the adult program you will learn to double your reading speed in academic and professional materials, and triple your reading speed in correspondence, journals, and recreational reading. You also will learn comprehension, concentration, and recall techniques which will enable you to remember more even though you are reading much faster.

In our series of enrichment reading skills programs for children, your son or daughter will develop fluency, comprehension, reading speed, vocabulary, and study skills. In addition, we will help to instill a love of reading and the lifelong habit of reading for pleasure.

Instructors: These extremely effective programs are taught by instructors from the Institute of Reading Development, whose professional instructors have been teaching these classes for the past 24 years. The Institute provides reading instruction to most of the state universities in the western United States, teaching more than 30,000 students each year. The Institute has also enjoyed great success teaching the adult program to technical, financial, sales and management personnel for many of the nation's leading corporations, such as IBM, Hewlett Packard, and Autodesk.

Tuition is \$198 for first family member, \$186 for subsequent family members

Summer 1993

Schedule

Entering 1st or 2nd graders

Seq No: 15-992-0537

- > 5 mtgs: Wed Jul 7 - Aug 4
9am - 12noon
CSUDH campus SBS G126
\$198

Entering 3rd or 4th graders

Seq No: 15-992-0538

- > 5 mtgs: Tue Jul 6 - Aug 3
1:30 - 4:30pm
CSUDH campus SBS B231
\$198

Entering 5th, 6th or 7th graders

Seq No: 15-992-0539

- > 5 mtgs: Wed Jul 7 - Aug 4
1:30 - 5pm
CSUDH campus SBS D125
\$198

Entering 8th, 9th or 10th graders

Seq No: 15-992-0540

- > 5mtgs: Wed Jul 7 - Aug 4
1:30-5pm
CSUDH campus SBS E220
\$198

Entering 11th or 12th graders, college students and adults

Seq No: 15-992-0541

- > 5 mtgs: Wed Jul 7 - Aug 4
6:30 - 10pm
CSUDH campus SBS F121
\$198

Looking for a morning class for your children to attend? See "Art Through the Family" on page 15.

Wee Read Together

Seq No: 15-992-0542 Noncredit

Parents! Would you like to create an appetite for reading in your child? You can start now by introducing your child to the wonderful world of children's literature. Learn to increase your child's awareness of his world; prepare him for reading comprehension, and above all, teach him to love reading while becoming a connoisseur of children's literature yourself.

Helen Evans, instructor, holds a BA in English Literature from CSUDH and teaches reading for the Torrance Parks & Recreation Department, the Palos Verdes Art Center and the Redondo Beach Park & Recreation Programs.

> **1 mtg: Sat Jun 19**

9am - 12noon

Redondo Beach Community
Resource Center rm 7

\$20 (plus \$6 materials fee payable to the instructor in class)

Art Through Your Family

Seq No: 08-310-0578 Noncredit

Your family will work together on three fun and easy family-oriented art activities. The course is structured to reinforce family unity and important family values. The art projects, a family logo on a t-shirt, a family crest, and a personalized, framed family portrait, involves all family members--children and adults.

Bernard W. Baker, MFA, design, is a professor of art at CSUDH and has also been an instructor at Northern Illinois University.

> **3 mtgs: Tue Jul 20, 27 & Aug 3**

9am - 12noon

CSUDH campus HFA A115

\$35 first person (plus \$5 each materials fee payable to instructor)

\$15 each additional family member.

How to Learn Anything Fast

Seq No: 08-993-0908 .5 CEUs

If you are an Employer, Employee, College Student, Adult Returning to School or Work, or High School Student:

Learning is not about being smart! The only smart part is knowing the strategies which successful people use to quickly and easily learn any skill. Stress-free learning is a reality, not a dream.

After this class you can consider yourself a memory expert, knowing exactly "how to learn" and remember anything. You will be able to take charge of your brain and actually cut your learning time in half and teach others to do the same. If you are an employer, you will be able to increase productivity and business because employees will easily learn new skills and be able to use expert memory techniques on the job. Self-image also improves vastly.

If you have ever felt blocked in being able to learn a foreign language, math skill, spelling, university coursework or business-related information, this seminar is for you.

Discover powerful strategies to:

- Learn faster and easier
- Develop a super memory
- Double your reading speed
- Triple your vocabulary
- Learn any new job skills
- Reduce study time

Pat Mavredakis, MA, CSULA, is founder/president of Discoveries in Learning, and is a former reading specialist in Los Angeles and San Gabriel School Districts.

> **1 mtg: Sat Jul 31**

10am - 4pm

Redondo Beach Community
Resource Center rm 7

\$49 (plus \$12 materials fee payable to instructor in class)

Beginning Japanese Conversation

Seq No: 11-051-0507 Noncredit

Designed for those who want to learn Japanese conversation quickly and efficiently. Students will learn greetings, functional speech and basic sentence structure using a unique phonics manual. By the end of the course, students will also be able to construct hundreds of conversational sentences. Ideal for those who plan to visit Japan or who work for a Japanese corporation.

Hiroshi Moriyasu, instructor, is a graduate of the University of Arkansas where he received a BA in English, and has worked as a teacher of English and Japanese for 14 years.

> 6 mtgs: Thu Jun 3 - Jul 8

6:30 - 8:30pm

Franklin Community Center rm 8
\$65 (Plus \$3 materials fee payable to instructor in class)

Intermediate Japanese Conversation

Seq No: 11-051-0509 1.8 CEUs

This class is for those who have some knowledge of sentence structure in the Japanese language. The class is focussed on routine speaking situations such as daily tasks, greetings, restaurant dialogue, office talk, etc., with intensive substitution drills.

Hiroshi Moriyasu, instructor

> 6 mtgs: Thu Jul 15 - Aug 19

6:30 - 8:30pm

Franklin Community Center rm 8
\$65 (plus \$3 materials fee payable to instructor in class)

Learn, Live and Love Spanish in Cuernavaca, Mexico

3 or 4-week sessions July 3 - 24 or July 3 - 31

Intensive Spanish Language Immersion Program specifically designed to develop conversational fluency in the shortest possible time. Three units university credit. Daily 2-hour study of professional terminology available.

For more information, call (310) 516-3746.

American Language & Culture Program

The American Language & Culture Program (ALCP) is an intensive English program designed for international students at all levels. The Program offers:

- Intensive English instruction; 4 - 5 hours a day, five days a week (16 week semester). Classes cover reading, grammar, writing skills, pronunciation, conversation and culture skills.
- Seminars, field trips, social events to introduce students to American culture.
- Full use of all campus facilities including the Student Union, library, gymnasium, tennis courts, swimming pool and computer labs.
- I-20 issued for academically qualified students
- and more.

The ALCP also organizes special short-term training programs combining an academic area (Education, Business, Computers, etc.) with language skills development. Agencies or businesses with special training needs are encouraged to contact the ALCP with their program specifications. Call (310) 516-3830 for more information.

Beginning Guitar Workshop

Seq No: 10-041-X122 1 ext unit

Learn the rudiments of guitar playing including chords, strums, finger picking and reading music. Popular styles as well as classical technique will be presented. Entertain family and friends at home or at parties!

William Davila, MA, host, *Noon Concert*, KPFK-FM, recording artist and music award winner.

➤ **10 mtgs: Tue June 15 - Aug 17**
7:30 - 9:30pm
CSUDH campus HFA A204
\$100

Contemporary Guitar Workshop

Seq No: 10-041-X322 1 ext unit

Prerequisite: *Previous experience or consent of instructor*

Develop your own guitar skills and enhance your performance in classical, jazz or rock music. Learn to visualize patterns and develop advanced techniques. Scales, modes, arpeggios and chord construction emphasizing altered tones will be covered. The entire fingerboard is included.

William Davila, MA

➤ **10 mtgs: Tue Jun 15 - Aug 17**
7:30-9:30pm
CSUDH campus HFA A204
\$100

OMNIOLORE SOCIETY

Over 50? ("seasoned?") Like to stretch your mind?

Enjoy Intellectual discussions?

Omnilore Society South Bay Study/Discussion Group meet mornings every other week for two hours. The curriculum is limited only by the imagination of the membership. **Omnilore** is a *Learning in Retirement Institute* affiliated with **ALIROW** and *Elderhostel* Institutes. Noncredit, self-directed.

Interested?

Summer discussion begin mid-June at the Redondo Beach Community Resource Center, 320 Knob Hill Avenue at Pacific Coast Highway, Room 7.

Phone (310) 540-6011 or

write to:

Omnilore

P.O. Box 7000-236

Redondo Beach CA 90277



Bobrow Test Preparation Services

This test preparation company originated at California State University, Northridge, by request of the student body in 1973. Since then it has assisted more than 500,000 students in preparing for the college and graduate entrance examinations. By request only, these programs are now offered at 30 universities, colleges, and law schools.

The staff is composed of attorneys, CPAs, math and reading specialists and other expert instructors who are fully credentialed and have advanced degrees. The programs are constantly updated for the most recent forms of the exams.

Fees paid for these test preparation courses do not include payment and registration for the actual exam. For information on registration for the exam, call the CSUDH Testing Office at (310) 516-3909.

**STUDENTS MAY REPEAT THE
CLASS AT NO CHARGE.**

GMAT (Graduate Management Admission Test) Review for 6/19 Exam

Seq No: 05-011-0540-02

Various areas of the GMAT exam will be carefully explained and analyzed. Special emphasis will be placed on a review of mathematics including: basic arithmetic, algebra, geometry, symbols and terminology, and graph reading.

GMAT Review for the June 19 Exam

> **3 mtgs: Sat May 22, Jun 5, 12**

9am - 3:30pm

CSUDH Campus SAC 1102

\$175

SAT (Scholastic Aptitude Test) Review for 6/5 Exam

Seq No: 08-000-0505-01

The SAT sessions are a series of workshops designed to give the potential college student an edge in doing his/her best on the college entrance exam. Emphasis will be placed on the mathematical ability section of the exam with verbal analogies, antonyms, sentence completion, and reading comprehension also analyzed. Students will be given a number of short-form tests, giving them practice in actual testing conditions.

3 mtgs: Sat May 8, 15, 22

9am - 12:30pm

Redondo Beach Community
Resource Center rm 7

\$115

CBEST (California Basic Skills Test) Review for 6/12 Exam

Seq No: 08-011-0520-03

Reading, comprehension, essay writing and mathematics will be carefully explained and analyzed in preparation for these sections of the test. Special emphasis will be placed on a review of mathematics including: basic arithmetic, algebra, geometry, symbols and terminology plus graph reading.

➤ **3 mtgs: Sat May 15, 22, June 5
(no class 5/29)**

9am - 3pm

CSUDH campus SAC 1104

\$155

LSAT (Law School Admissions Test) Review for 6/14 Exam

Seq No: 08-000-0529

Analytical Reasoning, Logical Reasoning, Reading Comprehension and the Writing Sample sections of the exam will be covered. Important insights into the type of questions and timed testing practice will be included.

➤ **3 mtgs: Sun May 16, 23, Jun 6 (no
class 5/30)**

9am - 3:30pm

CSUDH campus SCC L149

\$175

NTE (Multiple Subjects Assessment for Teachers - MSAT) Review for 6/12 Exam

Seq No: 08-000-0545

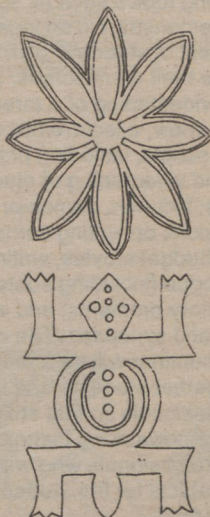
New Multi-subject exam questions, types and formats, strategies and techniques for multiple choice and constructed response questions on science, math, social science, English, language arts, physical education, visual and performing arts and human development sections of the exam requirements.

➤ **3 mtgs: Sat-Sun May 22, 23 &
Jun 6**

9am - 3:30pm

CSUDH campus SCC K144

\$155



Hollywood Scriptwriting Institute Annual Summer Residency Program

Seq No: 10-101-0913 4.2 CEUs

Held at the Hollywood Roosevelt Hotel, this six-day seminar provides serious college-level writing students opportunities to learn directly from professional directors, writers, and producers of the film and television industries. Writers, producers, and directors also currently working in the field may attend to sharpen their writing skills and update their knowledge of the business. Twelve three-hour seminars, covering topics such as special effects (a demonstration on location), the enactment of students' own scenes from their manuscripts, attendance at a videotaping of a three-camera TV show, a lecture/discussion on pitching scripts, including practice sessions and videotaping of student's own pitches; lectures, demonstrations, and discussions on writing comedy; writing low-budget movies, writing screen dialogue (including subtext); correcting story problems; and writing treatments and synopses. The closing three-hour seminar will be a reception bringing together students and industry professionals so that students may practice networking techniques and meet professionals who will be valuable contacts for the students entering the field.

For information regarding hotel accommodations and an intermediate scriptwriting course, please call: (213) 461-8333 or 1-800-SCRIPTS.

Donna Lee, instructor, founded the **Hollywood Scriptwriting Institute** in 1976. She is the author of *A Million Laughing Gods* and *Magic Methods of Screenwriting*, seven motion pictures, two film adaptations, thirty-seven teleplays, and three stage plays.

> **6 mtgs: Mon - Sat Aug 16 -21**
9am - 5pm
Hollywood Roosevelt Hotel
\$950



Pain Management: Establishing a positive relationship with pain

Seq No: 12-011-0537 Noncredit

Do you ever hurt? Learn to deal with pain -- listening to it, moving through it vs blocking its release. Physical and emotional pains can be eased through the Mezieres Method. Back and neck pains have been especially helped by this process.

Ron Feuer, MFCC, instructor, has practiced the Mezieres Method for over 18 years.

> 2 mtgs: Sat Jul 17 & 24

10am - 12:30pm

Redondo Beach Community
Resource Center rm 7

\$45

Parenting - How to Do It Best

Seq No: 12-011-0538 Noncredit

Are you the best parent you can be? In this workshop you will explore parenting problems and learn effective alternatives. Topics may include:

- Loving your child and finding better ways to demonstrate it
- Improving communication & bonding
- Supporting your child emotionally
- Establishing boundaries, exploring conflicts, and discovering possible solutions
- Nurturing self-esteem

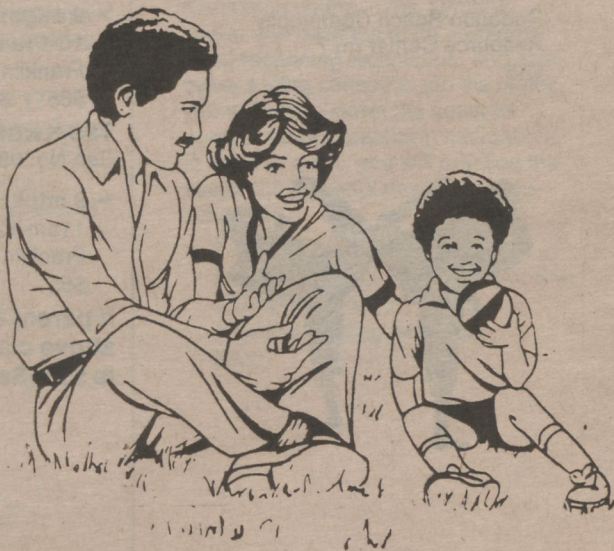
Ron Feuer, MFCC, instructor, is a licensed psychotherapist in private practice who has given many seminars and workshops on family relationships.

> 2 mtgs: Sat Jul 3 & 10

10am - 12:15pm

Redondo Beach Community
Resource Center rm 7

\$40



Chi Kong: Nurturing You and Your Body

Seq No: 08-370-0576 Noncredit

Focus on breathing and movement integrated with balance and relaxation using the ancient Chinese exercise system which relaxes the mind as well as the body, quiets the nervous system, aids circulation, improves flexibility, breathing and balance, develops concentration and memory and heightens energy. Participants will learn to slow down and listen to their bodies. To fully absorb the power of each exercise, slowing down is as important as the movement itself. When Chi Kong is fully learned, the entire sequence takes between 15 and 60 minutes to do and varies depending on an individual's level of ability and commitment. The goal of the class is to develop an efficient mind and body relationship, and Chi Kong nurtures this process without strain or stress.

Ron Feuer, MA, MFCC, is a licensed psychotherapist and expert on breathing therapy.

> **4 mtgs: Sat Jul 3 - 24**

9 - 9:50am

Redondo Beach Community
Resource Center rm 7

\$45



Tae Kwon Do for Children and Adults

Tae Kwon Do is an action philosophy in the form of self-defense which originated in Korea. Its goal is the harmony of mind and body. It is characterized by quick and elegant leg work, bringing the benefits of weight control, balance and flexibility to participants. Also through breathing exercises and Ki (energy) training, students gain self-confidence and increase their energy levels, self control and respect, coordination, balance and flexibility.

Tae Kwon Do forms are linear in motion and easy to follow, but are explosive in power because of the united mind and body techniques taught in the class.

Jamoon Song, instructor, is a Black Belt Tae Kwon Do Master with sixteen years practical experience and six years of teaching experience with adults, women and children. He is manager and instructor at the U.S. Tae Kwon Do Center in Lakewood.

Tae Kwon Do for Children

Seq No: 08-350-0582 Noncredit

> **9 mtgs: Sat Jun 12 - Aug 7**

10-11am

Franklin Community Center rm 7

\$65

Tae Kwon Do for Adults

Seq No: 08-350-0583 Noncredit

> **9 mtgs: Sat Jun 12 - Aug 7**

11am-12pm

Franklin Community Center rm 7

\$65

If parent & child sign up for the above classes, combined price is \$95 (Seq No: 08-350-0584)

Sailing

Internationally certified courses are designed to take you from novice to coastal cruiser. Thursday evening classroom sessions with U.S. Coast Guard personnel and certified sailing instructors provide a thorough learning of principles and theory of this increasingly popular year-round sport to prepare you for on-the-water practice. Each course consists of 12 hours of instruction made up of three 2-hour Thursday evening classroom sessions and three 2-hour on-the-water sessions in modern training boats. Weekend sessions will be scheduled with the instructor at the first session.

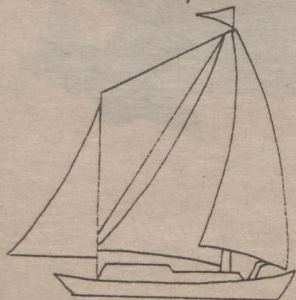
All classes meet at the American Sailing Academy, 291 W. 22nd Street, Suite 201, San Pedro, CA 90731, (310) 548-3412.

Basic Sailing

Seq No: 08-356-0579 Noncredit

For those with little or no sailing experience. Includes boat rigging, points of sail, docking and undocking under sail, tacking and gybing procedures, safety procedures, nautical terminology, knot tying, sail trim and boating rules of the road.

- > **3 mtgs: Thu Jun 3, 10 & 17**
7:30 - 9:30pm (plus 2 hours Sat or Sun TBA with instructor)
American Sailing Academy
\$300 (plus \$20 for text payable to instructor in class)



Intermediate Sailing

Seq No: 08-356-0580 Noncredit

Prerequisite: Basic Sailing

Builds on the knowledge gained in Basic Sailing. Provides information necessary for cruising safely on local/regional waters. Topics include heavy weather boat handling, reefing and sail trim, light air sailing, proper sail selection, anchoring, navigational aids, boating safety and waterway rules.

- > **3 mtgs: Thu Jul 8, 15 & 22**
7:30 - 9:30pm (plus 2 hours Sat or Sun TBA with instructor)
American Sailing Academy
\$300

Advanced Sailing

Seq No: 08-356-0581 Noncredit

Prerequisite: Basic and Intermediate Sailing

Explores advanced topics used in racing and ocean cruising including navigation charts, tools, symbols, speed and distance math problems, dead-reckoning techniques, and spinnaker sailing concepts. On the water, you will cruise down the coast to another harbor practicing navigation. In another class, you will practice the use of the powerful downwind spinnaker sail.

- > **2 mtgs: Thu Aug 12 & 19**
7:30-10pm (plus 3 hours Sat or Sun TBA with instructor)
American Sailing Academy
\$300

Flying

So You Want to Become a Pilot

Seq No: 08-350-0585

Noncredit

How do I become a pilot? Where do I begin? These and other questions will be answered in this one-day seminar covering the steps to becoming a private pilot: FAA medical, age requirements, required written and flight tests, flight training and ground school. Job opportunities and publications will also be included.

Beth Ennis, CFI, is a flight instructor at South Bay Aviation.

➤ **1 mtg: Tue Jun 1**

7 - 9:30pm

Redondo Beach Community Resource Center rm 7

\$35

Private Pilot Ground School

Seq No: 08-350-0586

Noncredit

Everything you need to know to become a private pilot will be covered in this class: aerodynamics, aircraft systems and performance, weather, airspace, aeronautical charts, weight and balance, navigation, Federal Aviation Regulations, and flight physiology, plus preparation for the FAA private Pilot written exam.

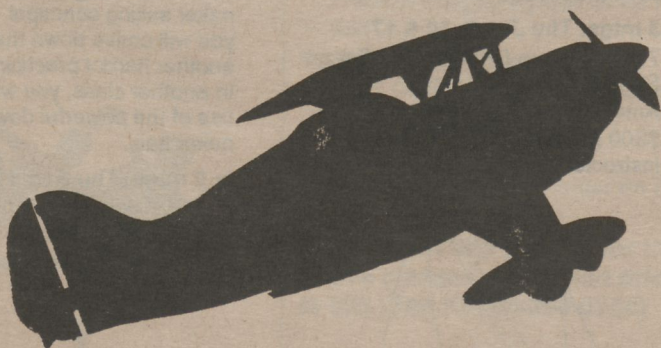
Beth Ennis, CFI, instructor.

➤ **9 mtgs: Thu Jun 3 - Jul 29**

6:30 - 9:30pm

Redondo Beach Community Resource Center rm 8

\$90 (plus \$55 materials fee payable to instructor in class)



Fitness For The 90's

This course provides individuals other than faculty, staff and students of California State University, Dominguez Hills, the opportunity to utilize selected athletic facilities during designated hours of the week. Any non-CSUDH student, faculty or staff member must enroll in this course in order to utilize the fieldhouse or gymnasium locker rooms, the weight room, the swimming pool, the tennis courts or track.

There are two categories for enrollment in the course:

Full Membership

Seq No: 09-133-0510-01 Noncredit

Entitles individuals to utilize all of the above facilities during the designated hours posted.

\$120

Limited Membership

Seq No: 09-133-0510-02 Noncredit

Entitles individuals to utilize the locker rooms, track and tennis courts (does not include swimming pool or weight room usage).

\$40



Canoeing: Lake Tahoe/Truckee River

Explore one of California's most beautiful lakes in the Sierra Nevadas, with its clear blue waters, sandy beaches, and tree-lined shores. Emphasis is placed on basic canoeing skills instruction, including paddling strokes, maneuvering techniques, canoe loading and weight distribution, canoe camping, rescue techniques, and safety procedures. Opportunities will be available to explore the lake's shorelines and coves, Emerald Bay, Fannette Island (and the tea house,) the Vikingsholm, and Eagle Falls. On the third day, participants will canoe a 3 1/2-mile section of the Truckee River, a beginning "whitewater" challenge for the graduates of the lake portion of the course! Participants should be in good physical condition and have basic swimming skills. No prior camping experience is necessary. Materials fee: \$35 per person (canoe rental and transportation) is payable at the field trip meeting site. Participants furnish own food, camping equipment, and transportation. There will be no meeting prior to the field trip -- participants will receive an information sheet upon receipt of registration fees.

Chuck Reynolds has taught canoeing, wilderness survival, rescue skills, back-packing, scuba and skindiving for the past 18 years.

> **Section I:**

Seq No: 08-356-0558

3 days: Sun-Tue Jul 11-13

> **Section II**

Seq No: 08-356-0587

3 days: Thu-Sat Jul 15-17

\$125

Preregistration required

CSUDH Travel Study Programs invite you to fly away to new worlds!

Summer - Winter - 1993/94 Destinations:

Galapagos Islands - China - Hawaii - Alaska

Ireland - Eastern Europe - Belize - Indonesia

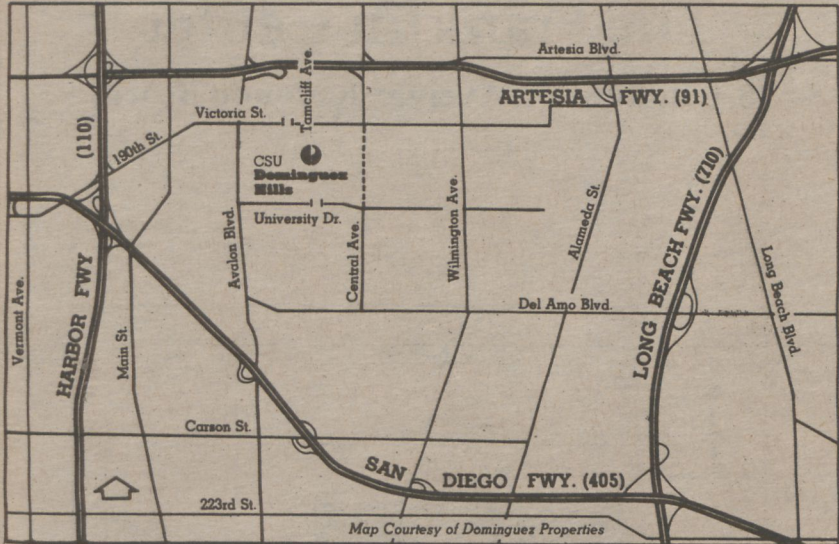
Australia - Brazil - Egypt - Morocco - Costa Rica

Patagonia/Chile - England - Nepal & Thailand



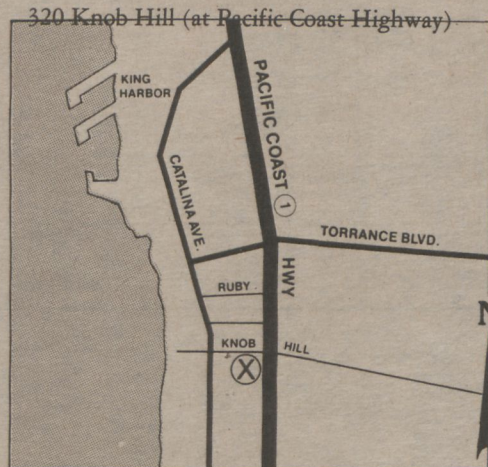
Write or call for complete Travel/Study Program itineraries and prices: (310) 516-3741

MAPS



Redondo Beach Community Resource Center

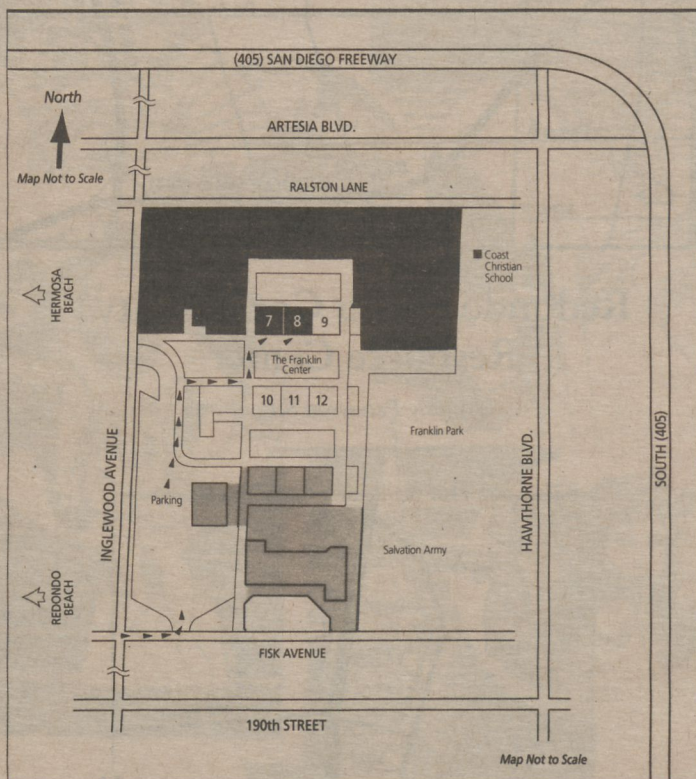
formerly Patterson School



Map

The Franklin Center

850 Inglewood Avenue, Redondo Beach



Registration

BY MAIL:

Complete the registration form and mail it with a check, money order or credit card authorization to: Extended Education, CSU Dominguez Hills, Carson, CA 90747. Make check payable to CSUDH Extension.

BY PHONE:

You may register with VISA or MasterCard by calling 310/516-3741 Monday - Friday, 8am - 6:00pm.

BY FAX:

FAX photocopy of the completed registration form to (310) 516-3971. Credit card registration only.

IN PERSON:

You can register at CSUDH Extended Education Monday through Friday, 8am - 6:00pm at room B141 in the Small College area on campus.

REFUND POLICY:

Refunds are not automatic: you must file appropriate forms in the Extension Office in order to receive a refund. Refund processing takes a minimum of 6 to 8 weeks, and is granted in accordance with State refund schedule: **If you withdraw prior to the first class meeting, 100% of the course fee will be refunded (less a \$5 processing fee for credit courses).** **If an Extension course is cancelled, the entire course fee will be refunded.** **If you withdraw after the first class and before the first 25% of the course has elapsed, 65% of the total is refunded.** **After 25% of the course time has elapsed, no refund will be made.** **Courses of four meetings duration or less, no refund.** Do not put a stop payment on a check to withdraw from a course. This results in a financial obligation to the University for the course fee, plus an additional \$10 charge.

Registration Form

Soc. Sec. No. _____		Birth Date _____	
Name _____			
Address _____			
City _____		State _____	zip _____
Day Telephone _____		Evening Telephone _____	
Course Title _____	Seq No _____	Units(if any) _____	Fee _____
Course Title _____	Seq No _____	Units(if any) _____	Fee _____
Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female			Total Fees _____

Payment Method

☐ Cash ☐ Check/Money Order ☐ MasterCard ☐ VISA

If credit card payment:

Card Number _____	Signature _____	Exp. Date _____
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FAX TO: (310) 516-3971.

MAIL TO: CSUDH Extended Education, 1000 E. Victoria St., Carson, CA 90747

Look Inside !

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- Education for Children & Adults pgs 14-21
- Your Family, Your Body pgs 22-23
- Travel, Fitness & Fun pgs 23-27

**Set your sights on learning this summer.
Don't miss out.**



2-425



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Dominguez Hills

DIVISION OF EXTENDED EDUCATION
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Carson, CA 90747

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