



We are
OLLI
OSHER
LIFELONG
LEARNING
INSTITUTE
Celebrating 20 Years

Spring 2023 Course Catalog
January-May

Message from Dean McNutt

College of Continuing and Professional Education, CSUDH



As we begin the new year, it's both a time to reflect on the past and envision an optimistic peek into the future. For OLLI at CSUDH, this year is going to be special because we will celebrate our **20th anniversary**.

It's hard to believe that OLLI at CSUDH has been a fixture on the Dominguez Hills campus and an educational outlet for seniors in our South Bay community for 20 years. In the past 2 decades, approximately 10,000 seniors have shared in the joy of learning. Two decades on campus provide multiple opportunities for reflections, including new friendships; knowledge gained; and increased cultural awareness through travels, including trips to Cuba, Paris, local winery tours, stadium tours, just to name a few.

A goal for 2023 is to return more of the OLLI programming back to the university, and more specifically, to CCPE classrooms. However, we are committed to running programming that is sensitive to our members' health and wellness needs. For the immediate future, we will increase our campus programming, but also offer courses in a high-flex modality. We will continue to monitor COVID and take every precaution to create a safe learning environment for our members.

Stay tuned for several 20th anniversary events over the next 12 months. Mark your calendars for celebrating **Black History Month** and the **Asian American Pacific Islanders Month**, as well as the reinstatement of the ever-popular **Poetry Fair**. Register early for the new classes including, **Islam for Beginners**, **A Generational Path to Aerospace Engineering**, **Urban Landscaping Made Easy**, just to name a few. More details will be forthcoming as 2023 unfolds.

Other goals for OLLI at CSUDH for 2023 will be to grow the membership to meet Osher Foundation requirements (minimum 500); develop further a culture of giving to foster sustainability for the Dominguez Hills program; develop new and exciting academic programs; and create outreach programs to tell the OLLI story seniors in our South Bay community and the importance to lifelong learning.

The OLLI Coordinator, Fawn Supernaw, will begin working with OLLI at CSUDH on a full-time basis beginning January 3, 2023.

We hope you will join us and bring a friend to our first **Open House** in 2023 on **Saturday, February 25th** at 10 am to Noon.

Remember, **Never Stop Learning!**





OLLI Spring Open House

March 25

Saturday | 10 am – 12 pm

Please join us in person to experience **A Taste of OLLI!** Meet new friends, visit with old friends and hear about the interesting and fun classes and activities coming up at

OLLI. Light refreshments will be served. We encourage you to invite friends age 50 and better to attend and learn what **OLLI at CSUDH** is all about.

Please register for this event at <https://csudholli-openhouse-sp23.eventbrite.com>.

Extra Extra! Read All About It!

We are planning some extra special celebrations throughout our 20th Anniversary year. Please make sure that you are receiving **OLLI Weekly Eblasts** since this is where we will announce our upcoming **Special Events**. If you need to update your email address, please call Jennifer, the OLLI Student Assistant at **(310) 243-3208**.

Juneteenth Celebration

In Recognition of the End of Slavery in the US

Thursday, June 15

Join us as we celebrate the cultural contributions that African Americans have made to American society. Date and details will be provided during the spring.

NEW! Community Events

We are pleased to announce a new bi-monthly community event, open to any and all who are interested in socializing and learning with OLLI members. Details to come.

OLLI 20th Anniversary Celebrations

Check your **OLLI Weekly Eblasts** for announcements regarding 20th Anniversary special events. **Register early** since space will be limited.

New Members Orientation

February 28 See page 28

Volunteer Orientation

February 28 See page 36

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Osher Lifelong Learning Institute
at California State University,
Dominguez Hills

Online Calendar
www.csudh.edu/OLLI/Calendar

 www.facebook.com/csudholli

 [olliatcsudh](https://www.instagram.com/olliatcsudh)

 [@osherlifelonglearninginsti2592](https://www.youtube.com/@osherlifelonglearninginsti2592)

For more information visit www.csudh.edu/olli, call the OLLI office at **(310) 243-3208**, or email us at olli@csudh.edu.

Osher Lifelong Learning Institute (OLLI)

There are 125 OLLI Institutes in 50 states and The District of Columbia. In 2001, the first OLLI was founded in Maine. In 2002, 18 colleges and universities were honored with an endowment to establish an OLLI or reimagine their Senior Programming. Our university, California State University, Dominguez Hills, was one of those 18.

Osher Institutes are not franchises and are not centralized in operations or governance. Each institute operates as an independent initiative of its host institution, with offerings tailored to meet the needs and interests of the community.

There is diversity among the grantees but there is a common thread among all institutes.

- Developed for seasoned adults
- University connection & support
- Opportunities for Volunteer Leadership
- Engagement of past and present faculty
- Peer leaders presenting
- A varied repertoire of intellectually stimulating courses
- A community of lifelong learners and new lifelong friends

Thank you, Bernard Osher Foundation for your commitment and leadership.

www.osher.net



*A Message from OLLI Coordinator
Fawn Supernaw*

Come for the classes, stay for the friends!

OLLI at CSUDH is much more than a place where seniors come to partake in a variety of courses. OLLI is a family of diverse lifelong learners who share adventures and experiences. Friendships are forged within this community each year, along with memorable moments through study, discussion, play, travel, special events, and more. Members are the heart of OLLI@CSUDH, and its eclectic curriculum is provided by volunteers who are university professors, alumni, and community and OLLI members, offering their experiences, special interests and knowledge.

OLLI at CSUDH is entering its 20th year on this beautiful, continually evolving university campus. Let's celebrate by remembering its history, members, leaders, and experiences that molded OLLI at CSUDH into the learning community that it is today. As we reflect on the past, we also look to the future and the exploration of unique strategies to grow our membership by sharing the joy of OLLI at CSUDH with the surrounding community.

***Fawn Supernaw** is an employee of CSUDH, reporting to the Associate Dean of the College of Continuing and Professional Education (CCPE). Before taking this leadership role at OLLI, she was the Program/Academic Coordinator of the English as a Second Language Department at CSUDH.*

What is the OLLI Coordinator responsible for?

- Successfully Implementing OLLI programming
- Providing leadership to the volunteer committees and membership and ensuring that policies and objectives for the organization are known and followed
- Overseeing daily OLLI at CSUDH operations
- Being the liaison between OLLI, CCPE, the University, and the OSHER Foundation
- Developing resources in the community for funding, membership growth opportunities, and strengthening the OLLI at CSUDH brand
- Overseeing the funding, budgeting, and grant reporting
- Creating leadership opportunities for OLLI members
- Uncovering professional development and team-building opportunities for the volunteer committee members and leaders
- Reporting to the Associate Dean of CCPE, OLLI goals, concerns and needs on a regular basis



Lifelong Learning at CSUDH is a membership organization for those individuals age 50+ who are seeking intellectual and social activities. These activities include short courses on a variety of topics, peer-led courses, discussion groups, field trips, computer workshops, social gatherings and cultural events. Learning takes place

in a supportive environment without concern for grades, tests, or requirements.

Membership Benefits

OLLI members enjoy many benefits inherent in student status.

- Participate in discussion groups on a variety of topics each term
- Enroll in special interest, technology and other workshops designed for lifelong learners
- Attend short courses and participate in field trips
- Receive email notifications about OLLI and on-campus events
- CSUDH library privileges and bookstore discounts are included with OLLI membership. For an additional \$5 you can also receive a CSUDH student ID, apply through the CSUDH website
- Most classes are offered in-person, some are hybrid format, available both in person and via Zoom. A few are offered online via Zoom only
- Receive a digital OLLI catalog each semester
- Participate in University and other selected Extended Education programs for reduced rates
- Become involved in determining OLLI curriculum and events
- Email account at ToroMail
- Reduced annual parking pass fees (See page 40)

Joining has never been so easy.

The Annual OLLI membership is **\$30**. Nominal fees for most courses and activities help support interesting and innovative programming.

Dates and times for courses are listed with course descriptions in this catalog.

Registration: Complete the Membership Form included in this catalog. Then complete the Course Registration Form and total the fees for the courses you have selected.

- Return completed forms and fees to **OLLI Registration Office 1000 E Victoria St., CCPE-1100 Carson, CA 90747, OR**
- Mail completed forms and fees to the address above, OR
- Call the Registration Office at **(310) 243-3741, option 1** and pay by credit or debit card.





Celebrating 20 Years

Classes, Lectures, Workshops and More!

Osher Lifelong Learning Institute at California State University, Dominguez Hills, is celebrating its 20th year of operation in the College of Continuing and Professional Education (CCPE). CSUDH and CCPE's vision of lifelong learning creates a supportive environment for our OLLI to grow, and provide intellectually stimulating courses to our members.

CCPE provides OLLI with state-of-the-art classrooms and modernized technology. IT will provide training to any Member who wants the ability to use technology like their grandkids. Curiosity never retires!

OLLI course topics range from art to science, language, literature, history, and culture. Activities include special events for socializing and celebrating, and field trips to local places of interest.

The University has many resources which include a library, food court, restaurant, and bookstore. Involvement in University activities is one of the many benefits of OLLI.



NEW! Urban Landscaping Made Easy

Prerequisite: Must love urban farming and gardening.

Urban landscapes are all around us and setting them up for success is as easy as 1-2-3. Learn how healthy soil, proper plant selection, and irrigation sets the stage for beautiful sustainable urban landscapes. Starting from the ground up you can help any urban landscape not just survive, but thrive, in our ever-changing climate.

Instructor: Alicia Salmeron

Alicia is a CSUDH alumna (BA) and she is in her last year of graduate school at CSUDH (MA). She currently is the Farm Manager at Mudtown Farms in Watts, South Central LA. She has a passion for urban landscapes, growing food, our ever-changing climate, and soil. Her field of study is soil health and infiltration. Her goal is to help educate and share the knowledge she has gained over the years to help improve our individual microclimates (our urban landscapes). A small change can make a big difference.



February 21

Tuesday | 3:30 pm – 4:30 pm

Zoom link: <http://bit.ly/3hpJVFw>

Fee: \$10

NLLL 352 Section 02

CRN 28391

Save the Dates!

MEET THE AUTHOR

■ **Damien M. Sojoyner:**
**Joy and Pain: A Story of
 Black Life and Liberation
 in Five Albums**

Thursday, February 16

See page 18

■ **Irving Lubliner:**
**Only Hope: My Mother
 and the Holocaust
 Brought to Light**

Thursday, March 30

See page 15

■ **Kathleen Brown-Noblet:**
A Writer's Journey

Thursday, April 20

See page 16

■ **Donald Hata:**
**Exploring the Japanese
 Americans World War II
 Experience Through
 the Eyes of an Insider**

Thursday, May 18

See page 21

March 2, 9, 16, 23; April 6, 13

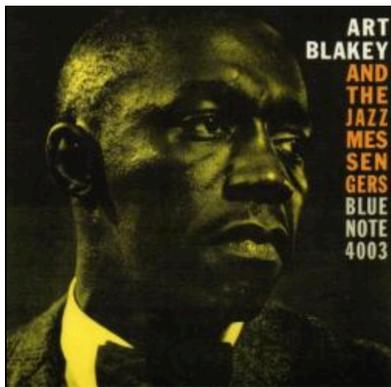
6 Thursdays | 10:00 am – 12:30 pm

In Person | CCPE- 1213

Fee: \$10

NLLL 152 Section 03

CRN 28387



**Classic Jazz 111:
“Jazz washes away the dust of everyday life”
– Art Blakey**

This six-session series is a continuation of our Classic Jazz series, where we examine the world of Jazz through the eyes and ears of an avid enthusiast. Audio and video selections will be extensively utilized, along with discussions of the music, the performers, and the literature.

Instructor: Chet Hanley

The following subjects will be addressed:

- March 2 | 1959 What a Year for Jazz!**
- March 9 | Jazz A through Z, Part 3**
- March 16 | Women in Jazz—a Re-Examination**
- March 23 | Classic Jazz Collaborations**
- March 30 | No Class— Spring Recess**
- April 6 | Profiles of selected jazz artists**
- April 13 | Voice your choice: you select the artist to be profiled**

February 9

Thursday | 10:00 am – 11:50 am

Hybrid | CCPE- 1217

Zoom link: <http://bit.ly/3Fo51My>

Fee: \$10

NLLL 152 Section 01

CRN 28385

NEW! Keys and Steps to a Fulfilled Lifestyle – One Musician’s Adventure



How I was able to create an interesting life in various stages. My journey from a dream in my mind to an excellent musician who travels the world with his son.

Instructor: Ricky Washington

Ricky began his career as a music teacher at Los Angeles Unified School District, and has been a professional musician for the last fifty years. Ricky is also an author;

you can find three of his poetry books on Apple. His hobbies are running marathons and writing poetry.

Opera Decoded: Coming to a Stage Near You

In today's environment, music, and specifically operatic music, can be uplifting. In our time period, LA Opera presents a series of Operatic music, performances, behind the scenes, actors, costumes, make-up, and the history of opera. Each lecture class will compose its own topic and speaker who presents lectures and videos of previous performance.

A glimpse into what's next with LA Opera:



February 9 | The Marriage of Figaro

Something old, something new, something borrowed and something... threatening to throw Figaro's wedding plans into disarray. Count Almaviva's wandering eye has landed on his wife's maid Susanna, who's about to marry his own manservant Figaro. Racing against the clock, Figaro quickly concocts a plan to outwit his master. Will the wily duo outwit the Count in time to save the day?

March 23 | Pelléas and Mélisande

Lost in the forest, a prince encounters an ethereal beauty with a mysterious past (and lush locks that would make Rapunzel envious). But after she's brought home to his family, she begins to grow increasingly close to his handsome younger brother.

April 13 | Specialty Talk: TBD

May 11 | Othello

Verdi meets Shakespeare in the crowning achievement of Italian Opera. Othello is a beloved leader, a distinguished military commander and a devoted husband. But when an envious subordinate introduces the notion—just the slightest whispered hint—that Othello's wife Desdemona might possibly be unfaithful, it's enough to send him into a downward spiral of fury and murder.

February 9, March 23, April 13, May 11

4 Thursdays | 1:15 pm – 3:15 pm

In Person | CCPE- 1209

Coordinator: LA Opera Educators

Fee: \$10

NLLL 152 Section 02
CRN 28386



Important Announcement: Renew Your OLLI Membership

To participate in OLLI courses your membership must be current. The cost is only \$30 for an annual membership. If your membership has lapsed, please sign up as soon as possible. If you aren't sure whether your membership is current, call the OLLI Office at **(310) 243-3208**. Please make checks payable to **CSUDH**.

NOTE: OLLI is pleased to offer **Social Tennis for Seniors** and **T'ai Chi Chuan for Beginners** to focus on learning experiences that optimize brain fitness and promote physical fitness through exercise and coordination. Have fun!

January 31 – May 26

Tuesdays & Fridays

9:00 am – 11:00 am

In Person | CCPE Tennis Courts

Fee: \$15, + \$5 materials

NLLL 355 Section 01

CRN 28360



Social Tennis

The game of tennis is a lifetime sport. We are a group with many different attributes who enjoy a moderate level of physical activity. The tennis class has wonderful benefits, just to name a couple:

- It's fun and the social interaction is great.
- We participate in medium stretching and warm-up exercises.
- Instructions are easy.
- We gain knowledge of tennis rules and tennis etiquette.

We continue to learn the essentials of doubles tennis beginning with the classic grip, forehand, backhand, serve, volley, topspin, drop shot, and partner teamwork. To get started, have a tennis racket available, bring water, wear comfortable clothing, sunglasses, and a cap.

Instructor: Donald Means

February 3, 10, 17, 24; March 3, 10, 17, 24; April 7, 14, 21, 28; May 5, 12

14 Fridays | 10:00 am – 11:30 am

In Person | CCPE-1222

Maximum enrollment: 15

Fee: \$15

NLLL 355 Section 03

CRN 28362

Tai Chi Chuan for Beginning & Intermediate Students



Tai Chi is a centuries-old Chinese martial art based on the Taoist philosophy of Yin and Yang. In this class, we will explore the slow, continuous movements of Yang style Tai Chi, which is accessible to everyone regardless of age or physical ability.

Join us in exploring this ancient art, which is still practiced worldwide today, known to bring about strength and energy, optimum health and body awareness, improved balance and coordination, relaxation and stress reduction, and community and lasting friendships.

Please wear comfortable clothes and flat shoes.

Questions? Please email Linda: donlin@earthlink.net.

Instructors: Linda Kahn & Jerry Larson

Fun & Games

This class is all about having fun, friendship, and “exercising” our brains! An assortment of games will be provided but class members are encouraged to bring their own games. We’ll have on hand “brain games” along with such favorites as Mexican Train (a dominos game), Scrabble, Tripoley, Rummy Tiles, Jenga, Cribbage, Chess, playing cards, and coloring books, to name a few. We’ll break into groups and play familiar games and learn some new ones.

Facilitator: Valerie Dingwell



**February 3, 17; March 3, 17;
April 14, 28, May 12, 26**

8 Fridays | 11:30 am – 1:30 pm

In Person | CCPE-1209

Fee: \$15

NLLL 355 Section 02

CRN 28361



NEW! Preventing Heart Disease, Cancer & Alzheimer’s Disease

Learn how diet and exercise can prevent the major degenerative diseases in the USA which are the major causes of death in seniors; including Heart Attack, Stroke, Cancer, Diabetes and Alzheimer’s. Most of these diseases are not genetic and are preventable. Understand which foods promote excellent health and how to develop a health-oriented diet and reduce the need for prescription drugs which generally do not cure the disease.

Instructor: Wendell Covalt

Wendell has a BS in Civil Engineering from Purdue University, an MBA from Indiana University, and is also a Certified *Food Over Medicine* Instructor. He has been giving lectures over 10 years for Princess Cruises, OLLI CSU Long Beach, and other venues, and has 45 years health & fitness experience and lives in Redondo Beach.

February 27 & March 1

Monday & Wednesday

10:00 am – 11:50 am

Zoom link: <http://bit.ly/3Yn2UkG>

Fee: \$10

NLLL 355 Section 04

CRN 28363

**February 7, 14, 21, 28;
March 7, 14, 21, 28**

8 Tuesdays | 1:15 pm – 3:15 pm

In Person | CCPE- 1210

Fee: \$15

NLLL 355 Section 05
CRN 28368

Crocheting for Health

Let's complete a project for Fall! Crocheting is a part of our health living series. It stimulates our brains and can promote mental health by reducing stress. Class times are scheduled to allow a solid beginning in the art and skill of crocheting, as well as for feedback on progress.

Instructor: Eula Slater



April 24; May 1, 8

3 Mondays | 1:15 pm – 3:15 pm

Hybrid | CCPE-1210

Zoom link: <http://bit.ly/3uRkpME>

Fee: \$10

NLLL 355 CRN 28392

Aging Gracefully and Gratefully

This class is designed for Seniors to share and compare areas that we all will experience as we age. Each experience is different so we learn from each other. Aging is inevitable. As we study and examine what the experts have to say about aging, we learn from each other by sharing our individual experiences. Attitudes, decisions, choices and acceptance are guidelines that assist us on this road called “aging”. Class participants are encouraged to suggest additional aging issues that are affecting them. We will discuss and explore various concepts, share techniques and consider how to age “gracefully and gratefully”.

Instructor: Frankie Stewart

*Attitude
Appreciation
Adaptation*

Session 1: Health

- Mental, Physical, Emotional Health
- Losses – Senses (Seeing, Hearing, Tasting, Feeling, Smelling)
- Bereavement (Loved Ones)
- Dementia (Alzheimer’s Disease, Senility)
- Elder Abuse (Hotline: 877/477-3646)

Session 2: Personal

- Diet (Weight Gain/Loss)
- Exercise
- Sleep Habits
- Intimacy
- Spirituality/Religion

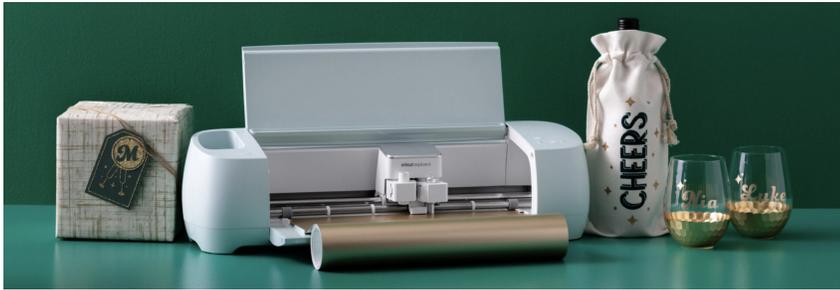
Session 3: Business

- Retirement
- Wills/Family Trust
- Finances (Will you outlive your money?)
- Fraud
- Legacy: What will we pass on?

NEW! Crafting with the Cricut for Seniors

Come join OLLI members to create projects with Cricut Cutting Machines. Beginners to professional users can enjoy this time together. Please bring your own Cricut, laptop, and materials.

Facilitator: Norma Bates



**February 3, 10, 17, 24;
March 3, 10, 17, 24;
April 7, 14, 21, 28;
May 5, 12, 19, 26**

16 Fridays | 2:00 pm – 4:00 pm

In Person | CCPE-1210

Fee: \$15

NLLL 151 Section 01
CRN 28384

Let's Read a Play!

No stage or acting experience is required. Join our virtual class and have some fun and the chance to “polish” your dramatic skills. We hope you will enjoy the same interactive approach as the classroom experience of cold readings. Expect lively discussion regarding meaning and content of each play. Parts will be assigned during the first 10-15 minutes of each class.

February 1 & 8 – John by Annie Baker

March 1 & 8 – The Mouse Trap by Agatha Christie

April 5 & 12 - The Odd Couple by Neil Simon

May 3 & 10 – School of Scandal by Richard Brinsley Sheridan

Facilitator: Susan Washington

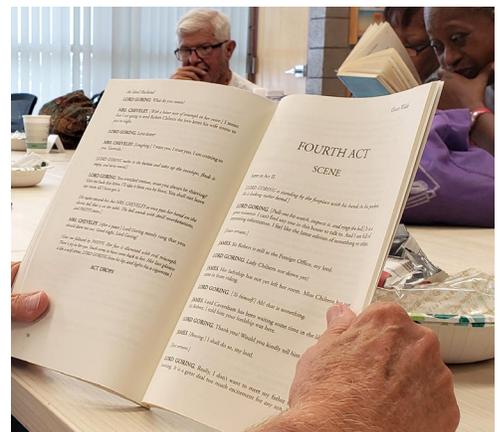
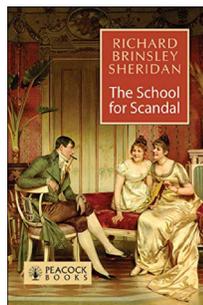
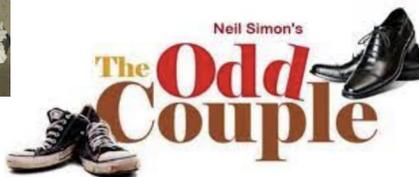
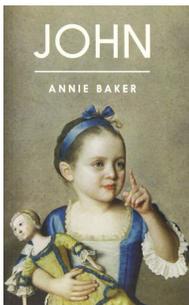
**February 1, 8; March 1, 8;
April 5, 12; May 3, 10**

8 Wednesdays | 1:15 pm – 3:15 pm

Zoom link: <http://bit.ly/3UZ2H4j>

Fee: \$15

NLLL 154 Section 01
CRN 28369



February 2

Thursday | 10:00 am – 12:00 pm

In Person | CCPE - 1210

Fee: \$10

NLLL 280 Section 01

CRN 28374



NEW! 75 Days of India

In this talk Anita Razan will share her cultural heritage experiences through photographs taken during her 75 Day trip to India.

Her 30-minute film portrays India through the lens of a partial insider who speaks two languages from India. It is a dignified response to some of the images shown by National Geographic. The film will be introduced by Anita and followed by stories from the trip and how that journey made the film possible. Finally, it will be opened to Q&A.

Presenter: Anita Razan

A long-time resident of Southern California, Anita is a mother of two, a writer and an artist. She is the daughter of immigrants but has remained connected to India. She is always eager to share the marvels of that faraway place.



Invite a Friend!

- The **OLLI Open House** and our new bi-monthly “**Community Events**” are open to the public. An Interest Form must be filled out by all non-members prior to attending these events.
- Lectures in the **Black History Month** and **Asian Pacific Islander Heritage Month** series are also open to the public. Each course has a \$10 fee. Please call the registration office at **(310) 243-3741, option 1** to register today.

NEW! Islam for Beginners— Culture and Religion

If you ever wanted to learn about Islam and Muslims and understand the faith practiced by nearly two billion people around the world then this course is for you. Not only will you learn the basics of the beliefs, practices and cultural diversity in Islam you will also understand why Islam is one of the fastest growing religions in the world today.

Some topics to be discussed include: Are women second class citizens in Islam? What does Islam say about today's social issues? How do Muslims feel about other religions? What is Jihad? What is an example of Islamic art? This class will cover these topics and more with plenty of room for questions.

Included in this lecture will be a general overview of Islamic culture and costume. Great course for those interested in traveling to Muslim predominate countries. A course not to be missed!

Instructor: Sophia Momand

Dr. Sophia Momand has always had a love of learning and teaching especially when it comes to something as misunderstood as Islam. Graduating from UCLA she currently works as a family physician serving the 17,000 students of CSUDH in the Student Health Center. From her love of helping people she mentors a club on campus called H.O.P.E. (Homeless Outreach Promoting Empathy) taking students with her monthly to medically serve the local homeless population. She currently enjoys playing cello in the Peninsula Symphony Orchestra as well as in her own baroque orchestra called The Corelli Ensemble which performs baroque music concerts for the public. Her other hobbies include astronomy, bike riding and gardening.

February 9, 16, 23

3 Thursdays | 2:00 pm – 3:00 pm

In person | CCPE-1210

Fee: \$10

NLLL 155 Section 01

CRN 28394



**February 27; March 6, 13, 20;
April 3, 10, 17, 24; May 1, 8**

10 Mondays | 4:00 pm – 5:00 pm

Zoom link: <http://bit.ly/3HBFuCd>

Fee: \$15

NLLL 154 Section 06

CRN 28376

Conversational French

The instructor will facilitate, encourage, and aid advanced beginners and intermediate students to engage in open-ended conversations. Prerequisite: Have had recent French lessons with a French instructor and had an immersion experience, or close to intermediate competence. (No beginners.) Themes will be based on various familiar topics suggested by the instructor and/or students. Students may find it helpful to download the Duolingo App to do lessons independently throughout the semester

(optional). Be prepared to repeat, speak, and listen regularly to increase vocabulary, understanding and confidence.

Instructor: Delyna Diop-Means



**March 1, 8, 15, 22; April 5, 12,
19, 26; May 3, 10**

10 Wednesdays | 12:00 pm – 1:00 pm

Zoom Link: <http://bit.ly/3j3syuO>

Fee: \$15

NLLL 154 Section 05

CRN 28375

Spanish for Beginners

Prerequisite: Equivalent of one recent semester of Spanish or at least completion on first 10 units of Duolingo. Instruction follows Duolingo App sequence. Students will need to register with the Duolingo class link that instructor will provide. Be prepared to speak, read, write and listen ideally at least 15 minutes a day.

Instructor: Delyna Diop-Means



NEW! MEET THE AUTHOR: Irving Lubliner

Only Hope: My Mother and the Holocaust Brought to Light

Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and concentration camps in Nazi-occupied Poland. These powerful stories were published by her son Irving Lubliner, professor emeritus at Southern Oregon University. In this talk he will share excerpts from “Only Hope: A Survivor’s Stories of the Holocaust.” He will shed light on his mother’s fortitude and indomitable spirit. He will also discuss his own experience as a child of Holocaust survivors and how he was impacted by his parents’ experiences.

Author: Irving Lubliner



Irving Lubliner teaches math, blues harmonica, and literature classes for OLLI at Southern Oregon University (SOU). An emeritus SOU professor specializing in math education, he taught math for 40 years, led seminars for teachers in 39 states, and gave 350 conference presentations,

including several keynote addresses. In 2019, he created Felabra Press and published his mother’s writings about her experiences during the Holocaust, the book that will serve as the theme of this presentation.

March 30

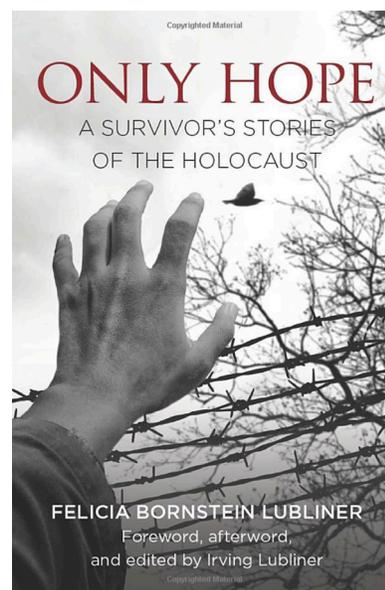
Thursday | 1:15 pm –3:15 pm

Zoom link: <http://bit.ly/3uOEVgH>

Fee: \$10

NLLL 152 Section 02

CRN 28380



[Available at Amazon.com](https://www.amazon.com)

Save the Dates!



BLACK HISTORY MONTH

■ **Damien M. Sojoyner:**
Joy and Pain: A Story of Black Life and Liberation in Five Albums

Thursday, February 16
See page 18

■ **The Thrill of Sugar Hill**

Wednesday, February 1
See page 19

■ **Black American Slang Through the Generations**

Tuesday, February 21
See page 19

April 20

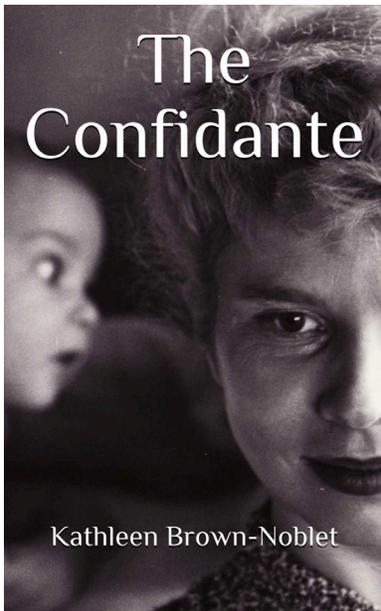
Thursday | 10:00 am – 12:00 pm

Zoom link: <http://bit.ly/3Pw1uAn>

Fee: \$10

NLLL 154 Section 07

CRN 28377



[Available at Amazon.com](#)

NEW! MEET THE AUTHOR: Kathleen Brown-Noblet

A Writer's Journey

Almost all novelists' writing lives begin with an autobiography, but Kathleen's did not. It began with poetry of a personal nature and progressed to essays on a variety of intellectual subjects. When she got around to wanting to write a narrative, however, the idea was autobiographical. She had carried this story within her for forty years, knowing one day she would write it faithfully. At the time it seemed to her that all she had to do was sit down and record the straight facts. But when she began the first draft of *The Confidante*, her autobiography was having none of her interventionist balderdash. The story she had to tell morphed as she was telling it. The characters decided to do things they never did nor would have done in real life, voices became harsher and sharper, historical fact crept in to deform the psychological realities, and the plot took on a life of its own—the autobiography became a novel. In short, writing *The Confidante* forced this writer to face some demons, but not necessarily the ones she expected. This miniature course provides a glimpse into a journey that changed one writer's future every bit as much as it changed her past.

Author: Kathleen Brown-Noblet



Kathleen Brown-Noblet is an American writer who, long ago, was transplanted to France. She wrote her Ph.D. at UCLA on the French theater figure and poet Antonin Artaud and was selected to join Louise Glück's poetry workshop.

She has published in small magazines and is the author of two volumes of poetry, *Western Elegies* and *Letters to George*, an anthology of short stories called *Clothes*, and two novels: *Kudzu*, and *The Confidante*.

The Thursday Morning Book Club

The book club is a great opportunity to expand your knowledge of a variety of subjects. Members select, read and discuss books from various genres. During the monthly meetings, members have an opportunity to express their points of view of the books. Join the book club for lively discussions, learning diverse perspectives and of course socializing.

Thursday, February 23

Triple Cross by James Patterson

Wednesday, March 22

Memphis by Tara M. Stringfellow

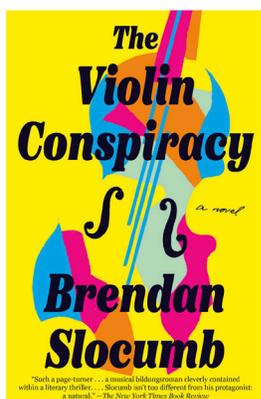
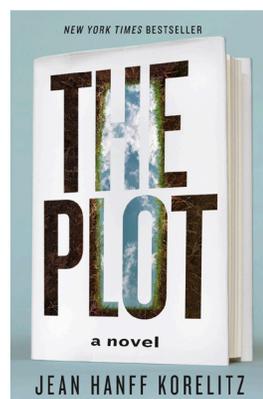
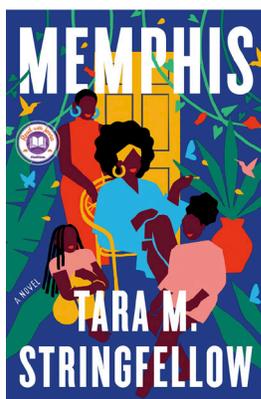
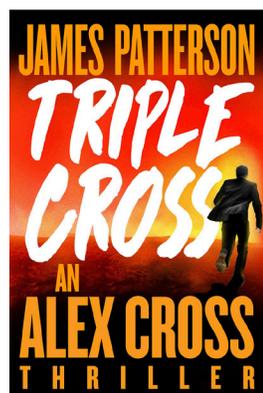
Thursday, April 27

The Plot by Jean Haniff Korelitz

Thursday, May 25

The Violin Conspiracy by Brendan Slocumb

Facilitator: Elaine Schnyder



**February 23, March 22,
April 27, May 25**

3 Thursdays & 1 Wednesday
10:00 am – 11:00 am

Zoom link: <http://bit.ly/3FsnCHI>

Fee: \$15

NLLL 154 Section 04
CRN 28373

Save the Dates!



INVITE A FRIEND

- **Ethnic Studies:**
Education for All Learners
Monday, May 1, see page 20
- **Asian Critical Race Theory**
Thursday, April 27, see page 21
- **Exploring the Japanese
American WWII Experience**
Thursday, May 18, see page 21
- **Rabbit in the Moon**
(film and discussion)
Monday, May 15, see page 22
- **Tour of Japanese American
National Museum**
Thursday, May 4, see page 29
- **Tour of the CSUDH
Gerth Archives**
Tuesday, April 18,
see page 30



February Is... Black History Month

Since 1976, every U.S. president has officially designated the month of February as Black History Month, an annual celebration of achievements by African Americans and a time for recognizing their important role in U.S. history.

February 16

Thursday | 10:00 am – 11:50 am

Zoom link: <http://bit.ly/3WeYIHo>

Fee: \$10

Open to the public; non-member registration is required.

Call (310) 243-3741, option 1

NLLL 154 Section 02 CRN 28370

Damien Sojoyner’s book *Joy and Pain: A Story of Black Life and Liberation in Five Albums* offers a poignant account of how the carceral state (most notably through the utilization of prisons, jails and the probation system) shapes daily life for young Black people—and how Black Americans resist, find joy, and cultivate new visions for the future.

NEW! MEET THE AUTHOR: Damien M. Sojoyner

Joy and Pain: A Story of Black Life and Liberation in Five Albums

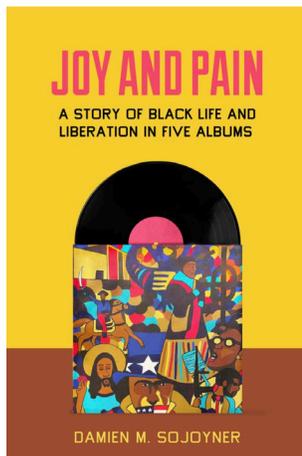
Meet with authors and storytellers as they share their thoughts and motivation for writing their books! Learn how they got their start, what they love about their work, and where they find their inspiration — as well as stories behind some beloved books. Meet the Author gives members direct access to authors who share their personal stories, offer writing tips, and encourage members to “keep reading, keep writing, keep dreaming.” Learn how authors establish an emotional connection with their readers and draw them in with a compelling story. Whether writing fictional work or recounting historical events, creating a story that resonates with the audience is the best way to connect with readers.

Author: Damien M. Sojoyner



Damien M. Sojoyner is an Associate Professor in the Department of Anthropology at the University of California, Irvine. He researches the relationship among the public education system, prisons, and the construction of Black masculinity in Southern California. He is the

author of *First Strike: Educational Enclosures in Black Los Angeles* published by the University of Minnesota Press, *Joy and Pain: A Story of Black Life and Liberation in Five Albums* published by the University of California Press in October of 2022 and *Against the Carceral Archive: The Art of Black Liberatory Practice* that will be published by Fordham University Press in April of 2023. Damien received his Bachelors in African and African American Studies and Masters in Sociology from Stanford University and his PhD in Anthropology with an emphasis on the African Diaspora from the University of Texas at Austin.



[Available at Amazon.com](https://www.amazon.com)

The Thrill of Sugar Hill

Join us as we explore the historical significance of the Los Angeles West Adams area, also known as “Sugar Hill” where Black entertainers and business men and women not only revived the area, they challenged racist covenants and laid the ground work for the Fair Housing Act.

Instructor: Peggy Barton

Peggy Barton is a retired social studies educator; she has done research at the National Archives and the Smithsonian on minorities and women and their role in American history, which has been incorporated into the MCPS (Montgomery County Public School System—Rockville, MD) Social Studies curriculum.

Her love of history continued after retirement when she relocated to California. She is a volunteer docent for the California African American Museum (CAAM) for the past 12 years, presenting and guiding exhibit tours. Finally, she is a proud member of OLLI (since 2015), and has provided presentations in numerous programs, such as Juneteenth and various Black History Month topics.

NEW! Black American Slang Through the Generations

The Black community has invented endless ways to express themselves outside of the confines of the formal English language. We will explore the evolution of slang throughout the decades, the impact region plays on the development of slang, the lifespan of certain slang, and what makes certain slang popular.

Slang is a global happening that varies regionally. Wherever there is formal language, informal variations inevitably appear. In America a particular subculture has almost single-handedly evolved popular slang for the past 70 years.

Instructor: Lamine Diop

Lamine Diop is a Los Angeles bred musician who, quite literally, does it all. Specializing in Hip-hop Lamine has performed at countless venues from The Viper room in Hollywood to SXSW in Austin, Texas. He has also worked with a wide range of artists including Kendrick Lamar, J. Cole, Ty \$, Problem, DJ Mustard, Cozz and Pharrell to name a few and has been featured on HBO, MTV, BET, Vibe Magazine, and various other publications

February 1

Wednesday | 10:00 am – 11:50 am

Zoom link: <http://bit.ly/3BCXpol>

Fee: \$10

Open to the public; non-member registration is required.

Call (310) 243-3741, option 1

NLLL 251 Section 01 CRN 28364



February 21

Tuesday | 10:00 am – 11:50 am

Hybrid | CCPE- 1209

Zoom link: <http://bit.ly/3VWOCpy>

Fee: \$10

Open to the public; non-member registration is required.

Call (310) 243-3741, option 1

NLLL 154 Section 03 CRN 28371





Asian American Pacific Islander Heritage Month

May is Asian/Pacific American Heritage Month, honoring the generations of Asian and Pacific Islanders who have enriched America's history and are instrumental in its future success.

OLLI invites you to meet with authors and storytellers as they share their thoughts and motivation for writing their books! Learn where they found their inspiration. Learn how authors establish an emotional connection with their readers and draw them in with a compelling story. Whether writing fictional work or recounting historical events, creating a story that resonates with the audience is the best way to connect with readers.

May 1

Monday | 10:00 am – 12:00 pm

In Person | CCPE-1206

Fee: \$10

Open to the public; non-member registration is required.

Call (310) 243-3741, option 1

NLLL 258 Section 03

CRN 28447

NEW! Ethnic Studies: Education for All Learners

Attendees will learn about the diverse experiences of communities connected to Asian America. We will pay particular attention to the experiences of Filipina/x/o Americans guided by Asian American Studies, critical race, and Ethnic Studies frameworks. Taken together this talk will engage the possibilities of Ethnic Studies Education for all learners.

Instructor: Edward R. Curammeng

Edward R. Curammeng (Ph.D., Education, UCLA) is Associate Professor in the College of Education at California State University, Dominguez Hills. He is also the Graduate Program Director for the MA in Education - Curriculum & Instruction option. His research

examines the relationship between Education and Ethnic Studies for students and teachers of color. His scholarship draws from critical race studies, Asian American studies, and portraiture and is informed by Ethnic Studies frameworks and critical pedagogies. In 2019, Dr. Curammeng won an Outstanding Dissertation Award from the Research on the Education of Asian and Pacific Americans Special Interest Group of the American Educational Research Association.



NEW! Asian Critical Race Theory

In this presentation, you can learn more about the key constructs of AsianCrit—perpetual foreigners (PF) and model minority myth (MMM) when exploring Asian American identities. AsianCrit was introduced as a subdivision of Critical Race Theory (CRT) to illuminate the racialized experiences specific to Asian Americans. By centering Asian Americans’ experiences and voices, AsianCrit can help expand knowledge about Asian racialization processes, question dominant racial narratives, and US imperialism.

Instructor: Minhye Son

Minhye Son is an Assistant Professor of Teacher Education at California State University, Dominguez Hills. Grounded in sociocultural theories and critical frameworks, her scholarly interests focus on the intersections of language and power in the areas of teacher education and bilingual/multicultural education. She is a proud Korean-English bilingual and Mother Scholar. She obtained her Ed.D. at Teachers College, Columbia University.

NEW! MEET THE AUTHOR: Donald Hata
Exploring the Japanese American World War II Experience Through the Eyes of an Insider

This month’s featured author is Dr. Donald Hata and his book *Japanese Americans and World War II: Mass Removal, Imprisonment, and Redress* which was co-authored by Dr. Hata’s late wife Nadine Ishitani Hata.



Author: Donald Hata

Donald Teruo Hata is emeritus professor of history at California State University Dominguez Hills and recipient of the CSU Trustees Systemwide Outstanding Professor Award. He served as planning commissioner and city councilman in Gardena, California, on the governing boards of the California Historical Society of and the Historical Society of Southern California, and as an elected officer of the American Historical Association. He was born in 1939 in East Los Angeles and incarcerated at the age of three in the U.S. War Relocation Authority concentration camp at Gila River, AZ during

April 27

Thursday | 1:15 pm – 3:15 pm

In Person | CCPE- 1209

Fee: \$10

Open to the public; non-member registration is required.

Call (310) 243-3741, option 1

NLLL 253 Section 02

CRN 28408

May 18

Thursday | 1:15 pm – 3:15 pm

Hybrid | CCPE-1213

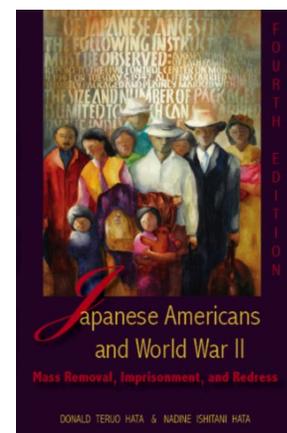
Zoom link: <http://bit.ly/3Ygqlqq>

Fee: \$10

Open to the public; non-member registration is required.

Call (310) 243-3741, option 1

NLLL 253 Section 01 CRN 28378



[Available at Amazon.com](https://www.amazon.com)

May 15

Monday | 1:00 pm – 4:00 pm

In person | CCPE: 1213

Fee: \$10

Open to the public; non-member registration is required.

Call **(310) 243-3741, option 1**

NLLL 01 Section 02

CRN 28407

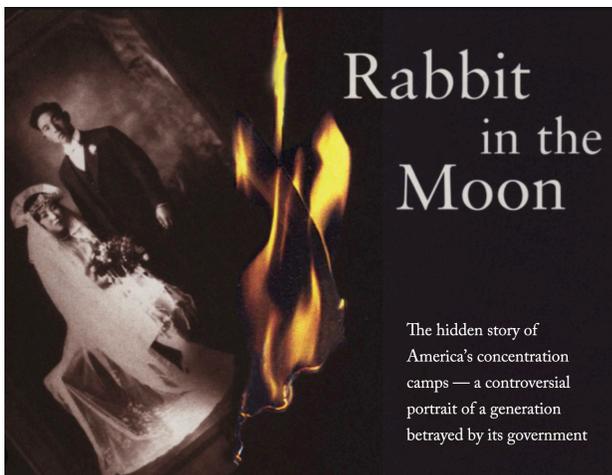
**Rabbit in the Moon
(Film and Discussion)**

Rabbit in the Moon – Award-winning Documentary on the Japanese American Incarceration during World War II. Winner of several awards including Best Documentary Cinematography at the Sundance Film Festival, *Rabbit in the Moon* is the most acclaimed and widely viewed feature length documentary on this topic. It was broadcast nationally on PBS in July 1999, with national television screenings in Japan, France, and Germany. Written and directed by Emiko Omori and co-produced with her sister Chizuko, this film takes an intimate and honest look at the incarceration of Japanese Americans in American concentration camps during World War II. A panel discussion will follow on the impact of the incarceration on children in the camps and subsequent generations. Information on resources on the topic in the University Archives will also be provided.

Facilitators: Don Hata / Eileen Yoshimura

Donald Teruo Hata is emeritus professor of history at California State University Dominguez Hills and recipient of the CSU Trustees Systemwide Outstanding Professor Award. He served as planning commissioner and city councilman in Gardena, California, on the governing boards of the California Historical Society of and the

Historical Society of Southern California, and as an elected officer of the American Historical Association. He was born in 1939 in East Los Angeles and incarcerated at the age of three in the U.S. War Relocation Authority concentration camp at Gila River, AZ during World War II.



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In the comment section, specify that the donation must be allocated to **cultural programming and events**.

Thank you for your contribution. Every bit helps.

NEW! Technology Talks with Arvin

February 7 | Location, Location, File Location— How to Keep Your Files Organized

In this course, you'll learn how to keep your files organized on your computer and devices. We will go over files, folders, naming conventions, finding your files quickly, and backing up your files. Managing your files is unique to you and there are various ways to organize so that it makes sense to you.

March 7 | Every Cloud has a Data Lining— Cloud Storage and How to Use it

In this discussion, we will find out what cloud storages and services are. We will go over choices you have, pricing, and how to use these services. Once you are informed about these services are, you will have another tool for your digital journey.

April 4 | Sign In: Your CSUDH OLLI Account

In this overview, we will find out what your CSUDH OLLI account is and what it is used for. CSUDH OLLI Accounts provide a way to communicate, access applications, and access to self-services in the CSUDH portal. Once you have your account, you will be provided the opportunities that CSUDH can offer.

May 2 | Technology Safety— What To Do To Be Safe Online

This will be an overview about maintaining your safety online while you enjoy the endless information on the internet. We will explore best practices and provide tools to be internet-

Instructor: Arvin Lambinico

Arvin Lambinico is the CSUDH Multimedia Specialist at the College of Continuing and Professional Education. He provides and manages the Audio Visual and Technology aspect for the college. He works toward decoding the barriers of technology. He appreciates the journey of figuring out what an application is best used for and use it as a tool to make life easier. He has been in the technology field for more than 20 years and has experienced many of the great changes. He began as a call center specialist from changing passwords for users to building and maintaining SMART classrooms for universities. To round out his technical knowledge, he also has a background in multimedia arts and audio-visual technology.

February 7, March 7, April 4, May 2

Tuesdays | 12:00 pm – 1:00 pm

In Person | CCPE- 1209

Fee: \$10

NLLL 354 Section 01

CRN 28388



February 8

Wednesday | 10:00 am – 11:50 am

In Person | CCPE- 1206

Fee: \$10

NLLL 354 Section 02
CRN 28389



NEW! Dissecting a Cyber Crime: Lessons Learned

In this class Dave will dissect and discuss one of his investigations that involved the large-scale theft of protected health information (PHI) of Los Angeles County residents, and how this data was subsequently monetized by the electronic filing of fraudulent tax returns. He will explain the different ways this fraud scheme affected hundreds of victims. During the discussion Dave will provide take-aways and security solutions, whereby OLLI members can better defend themselves from this type of attack.

Students are encouraged to bring their computers, tablets, or smart telephones as Dave will provide on-line resources during his presentation. Students will be encouraged to visit and navigate those sites/resources, so they become familiar with those sites and better prepared to use them in the future.

Instructor: Dave Babcock

Dave is a current and founding member of the Los Angeles County District Attorney (LADA) Cyber Investigation Response Team (CIRT), he is a member of the United States Secret Service Los Angeles Cyber Fraud Task Force, and a member of the Los Angeles County Sheriff’s Department Identity Theft Task Force. His unit investigates cyber-attacks, intellectual property thefts, and network intrusions against Los Angeles County government technology assets and resources, including human resources. Dave has trained thousands of IT security professionals and citizens (law enforcement and civilian alike) in the discipline of in-depth cyber security and risk reduction. Before joining the LADA, Babcock was a Police Officer for the City of Glendale. Dave served as a Non-Commissioned Officer in the United States Marine Corps and is a graduate of the Illinois Institute of Technology, with a degree in Chemical Engineering.

We need your help...



expanding our curriculum to include **special guest speakers** and **thought-provoking lectures** for our communities. Help us achieve these goals in 2023 by donating today.

In the comment section, specify that the donation must be allocated to **special guest speakers and community-based lectures**

NEW! A Generational Path to Aerospace Engineering

This session will highlight one woman's path through Aerospace engineering that transcends three generations. It will include the tenacity of California farm workers, support to the first lunar landing, advanced education, handling of millions of dollars for the United States Air Force Space Systems, rocket launches, and flying of USAF Satellites.

Instructor: Regina Lozano



Regina Lozano is retired from the Aerospace Corporation where she worked for 35 years launching rockets and building satellites. Regina holds a BS degree in Mathematics from the University of New Mexico and an MS in Electrical Engineering from the University of Southern California. Regina's mother also retired from the

Aerospace Corporation where she appropriated millions of dollars in USAF funds for US space programs. Regina has 5 children each with a special story of their own.

March 9

Thursday | 1:15 pm – 3:15 pm

In Person | CCPE-1206

Fee: \$10

NLLL 352 Section 01
CRN 28390



**February 6, March 6, April 3,
May 8**

4 Mondays | 10:00 am – 11:50 am

Zoom link: <http://bit.ly/3FtCFjZ>

Fee: \$10

NLLL 253 Section 01
CRN 28383

Exploring the Paranormal

Exploring the Paranormal is designed to bring the wonderful history of California to light, while explaining how paranormal investigations really work, and the importance of differing knowledge most don't connect with "Ghost Hunting."

February 6 – Paranormal Travel

March 6 – Disneyland Haunts

April 3 – California Mission Haunts

May 8 – San Diego Haunts

Instructor: Brian Clune

Brian Clune has been an avid paranormal enthusiast for most of his life and began investigating when son asked if they could go "ghost hunting." This led him to Planet Paranormal where his life would forever change. Investigating became a passion and the more he learned about what was involved, the more he realized that history was the key to effective paranormal discovery. His dedication to learning the past has led to him becoming the Historian for Planet Paranormal.



TED Talks – Lunch’n Learn

Join us on Zoom to watch TED (Technology, Entertainment, Design) Talks – short videos (18 minutes or less). Then, as a group, we will share and have a fun conversation about the topic.

Facilitator: Denise Jefferson

- Feb 6** | **Embracing Change** Jason Clark
- Feb 20** | **Forgiveness in an Age of Anger**
Brant Hansen
- March 6** | **How to Discover Your Authentic Self—At Any Age** Bev Smith
- March 20** | **How to Disagree Productively and Find Common Ground** Julia Dhar
- April 3** | **Confessions of a Bad Exercise**
Christine Carter PhD
- April 17** | **Ask Better Questions to Build Better Connections** Amber L. Wright
- May 1** | **We Can Make Covid-19 the Last Pandemic** Bill Gates

February 6, 20, March 6, March 20, April 3, 17, May 1

Monday | 12:00 pm – 1:00 pm

Zoom link: <http://bit.ly/3VWOBBC0>

Fee: \$10

NLLL 258 Section 01
CRN 28366



NEW! Conflict Resolution: 6 Things You Think You Know But Don’t

In this class you will learn 6 things about yourself and conflict resolution skills that you don’t already know. You will learn your go-to conflict style, your implicit biases, your identity needs, how to save face for the other person, why you dislike group projects so much, and why some people’s customs irritate you. The class will be conducted using group discussions, quizzes, role plays, case studies, and problem solving.

Instructor: Margaret Manning

Margaret Manning is a former adjunct professor in the Negotiation, Conflict Resolution and Peacebuilding Program (NCRP) at CSUDH for 9 years. Her courses included Conflict Resolution, Group Projects—Success or Failure and Community Conflict. She is currently a Professional Development trainer for Los Angeles County Public Works, and a Community Outreach Consultant for an Environmental Justice non-profit. She delivered the first interactive tour of new Wishing Tree Park for OLLI members on 10/5/2022.

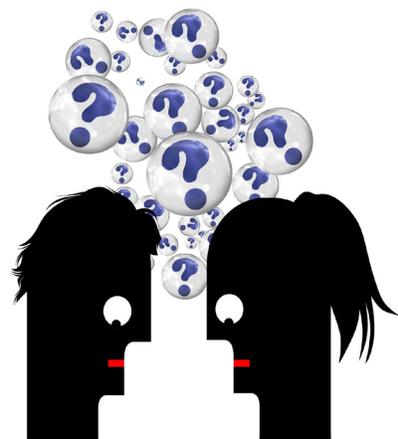
February 15

Wednesday | 10:00 am – 11:50 am

In Person | CCPE-1205

Fee: \$10

NLLL 258 Section 02
CRN 28367



SPECIAL EVENTS

April 27

Thursday | 3:30 pm – 5:30 pm

Zoom link: <http://bit.ly/3HyIYW3>

Fee: \$10

NLLL 1 Section 01
CRN 28406

A Taste of OLLI Poetry Fair

April is Poetry Month! Come join Dr. Patricia Cherin, CSUDH Emeritus Faculty, and her special guests, Robyn McGee, a Los Angeles based author who teaches “Movements of the 1960’s” and Black Studies at CSUDH; and Lynne Thompson, Poet Laureate of Los Angeles for OLLI’s eighth annual Poetry Month Celebration. OLLI members are invited to participate by reading their own poetry or a favorite poem. This is always a fun event commemorating the written--and spoken-word.



Please note that Dr. Cherin welcomes all kinds of poetry.

Instructor: Patricia Cherin

Patricia Cherin, Ph.D., Past President of the Emeritus Faculty Association.

February 28

Tuesday | 11:50 am – 12:50 pm

In Person | CCPE-1218/22

Fee: Free

NLLL 402 Section 01
CRN 28449

New Members Orientation



Join and participate in this engaging orientation about the benefits of being an OLLI member and learn how/where to register for Spring online classes. Registration is required.

April 19

Wednesday | 10 am – 1 pm

In Person | CCPE-1218/1222

Fee: Free

NLLL 402 Section 02
CRN 28450

Volunteer Appreciation Luncheon



Urban Hiking in the South Bay

Walkers, get your gear together! We will be taking four urban hikes. The first meeting will be at CSUDH. We meet in a classroom for an introduction, sign waivers, and receive information on the locations of the other three urban hikes. Then we will take our first urban hike on the CSUDH campus.

The other hikes will be in the South Bay. These hikes will be low impact on flat or gently rolling sidewalks or pathways. Wear a hat, durable shoes, sunscreen, and bring water to drink.

Instructor: Janice Champion



April 10, 17, 24; May 8

4 Mondays | 9:00 am – 11:00 am

April 10: On-campus intro
(no hike this day) CCPE-1206

Fee: \$10

NLLL 370 Section 01
CRN 28398

NEW! ASIAN AMERICAN PACIFIC ISLANDER HERITAGE MONTH **Tour of Japanese American National Museum**



As the national repository of Japanese American history, JANM creates groundbreaking historical and arts exhibitions, educational public programs, award-winning documentaries, and innovative curriculum that illuminate the stories and the rich cultural heritage of

people of Japanese ancestry in the United States. JANM also speaks out when diversity, individual dignity and social justice are undermined, vigilantly sharing the hard-fought lessons accrued from this history. Its underlying purpose is to transform lives, create a more just America and, ultimately, a better world.

The tour lasts approximately 1 hour. For more information, visit Japanese American National Museum janm.org

May 4

Thursday | 12:00 pm – 1:00 pm

Bring \$7 cash for admission, and meet in front of the museum at 11:45 am

100 North Central Avenue
Los Angeles, California 90012

NLLL 270 Section 02
CRN 28446

April 18

Tuesday | 10:00 am – 11:50 am

In Person | Meet in the Library Lobby

Fee: Free

NLLL 370 Section 02

CRN 28402



NEW! ASIAN AMERICAN PACIFIC ISLANDER HERITAGE MONTH

Tour of the Gerth Archives (CSUDH campus)

Tour of the Gerth Archives & Special Collections at CSUDH and the exhibition, “Know Justice, Know Peace, 100 Years of Activism in the Archives” will be hosted by Greg Williams, Director of the Gerth Archives. The tour includes a curators’ view of the exhibition that includes many archival items relating to activism (Filipino American, African American, Abortion Rights, LGBTQ rights, and right/left-wing activism and the counterculture photographs of Jim Coke (Black Panthers, the Doors). The tour of the Gerth Archives Reading Room will include a backstage tour of the archive’s storage areas, the rare books room and a discussion of how the Gerth Archives has expanded its collections relating to Japanese American incarceration during World War II as well as a wide variety of civil rights collections.

Instructor: Greg William

Greg Williams has been Director of the Gerth Archives & Special Collections at California State University Dominguez Hills since 2004. He has been an archivist for 40 years. Previously he was Curator of Photographs at the San Diego Historical Society and before that he worked at the New Jersey Historical Society, Rutgers University, the Colonial Williamsburg Foundation, the Oregon State Archives and the South Carolina Historical Society. He has degrees from the University of Oregon and Michigan State University. He has been the principal investigator for the *California State University Japanese American Digitization Project* (CSUJAD) since 2014. He has written funded grants from National Archives, National Endowment for the Humanities, the National Park Service, the Mellon Foundation, and the California State Library; curated several exhibitions; and published several collection guides, collection related articles and served as photo editor for three coffee table books. His is the author of *California State University Dominguez Hills*, a photo history and co-author of the chapter: “The Importance of Collecting, Accessing, and Contextualizing Japanese-American Historical Materials: A California State University Collaborative” published in 2020 in *Archives and Special Collections as Sites of Contestation* published by Library Juice Press. The CSUJAD Project was awarded the Hamer/Keegan Award for archival advocacy by the Society of American Archivists in 2021.

Parking at CSUDH

Annual Parking Passes are available to OLLI members for only **\$20**. Take advantage of

this very special discount. Call the OLLI office at **(310) 243-3208** for details or follow the directions on page 40.



Tour of the Leo F. Cain Library (CSUDH campus)



Tour the library and learn all the resources available to all university students. Learn how to access them from a computer or on campus.

February 28

Tuesday | 1:00 pm – 2:00 am

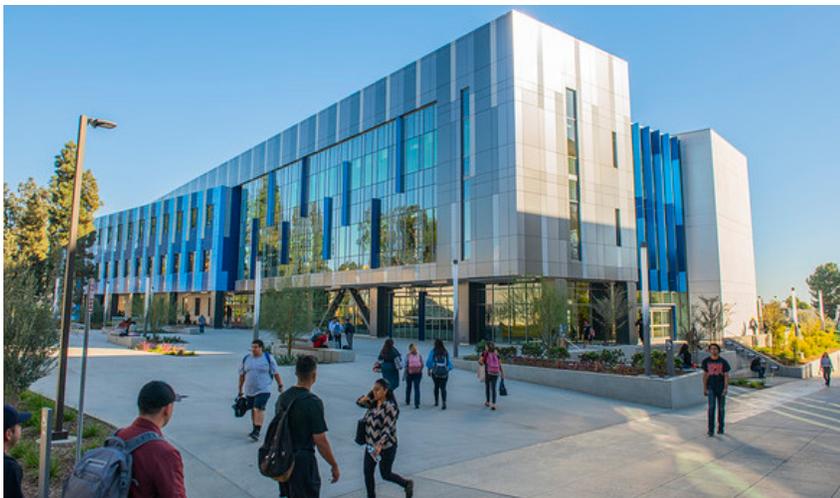
In Person | LIB-2021A

Fee: Free

NLLL 01 Section 01

CRN 28451

Campus Tour



Take a tour of the Cal State Dominguez Hills campus. Explore all 346 acres and learn more about the campus history, student life and find out what it truly means to be a TORO.

February 13

Monday | 12:00 pm – 1:00 pm

In Person | Meet in front of
Welch Hall

Fee: Free

NLLL 270 Section 01

CRN 28445

OLLI SPRING 2023 CHRONOLOGICAL LIST OF COURSES

Mondays

February 6, March 6, April 3, May 8 Exploring the Paranormal	Zoom link: http://bit.ly/3FtCFjZ	10:00 am – 11:50 am Page 26
February 6, 20; March 6, March 20, April 3, 17; May 1 TED Talks – Lunch’n Learn	Zoom link: http://bit.ly/3VWOBco	12:00 pm – 1:00 pm Page 27
Monday February 13 Campus Tour	In Person Meet in front of Welch Hall	12:00 pm – 1:00 pm Page 31
February 27 Preventing Heart Disease, Cancer & Alzheimer’s Disease	Zoom link: http://bit.ly/3Yn2UkG	10:00 am – 11:50 am Page 9
February 27; March 6, 13, 20; April 3, 10, 17, 24; May 1, 8 Conversational French	Zoom link: http://bit.ly/3HBFuCd	4:00 pm – 5:00 pm Page 14
April 10, 17, 24; May 8 Urban Hiking in the South Bay	In Person CCPE- 1206 (first meeting only)	9:00 am – 11:00 am Page 29
April 24; May 1, 8 Aging Gracefully and Gratefully	Hybrid CCPE-1210 Zoom link: http://bit.ly/3uRkpME	1:15 pm – 3:15 pm Page 10
April 27 Asian Critical Race Theory	In Person CCPE- 1209	1:15 pm – 3:15 pm Page 21
May 1 Ethnic Studies: Education for all Learners	In Person CCPE-1206	10:00 am – 12:00 pm Page 20
May 15 Rabbit in the Moon (Film and discussion)	In Person CCPE: 1213	1:00 pm – 4:00 pm Page 22

Tuesdays

January 31 – May 26 Social Tennis	In Person CCPE Tennis Courts	9:00 am – 11:00 am Page 8
February 7, 14, 21, 28; March 7, 14, 21, 28 Crocheting For Health	In Person CCPE- 1210	1:15 pm – 3:15 pm Page 10
February 7, March 7, April 4, May 2 Technology Talks with Arvin	In Person CCPE- 1209	12:00 pm – 1:00 pm Page 23
February 21 Urban Landscaping Made Easy	Zoom link: http://bit.ly/3hpJVFw	3:30-4:30 pm Page 5
February 21 Black American Slang through the Generations	Hybrid CCPE- 1209 Zoom link: http://bit.ly/3VWOCpy	10:00 am – 11:50 am Page 19
February 28 New Member Orientation	In Person CCPE-1218/22	10:45 am – 11:45 am Page 28
February 28 Volunteer Orientation	In Person CCPE-1218/22	11:50 am – 12:50 pm Page 36
February 28 Tour of the Leo McCain Library at CSUDH	In Person LIB-2021A	1:00 pm – 2:00 pm Page 31
April 18 Tour of the Gerth Archives (on CSUDH campus)	In Person Meet in the library lobby	10:00 am – 11:50 am Page 30

Wednesdays

February 1 The Thrill of Sugar Hill	Zoom link: http://bit.ly/3BCXpol	10:00 am – 11:50 am Page 19
February 1, 8; March 1, 8; April 5, 12; May 3, 10 Let’s Read a Play!	Zoom link: http://bit.ly/3UZ2H4j	1:15 pm – 3:15 pm Page 11
February 8 Dissecting a Cyber Crime: Lessons Learned	In Person CCPE- 1206	10:00 am – 11:50 am Page 24

OLLI SPRING 2023 CHRONOLOGICAL LIST OF COURSES

Wednesdays

February 15	In Person	10:00 am – 11:50 am
Conflict Resolution: 6 Things You Think You Know	CCPE-1205	Page 27
March 1	Zoom link:	10:00 am – 11:50 am
Preventing Heart Disease, Cancer & Alzheimer's Disease	http://bit.ly/3Yn2UkG	Page 9
March 1, 8, 15, 22; April 5, 12, 19, 26; May 3, 10	Zoom link:	12:00 pm – 1:00 pm
Spanish for Beginners	http://bit.ly/3j3syuO	Page 14
April 19	In Person	10:00 am – 1:00 pm
Volunteer Appreciation Luncheon	CCPE-1218/1222	Page 28

Thursdays

February 2	In Person	10:00 am – 12:00 pm
75 Days of India	CCPE - 1210	Page 12
February 9	Hybrid CCPE- 1217	10:00 am – 11:50 am
Keys, Steps – One Musician's Adventure	Zoom link: http://bit.ly/3Fo51My	Page 6
February 9, 16, 23	In Person	2:00 pm – 3:00 pm
Islam for Beginners—Culture and Religion	CCPE-1210	Page 13
February 9, March 23, April 13, May 11	In Person	1:15 pm – 3:15 pm
Opera Decoded – Coming to a Stage Near You	CCPE- 1209	Page 7
February 16	Zoom link:	10:00 am – 11:50 am
Damien M. Sojoyner: Joy and Pain	http://bit.ly/3WeYIHo	Page 17
February 23, March 22, April 27, May 25	Zoom link:	10:00 am – 11:00 am
The Thursday Morning Book Club	http://bit.ly/3FsnCHI	Page 1
March 2, 9, 16, 23; April 6, 13	In Person	10:00 am -12:30 pm
Classic Jazz 111	CCPE- 1213	Page 6
March 9	In Person	1:15 pm – 3:15 pm
A Generational Path to Aerospace Engineering	CCPE-1206	Page 25
March 30	Zoom link:	1:15 pm –3:15 pm
Irving Lubliner; Only Hope: My Mother and the Holocaust	http://bit.ly/3uOEVgH	Page 15
April 20	Zoom link:	10:00 am – 12:00 pm
Kathleen Brown-Noblet: A Writer's Journey	http://bit.ly/3Pw1uAn	Page 16
April 27	Zoom link:	3:30 pm – 5:30 pm
A Taste of OLLI Poetry Fair	http://bit.ly/3HyIYW3	Page 28
May 4	100 N. Central Ave.	12:00 pm – 1:00 pm
Tour of Japanese American National Museum	Los Angeles, CA 90012	Page 29
May 18	Hybrid CCPE-1213	1:15 pm – 3:15 pm
The Japanese American WW II Experience	Zoom link: http://bit.ly/3Ygqlqq	Page 21

Fridays

January 31 – May 26	In Person	9:00 am – 11:00 am
Social Tennis	CSUDH Tennis Courts	Page 8
February 3, 10, 17, 24; March 3, 10, 17, 24; April 7, 14 21, 28; May 5, 12	In Person	10:00 am – 11:30 am
Tai Chi Chuan for Beginners and Intermediate Students	CCPE-1222	Page 8
February 3, 17; March 3, 17; April 14, 28, May 12, 26	In Person	11:30 am – 1:30 pm
Fun & Games	CCPE-1209	Page 9
February 3, 10, 17, 24; March 3, 10, 17, 24, 31; April 7, 14, 21, 28; May 5, 12, 19, 26		2:00 pm – 4:00 pm
Crafting with the Cricut for Seniors		Page 11

Note: Enrollment as an auditor means the student does not take tests or complete graded assignments. At the discretion of the instructor, an auditor may be required to participate in classroom activities.

Open University Class Schedule

<https://www.csudh.edu/open/>

University Courses for \$30 a Unit for Current OLLI Members

The Open University Program is one of the many benefits of membership in OLLI.

The university allows OLLI members to audit courses without admission to the University. No applications, transcripts, or other documentation are required.

Open university requires approval from the course professor. Not all courses will have seats available to audit.

Follow these easy steps:

1. Visit <https://www.csudh.edu/open/> to find a course you would like to audit.
2. Print and fill out the registration forms.
3. On the first day of the course, take form to the instructor and see if they have an available seat for you. If they do, ask them to sign the form for the course.
3. Return the signed and completed form to the CCPE Registration office and pay fees.

Congrats, you are now officially enrolled in a university course. Enjoy!



Code of Conduct



Osher Lifelong Learning Institute at California State University, Dominguez Hills (OLLI at CSUDH) is a community of active mature lifelong learners. The College of Continuing and Professional Education (CCPE) is committed to maintaining a safe and healthy learning environment for OLLI

members, students, faculty, and staff. Many of our programs offer a forum for a lively and sometimes passionate exchange of views. Members of our learning community are expected to follow principles of courtesy and mutual respect that promote reasoned discourse and engage in responsible behaviors that reflect well upon the university. To be civil to one another, to others in the campus community, and contribute positively to OLLI members, students, faculty, staff, and university life.

Violations include conduct that threatens or endangers the health or safety of any person within or related to the University community, including but not limited to physical abuse, threats, intimidation, harassment, sexual misconduct, denigrating others' views or opinions, offensive or abusive language, disruptive classroom conduct, discrimination, and monopolizing discussions. Failure to treat ideas, viewpoints, the classroom environment, and interests of members in the community with respect and civility compromises the intellectual climate at OLLI and cannot be tolerated.

CCPE leadership is responsible for ensuring that the Code of Conduct is being followed in all OLLI-sponsored programs. Members who do not adhere to these principles or interfere with the goals of our learning community may be removed from the class and/or activities and denied the privilege of future participation at the discretion of the CCPE Leadership.



*Come for the
classes,
stay for the
friends.*

Volunteer Orientation

February 28

Tuesday | 11:50 am – 12:50 pm

CCPE-1218/22

Check your **OLLI Weekly Email Updates** for details.

Facilitator: Denise Jefferson,
Volunteer Coordinator



*A Message from OLLI Volunteer Coordinator
Denise Jefferson*

Do What You Love and Love What You Do at OLLI at CSUDH

Osher Lifelong Learning at California State University, Dominguez Hills is a volunteer-member driven program whose culture springs from a sense of belonging

and a shared commitment. Whether it is telling a friend, facilitating a class, coordinating an event, raising funds, or serving on a committee to build a sustainable OLLI program, we need members like you.

Active members are the creative lifeblood of the OLLI at CSUDH program. Volunteer-members are involved in many aspects of the program. Enthusiastic volunteers work with the OLLI staff members to bring classes, lectures, events, and programs and we are always looking for fresh ideas, new talents and skills.

There are several ways to get involved.

Want to help every once in a while, when you have an hour or two available? Become an event volunteer. Want to plan quarterly events with a minimum meeting-time commitment? Join a party planning committee. Looking for a way to connect with members on an ongoing basis, using your talent and expertise to work in a variety of areas from making phone calls to developing curriculum to arranging field-trip transportation? OLLI at CSUDH has the need and committee to match your area of interest to do what you love and love what you do.

To find out more call or email OLLI Volunteer Coordinator,
Denise Jefferson | 310-243-3729 | djefferson1@csudh.edu



We are OLLI!

*Donate your time
and expertise.*

OLLI Volunteer Opportunities

OLLI members are the backbone of OLLI at CSUDH. Volunteers make OLLI happen—and they have fun in the process. It’s a great way to meet and make new friends and is personally satisfying and rewarding. Develop new skills, share your abilities and expertise, and contribute to OLLI’s success. Consider the following opportunities:

- **Classroom support (Ambassadors)**
Support OLLI instructors in class in-person and on Zoom
- **Liaisons** Support Instructors from beginning to end
- **Welcoming/Buddy** Buddy to a new OLLI member to help them feel welcome
- **Communications:** Write or collect articles for the Monthly Newsletter.
- **University Connections:** Create connections, maintain relations, seek opportunities to collaborate within the university. Establish ways to present OLLI through short presentations and different events on campus.
- **Newsletter Editor/Catalog Editing Chair:** Ensuring that the Newsletter is organized and edited monthly. Leads committee through the editing of course catalog twice a year.

Committees

- **Event Planning** Assists with special events
- **Curriculum** Develops ideas for courses and class schedule. Identify instructors.
- **Course Catalog Committee:** A group to help develop and edit the Spring and Fall Course Catalogs
- **Membership** Assists in developing membership recruitment activities
- **Fundraising** Set fundraising goals, plan annual fundraising campaigns
- **Social Media** Expand the reach of OLLI and obtain new members through new demographics who are more digitally inclined
- **Marketing** Assists with developing a marketing plan to promote OLLI to the community

Join Us February 28

New Member Orientation 10:45 am-11:45 am

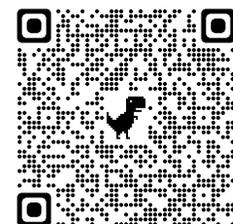
Volunteer Orientation 11:50 am-12:50 pm

Library Tour & Information Session 1:00 pm-2:00 pm

Become an OLLI sponsor today! Help us thrive for 20 more years!

Your Osher Lifelong Learning Institute is a financially self-supporting program that does not receive any state funding. Membership fees and endowment interest are our largest sources of revenue, but they still do not cover our full operating costs. We rely on the generosity of our members to keep the program thriving and affordable. Making a financial gift is one way to appreciate the impact OLLI has had on your life in retirement.

Individuals, businesses, and organizations who wish to support the goal of expanding OLLI programs to meet the intellectual and social needs of older learners, please contact the OLLI office at **(310) 243-3208** or **olli@csudh.edu** to discuss a tax-deductible donation or sponsorship.



To quickly make a secure online donation to **OLLI at CSUDH**, scan the QR Code above.



Thank you to Our Volunteers and Donors

California State University Dominguez Hills and the College of Continuing and Professional Education are honored to be supported by OLLI@CSUDH member volunteers who freely give their time and talent. The dedication and hard work of OLLI CSUDH Volunteer members are making a big difference. We thrive because you give! You are OLLI.



*V*olunteers do not necessarily have the time; they just have the heart.

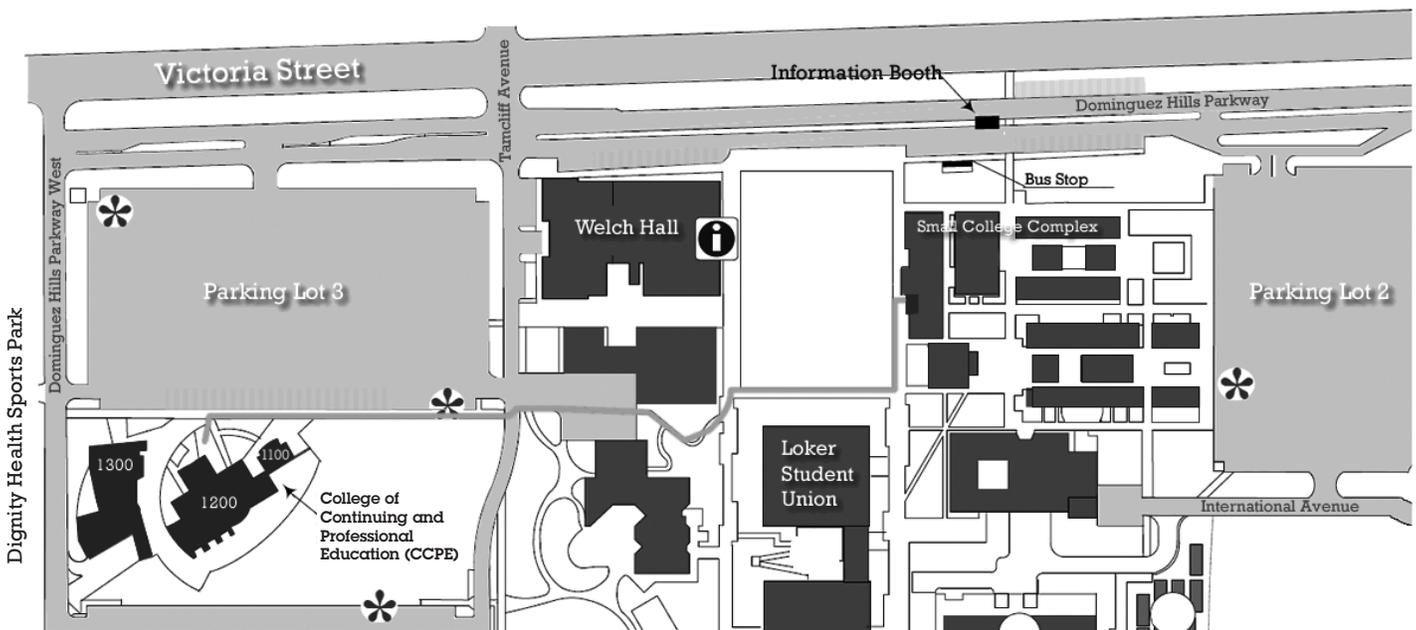
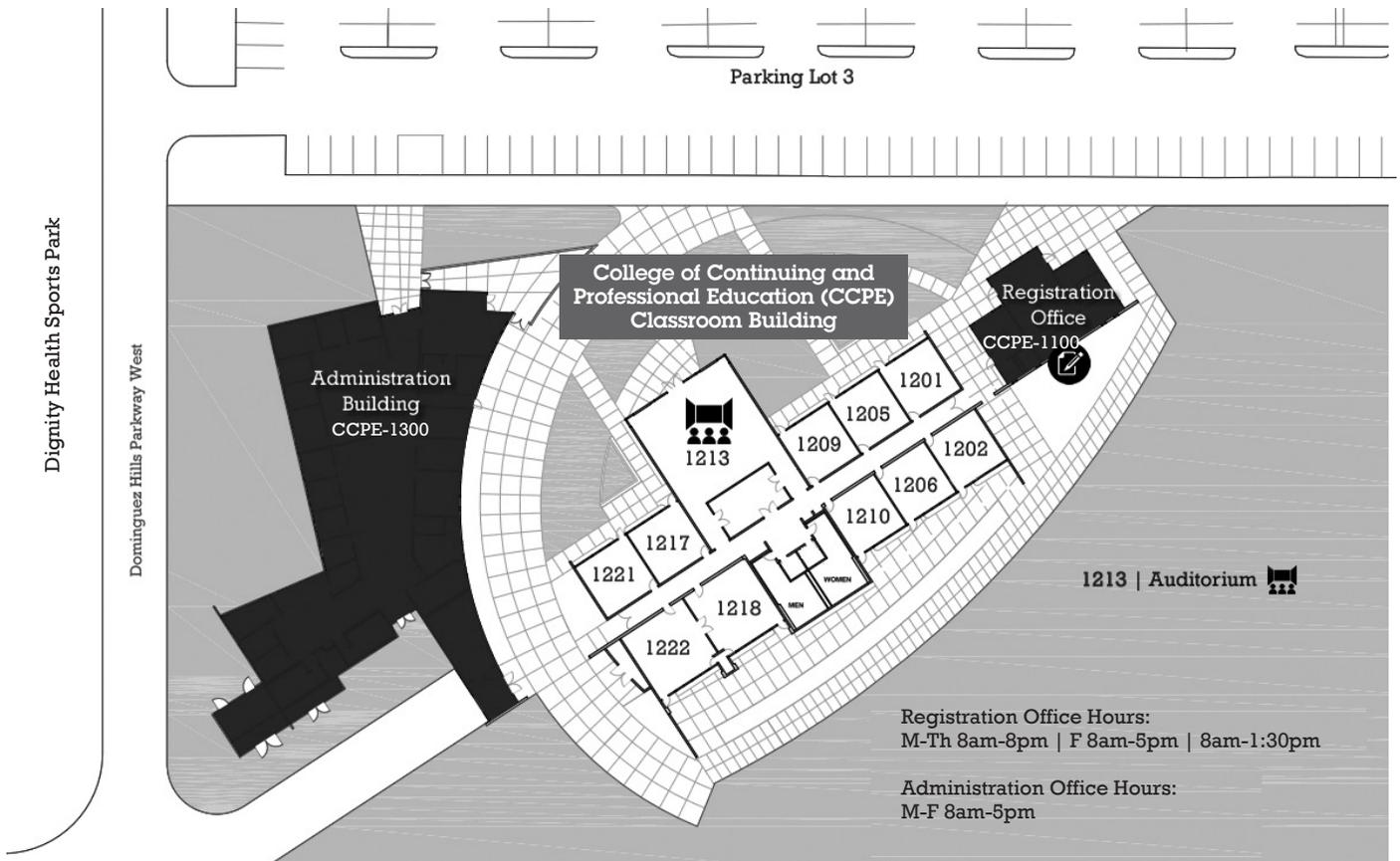
—Elizabeth Andrew

On behalf of California State University, Dominguez Hills and the College of Continuing and Professional Education, OLLI@CSUDH gratefully recognizes **members** and **friends** who continue to support the OLLI program. OLLI would not exist without you. Your time, your expertise, and your monetary donations both big and small, are how OLLI can grow and offer a robust curriculum and special events.

A Special Thank You

to all the Members who assisted in the production of this catalog!

CLASSROOM & PARKING MAPS



CCPE

- 1300 - Administration Building
- 1200 - Classroom Building
- 1100 - Registration Office

Please Note: The daily parking rate is \$10.

- 30-Minute Temporary Parking
- Parking Permit Kiosks
- Walking Route to Passport Center



Parking at CSUDH

Effective 7/1/22, the fee to park on campus is **\$10/day**, and is strictly enforced. Daily parking

permits can be purchased at one of the many yellow parking lot permit machines using cash, debit or credit card. Permits must be displayed face-up on your dashboard.

Discounted Annual Parking Passes are available to **current OLLI Members** for only **\$20** per academic year.

- 1) Stop by the OLLI office and complete a Parking Permit Application Form.
- 2) Be sure and include your student ID number or date of birth.
- 3) An OLLI staff member will verify your active membership with their signature.
- 4) Take your completed form and \$20 Payment (cash, check, cashier check or money order made payable to **CSUDH**) to the **Cashier's Office** located outside of **WH-B270**.
- 5) A placard will be issued to you by the cashier.
- 6) Place the parking placard on the dashboard or hang it from the rearview mirror. Make sure it is visible from the outside.

If you have questions or need more information contact:
 OLLI Office **310-243-3208**
 Email olli@csudh.edu.

Directions for reaching our campus by car:

Our campus is located within five minutes of the 91, 110 and 405 freeways, which makes travel to campus convenient no matter where you are coming from.

From the Los Angeles Civic Center:

110 South to Artesia Freeway (91) east to Avalon Blvd.
 Take Avalon Blvd. south to Victoria Street, turn left.
 The entrance to campus is a right turn at Tamcliff Avenue.

From Santa Monica:

10 East to San Diego Freeway (405) south toward Long Beach.
 Exit at Vermont Avenue off-ramp. Turn left (east) at the end of the off-ramp onto 190th Street. Follow 190th east approximately two miles to the campus (190th becomes Victoria Street). The campus entrance is a right turn at Tamcliff Avenue, the second traffic signal past Avalon Blvd.

From San Bernardino:

10 West to San Gabriel Freeway (605) south. Take Artesia Freeway (91) west toward Redondo Beach. Take the Central Avenue exit and turn left; turn right onto Victoria Street. The campus entrance is a left turn at Tamcliff Avenue, a traffic signal.

From San Fernando Valley:

405 South/101 East – Follow the San Diego Freeway (405) south toward Long Beach. Exit at Vermont Avenue off-ramp.
 Turn left (east) at the end of the off-ramp onto 190th Street.
 Follow 190th east approximately two miles to the campus (190th becomes Victoria Street) The campus entrance is a right turn at Tamcliff Avenue, the second traffic signal past Avalon Blvd.

From Anaheim:

5 North to Artesia Freeway (91) west toward Redondo Beach.
 Take the Central Avenue exit and turn left; turn right onto Victoria Street. The campus entrance is a left turn at Tamcliff Avenue, a traffic signal.

GATE D is the preferred entrance for OLLI members.

PARKING LOT 3 is the preferred parking lot for OLLI members.

California State University, Dominguez Hills College of Continuing and Professional Education

1000 East Victoria Street, Carson, CA 90747

CCPE Office Phone: **(310) 243-3737**

CSUDH Campus Map



BUILDING NAMES & ID NUMBERS

- 14. COLLEGE OF EDUCATION (COE)
- 15. INNOVATION AND INSTRUCTION (II)
- 20. LEO F. CAIN LIBRARY (LIB)
- 20A. LIBRARY ADDITION (LIB)
- 23. JAMES L. WELCH HALL (WH)
- 25. STUDENT HEALTH CENTER (SHC)
- 26. LOKER STUDENT UNION (LSU)
- 30. SOCIAL AND BEHAVIORAL SCIENCES (SBS)
- 40. LACORTE HALL (LCH)
- 45. UNIVERSITY THEATRE (UT)
- 50. NATURAL SCIENCES AND MATHEMATICS (NSM)
- 51. SCIENCE AND INNOVATION (SI)
- 60. GYMNASIUM (GYM)
- 61. FIELD HOUSE (FH)
- 63. SWIMMING POOL (SP)
- 65. ROTC & PARKING SERVICES MODULAR (RPM)
- 70. PUEBLO DOMINGUEZ (SH-1)
- 71. PUEBLO DOMINGUEZ (SH-2)
- 72. STUDENT RESIDENCE HALL (SRH)
- 80. PHYSICAL PLANT (PP)
- 87. CENTRAL PLANT (CP)
- 102. SOUTH ACADEMIC COMPLEX 2 (SAC-2)
- 103. SOUTH ACADEMIC COMPLEX 3 (SAC-3)
- 106. EXTENDED EDUCATION (EE)
- 107. CALIFORNIA ACADEMY OF MATHEMATICS AND SCIENCE (CAMS)
- 111. BASEBALL/SOFTBALL STORAGE
- 116. EAST ACADEMIC COMPLEX (EAC)
- 118. CALIFORNIA ACADEMY OF MATHEMATICS AND SCIENCE (CAMS)
- 120. CHILD DEVELOPMENT CENTER (CDC)
- 121. INFANT TODDLER CENTER (ITC)
- 130. CLASSROOM VILLAGE (VIL)

- Parking Permit Dispenser (\$10 Day Pass)
- Fire Hydrants
- Police (CSU Police) - Open 24 Hours
Located in James L. Welch Hall (Building #23), For Emergency, Dial 911
- Jogging Trail with 12 Stretching Stations
- Information Booth



CALIFORNIA STATE UNIVERSITY, DOMINGUEZ HILLS

2258 **Osher Lifelong Learning Institute (OLLI)**
College of Continuing and Professional Education
California State University, Dominguez Hills
1000 E. Victoria St, EE-1300
Carson CA 90747



Spring 2023
Course Catalog
January-May

Sign up now
to receive **OLLI**
Weekly Eblasts for
news, updates and
announcements
about upcoming
Special Events.
Email us at
olli@csudh.edu.

*Come for the classes,
stay for the friends.*

OLLI Spring 2023 **Open House**

February 25 Saturday | 10 am-12 pm

Please join us in person to experience **A Taste of OLLI!** Meet new friends, visit with old friends and hear about the interesting and fun classes and activities coming up at OLLI. Light refreshments will be served. We encourage you to invite friends age 50 and better to attend and learn what **OLLI at CSUDH** is all about.

Please register for this event at
<https://csudholli-openhouse-sp23.eventbrite.com>.