

California State University,
Dominguez Hills

Occupational Therapy Program

CSUDH HELPS VICTIMS OF
TYPHOON HAIYAN

Fall MMXIII

Volume I, Issue III



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Thank you to all who contributed to the Carles relief efforts! When typhoon Haiyan hit the Philippines, Dr. Terry Peralta-Catipon, Chair of the Occupational Therapy Department at California State University Dominguez Hills put out a call for help from the CSUDH community (faculty, staff and students) for medical donations. Dr. Peralta took all the generous donations with her to the Philippines and gave it to the Carles Relief and Medical Mission. This video shows that even in the darkest of times, when we come together, we create HOPE. <https://vimeo.com/80025320>

According to Dr. Peralta, watching from afar can make one detached from the reality of the devastation. Being in the Philippines made her realize the gravity of the event, which was like a hurricane, tsunami, and tornado rolled into one. The devastation has torn apart families, communities. But it has not broken the spirit of the survivors. Our thoughts and prayers go out to all that were affected by this tragedy.



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COHORT 9 STUDENT RECOGNITION EVENT



On December 5, 2013 the Occupational Therapy Program recognized Cohort 9 for all of their diligence, hard work, and commitment to the program. The event was held at El Pollo Inka in Gardena, from 5:30-7:30pm., Cohort 9 had 60 students that were in attendance along with faculty and staff. The food was good, and the celebration was engaging. Congratulations Cohort 9 for your progress in the program! A special "thank you" to Dr. Peralta for gathering the OT Staff Team to coordinate such a fun culminating event to end out the semester.



JAPANESE OT STUDENT VISIT



On October 26, 2013 OT undergraduate students from Japan made a visit to CSUDH to learn about OT in the United States and of our program. After a lecture by Dr. Eric Hwang the Japanese students were led on a campus tour followed by OT activity workshops run by CSUDH OT students, Brandy Brosius, Leah Bruce, Daniel Polster, Leilua Satele, and Aja Vo. Activities included an obstacle course, making sensory stress balloons, creating in a Monster Muck Sensory Tub and a competitive game of potato hockey. Transcending language barriers, the visiting Japanese students had a wonderful time connecting with CSUDH OT students and staff, sharing laughter and engaging in fun-filled OT activities.

FARMER'S MARKET WITH A CAUSE

The CSUDH Level II Fieldwork students (Cohort 8) of the Pan-American MOA Foundation held a second "Farmers Market with a Cause" Fundraiser on campus on November 14! The students responsible for organizing the fundraiser were Anna Homrighausen, Michelle Ramirez, and Jacinto Parra, and their clinical instructor, Susan Brislin, MA, OTR/L.

The CCOF California certified organic produce was donated by the Mokichi Okada Association Fresno Zuisenkyo farm and included fuyu persimmon,



kiwi, pomegranate and other fall fruits and vegetables. The farmer's market was a benefit for a young veteran resident at Century Villages at Cabrillo in Long Beach. He participates in the gardening program co-sponsored by U.S. VETS, Veterans Villages Recovery Center, operated by the Veteran's Administration and the

non-profit Century Villages at Cabrillo, Inc, the property owner and manager. The facility serves formerly homeless veterans healing from PTSD and combat related trauma, as well as substance abuse recovery. The Veterans Administration on-site occupational therapist who partners with the MOA Foundation garden groups is Luz Machado, MA, OTR/L. The veteran client, who served as a US Army Paratrooper in Afghanistan, lives with a terminal illness.

He was able to use the funds raised (it came to \$350 total) to enjoy holiday gifts and spend time with his toddler-aged children before he moves to an assisted living facility in another part of the State, due to the progression of his illness. He shared how much he enjoyed shopping at Toys R Us with his children!

OTAC ALUMNI EVENT AT SACRAMENTO, CA

Justine Escobar and Samantha (Sammi) Itaya attended the 2013 annual OTAC conference in Sacramento this year. They also attended the OTAC Alumni Event held on Friday night of the OTAC conference in Sacramento. There was a great dinner and even greater conversations. This event allowed of intermingling of cohorts as well as networking. Alumni got to spend time with current students, faculty, and OTAC board members. The conference was an amazing experience, and both Justine and Sammi would like to thank the department for allowing them this opportunity.

By Justine Escobar and Samantha Itaya, C9 Students



(continued from Farmers Market with a Cause)

Thank you to CSUDH students and faculty who helped show our appreciation for his faithful contributions to our OT gardening program for the Villages at Cabrillo Community! By: Anna Homrighausen, C9 MSOT Student

First Farmer's Market with a Cause successfully funded a Veteran to attend and present at the OTAC Conference in Sacramento, CA.

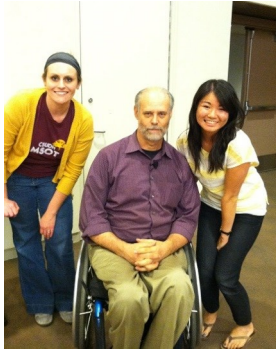
AOTA STUDENT CONCLAVE



Recently two CSUDH MSOT's students, Timothy Arnold and Melanie Tang, were awarded \$800 scholarships each to represent CSUDH at the American Occupational Therapy Association's annual student conclave in Jacksonville, FL from November 15-16, 2013. The CSUDH Occupational Therapy Department and the two OT on-campus student organizations, Student Occupational Therapy Association (SOTA) and Phi Theta Epsilon (PTE) both contributed to the scholarships. Highlights included meeting the new AOTA President Ginny Stoffel, voting at the annual PTE meeting, networking with other OT students, getting advice on passing Fieldwork II, and hearing about exciting career opportunities in the field of Occupational Therapy.



GARY KARP- GUEST SPEAKER



On September 26th, 2013, Pi Theta Epsilon Gamma Gamma chapter hosted the Spinal Cord Hall of Fame educator and author, Gary Karp. Gary has been through and beyond the trauma process, experiencing a T12 spinal cord injury at the age of 18. He spoke to a filled room of CSUDH OT students, USC OT students, and other health care professions from CSUDH.

Some of the topics covered were coping styles, the coping process, notable epiphanies, social stereotypes of disability, the value of rehab, forming a new life vision, letting go, how much disability has changed, wheelchairs, and sexuality. Gary even showed off his juggling skills at the end of his talk! In the picture, from left to right: Jacqueline Sanchez, PTE Vice President, Gary Karp, Rachel Jao, PTE Secretary.

PHI THETA EPSILON UPDATES

Pi Theta Epsilon is designing a C9 T-shirt as a fundraiser for our Spring event the Induction Ceremony for C10. The shirt will feature the names of everyone in the cohort, so we realize not everyone will want one, but it will be a great souvenir of the most "memorable" cohort (haha!) We are trying to get a headcount of students and faculty that are interested in the shirt so we can contact vendors for pricing. We are aiming at a \$20-25 price point. If you are interested in a shirt and would like to support PTE, please email me: Jacqui Sanchez, Vice President- Pi Theta Epsilon- Gaa Gamma Chapter jac.nm.sanchez@gmail.com

Size (Female shirt size and/or Unisex size)

Preference for T-shirt or Tank top.



SOTA UPDATES

Student Occupational Therapy Association



SOTA would like to thank all of those who participated in this years welcoming video for Cohort 10. The video will be presented at the Cohort 10 New Student Orientation on January 9, 2014. <http://vimeo.com/81952163>

We would especially like to thank Tim Nguyen for sharing his amazing talent and writing such a spectacular rap. Also, we would like to thank Brennan Edmondson (Olivia Edmondson's husband) for taking the time to help us record our song.

Congratulations the following new chair members of SOTA:

Annie Bravo: Fundraising Chair

Leilua Satele: Community Service Chair

Stephanie Pegan: Professional Development Chair

SOTA is very excited to welcome them aboard.

STUDENT HIGHLIGHTS



The OT Program sends congratulations to Cohort 8 Students, Lindsey Schmidt, Gaelle Simmonds, and Heather Sulfaro, under the mentorship of Dr. Claudia Peyton, and Dr. Yan-hua Huang, for contributions to the online journal Issue 3 of , the totally online journal for Negotiation, Conflict Resolution and Peacebuilding (NCRP) program.

The group submitted a qualitative based research article, "Problems of Combat Veterans Transitioning to Civilian Life" which focused on veterans returning from combat to civilian life in the Los Angeles area. The study looked into the lives of six veterans and the challenges they faced in their daily occupations. We highlight Lindsey, Gaelle, and Heather for demonstrating leadership qualities in their research and continued commitment as an Occupational Therapists.

If you would like to contribute to the online journal or view this article, visit the NCRP website at www.ejournalncrp.org.

MELISSA JAZMINES-BROERSMA BABY SHOWER



On October 21, Melissa Jazmines-Broersma was showered with gifts and pastries for her surprise Tea Party Baby Shower. There was a variety of finger foods, tea cakes and pastries as well as a vast assortment of teas served in vintage tea ware. In addition to enjoying the delicious treats and company, a number of baby shower games were played and prizes were given to the winners. Less than a month after sending her off, Melissa had her beautiful baby girl, Frances Broersma, on November 14, 2013. Frances was 8 pounds and 20 inches. Melissa will return from her leave at the end of January. Congratulations to Melissa and her husband for the new addition to their family!

FACULTY AND STAFF CORNER

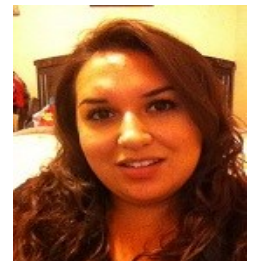
The Occupational Therapy Program congratulates Mary Groves, OI, OTR/L on her tenure track appointment. We support commend Dr. Groves for her excellence and commitment to the MSOT Program. Additionally, we have two new additions to the MSOT Staff starting this fall 2013. Please welcome Patricia Suarez, Administrative Support Assistant, and Lisa D Langford, Student Services Professional to the OT Team.



Mary Groves, OI, OTR/L



Lisa Langford, MA Ed.



Mrs. Patty Suarez

HAPPY HOLIDAYS



The faculty and staff of the Master's in Occupational Therapy wish you Happy Holidays and Happy New Year! We send well wishes to Cohort 8 as they complete their first Fieldwork II rotation, and offer them our support and commitment to their success. Additionally we send greetings to Cohort 9, and hope they rest up for the spring semester. Finally we look forward to meeting with Cohort 10 at the Orientation on January 9, 2014.

May you all have safe journeys and peace in the new year preparing yourselves to finish, continue, or begin your journey as Occupational Therapists.



UPCOMING EVENTS

Orientation Cohort 10 - January 9

MSOT Information Session- January 22 at 10am

Research Day - February 13

4th Annual Alumni event TBA

MSOT Information Session- February 28 at 1pm

MSOT Information Session- March 27 4:30pm

Cesar Chavez Holiday (Campus Closed) - March 31

Spring Recess (Campus Open) - March 31 - April 5

AOTA Conference - April 3-6 in Baltimore, Maryland

MSOT Information Session- April 26 at 10am

Career Fair - April 30th

C8 Graduation Banquet - April 30th

Fieldwork Turnover - April 30th

Commencement - May 16th at 3pm

MSOT Information Session- May 22 at 4:30pm

January 2014

Su	M	Tu	W	Th	Fri	Sa
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2014

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16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2014

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30	31					

April 2014

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6	7	8	9	10	11	12
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20	21	22	23	24	25	26
27	28	29	30			

May 2014

Su	M	Tu	W	Th	Fri	Sa
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SPRING 2014

SPRING 2014	Reminders/Remarks:	
January 9, 2014 – Thursday	C-10 Student Orientation	Loker Student Union (LSU)
January 10, 2014	Last day to add classes for MSOT	
January 13, 2014	Spring 2014 MSOT Classes Begin	(One week earlier than rest of campus)
January 20, 2014	Martin Luther King Holiday	Campus closed
January 22, 2014	MSOT Information Session	LSU Ballroom C 10-12pm
February 13, 2014	Research Day	LSU
February - TBD	CSUDH Alumni/Student Event	Loker Student Union- pending reservation
February 17, 2014	President’s Day Holiday	Campus open – No classes
February 28, 2014	MSOT Information Session	WH D165 1-3pm
March 15-16, 2014	OTAC Spring Symposium	Anaheim California
March 27, 2014	MSOT Information Session	LSU Ballroom C 1-3pm
March 31, 2014	Cesar Chavez Holiday	Campus Closed
March 31 – April 5 2014	Spring Recess	
April 3 – 6 , 2014	AOTA Conference	Baltimore, Maryland Alumni Event
April 26, 2014	MSOT Information Session	LSU Ballroom C 10-12pm
April 30, 2014	CAREER FAIR	LSU-All students (C-8,C-9,and C-10)
April 30, 2014	C-8 Graduation Banquet	C-8 with Focus Group
April 30, 2014	C-10 Clinical Experience Turn Over Ceremony	C-8, C-9, and C-10
May 2014	Advisement to Candidacy Form	Due no later than 2 nd week of May
May 12-16	Spring to Summer Break	
May 16-17, 2014	COMENCEMENT	
May 21, 2014	Spring Grades Due	Due at 3pm
May 22, 2014	MSOT Information Session	LSU Ballroom C 4:30-6:30pm

SUMMER & FALL 2014

Summer 2014		Reminders/Remarks:
May 19 – June 27, 2014	Summer Session 1	
May 26, 2014	Memorial Day Holiday	Campus closed
June 8, 2014- Wednesday	Spring Comp Exam	
June 26, 2014	MSOT Information Session	WH D165 10-12pm
June 28 - July 6, 2014	Summer Break	
July 4, 2014	Independence Day	Campus closed
July 24, 2014	MSOT Information Session	WH D165 5:30-7:30pm
July 7 – August 15, 2014	Summer Session 2	
August 2014	Graduation Application	Due no later than end of August
August 1, 2014	Spring 2015 MSOT Accepting Applications	University – Open August 1 Program Applications- Due September 15
August 15, 2014	Annual Hand Therapy of Greater Los Angeles Scholarship	Deadline- August 15
August - TBA	Phi Theta Epsilon Induction Ceremony	
August 15-23	Summer to Fall Break	
Fall 2014		Reminders/Remarks:
August 23, 2014	Fall 2014 MSOT Semester Begins	
August 29, 2014	MSOT Information Session	LSU Ballroom C 10-12pm
	Labor Day Holiday	Campus Closed
September 1, 2014 September 2014	C-9 Comps	(Comps tentative 4 th or 5 th)
	C-9 Student Send off	With celebratory invitation
October 16-19, 2014	OTAC Conference	Alumni Event

Semester Schedule:

Spring 2014: January 11 – May 9, 2014
 Summer Session 1: May 19 – June 27, 2014
 Summer Session 2: July 7 – August 15, 2014
 Fall 2014: August 23 – December 12, 2014

GRANTS/SCHOLARSHIP

Hand Therapy Society Scholarship Deadline- August 15, 2013
 LAUSD – Ongoing

OT Newsletter- to be distributed at the end of each semester
 (May 14, December 13)

DEPARTMENT/PROGRAM EVENTS:

Cohort 10 STUDENT ORIENTATION - January 9, 2014
 4th Annual Alumni Gathering – Feb TBA
 Career Fair – April 30, 2014
 C-8 Graduation Banquet - April 30, 2014

**FULL Faculty Meetings (2nd or 3rd Thursday of every Month,
 6:30pm-9:30pm)** January 16; February TBA; March TBA; April TBA;
 May TBA; June TBA; July TBA; August TBA, 2014

Student Surveys/Data Collection for Program Evaluation

Focus Group – Every May during Grad Banquet