

## MINOR IN PSYCHOLOGY (15 UNITS)

Select five upper division psychology courses, **except** PSY 481, PSY 482, PSY 483, PSY 486, PSY 490 or PSY 497. Only one course may be selected from: PSY 396, PSY 494, PSY 496 (a maximum of three units may apply to the minor) or PSY 498. PSY 235 may be substituted for one upper division course (15 units).

### Psychology Electives

- PSY 306 Design Your Life (3)
- PSY 312 Theories of Learning (3)
- PSY 314 Behavior Modification (3)
- PSY 320 Psychopharmacology (3)
- PSY 322 Cognitive Psychology (3)
- PSY 340 Social Psychology: Psychological Perspective (3)
- PSY 342 Interpersonal and Group Dynamics (3)
- PSY 350 Child Psychology (3)
- PSY 351 Psychology of Adolescent Experience (3)
- PSY 352 Psychology of Adult Development and Aging (3)
- PSY 353 The Experience of Death and Dying: Psychological Perspectives (3)
- PSY 360 Theories of Personality (3)
- PSY 363 The Abnormal Personality (3)
- PSY 367 Effective Communication Skills (3)
- PSY 368 Human Sexuality (3)
- PSY 370 Health Psychology (3)
- PSY 371 Forensic and Legal Psychology (3)
- PSY 372 Industrial and Organizational Psychology (3)
- PSY 376 Psychology of Gender (3)
- PSY 380 Psychology of the Mexican American I (3)
- PSY 382 Psychological Development of the Black Child (3)
- PSY 383 Psychology of the Black Experience (3)
- PSY 464 Introduction to Clinical Psychology (3)
- PSY 470 Community Psychology: Issues and Practice (3)
- PSY 480 Sport Psychology (3)

# Psychology Course Descriptions

## **PSY 306      Design Your Life (3).**

*Prerequisite: PSY 101 required.*

Course is designed to help students prepare for the transition from the university to your first career. Students will critically examine their beliefs, build skills needed to achieve their career goals, and design plans for several careers.

## **PSY 312      Theories of Learning (3).**

Consideration of the major theories of learning and their experimental bases.

## **PSY 314      Behavior Modification (3).**

*Prerequisite: PSY 101 or equivalent.*

The application of principles and concepts from the experimental analysis of behavior to problems outside the laboratory. Each student will successfully complete a project.

## **PSY 320      Psychopharmacology (3).**

Effects of drugs on mood, personality and behavior. Drug use in treatment of mental disorders in children, adults, and the elderly.

## **PSY 322      Cognitive Psychology (3).**

An introduction to theory and research in human information processing. Topics include attention, memory, neuro-cognition, mental representation, imagery, problem solving, reasoning, language, and other higher mental processes.

## **PSY 340      Social Psychology: Psychological Perspective (3).**

A broad survey of theories and research areas in social psychology. Including such topics as aggression, prejudice, person perception, leadership and conformity.

## **PSY 342      Interpersonal and Group Dynamics (3).**

Methods, theories and research findings concerning interpersonal dynamics and the dynamics of small groups. The class will learn communication skills and participate in various aspects of group experience.

## **PSY 350      Child Psychology (3).**

The cognitive, psychological and social development of the child from birth to adolescence. Fieldwork at discretion of instructor.

## **PSY 351      Psychology of Adolescent Experience (3).**

Consideration of the major theories and research concerning development during adolescence. Emphasis on the development of personal identity as it relates to social roles in adolescence.

## **PSY 352      Psychology of Adult Development and Aging (3).**

Theories and research in adult development and aging, including the effects of physiological and socio-economic changes on psychological variables within an aging population.

## **PSY 353      The Experience of Death and Dying: Psychological Perspectives (3).**

Readings, discussion, and case studies in the psychodynamics of reactions to death and behavior patterns, coping with impending or recent death, loss, and grief; attitudes towards death and dying; the fear of death; children's responses to death.

## **PSY 360      Theories of Personality (3).**

A study of basic theories of personality including type theories; trait theories; psychoanalytic, learning, biosocial, self and holistic-integrative theories.

**PSY 363 Abnormal Psychology (3).**

The causes and manifestations of abnormal behavior. Field study and case study.

**PSY 367 Effective Communication Skills (3).**

Training and practice in effective communication skills, such as active listening, accurate empathy, respect, genuineness, concreteness, assertion and message sending. Lecture will provide theoretical and empirical rationale for applied skills and techniques. Supervised small group practice will provide experience and feedback on applying such skills.

**PSY 368 Human Sexuality (3).**

Course will cover the physiological and psychological aspects of human sexuality. The origin and treatment of sexual dysfunction will also be discussed.

**PSY 370 Health Psychology (3).**

*Prerequisite: PSY 101.*

**PSY 371 Forensic and Legal Psychology (3).**

*Prerequisite: PSY 101 required.*

A survey of forensic and legal psychology including interrogations, eyewitness memory, forensics, the death penalty, the insanity defense, competency to stand trial, jury decision-making, and more. Emphasizes research on the importance of understanding and preventing wrongful convictions. Survey of the major findings and theories from the field of health psychology. Includes consideration of psychological, social, and cultural effects on health.

**PSY 372 Industrial and Organizational Psychology (3).**

Survey of the application of psychology to organizations, personnel, work environments, buying, and selling, with particular attention to current issues.

**PSY 376 Psychology of Gender (3).**

*Prerequisite: PSY 101 is recommended.*

Theory and research on the development of gender identity and gender differences and similarities. Includes role of ethnicity, cross-cultural evidence, and analysis of status and power differences favoring males.

**PSY 380 Psychology of the Mexican American I (3).**

*Prerequisite: PSY 340 is recommended.*

The psychological development and socialization of the Mexican American. The Mexican American as unique from both mother culture and dominant culture, especially a consideration of how language, color, and socio-economic class affect the individual.

**PSY 382 Psychological Development of the Black Child (3).**

Unique environmental influences on the psychological development of the Black child, from the prenatal period through elementary school. Emphasis on social, intellectual and emotional growth.

**PSY 383 Black Psychology (3).**

An investigation into the dynamics of the Black personality, and the influence of American social institutions. Focus on the various types of psychological adaptations, identity conflicts, problems of self-esteem, and evaluation of Black consciousness.

**PSY 464 Introduction to Clinical Psychology (3).**

*Prerequisite: PSY 363.*

An overview of psychology in the clinical situation. The scope, ethics, theories, and methods of clinical psychology.

**PSY 470 Community Psychology: Issues and Practice (3).**

*Prerequisite: PSY 363.*

Introduction to issues and concepts in community psychology, including the study of community organization and intervention programs.

**PSY 480 Sport Psychology (3).**

*Prerequisite: PSY 314 or PSY 340; or consent of instructor.*

Psychological principles and research in motivation, psychophysiology, personality, cognition, development, emotion and group behavior applied to sport settings.

## **Psychology Skill-Building Elective Course Clusters**

Some students may be interested in gaining skills and knowledge in Psychology, but might not want to major in Psychology. Students with interests in gaining psychology-related skills are encouraged to use their general elective courses to take advantage of one of the following skill-building clusters. These clusters are designed to build a foundation in a key area of psychology-oriented skills, such as:

- **Business-related Skills:** PSY 314, PSY 340, PSY 367, PSY 372
- **Counseling and Related Services:** PSY 342, PSY 360, PSY 363, PSY 367, PSY 464, PSY 470
- **Diversity/Community Issues:** PSY 363, PSY 368, PSY 376, PSY 380, PSY 383, PSY 464, PSY 470
- **Family Affairs:** PSY 350, PSY 351, PSY 352, PSY 353, PSY 382
- **Interpersonal Skills:** PSY 340, PSY 342, PSY 360, PSY 367
- **Children and Adolescents:** PSY 350, PSY 351, PSY 314, PSY 367, PSY 382
- **Health/Biomedical:** PSY 320, PSY 363, PSY 368, PSY 370
- **Graduate School Preparation:** PSY 330, PSY 331, PSY 360, PSY 363, PSY 464, additional upper-division Lecture/Laboratory courses