Addressing Food, Housing, & Financial Hardship

Basic Needs & CalFresh Program 2022

https://www.csudh.edu/student-support/food-shelter/ • basicneeds@csudh.edu
Presenting

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“The mission of the Basic Needs Program is to equip students with equitable access that will enhance student success and academic performance. The Basic Needs Program offers a multitude of resources on and off campus that will alleviate basic need challenges such as food, housing, transportation or mental and health challenges.”
Basic Needs Data

- Entire CSU System (2018)
  - 41.6% Food Insecure
  - 10.9% Housing Insecure
- Our CSUDH Data (2019)
  - 61.3% Food Insecure
  - 15.6% Housing Insecure
2020-Present

• Pandemic
• Physical Space - Parking Lot
• Emergency Dorms - Hotel
• Food Insecurity: The inability to afford enough nutritious food and retrieve it in a socially acceptable way.
  • Example: choosing between filling a gas tank and eating, rationing food, eating unhealthy food that does not sustain you, retrieving food in a socially unacceptable way, etc.

Student Story - Brianna
Definitions - Housing

- Housing Insecurity: The inability to pay rent, having to move often, evictions, unstable and/or unsafe home or neighborhood, uninhabitable housing structures, and/or overcrowding.
  - Example: couch surfing, sleeping in a car, staying in a motel, sleeping in a park, on a street bench, or in a shelter, etc.
- Homelessness: Housing insecurity AND currently not living under a physical structure (HUD). McKinney-Vento***.

Student Story - Cristal
• Financial Insecurity: Inability to afford basic needs such as housing, food, transportation, textbooks, tuition, etc.
  • Examples: Predatory lending, payday loans, having to choose…

• Transportation Insecurity: Inability to access safe and reliable transportation to and from class. Parking $$$.  

Student Story - Bianca
1. **Food**: Pick up food on campus or CalFresh Sign-up

2. **Housing**: Emergency Hotel (14 day) + Dorm (30 day) + Referrals

3. **Finances**: Apply for I Heart Toros + CARE$ + FinAid

4. **Transportation**: Future U-Pass or Shuttle? Future Parking $?
1. Pick Up Food/CalFresh

- Farmers Market (Every Tuesday @ SWalkway)
  - Market Match (Spend $10 on your EBT & get $20 worth of food)
- Campus Urban Farm (Office of Sustainability)
- Food Distribution Events (Monthly via Torolink)
- Hot Meal Cards
- Teddy’s Pantry (Under Construction – Fall 2022)
1. Pick Up Food/CalFresh

- CalFresh Food Program at CSUDH:
  - The CalFresh program is monthly aid to help individuals & families buy groceries.

- CalFresh Food Program can help with:
  - Program information
  - Application assistance
  - Uploading verifications
  - Troubleshooting
  - Annual & semi-annual reports
Student Eligibility for CalFresh

- Working 20 hr/wk (or less than 80 hr/mo)
- EOP, McNair Scholars, or TGS student
- Cal Grant A/B, unmarried, under 25, less than $50K
- Full-time student with child under the age of 12
- Part-time student with child under the age of 6
- Approved or Eligible for Work Study
- Do not plan on registering next semester
- $0 EFC on Financial Aid Award
Contacting CalFresh

Make an appointment here:

https://dh-calfresh.appointlet.com

Follow Us

@csudhcalfresh
2. Housing

- Emergency Hotel
  - 14 day stay in Torrance
  - Free + Breakfast Included

- Emergency Dorm
  - 30 day stay on campus
  - Linens + PPE + Testing

- Community Referrals
  - PATH
  - SOH
3. Finances

Apply for $$$ Here

- **I Heart Toros Emergency Grant**
  - Funded through regular monthly contributions from faculty and staff
  - Students can apply for up to $1000
  - Submit documented emergency

- **CARES Funding**
  - 2 buckets of funding
  - Submit documented emergency

https://www.csudh.edu/financial-aid/types-aid/

https://www.csudh.edu/together/cares-act/#:~:text=The%20minimum%20grant%20is%20$250,to%20iheart%40csudh.edu.
4. Transportation

• No current support
• Apply for emergency grants
• No coverage for parking passes/fees/Uber
• Dreaming of a U-Pass and Shuttle Revamp
How To Get Help

• If you or your student(s) have any of the 4 hardships listed: Food, Housing, Finances, Transportation:

1. Share this PPT for problem-solving/applying
2. Encourage student(s) to refer themselves here https://cm.maxient.com/reportingform.php?CSUDominguezHills&layout_id=4
3. OR staff fill out a referral on their behalf here https://cm.maxient.com/reportingform.php?CSUDominguezHills&layout_id=3
4. Have them visit the following helpful links:

Food + Housing: [https://www.csudh.edu/student-support/food-shelter/](https://www.csudh.edu/student-support/food-shelter/)

Finances: [https://www.csudh.edu/financial-aid/types-aid/](https://www.csudh.edu/financial-aid/types-aid/)

[https://www.csudh.edu/together/cares-act/#:~:text=The%20minimum%20grant%20is%20%2424250,to%20iheart%2040csudh.edu](https://www.csudh.edu/together/cares-act/#:~:text=The%20minimum%20grant%20is%20%2424250,to%20iheart%2040csudh.edu).
Future Projects

- Free Groceries for Students & Families
- Regional Food Bank Distribution Branch
- Campus Shuttle System
- U-Pass Program
- Emergency Housing
Contact Us - Cristal

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