

RESEARCH INTEREST:

Based on her belief that health-promoting behaviors should start before one encounters more complicated health problem, Dr. Ratanasiripong’s research interest involves sexually transmitted diseases, psychosocial wellbeing, and quality of life among the young and older adult populations including those who live with chronic conditions. Dr. Ratanasiripong also collaboratively works with other faculty researchers in the U.S. and Thailand to help adults deal with stress and life events by providing biofeedback intervention.

EDUCATION AND TRAINING:

- 2009 - 2012 University of Missouri-Kansas City
Ph.D. in Nursing (Health Promotion)
- 1996 - 1998 Mahidol University—Faculty of Medicine, Thailand
Master of Nursing Science (Maternal and Newborn Nursing)
- 1990 - 1994 Boromarajonani College of Nursing, Nakornratchasima, Thailand
Bachelor of Science in Nursing and Midwifery

CERTIFICATION AND LICENSURE:

- 2016- Present Certified Nurse Educator: National League of Nursing
- 2001- Present Registered Nursing License: California Board of Registered Nursing

HONORS AND AWARDS:

- 2022 Judith Lewis Outstanding Educator Award
- 2021 DAISY Award for Extraordinary Nursing Faculty, the DAISY Foundation
- 2015 Faculty Research and Creativity Activity Recognition Award, California State University- Dominguez Hills (CSUDH)
- 2012 Virginia Kelly Scholar (named in honor of former President Clinton’s late mother), American Nurse Foundation
- 2004 Achievement Award, Dow Pharmaceutical Sciences
- 1999 Outstanding research presentation, Perinatal Medical Association of Thailand
- 1994 Gold medal (graduate top of the class), Boromarajonani College of Nursing
- 1994 Leadership & Extracurricular Activities, Boromarajonani College of Nursing
- 1993 Outstanding Nursing Student, Thailand Nursing Association

GRANTS AND SCHOLARSHIPS:

- 2024 College Faculty and Creativity Activity Grant (C-RSCA), CSUDH. Study: *Flourishing in Nursing: Positive Factors that Contribute to Well-Being of Nursing Students in Thailand* (PI).
- 2023 College Faculty and Creativity Activity Grant (C-RSCA), CSUDH. Study: *Mental Health and Grit of Nursing Students in Thailand* (Co-PI).
- 2022 Faculty Research and Creativity Activity Grant, CSUDH. Study: *The Outcomes of an e-Wellness Program for Lupus Patients: A Participatory Action Research Approach* (PI).

- 2018 Faculty Research and Creativity Activity Grant, CSUDH. Study: *Factors Related to Quality of Life among Systemic Lupus Erythematosus (SLE) Patients in Thailand (PI).*
- 2017 Faculty Research and Creativity Activity Grant, CSUDH. Study: *Quality of Life of the Older Adults in Rural Northern Thailand (Co-PI).*
- 2016 Faculty Research and Creativity Activity Grant, CSUDH. Study: *Attitudes toward Unwanted Pregnancy and Practice Behaviors to Prevent Pregnancy among Thai Nursing Students (PI).*
- 2015 Faculty Research and Creativity Activity Grant, CSUDH. Study: *Factors Related to Intention to Obtain a Human Papillomavirus (HPV) Vaccine and Vaccination Rate among young Women in Thailand (PI).*
- 2015 Interdisciplinary Faculty Research and Creativity Activity Grant, CSUDH. Study: *A Pilot Study on the Effectiveness of the Community-Based Health Enhancement Lifestyle Program (Community HELP) for Older Adults (Co-PI).*
- 2014 Faculty Research and Creativity Activity Grant, CSUDH. Study: *Alcohol Use and Related-Risk Behaviors among College Students (PI).*
- 2013 Faculty Research and Creativity Activity Grant, CSUDH. Study: *What College Men Know, Think, and Do about Human Papillomavirus (HPV) and HPV Vaccine (PI).*
- 2011 Dissertation Research Grant, American Nurse Foundation.
- 2011 Dissertation Research Grant, Pacific Coast College Health Association.

PROFESSIONAL EXPERIENCES:

- 2023- Present California State University, Dominguez Hills, CA- School of Nursing
 Title: Professor
Course Content Expert:
 BSN 422- Community-Based Nursing (Certified by Quality Matter)
 BSN 423- Community-Based Nursing Role Performance
 MSN 530- Research Utilization (Certified by Quality Matters)
Courses Taught:
 BSN 306- Cultural Diversity and Health Care
 BSN 400- Health Promotion and Patient Teaching
 BSN 422- Community-Based Nursing
 BSN 423- Community-Based Nursing Role Performance
 MSN 502- Advanced Nursing Roles
 MSN 530- Research Utilization
- 2018 - 2023 California State University, Dominguez Hills, CA- School of Nursing
 Title: Associate Professor/Public Health Nurse Certificate Program Advisor (2018-20)
- 2012 - 2018 California State University, Dominguez Hills, CA- School of Nursing
 Title: Assistant Professor/ RN-BSN Program Coordinator/ Public Health Nurse Certificate Program Advisor
- 2008 - 2012 California State University, Long Beach, CA - Student Health Services
 Title: Associate Director and Coordinator of Resources and Quality Assurance
- 2006 - 2008 California State University, Long Beach, CA - Student Health Services
 Title: Assistant Director and Coordinator of Resources and Quality Assurance
- 2005 - 2006 Mercy Medical Center, Merced, CA
 Title: Clinical Educator (Medical-Surgical Unit)

- 2003 - 2006 Solano Clinical Research, Davis, CA -A Division of Dow Pharmaceutical Sciences
Title: Assistant Site Manager and Research Coordinator/Sub-Investigator
- 2002 - 2003 Sutter Visiting Nurses Association & Hospice, Sacramento, CA
Title: Primary Care Clinician/Case Manager
- 2001 - 2002 Sutter Davis Hospital, Davis, CA
Title: Registered Nurse (Birthing Center)
- 1998 - 2000 Siam University, Bangkok, Thailand
Title: Nursing Instructor
- 1996 – 1998 Deja Hospital, Bangkok, Thailand
Title: Part-time Registered Nurse (Medical & Surgical, Labor & Delivery)
- 1994 – 1996 Boromarajonani College of Nursing, Nakornratchasima, Thailand
Title: Nursing Instructor

PEER-REVIEWED PUBLICATIONS:

Ratanasiripong, N., Cahill, S., Crane, C., & Ratanasiripong, P. (2023). The Outcomes of an e-Wellness Program for Lupus Patients: A Participatory Action Research Approach. *Journal of Preventive Medicine & Public Health*, 56(2), 154-163. <https://doi.org/10.3961/jpmph.22.491>

Ratanasiripong, P., **Ratanasiripong, N.,** Khamwong, M., Jingmark, S., Thaniwattananon, P., Pisaipan, P., Sanseeha, L., Rungnoei, N., Songprakun, W., Tonkuriman, A., & Bunyapakorn, S. (2022). The impact of resiliency on mental health and quality of life among older adults in Thailand. *Journal of Health Research*, 36(5), 908-918. <https://doi.org/10.1108/JHR-02-2021-0099>

Ratanasiripong, P., Wang, C. D., **Ratanasiripong, N.,** Hanklang, S., Kathalae, D., & Chumchai, P. (2022). Impact of psychosocial factors on academic performance of nursing students. *Journal of Health Research*, 36(4), 598-606. <https://doi.org/10.1108/JHR-07-2020-0242>

Ratanasiripong, P., **Ratanasiripong, N.,** Nungdanjark, W., Thongthammarat, Y., & Toyama, S. (2022). Mental health and burnout among teachers in Thailand. *Journal of Health Research*, 36(3), 404-416. <https://doi.org/10.1108/JHR-05-2020-0181>

Ratanasiripong, P., China, T., **Ratanasiripong, N.,** & Toyama, S. (2021). Resiliency and mental health of school teachers in Okinawa. *Journal of Health Research*, 35(6), 470-481. <https://doi.org/10.1108/JHR-11-2019-0248>

Ratanasiripong, N., Warawitsarangoon, R., Junda, T., Sangchan, H., Goo, P.A., Siripaitoon, B., Ratanasiripong, P., & Panyathorn, K. (2020). Mental Health Status and Health-Related Quality of Life among Systemic Lupus Erythematosus (SLE) Patients in Thailand: A Multi-Site Study. *Journal of the Medical Association of Thailand*, 103(11), 1185-1193. <https://doi.org/10.35755/jmedassocthai.2020.11.11156>

Ratanasiripong, N., & Ratanasiripong, P. (2020). Predictive factors of quality of life among Systemic Lupus Erythematosus patients in Thailand: A web-based cross-sectional study. *Quality of Life Research*, 29(9), 2415-2423. <https://doi.org/10.1007/s11136-020-02494-6>

Seangpraw, K. Ratanasiripong, N., Ratanasiripong, P. (2019). Predictors of Quality of life of the rural older adults in Northern Thailand. *Journal of Health Research*, 33(6), 450-459. <https://doi.org/10.1108/JHR-11-2018-0142>

Ratanasiripong, N., Sri-Umporn, S., Kathalae, D., Hanklang, S., & Ratanasiripong, P. (2018). Human Papillomavirus vaccination rate and factors related to intention to obtain the vaccine among young women in Thailand. *Journal of Health Research*, 32 (2), 142-151. <https://doi.org/10.1108/JHR- 01-2018-018>

Ratanasiripong, P., Park J. F., **Ratanasiripong, N.**, & Kathalae, D. (2015). Stress and anxiety management in nursing students: Biofeedback and mindfulness meditation. *Journal of Nursing Education*, 54(9), 520-524. <https://doi.org/10.3928/01484834-20150814-07>

Ratanasiripong, N. (2015). Factors related to Human Papillomavirus (HPV) vaccination in college men. *Public Health Nursing Journal*, 32(6), 645-653. <https://doi.org/10.1111/phn.12198>

Ratanasiripong, P., Kaewboonchoo, O., **Ratanasiripong, N.**, Hanklang, S., & Chumchai, P. (2015). Biofeedback intervention for stress, anxiety, and depression among Thai Graduate Students in Public Health. *Nursing Research and Practice*. Article ID 160746, 5 pages. <https://doi.org/10.1155/2015/160746>

Ratanasiripong, P., Wang, C. D., **Ratanasiripong, N.**, Hayes, J. A., Kaewboonchoo, O., & Kathalae, D. (2015). Development and cross-cultural validation of the Counseling Center Assessment of Psychological Symptoms – Thai version. *The Counseling Psychologist*, 43, 248-271. <https://doi.org/10.1177/0011000014566991>

Ratanasiripong, N. (2014). Human Papillomavirus (HPV) vaccine Increases high-risk sexual behaviors—A myth or valid concern. *The Journal of School Nursing*, 30(6), 456-63. <https://doi.org/10.1177/1059840513520042>

Ratanasiripong, N., & Chai, K. (2013). A concept analysis of attitude toward getting vaccinated against Human Papillomavirus. *Nursing Research and Practice*. Article ID 373805, 5 pages, 2013. <https://doi.org/10.1155/2013/373805>.

Ratanasiripong, N., Cheng, A.L., & Enriquez, M. (2013). What college women know, think, and do about Human Papillomavirus (HPV) and HPV vaccine. *The Vaccine*, 31(10), 3170-3176.

Ratanasiripong, N. (2012). A review of Human Papillomavirus (HPV) infection and HPV vaccine related attitudes and sexual behaviors among college-aged women in the U.S. *Journal of American College Health*, 60(6), 461-470.

Ratanasiripong, P., **Ratanasiripong, N.**, & Kathalae, D. (2012). Biofeedback Intervention for Stress and Anxiety among Nursing Students: A Randomized Controlled Trial. *International Scholarly Research Network*. Article ID 827972, 5 pages. <https://doi.org/10.5402/2012/827972>.

Ratanasiripong, P., Burkey, H., & **Ratanasiripong, N.** (2009). Stress and substance use among Asian American and Latino college students. *College Student Journal*, 43(4), 1253-1259.

Rotchanapradit, T. (2000). Problem issues and factors related to critical thinking development in nursing. *Journal of Nursing, Siam University*, 1(1), 13-17.

Rotchanapradit, T., Lerdmaleewong, L., & Chareonpol, O. (2000). Effects of support and information giving on anxiety and satisfaction with nursing of women experiencing preterm labor. *Journal of Nursing, Siam University*, 1(1), 41-48.

PEER-REVIEWED PRESENTATIONS:

Hanklang, S., **Ratanasiripong, N.**, Singkhum, P., Sathira-Anant, S., & Ratanasiripong. (Sep 2023). *Effect of Smartphone Addiction, Self-Esteem, and Mental Health on Grit among Nursing Students*. International Conference for Public Health, Environment, and Education for Sustainable Development Goals and Lifelong Learning Conference, Bangkok, Thailand.

Ratanasiripong, N., Crane, C. Cahill, S., & Ratanasiripong, P. (accepted). *The Outcomes of an Innovative Wellness Program for Lupus Patients*. American Organization for Nursing Leadership Conference, Anaheim, CA.

Ratanasiripong, N. (Apr 2021). Adjusted Clinical Plan (ACP): *A Creative Teaching Approach in Public Health Nursing during COVID-19*. Association of Public Health Nurses, Columbus, OH.

- Ratanasiripong, N., Ratanasiripong, P., Nungdanjark, W., Thongthammarat, Y., Bunyakorn, S., & Bunyakorn, J.** (Dec 2020). *Quality of Life among the Older Adults in Rural Northeastern Villages of Thailand*. Asia-Pacific Academic Consortium for Public Health, Colombo, Sri Lanka.
- Ratanasiripong, P., **Ratanasiripong, N.**, Tonkuriman, A., Songprakun, W., Rungnoi, N., Sanseeha, L., Pisaipan, P., Thaniwattananon, P., Jingmark, S., Khamwong, M., & Bunyakorn, S. (Dec 2020). *Resiliency and Mental Health of Older Adults in Thailand*. Asia-Pacific Academic Consortium for Public Health, Colombo, Sri Lanka.
- Ratanasiripong, P., **Ratanasiripong, N.**, Thongthammarat, Y., & Nungdanjark, W. (Dec 2020). *Mental Health and Wellness among Teachers in Thailand*. Asia-Pacific Academic Consortium for Public Health, Colombo, Sri Lanka.
- Ratanasiripong, N.**, Warawitsarangoon, R., Junda, T., Ratanasiripong, P. (Nov 2019). *Mental health needs and quality of life among Systemic Lupus Erythematosus (SLE) patients in Thailand: A multi-site study*. The 51th Asia-Pacific Academic Consortium for Public Health, Bangkok, Thailand.
- Ratanasiripong, N.** & Ratanasiripong, P. (Nov 2019). *Factors associated with health-related quality of life among Systemic Lupus Erythematosus (SLE) patients in Thailand*. The 51th Asia-Pacific Academic Consortium for Public Health, Bangkok, Thailand.
- Ratanasiripong, N.**, Seangpraw, K., & Ratanasiripong, P. (Sep 2018). *Quality of life of the rural older adults in Northern Thailand*. The 50th Asia-Pacific Academic Consortium for Public Health, Kota Kinabalu, Malaysia.
- Ratanasiripong, N.**, Kathalae, D., & Ratanasiripong, P. (Aug 2017). *Attitudes toward Pre-Marital Sex and Risky Sexual Behaviors that may Cause Unwanted Pregnancy among Thai Nursing Students*. The 49th Asia-Pacific Academic Consortium for Public Health, Incheon, South Korea.
- Ratanasiripong, P., Sawatzky, M., **Ratanasiripong, N.**, Hanklang, S., Kathalae, D., Chumchai, P., & Nann, N. (Aug 2017). *Mental Health and Well-Being of Nursing Students in Thailand*. The 49th Asia-Pacific Academic Consortium for Public Health, Incheon, South Korea.
- Ratanasiripong, N.**, Kathalae, D., Sri-Umporn, S., Hanklang, D., & Ratanasiripong, P. (Sep 2016). *Human Papillomavirus (HPV) Vaccination Rate and Factors Related to Intention to Obtain the Vaccine among Young Women in Thailand*. The 48th Asia-Pacific Academic Consortium for Public Health, Tokyo, Japan.
- Ratanasiripong, N.** (May 2015). *Factors Influencing Human Papillomavirus (HPV) Vaccine among College Men*. Association of Public Health Nurses Annual Conference, Manchester, NH.
- Ratanasiripong, N.** (May 2014). *Does HPV Vaccination Increase Unsafe Sex among College Women? — The Question to be Answered*. American College Health Association Annual Meeting, San Antonio, TX.
- Ratanasiripong, P., Wang, C. D., **Ratanasiripong, N.**, Hayes, J. A., Kaewboonchoo, O., & Kathalae, D. (Mar 2014). *Counseling Center Assessment of Psychological Symptoms (CCAPS) – Thai Version: Translation and cross-cultural validation*. The 2014 Counseling Psychology Conference, Atlanta, GA.
- Ratanasiripong, N.** (Sep 2013). *What College Women Know, Think, and Do about Human Papillomavirus (HPV) and HPV Vaccine*. Association of Reproductive Health Professionals, Denver, CO.
- Ratanasiripong, N.** (May 2013). *Factors Related to HPV Vaccine Uptake Rate: Implications of Research Findings for Health Promotion Planning in Young Women*. The Joint 3rd Asian Conference on Occupational Health Nursing, 2013, Faculty of Public Health, Mahidol University, Bangkok, Thailand.

Ratanasiripong, P., & **Ratanasiripong, N.** (Aug 2012). *Randomized controlled trial for stress and anxiety management: Biofeedback -vs- mindfulness meditation*. American Psychological Association Annual Convention, Orlando, FL.

Ratanasiripong, P., **Ratanasiripong, N.**, & Ceglowski, J. (Aug 2011). *Biofeedback intervention for stress and anxiety management among nursing students in Thailand*. Annual Convention of the American Psychological Association, Washington, D.C.

Ratanasiripong, N. (Jul 2010). *Attitudes toward sexual behaviors among college women: Concept analysis*. University of Missouri-Kansas City, School of Nursing Research Day, Kansas City, MO.

Burkey, H., **Ratanasiripong, N.**, & Ratanasiripong, P. (May 2009). *Measuring the impact of an innovative campus health education intervention program for students newly diagnosed with HPV*. American College Health Association Annual Meeting, San Francisco, CA.

Rotchanapradit, T. (Oct 1999). *Effects of support and information giving on anxiety and satisfaction with nursing of women experiencing preterm labor*. Perinatal Medical Association of Thailand Conference, Chonburi, Thailand.

PROFESSIONAL MEMBERSHIP:

2016- Present National League of Nursing

RECENT SERVICES:

School of Nursing Level

- Curriculum and Program Evaluation Committee: Chair (2019-21), member (2021-23)
- RN-BSN Curriculum Sub-Committee: Chair (2014-23), Member (2023-Present)
- Course Content Expert (2013- Present)
- Awards & Scholarships Subcommittee: Member (2018-21, 2023-Present), Co-chair (2022-23)
- Public Health Nurse Certificate program Advisor (2014-20)
- RTP Committee: Chair (2018-19, 2021-22, 2023-2024)
- Search Committee for an Associate Professor Position: Member (2019-20)
- EXXAT Initiation Team: Member (2020-21)

College/University Level

- University Leaves and Honors: Member (2022-2024)
- College Faculty Development and Research Committee: Member (Fall 2022-2024)
- University Educational Policy Committee: Member (2014-21)
- Learning Management System: Beta-tester (Fall 2018)
- Search Committee for the School of Nursing Director Position: Member (2020-21)
- International Education Council/Study Aboard Sub-Committee: Member (2020-21)
- Student Research Day: Moderator and Mentor (Spring 2022)
- TORO Hours Committee: Member (Spring 2022)

Nursing/Health Care Profession Level

- Research Instrument Translator for CSULB student (Nov 2018)
- Online Learning: Lessons Learned Workshop: Speaker (Jan 2019)
- Tenure-Track Faculty Mentor (Spring2020- Spring 2021)
- Nursing Student Preceptor (Fall 2020)
- Journal Manuscript Reviewer (Fall2019-Present)

Community at Large Level

- Medical Psychosocial Education Volunteer Program, Thailand: Co-founder & Clinician (2004-Present)
- SLE Foundation of Thailand: Vice President (2012- Present)
- The 4th Systemic Lupus Erythematosus Patient Conference: Speaker (Dec 2018)
- Health Educational Video Translator (May 2020)
- SLE Self-Care Management Workshops (Jul 2021, Nov2023-Feb 2024)