

NOP T. RATANASIRIPONG, PH.D, R.N, C.N.E

SCHOOL OF NURSING, CALIFORNIA STATE UNIVERSITY-DOMINGUEZ HILLS

<https://www.csudh.edu/son/faculty-staff/nop>

BACKGROUND:

Dr. Ratanasiripong's professional background is in maternal and newborn nursing, women's health, and health promotion/disease prevention. In recent years, her work experiences have been in clinical trials, health promotion, leadership/management, and teaching. Dr. Ratanasiripong participated in clinical trials as a sub-investigator and coordinator in vaccine and dermatological trials for 6 years.

RESEARCH INTEREST:

Based on her belief that health-promoting behaviors should start before one encounters more complicated health problems, Dr. Ratanasiripong's research interest involves sexually transmitted diseases, psychosocial health, and quality of life among the young and older adult populations including those who live with chronic conditions. Dr. Ratanasiripong also collaboratively works with other faculty researchers in the U.S. and Thailand to help adults deal with stress and life events by providing biofeedback intervention.

EDUCATION AND TRAINING:

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| 2009 - 2012 | University of Missouri-Kansas City <ul style="list-style-type: none">• Ph. D in Nursing (Health Promotion) |
| 1996 -1998 | Mahidol University—Faculty of Medicine, Thailand <ul style="list-style-type: none">• Master of Nursing Science (MNS) |
| 1990 -1994 | Boromarajonani College of Nursing, Nakornratchasima, Thailand <ul style="list-style-type: none">• Bachelor of Science in Nursing (BSN) |

ADDITIONAL TRAINING:

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| 2018 | Quality Matters (https://www.qualitymatters.org/) <ul style="list-style-type: none">• Certificate programs- (1) Independent Applying the QM Rubric & (2) Independent Improving Your Online Course |
| 2005 | University of Virginia, Charlottesville <ul style="list-style-type: none">• Certificate program - Research Ethics for Research Coordinators & Monitors |
| 2003 | University of Southern California-Keck School of Medicine <ul style="list-style-type: none">• Certificate program - Clinical Training for Primary Care Providers for HIV-Infected Patients |
| 1995 | Boromarajonani College of Nursing, Nakornratchasima, Thailand <ul style="list-style-type: none">• Certificate program - Teaching in Clinical Nursing |

CERTIFICATION AND LICENSURE:

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| 2016- Present | <i>Certified Nurse Educator</i> : National League of Nursing |
| 2001- Present | <i>Registered Nursing License</i> : California Board of Registered Nursing |

HONORS AND AWARDS:

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| 2022 | Judith Lewis Outstanding Educator Award |
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- 2021 DAISY Award for Extraordinary Nursing Faculty, the DAISY Foundation
- 2015 Faculty Research and Creativity Activity Recognition Award, California State University- Dominguez Hills (CSUDH)
- 2012 Virginia Kelly Scholar (named in honor of former President Clinton's late mother), American Nurse Foundation
- 2004 Achievement Award, Dow Pharmaceutical Sciences
- 1999 Outstanding research presentation, Perinatal Medical Association of Thailand
- 1994 Gold medal (graduate top of the class), Boromarajonani College of Nursing
- 1994 Leadership & Extracurricular Activities, Boromarajonani College of Nursing
- 1993 Outstanding Nursing Student, Thailand Nursing Association

GRANTS AND SCHOLARSHIPS:

- 2022 Faculty Research and Creativity Activity Grant, CSUDH. *Study: The Outcomes of an e-Wellness Program for Lupus Patients: A Participatory Action Research Approach* (PI).
- 2018 Faculty Research and Creativity Activity Grant, CSUDH. *Study: Factors Related to Quality of Life among Systemic Lupus Erythematosus (SLE) Patients in Thailand* (PI).
- 2017 Faculty Research and Creativity Activity Grant, CSUDH. *Study: Quality of Life of the Older Adults in Rural Northern Thailand* (Co-PI).
- 2016 Faculty Research and Creativity Activity Grant, CSUDH. *Study: Attitudes toward Unwanted Pregnancy and Practice Behaviors to Prevent Pregnancy among Thai Nursing Students* (PI).
- 2015 Faculty Research and Creativity Activity Grant, CSUDH. *Study: Factors Related to Intention to Obtain a Human Papillomavirus (HPV) Vaccine and Vaccination Rate among young Women in Thailand* (PI).
- 2015 Interdisciplinary Faculty Research and Creativity Activity Grant, CSUDH. *Study: A Pilot Study on the Effectiveness of the Community-Based Health Enhancement Lifestyle Program (Community HELP) for Older Adults* (Co-PI).
- 2014 Faculty Research and Creativity Activity Grant, CSUDH. *Study: Alcohol Use and Related-Risk Behaviors among College Students* (PI).
- 2013 Faculty Research and Creativity Activity Grant, CSUDH. *Study: What College Men Know, Think, and Do about Human Papillomavirus (HPV) and HPV Vaccine* (PI).
- 2011 Dissertation Research Grant, American Nurse Foundation.
- 2011 Dissertation Research Grant, Pacific Coast College Health Association.

PROFESSIONAL EXPERIENCES:

- 2018 - Present California State University, Dominguez Hills, CA- School of Nursing
Title: Associate Professor

Course Content Expert:

BSN 400- Health Promotion and Patient Teaching

BSN 422- Community-Based Nursing

BSN 423- Community-Based Nursing Role Performance

MSN 530- Research Utilization (Certified by Quality Matters)

Courses Taught:*BSN 306- Cultural Diversity and Health Care**BSN 400- Health Promotion and Patient Teaching**BSN 422- Community-Based Nursing**BSN 423- Community-Based Nursing Role Performance**MSN 502- Advanced Nursing Roles**MSN 530- Research Utilization*

2012 - 2018	California State University, Dominguez Hills, CA- School of Nursing <i>Title:</i> Assistant Professor/ RN-BSN Program Coordinator/ Public Health Nurse Certificate Program Advisor
2008 - 2012	California State University, Long Beach, CA - Student Health Services <i>Title:</i> Associate Director and Coordinator of Resources and Quality Assurance
2006 - 2008	California State University, Long Beach, CA - Student Health Services <i>Title:</i> Assistant Director and Coordinator of Resources and Quality Assurance
2005 - 2006	Mercy Medical Center, Merced, CA <i>Title:</i> Clinical Educator (<i>Medical-Surgical Unit</i>)
2003 - 2006	Solano Clinical Research, Davis, CA -A Division of Dow Pharmaceutical Sciences <i>Title:</i> Assistant Site Manager <i>and</i> Research Coordinator/Sub-Investigator
2002 - 2003	Sutter Visiting Nurses Association & Hospice, Sacramento, CA <i>Title:</i> Primary Care Clinician/Case Manager
2001 - 2002	Sutter Davis Hospital, Davis, CA <i>Title:</i> Registered Nurse (Birthing Center)
1998 - 2000	Siam University, Bangkok, Thailand <i>Title:</i> Nursing Instructor
1996 – 1998	Deja Hospital, Bangkok, Thailand <i>Title:</i> Parttime Registered Nurse (Medical & Surgical, Labor &Delivery)
1994 – 1996	Boromarajonani College of Nursing, Nakornratchasima, Thailand <i>Title:</i> Nursing Instructor

PEER-REVIEWED PUBLICATIONS:

Ratanasiripong, P., **Ratanasiripong, N.**, Nungdanjark, W., Thongthammarat, Y., & Toyama, S. (2022). Mental health and burnout among teachers in Thailand. *Journal of Health Research*.

<https://doi.org/10.1108/JHR-05-2020-0181>

Ratanasiripong, P., **Ratanasiripong, N.**, Khamwong, M., Jingmark, S., Thaniwattananon, P., Pisaipan, P., Sanseeha, L., Rungnoi, N., Songprakun, W., Tonkuriman, A., & Bunyapakorn, S. (2021, e-pub). The impact of resiliency on mental health and quality of life among older adults in Thailand. *Journal of Health Research*. <https://doi.org/10.1108/JHR-02-2021-0099>

Ratanasiripong, P., Wang, C. D., **Ratanasiripong, N.**, Hanklang, S., Kathalae, D., & Chumchai, P. (2021). Impact of psychosocial factors on academic performance of nursing students. *Journal of Health Research*. <https://doi.org/10.1108/JHR-07-2020-0242>

Ratanasiripong, P., China, T., **Ratanasiripong, N.**, & Toyama, S. (2021). Resiliency and mental health of school teachers in Okinawa. *Journal of Health Research*, 35 (6), 470-481. <https://doi.org/10.1108/JHR-11-2019-0248>

Ratanasiripong, N., Warawitsarangoon, R., Junda, T., Sangchan, H., Goo, P.A., Siripaitoon, B., Ratanasiripong, P., & Panyathorn, K. (2020). Mental Health Status and Health-Related Quality of Life among Systemic Lupus Erythematosus (SLE) Patients in Thailand: A Multi-Site Study. *Journal of the Medical Association of Thailand*, 103(11), 1185-1193. <https://doi.org/10.35755/jmedassocthai.2020.11.11156>

Ratanasiripong, N., Ratanasiripong, P. (2020). Predictive factors of quality of life among Systemic Lupus Erythematosus patients in Thailand: A web-based cross-sectional study. *Quality of Life Research*, 29(9), 2415-2423. <https://doi.org/10.1007/s11136-020-02494-6>

Seangpraw, K. **Ratanasiripong, N.**, Ratanasiripong, P. (2019). Predictors of Quality of life of the rural older adults in Northern Thailand. *Journal of Health Research*, 33 (6), 450-459. <https://doi.org/10.1108/JHR-11-2018-0142>

Ratanasiripong, N., Sri-Umporn, S., Kathalae, D., Hanklang, S., & Ratanasiripong, R. (2018). Human Papillomavirus vaccination rate and factors related to intention to obtain the vaccine among young women in Thailand. *Journal of Health Research*, 32 (2), 142-151. <https://doi.org/10.1108/JHR-01-2018-018>

Ratanasiripong, P., Park J. F., **Ratanasiripong, N.**, & Kathalae, D. (2015). Stress and anxiety management in nursing students: Biofeedback and mindfulness meditation. *Journal of Nursing Education*, 54 (9), 520-524. <https://doi.org/10.3928/01484834-20150814-07>

Ratanasiripong, N. (2015). Factors related to Human Papillomavirus (HPV) vaccination in college men. *Public Health Nursing Journal*, 32 (6), 645-653. <https://doi.org/10.1111/phn.12198>

Ratanasiripong, P., Kaewboonchoo, O., **Ratanasiripong, N.**, Hanklang, S., & Chumchai, P. (2015). Biofeedback intervention for stress, anxiety, and depression among Thai Graduate Students in Public Health. *Nursing Research and Practice*. Article ID 160746, 5 pages. <https://doi.org/10.1155/2015/160746>

Ratanasiripong, P., Wang, C. D., **Ratanasiripong, N.**, Hayes, J. A., Kaewboonchoo, O., & Kathalae, D. (2015). Development and cross-cultural validation of the Counseling Center Assessment of Psychological Symptoms – Thai version. *The Counseling Psychologist*, 43, 248-271. <https://doi.org/10.1177/0011000014566991>

Ratanasiripong, N. (2014). Human Papillomavirus (HPV) vaccine Increases high-risk sexual behaviors—A myth or valid concern. *The Journal of School Nursing*, 30(6), 456-63. <https://doi.org/10.1177/1059840513520042>

Ratanasiripong, N., & Chai, K. (2013). A concept analysis of attitude toward getting vaccinated against Human Papillomavirus. *Nursing Research and Practice*. Article ID 373805, 5 pages, 2013. <https://doi.org/10.1155/2013/373805>.

Ratanasiripong, N., Cheng, A.L., & Enriquez, M. (2013). What college women know, think, and do about Human Papillomavirus (HPV) and HPV vaccine. *The Vaccine*, 31(10), 3170-3176.

Ratanasiripong, N. (2012). A review of Human Papillomavirus (HPV) infection and HPV vaccine related attitudes and sexual behaviors among college-aged women in the U.S. *Journal of American College Health*.60 (6), 461-470.

Ratanasiripong, P., **Ratanasiripong, N.**, & Kathalae, D. (2012). Biofeedback Intervention for Stress and Anxiety among Nursing Students: A Randomized Controlled Trial. *International Scholarly Research Network*. Article ID 827972, 5 pages. <https://doi.org/10.5402/2012/827972>.

Ratanasiripong, P., Burkey, H., & **Ratanasiripong, N.** (2009). Stress and substance use among Asian American and Latino college students. *College Student Journal*. 43(4), 1253-1259.

Rotchanapradit, T. (2000) Problem issues and factors related to critical thinking development in nursing. *Journal of Nursing, Siam University*. 1(1), 13-17.

Rotchanapradit, T., Lerdmaleewong, L., & Chareonpol, O. (2000). Effects of support and information giving on anxiety and satisfaction with nursing of women experiencing preterm labor. *Journal of Nursing, Siam University*. 1(1), 41-48.

PEER-REVIEWED PRESENTATIONS:

Ratanasiripong, N. (Apr 2021). *Adjusted Clinical Plan (ACP): A Creative Teaching Approach in Public Health Nursing during COVID-19*. Association of Public Health Nurses, Columbus, OH.

Ratanasiripong, N., Ratanasiripong, P., Nungdanjark, W., Thongthammarat, Y., Bunyapakorn, S., & Bunyapakorn, J. (Dec 2020). *Quality of Life among the Older Adults in Rural Northeastern Villages of Thailand*. Asia-Pacific Academic Consortium for Public Health, Colombo, Sri Lanka.

Ratanasiripong, P., **Ratanasiripong, N.**, Tonkuriman, A., Songprakun, W., Rungnoei, N., Sanseecha, L., Pisaipan, P., Thaniwattananon, P., Jingmark, S., Khamwong, M., & Bunyapakorn, S. (Dec 2020). *Resiliency and Mental Health of Older Adults in Thailand*. Asia-Pacific Academic Consortium for Public Health, Colombo, Sri Lanka.

Ratanasiripong, P., **Ratanasiripong, N.**, Thongthammarat, Y., & Nungdanjark, W. (Dec 2020). *Mental Health and Wellness among Teachers in Thailand*. Asia-Pacific Academic Consortium for Public Health, Colombo, Sri Lanka.

Ratanasiripong, N., Warawitsarangoon, R., Junda, T., Ratanasiripong, P. (Nov 2019). *Mental health needs and quality of life among Systemic Lupus Erythematosus (SLE) patients in Thailand: A multi-site study*. The 51th Asia-Pacific Academic Consortium for Public Health, Bangkok, Thailand.

Ratanasiripong, N. & Ratanasiripong, P. (Nov 2019). *Factors associated with health-related quality of life among Systemic Lupus Erythematosus (SLE) patients in Thailand*. The 51th Asia-Pacific Academic Consortium for Public Health, Bangkok, Thailand.

Ratanasiripong, N., Seangpraw, K., & Ratanasiripong, P. (Sep 2018). *Quality of life of the rural older adults in Northern Thailand*. The 50th Asia-Pacific Academic Consortium for Public Health, Kota Kinabalu, Malaysia.

Ratanasiripong, N., Kathalae, D., & Ratanasiripong, P. (Aug 2017). *Attitudes toward Pre-Marital Sex and Risky Sexual Behaviors that may Cause Unwanted Pregnancy among Thai Nursing Students*. The 49th Asia-Pacific Academic Consortium for Public Health, Incheon, South Korea.

Ratanasiripong, P., Sawatzky, M., **Ratanasiripong, N.**, Hanklang, S., Kathalae, D., Chumchai, P., & Nann, N. (Aug 2017). *Mental Health and Well-Being of Nursing Students in Thailand*. The 49th Asia-Pacific Academic Consortium for Public Health, Incheon, South Korea.

Ratanasiripong, N., Kathalae, D, Sri-Umporn, S., Hanklang, D., & Ratanasiripong, P. (Sep 2016). *Human Papillomavirus (HPV) Vaccination Rate and Factors Related to Intention to Obtain the Vaccine among Young Women in Thailand*. The 48th Asia-Pacific Academic Consortium for Public Health, Tokyo, Japan.

Ratanasiripong, N. (May 2015). *Factors Influencing Human Papillomavirus (HPV) Vaccine among College Men*. Association of Public Health Nurses Annual Conference, Manchester, NH.

Ratanasiripong, N. (May 2014). *Does HPV Vaccination Increase Unsafe Sex among College Women? —The Question to be Answered*. American College Health Association Annual Meeting, San Antonio, TX.

Ratanasiripong, P., Wang, C. D., **Ratanasiripong, N.**, Hayes, J. A., Kaewboonchoo, O., & Kathalae, D. (Mar 2014). *Counseling Center Assessment of Psychological Symptoms (CCAPS) – Thai Version: Translation and cross-cultural validation*. The 2014 Counseling Psychology Conference, Atlanta, GA.

Ratanasiripong, N. (Sep 2013). *What College Women Know, Think, and Do about Human Papillomavirus (HPV) and HPV Vaccine*. Association of Reproductive Health Professionals, Denver, CO.

Ratanasiripong, N. (May 2013). *Factors Related to HPV Vaccine Uptake Rate: Implications of Research Findings for Health Promotion Planning in Young Women*. The Joint 3rd Asian Conference on Occupational Health Nursing, 2013, Faculty of Public Health, Mahidol University, Bangkok, Thailand.

Ratanasiripong, P., & **Ratanasiripong, N.** (Aug 2012). *Randomized controlled trial for stress and anxiety management: Biofeedback -vs- mindfulness meditation*. American Psychological Association Annual Convention, Orlando, FL.

Ratanasiripong, P., **Ratanasiripong, N.**, & Ceglowski, J. (Aug 2011). *Biofeedback intervention for stress and anxiety management among nursing students in Thailand*. Annual Convention of the American Psychological Association, Washington, D.C.

Ratanasiripong, N. (Jul 2010). *Attitudes toward sexual behaviors among college women: Concept analysis*. University of Missouri-Kansas City, School of Nursing Research Day, Kansas City, MO.

Burkey, H., **Ratanasiripong, N.**, & Ratanasiripong, P. (May 2009). *Measuring the impact of an innovative campus health education intervention program for students newly diagnosed with HPV*. American College Health Association Annual Meeting, San Francisco, CA.

Rotchanapradit, T. (Oct 1999). *Effects of support and information giving on anxiety and satisfaction with nursing of women experiencing preterm labor*. Perinatal Medical Association of Thailand Conference, Chonburi, Thailand.

PROFESSIONAL MEMBERSHIPS:

2016- Present	National League of Nursing
2021-Present	Association of Public Health Nurses
2020- Present	National Center for Faculty Development & Diversity

COMMUNITY SERVICES:

2004 - Present	<p>Medical Psychosocial Education (MPE) Volunteer Program, Thailand <i>Role:</i> Co-founder and clinician. Duties include:</p> <ul style="list-style-type: none"> • Co-founded the volunteer program that provides medical, psychosocial, and educational assistance to the poor in small villages in Thailand. • Provided free medical care, basic treatment, prenatal care, postpartum care, and health education to adults and children (2004-2012). • Provided a need-based scholarship fund for young girls to pursue high school education (2006-2017). • Provides summer English camps to young villagers (2016- Present).
2012- Present	<p>SLE (Lupus) Club for Thais <i>Role:</i> Founder and Advisor. Duties include:</p> <ul style="list-style-type: none"> • Founded the club in 2012 (https://www.facebook.com/SLE.For.Thais/). There are 2,000 registered members as of Oct 2021. • Regularly provides health advisement via Facebook Message to Lupus patients.

- Sets up the club committee comprised of the volunteer professionals including physicians, pharmacists, and nurses.
- Coordinates annual SLE Seminars in Thailand to enhance the patients' self-care knowledge and skills (2014-Present).