

### Outreach Request Form

Student Psychological Services offers a range of presentations, workshops, and interviews. We are also available to table at an event you're hosting. If you're interested in such services, please fill out the form below. If you have any questions, contact SPS at 310.243.3818.

- Allow 2-3 weeks advance notice for requests when possible.
- Email completed form to Josephine Lara at [jlara@csudh.edu](mailto:jlara@csudh.edu)

Requester Name: \_\_\_\_\_

Requester Title: \_\_\_\_\_

Academic Department/Student Organization/Student Club:  
\_\_\_\_\_

Best Contact Phone #: \_\_\_\_\_

Best Contact E-mail (include full e-mail address): \_\_\_\_\_

What type of program would you like?

Presentation

Workshop

Tabling Event

Interview

Other: \_\_\_\_\_

What topic would you like for a presentation, workshop, and event? A list of presentation topics can be found below. Customized or unlisted topics may also be requested

Student Psychological Services Overview

Managing Stress and Anxiety Workshop

Self-Care

Suicide Awareness and Prevention

Identifying and Supporting Students in Distress

Other Topic (Please state): \_\_\_\_\_

Requested Date:

First Choice: \_\_\_\_\_

Second Choice: \_\_\_\_\_

Third Choice: \_\_\_\_\_

Requested Time:

First Choice: \_\_\_\_\_

Second Choice: \_\_\_\_\_

Third Choice: \_\_\_\_\_

Length of Presentation (in minutes):

30min

60min

90min

120min

Other: \_\_\_\_\_

Expected Number in Attendance: All outreach events are currently conducted virtually.

Location (Building and Room #): All outreach events are currently conducted virtually.

Email completed form to Josephine Lara at [jlara@csudh.edu](mailto:jlara@csudh.edu). Successful submission of the Outreach Request Form is not a presentation confirmation. An SPS staff member will be in contact with you within 3 business days to further discuss your request.