

HELP & EMERGENCY SERVICES

Los Angeles County Info-Referral	2-1-1
Life Threatening Emergencies	9-1-1
Child Abuse Hotline	800-540-4000
Domestic Violence Helplines:	
Rainbow Services	310-547-9343
1736 Family Crisis Center	310-370-5902
Asian/Pacific Islander	800-339-3940
Los Angeles County	800-978-3600
Legal Aid Foundation	562-435-3501 800-399-4529
Rape & Sexual Assault Hotline:	
Asian/Pacific Islander	800-339-3940
YWCA	877-943-5778
Treatment Ctr UCLA	310-319-4000
Area Services	800-656-4673
Suicide Hotline-LA 24 hrs.	877-727-4747

PUBLIC AGENCIES

Department of Children & Family Services
South County (San Pedro area)
4060 Watson Plaza Dr, Lakewood
562-497-3500

Torrance (Harbor City, Ranchos Palos Verdes) 2325 Crenshaw Blvd., Torrance
310-972-3111
Social Security, 22600 Crenshaw Blvd, Torrance
800-772-1213

Dept of Public Social Services - Rancho Dominguez 17600 B Santa Fe Ave, Rancho Dominguez
310-761-2030

Los Angeles County Harbor Workforce Center 1851 N. Gaffey St., Suite F San Pedro
310-732-5700

MENTAL HEALTH SERVICES

National Alliance on Mental Health Issues (NAMI) South Bay Office Torrance, CA	310-533-0705
Department of Mental Health San Pedro 150 W. 7th St, San Pedro	310-519-6218
LA County Mental Health	800-854-7771
MEDI-CAL INFO	
Eligibility Status for Health Care Options	800-430-4263
Denti-Cal Provider Search	800-322-6384

We do our best to keep this guide up to date.
Please check with the agency before making a visit.
St. John Fisher Church & SBCEH

HEALTH CARE

Harbor-UCLA-Medical Center
1000 W Carson St, Torrance
310-222-2345

Harbor Community Clinic
593 W. 6th Street, San Pedro
310-547-0716

Harbor Community Pediatric Center
731 S. Beacon St, San Pedro
310-732-5887

Northeast Community Clinic, Wilmington Community Clinic
200 E Anaheim St., Wilmington
310-816-9700

Wilmington Community Clinic
1009 N. Avalon Bl, Wilmington
310-549-5760

Wilmington Health Center
1325 Broad Ave., Wilmington
310-518-8800

Torrance Health & Wellness Ctr
19410 S Vermont Ave Ste. L102, Torrance
310-323-6887

El Dorado Community Service Center
4023 Marine Ave, Lawndale
310-675-9555

North East Community Clinic
1403 Lomita Blvd #100, Harbor City
310-784-5800



Harbor Area Homeless Resource Guide
(May 2015)

Covering San Pedro, Wilmington, Harbor City, Harbor Gateway

Our Mission: To transform and end homelessness in the South Bay of Los Angeles through education, advocacy and coordination.

670 W. 9th Street, San Pedro, CA 90731
www.sbceh.org ContactSBCEH@gmail.com

TEENS & YOUTH SERVICES

Emergency Shelter for Youth ages 10-17, 1736 Family Crisis Ctr (24 hr) drop in center
1736 Monterey Blvd, Hermosa
310-379-3620

Dept Children & Family Services for Transitional Housing for Former Foster Youth ages 18-21
213-351-0190

SSG/Occupational Therapy Training Program, 19410 S Vermont Ave Ste. L102, Torrance
310-323-6887

TEEN LINE, 7 days 6:00 pm to 10:00 pm
PST toll-free from anywhere in California 310-855-HOPE (4673)
Text us by texting "TEEN" to 839863

California Youth Crisis Line (live chat 24 hr)
800-843-5200

HOUSING

Homeless Individuals - Coordinated Entry System (CES): 310-831-9123
Homeless Family Solution System (HFSS): 310-831-0589
First 5 LA (Families w/children under 5): 562-594-9492

Harbor Interfaith Services (Families)
670 W. 9th St, San Pedro 310-831-0603
Beacon Light Mission, 7 night emergency shelter for homeless men 4 pm check in
525 Broad Ave, Wilmington 310-830-7063
Showers 8:00a MON & THURS

Doors of Hope Women's Shelter, 7 night emergency shelter for homeless women
525 Broad Avenue, Wilmington 310-518-3667
Check In 9a-12p, Closed Sunday

Community's Child (Single women w/infants)
25520 Woodward Ave, Lomita 310-534-4040

Winter Shelter Hotline 800-548-6047

ALCOHOL & DRUG RECOVERY

Alcoholics Anonymous (LA) 800-923-8722
Harbor Area 562-989-7697

Beacon House, male residential recovery prog
1003 S. Beacon St, San Pedro 310-514-4940

SHAWL House, female residential recovery prog
936 S. Centre St, San Pedro 310-521-9310

House of Hope, female residential recovery prog
235 W. 9th St., San Pedro 310-831-9411

Behavioral Health Services, 15519 Crenshaw Blvd, Gardena 310-973-2272

MEALS

Beacon Light Mission (must attend chapel first)
525 Broad St, Wilmington, 310-830-7063
MON-SUN 6:45p
Mary Star of the Sea Catholic Church (sack lunch)
870 W. 8th St., San Pedro, 310-833-3541
serves San Pedro community only
MON-FRI 8a-12p
Curt's Kitchen, 129 North Pacific Ave.
San Pedro, CA, 310-831-3480
MON and TUES 5:30pm
First Baptist Church, 555 W. 7th St,
San Pedro, 310-548-1333 THURS 6-8p, SUN 8am

FREE GROCERIES

Harbor Interfaith Services, 670 W. 9th St, San Pedro, 310-831-9123 -- Serves San Pedro, Wilmington, Lomita, Harbor City, Harbor Gateway MON-FRI 9-11:30a + WED 4:30-7p

Sillman Sawyer Family Service Center,
820 Lomita Blvd, Harbor City, 310-835-1986 -- Serves Wilmington MON-FRI 9a-12p

Toberman Settlement House, 131 N. Grand Ave, San Pedro, 310-832-1145 -- Once a month for groceries; daily for bread and produce as available MON, TUES, THURS, FRI 8-11:30a

Sisters of Charity, 28600 Palos Verdes Dr East, RPV, 310-831-5385 -- Can come once a month MON, TUES, THUR, FRI, SAT 9-3p

St. Peter & Paul Church, 515 W. Opp St, Wilmington, 310-834-5215 -- Serves Wilmington, Harbor City, San Pedro families, MON, TUES, THURS 11a-12p

New Life Church, 25420 Vermont Ave, Harbor City, 310-325-0243 2nd, 4th THURS 10a-12p

BUS INFO - METRO LINE

LA Metro 323-466-3876
Torrance Transit 310-618-6266
Beach Cities Transit 310-937-6660
Serving Redondo Beach, Hermosa Beach, Manhattan Beach, El Segundo
Carson Transit 310-225-2545
Gardena Transit 310-965-8888
Lennox Link 626-458-5914

U.S. VETERAN SERVICES

US Vets Initiative 310-348-7600
Los Angeles Vets Center, Counseling Center
1045 W Redondo Bch Blvd, #150, Gardena 310-767-1221
1736 Crisis Center - Veterans' Outreach
Referral Line 866-249-2557

SENIORS

Older Adult/Senior Abuse LA -In-Home
877-477-3646 Care Facility 800-231-4024
South Bay Senior Services 310-325-2141
San Pedro Service Center - LA COUNTY
Senior Lunch Program, 769 W. Third St., San Pedro - \$2 - 310-519-6091 MON-FRI 11a-12
San Pedro, Meals-on-Wheels 310-832-7335

LAUNDRY ASSISTANCE

King's Laundry (Baycities Community Church),
1330 W. Pacific Coast Hwy, Harbor City
Some Thurs (call 310-999-9730 for specific dates)
6:00-8:00 pm
Laundry Fluff & Fold (NOVA Community Church),
5123 Torrance Blvd, Torrance
4th Sat, 4:45-7:00 pm