

COVID-19 POSITIVE CASE OR CLOSE CONTACT QUICK REFERENCE GUIDE



NOTIFY

Employees or students who have tested positive or who have been exposed on or off campus must notify their supervisor/professor and then immediately notify the **CSUDH COVID-19 Hotline** either by phone at **(310) 243-2076** (Monday through Friday, 8 a.m. – 5 p.m.), or via the online reporting form (QR code at left). If outside normal business hours, a confidential message may be left, and a member of the team will return the call the next business day. Responses to online reports will occur during normal business hours.



Note: Upon notification of a positive case, professors or supervisors may encourage students within a class or employees within a department to test as a precaution. COVID-19 testing is free and available for current students and employees. During contact investigation, the COVID-19 Response Team will direct any noted close contacts to test 3-5 days after last exposure to the positive case. To schedule an appointment, visit [my.CSUDH](https://my.csudh.edu).

ISOLATE OR QUARANTINE?

FOLLOW THE COVID-19 RESPONSE TEAM'S DIRECTIVES



Isolate

The COVID-19 Response Team will direct positive case students or employees to self-isolate at home for 10 days, conduct daily self-monitoring of symptoms, and maintain a physical distance of at least 6 feet from others.

Note: Per recent L.A. County Department of Public Health guidelines, the university is in the process of aligning internal operations to provide an option for a shortened isolation timeframe, which would include antigen testing. Updates will be published as they become available.



Quarantine

The COVID-19 Response Team will direct unvaccinated employees or students who have been exposed, and/or vaccinated employees showing symptoms, to quarantine for 10 days after their last exposure to the infected person, monitor for symptoms, and seek testing.

Note: A close contact is defined as an individual exposed to a positive case; this includes a person who was within 6 feet of by the positive case for a total of 15 minutes or more over a 24-hour period. This is regardless of the use of face masks of the positive case or close contact, or a person who had unprotected contact with the body fluids and/or secretions of a positive case.



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CLEAN & SANITIZE

Facilities Services cleans known high touchpoints in used spaces daily with a disinfectant known to kill SARS-CoV-2. Should a space be identified that is not on a regular cleaning schedule, and this is identified within three days of the person being in the space, then a work order will be submitted by the COVID-19 Response Team. Shutting down a suite/department operations to clean and disinfect is not required.



RETURN TO CAMPUS

The COVID-19 Response Team will provide the employee/student with an Isolation or Quarantine letter to give their supervisor/professor indicating the date the individual may return to campus. Before returning, individuals must be fever-free for at least 24 hours without the use of fever-reducing medication, show signs that any other symptoms have improved, and have passed the 10-day mark since symptoms first appeared. Employees/students must also complete an isolation or quarantine survey sent by the COVID-19 Response Team before they are able to return.

Note: An employee/student who is confirmed to have COVID-19 is not required to retest following 10 days of isolation in order to return to campus. Individuals are prohibited from PCR testing on campus for 90 days after a positive result. The university is in the process of providing antigen testing as an option.



FOLLOW SAFETY PROTOCOLS

Remember, the best way to prevent the spread of COVID-19 is by wearing a mask, practicing proper hand hygiene, as well as completing the self-assessment screening tool each day prior to coming to campus. Together we can stay safe and stay healthy.