

Physical Education

Bachelor of Arts

1. Demonstrate knowledge of and skills in a broad variety of motor skills and fitness activities; apply physical education knowledge to enhance motor skills and fitness in a variety of populations and conditions.
2. Demonstrate knowledge and skills on biological and physical bases of movement and the changes that occur across the life span, within diverse populations, and under a variety of environmental conditions.
3. Demonstrate knowledge and skills on behavioral and psychological bases of movement and the changes that occur across the life span, within diverse populations, and under a variety of environmental conditions.
4. Demonstrate knowledge and skills on how motor skills are acquired and refined; how fitness is achieved and maintained across the life span and within diverse populations.
5. Apply critical and creative thinking, writing, reading, oral communication, quantitative and qualitative analysis, and information management skills to movement-related questions.
6. Demonstrate knowledge of the conditions of safe practice in movement-related contexts across the life span within diverse populations; respond appropriately to common injuries occurring during physical activity.
7. Demonstrate the ability to use the computer and other technology to support inquiry and professional practice in movement-related fields.
8. Demonstrate the ability to apply measurement instruments and principles for qualitative and quantitative assessment of human performance.
9. Demonstrate understanding of the scientific method and other systematic ways of knowing relative to research and scholarship in human movement.