



WHY GLOW?

1. Addresses the leadership gender gap with specialized training and support for women of color
2. Cultivates a sense of belonging and community with peers
3. Improves students' self-efficacy and builds confidence through skill-building activities

“ GREAT INTERNSHIP
10/10 would recommend to anyone
seeking to grow as a leader.

- GLOW Intern Fall '20



{ 100% of interns said GLOW enhanced
their **sense of belonging** and **teamwork** }

Weekly workshop topics include:

Leadership & Identity	Project Management
Assertive Communication	Self-Confidence
Imposter Syndrome	Interview Skills
Gender Bias	Conflict Resolution
Racial Justice	Networking



“ I learned to identify and apply
my **leadership skills** and also
build my confidence in myself and
my future goals and aspirations.

- GLOW Intern Fall '20



ACTION PROJECT

Interns practice their **leadership** and **teamwork** skills by creating a **social justice** action project.

Past projects include: an interactive wellness fair promoting body liberation; a 6-episode podcast and zine focused on sexual assault awareness; and a virtual program series on reproductive justice, domestic violence, and mental health.



89% of interns said they **definitely strengthened** their **leadership** and **communication skills**

GLOW is a once-in-a-lifetime opportunity.

You'll learn so much from other people and even more about yourself. It's an eye-opening experience with activities that truly help build character.

– GLOW Intern Fall '21

86% of interns reported that GLOW definitely **increased** their **self-confidence**



Working with a diverse group of leaders taught me the importance of continuing to use my voice and also helping others learn to use their voices.

– GLOW Intern Fall '21